

Review

Fecal Occult Blood Tests in Colorectal Cancer Screening: Systematic Review and Meta-analysis of Traditional and New-generation Fecal Immunochemical Tests

JANNICA MEKLIN¹, KARI SYRJÄNEN^{2,3} and MATTI ESKELINEN¹

¹Department of Surgery, Kuopio University Hospital and School of Medicine, University of Eastern Finland, Kuopio, Finland;

²Molecular Oncology Research Center, Barretos Cancer Hospital, Barretos, Brazil;

³SMW Consultants, Ltd., Kaarina, Finland

Abstract. *Background/Aim:* Noninvasive fecal occult blood tests (FOBTs) are recommended by current guidelines for colorectal cancer (CRC) screening. Our aim was to assess the diagnostic performance of traditional guaiac-based FOBTs (gFOBT) and new-generation immunochemical FOBTs (iFOBT) in CRC screening by carrying out a systematic review and meta-analysis. *Patients and Methods:* PubMed, Embase, Cochrane Library, and Web of Science were searched for eligible articles published before February 17, 2020. Three independent investigators conducted study assessment and data extraction. *Diagnosis-related indicators for use of FOBTs in the detection of CRC (as the endpoint) in a screening setting were summarized, and further stratified by the type of FOBT (gFOBT vs. iFOBT). STATA software was used to conduct the meta-analysis. Pooled sensitivities and specificities were calculated using a random-effects model. Hierarchical summary receiver operating characteristic curves were plotted and area under the curves (AUC) were calculated. Results:* The electronic search identified 573 records after duplicates were removed, of which 75 full-text articles were assessed for eligibility. Finally, a total of 31 studies were eligible for the meta-analysis. In the ROC comparison test, there was a statistically significant difference in the performance of gFOBT and iFOBT tests, with AUC=0.77

(95% confidence interval=0.75-0.79) and AUC=0.87 (95% confidence interval=0.85-0.88), respectively ($p=0.0017$). In formal meta-regression, test brand did not prove to be a significant study-level covariate that would explain the observed heterogeneity between the studies. *Conclusion:* New-generation iFOBTs were found to have a significantly higher diagnostic performance as compared with gFOBTs, advocating the use of only fecal immunochemical tests in all newly implemented CRC screening programs.

Colorectal cancer (CRC) is the third most common cancer worldwide, with over 1.85 million new cases and over 880,000 deaths occurring in 2018 (1). Population-based screening offers an opportunity for primary prevention and early detection of CRC, with a favorable impact on mortality (2, 3). A wide variety of screening tests are available for CRC, the most widely used being tests for fecal occult blood (FOBT). The use of FOBT was shown to reduce cancer mortality in five large randomized trials (4-8). Several international and national guidelines currently recommend that both women and men at an average risk should undergo organized screening for advanced adenoma and CRC (9).

For detection of FOB, guaiac-based test (gFOBT) and fecal immunochemical test (FIT or iFOBT) are commercially available. The guaiac-based tests utilize the pseudo-peroxidase activity of hemoglobin (Hb; free or intact), whereby guaiac is oxidized by hydrogen peroxidase. Because this reaction takes place with any peroxidase present in stool, gFOBT tests are non-specific to human Hb, with interference by any foodstuffs with peroxidase content, by certain chemicals or even medications (9, 10). Based on a completely different concept, iFOBTs detect the globin moiety of intact human Hb or its degradation products (9, 10). The guaiac-based tests have been available for decades, and their clinical performance has been more extensively

This article is freely accessible online.

Correspondence to: Matti Eskelinen, MD, Ph.D., School of Medicine, University of Eastern Finland, P.O. Box 100, FI-70029 KYS, Finland. Tel: +358 17173311, Fax: +358 17172611, GSM: +358 400969444, e-mail: matti.eskelinen@kuh.fi

Key Words: Fecal occult blood, guaiac-based test, fecal immunochemical test, gFOBT, iFOBT, FIT, colorectal cancer screening, meta-analysis, sensitivity, specificity, false negative, false positive, ROC, HSROC.

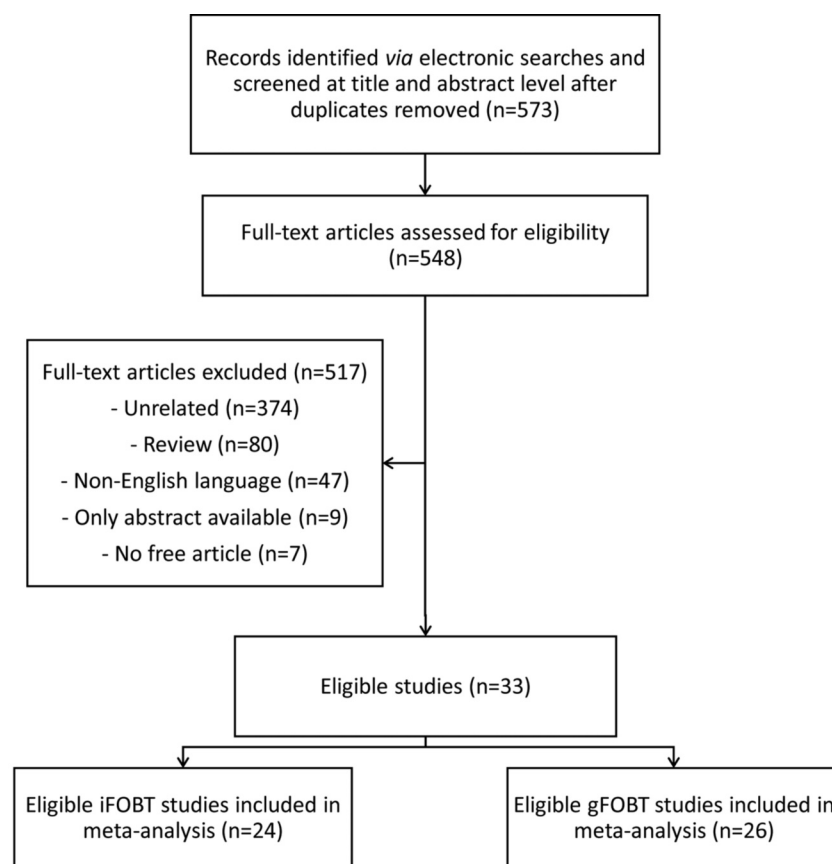


Figure 1. Study chart. gFOBT: Guaiac-based fecal occult blood test; iFOBT: immunochemical fecal occult blood test.

studied than that of the FIT tests (9, 10), which were developed in Finland in the late 1980s (11).

Given the continuing debate on the advantages and shortcoming of these two test types, and because of a surprising scarcity of direct head-to-head comparative studies (12, 13), we felt it appropriate to carry out a comprehensive systematic review and meta-analysis covering all eligible studies to compare the diagnostic performance of gFOBTs and iFOBTs in diagnosis of CRC in a screening setting. Because of the reported heterogeneity of the study endpoints regarding CRC precursor lesions (adenomas, polyps), it was only possible to use invasive colorectal carcinoma as the endpoint in this meta-analysis, following the same practice adopted by a previous meta-analysis of iFOBTs some years ago (14).

Patients and Methods

We performed a systematic review and a meta-analysis following the recommendations of the PRISMA statement (15).

Data sources and search process. In order to identify potential studies reporting data on the diagnostic performance of FOBTs for detecting CRC, three independent investigators searched MEDLINE

via PubMed, Ovid Embase, the Cochrane Library, and the Web of Science to collect studies published before February 2020 using the following combined search terms: [colorectal (or) colon (or) rectum] (and) [cancer (or) carcinoma (or) malignancy] (and) [faecal immunochemical test (or) fecal immunochemical testing (or) fecal immunochemical test (or) faecal immunochemical testing (or) faecal occult blood test (or) FOBT] (and) [detection (or) screening (or) detecting (or) diagnosis]. We also searched the reference lists of the studies included and relevant published reviews.

An initial search based on the titles and abstracts was conducted to exclude studies that were not relevant to the study topic. In addition, conference abstracts without full texts or studies written in non-English language were also excluded. For potential eligible articles identified in the initial search, a full-text review was performed using the following inclusion criteria: i) reporting of FOBT results along with colonoscopy-biopsy results as the gold standard reference test to confirm the CRC endpoint; ii) specific diagnostic information was provided in detail to enable derivation of true-positive (TP), false-positive (FP), false-negative (FN) and true-negative (TN) numbers, or these diagnosis-related indicators were directly accessed. We excluded all studies that did not meet these inclusion criteria and those where essential information was missing or could not be calculated from the reported data by the investigators. **Data extraction and quality assessment.** Assessment of the included studies was performed independently by three investigators during

Table I. The guaiac-based fecal occult blood test studies included in this meta-analysis.

ID of study	Author (Ref)	Country	Year	Test panel	TP, n	FN, n	FP, n	TN, n
1.	Rozen <i>et al.</i> (18)	Israel	1995 (n=527)	Hemoccult SENSА	2	2	42	155
2	Allison <i>et al.</i> (19)	USA	1996 (n=7,493)	HemeSelect	22	10	418	7,043
3	Allison <i>et al.</i> (19)	USA	1996 (n=7,904)	Hemoccult II SENSА	27	7	1,046	6,824
4	Allison <i>et al.</i> (19)	USA	1996 (n=8,065)	Hemoccult II	13	22	185	7,845
5	Wong <i>et al.</i> (20)	China	2003 (n=135)	Hemoccult SENSА	9	0	47	79
6	Hopffner <i>et al.</i> (23)	Germany	2006 (n=407)	Hemoccult SENSА	20	34	100	253
7	Levi <i>et al.</i> (24)	Israel	2006 (n=151)	Hemoccult SENSА	4	0	46	101
8	Smith <i>et al.</i> (25)	Australia	2006 (n=133)	Hemoccult SENSА	8	9	30	86
9	Allison <i>et al.</i> (27)	USA	2007 (n=5,799)	Hemoccult SENSА	9	5	575	5210
10	Dancourt <i>et al.</i> (29)	France	2008 (n=1,7217)	Hemoccult SENSА	21	36	521	16,640
11	Guittet <i>et al.</i> (30)	France	2009 (n=1,277)	Hemoccult II	27	16	363	871
12	Hol <i>et al.</i> (31)	Netherlands	2010 (n=2,351)	Hemoccult II	6	0	59	2,286
13	Oort <i>et al.</i> (32)	Netherlands	2010 (n=1,821)	Hemoccult II	46	16	76	1,683
14	Paimela <i>et al.</i> (33)	Finland	2010 (n=52,998)	Hemoccult II	66	62	740	52130
15	Park <i>et al.</i> (34)	South Korea	2010 (n=770)	Hemoccult SENSА	4	9	57	690
16	Parra-Blanco <i>et al.</i> (35)	Spain	2010 (n=1,756)	Hemofec	8	6	166	1,576
17	Levi <i>et al.</i> (36)	Israel	2011 (n=2,266)	Hemoccult SENSА	8	0	80	2,178
18	Shuhaibar <i>et al.</i> (37)	Ireland	2011 (n=221)	Hemoccult SENSА	3	0	14	204
19	Chen <i>et al.</i> (38)	China	2012 (n=897)	Data NA	25	0	372	500
20	Fraser <i>et al.</i> (39)	Scotland	2012 (n=1,301)	Hemascreen	38	91	203	1,172
21	Brenner <i>et al.</i> (41)	Germany	2013 (n=857)	Hemoccult SENSА	5	10	53	789
22	Lee <i>et al.</i> (43)	Taiwan	2013 (n=3172)	Hemoccult SENSА	34	5	363	2,770
23	Randell <i>et al.</i> (44)	Canada	2013 (n=249)	Hemoccult SENSА	0	2	11	236
24	Vasilyev <i>et al.</i> (12)*	Russia	2015 (n=209)	Hemoccult SENSА	81	14	4	110
25	Guimareas <i>et al.</i> (13)*	Brazil	2019 (n=209)	Hemoccult SENSА	28	9	27	145
26	Nicholson <i>et al.</i> (46)	UK	2019 (n=238)	gFOBT (brand NA)	6	1	79	152

TP: True positive; FP: false positive; FN: false negative; TN: true negative; NA: not available. *CRC endpoint.

the whole process. When disagreement occurred, consensus was reached through discussion between the investigators. The following information was extracted: Year of publication, country, study setting, population characteristics, diagnostic outcomes, characteristics of the FOBT (type, test brand, and cut-off value), sensitivity, and specificity.

In this review, we only focused on the diagnostic accuracy of FOBT in one single round of testing. For multiple rounds of FOBT tests, only the first-round result was extracted. Sensitivity was defined as the proportion of FOBT-positive patients among those who were diagnosed with the outcome of interest (invasive CRC). Specificity referred to the number of participants with negative FOBT results divided by the number of participants without biopsy-confirmed CRC. For quantitative FOBTs with more than one cut-off value reported in the study, the cut-off values recommended by the manufacturer were used. Because of the heterogeneity of the non-cancer endpoints reported in different studies, only invasive cancer was accepted as the study endpoint in this meta-analysis. Potential risks of bias and applicability of the included studies were assessed according to the Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) scoring system, (16) and the detailed protocol is shown in Figure 1. *Statistical analysis.* All analyses were performed with STATA/SE version 16.1 (StataCorp, College Station, TX, USA). Statistical tests presented were two-sided, and *p*-values of less than 0.05 was considered statistically significant. Using 2x2 tables, we calculated sensitivity and specificity with 95% confidence intervals (95% CI) for each study, and created separate forest plots for showing each

set of data, separately for the gFOBT and iFOBT tests. We calculated the summary estimates of sensitivity and specificity, positive and negative likelihood ratios and diagnostic odds ratio (DOR), using a random-effect bivariate model and fitted the summary hierarchical receiving operating characteristic (HSROC) curves for both gFOBT and iFOBT tests using CRC as the endpoint.

Using STATA's predict tool, we also made posterior predictions (empirical Bayes estimates) of the sensitivity and specificity in each study. Empirical Bayes estimates give the best estimates of the true sensitivity and specificity in each study, the study-specific point estimates usually shrinking toward the summary point of the HSROC. We explored statistical heterogeneity between studies through visual examination of the forest plots and the HSROC curves. Because conventional funnel plots are not recommended to investigate the potential publication bias in meta-analysis of the diagnostic test accuracy studies, this was not done. Instead, to study the potential publication bias, we used Cook's distance (17) here to check for particularly influential studies, together with a scatter plot of the standardised (level 2) residuals to check for distinct outliers. In addition, we also performed meta-regression using restricted maximum likelihood estimation (REML), with different weights to assess whether the test brand (in both test categories) was a significant study-level covariate (*i.e.* a source of heterogeneity between studies). The Moses-Shapiro-Littenberg method (MetaDiSc software 1.4, Free download, Unit of Clinical Biostatistics team of the Ramón y Cajal Hospital, Madrid, Spain) was used to add the test brand (numerical variable) as a covariate to the model. The anti-

Table II. The immunochemical fecal occult blood test studies included in this meta-analysis.

ID of study	Author (Ref)	Country	Year	Test panel	TP, n	FN, n	FP, n	TN, n
1	Wong <i>et al.</i> (20)	China	2003 (n=135)	FlexSure OBT	8	1	19	107
2	Wong <i>et al.</i> (21)	China	2003 (n=250)	Magstream 1000/HEM SP automated system	7	0	22	221
3	Morikawa <i>et al.</i> (22)	Japan	2005 (n=21,805)	Magstream 1000/ Hem SP automated system	52	27	1,179	2,0547
4	Hopffner <i>et al.</i> (23)	Germany	2006 (n=407)	Prevent ID	40	14	152	201
5	Levi <i>et al.</i> (24)	Israel	2006 (n=151)	OC-Micro	3	1	17	130
6	Smith <i>et al.</i> (25)	Australia	2006 (n=133)	INSURE	14	3	41	75
7	Levi <i>et al.</i> (26)	Israel	2007 (n=1,000)	OC-Micro				
				≥50 ng/ml	17	0	153	830
				≥100 ng/ml	15	2	101	882
				≥150 ng/ml	14	3	80	903
8	Allison <i>et al.</i> (27)	USA	2007 (n=5,356)	FlexSure OBT	9	2	575	4,770
9	Lohsiriwat <i>et al.</i> (28)	Thailand	2007 (n=100)	OC-Light	91	9	4	60
10	Dancourt <i>et al.</i> (29)	France	2008 (n=17,217)	InstantView	19	36	1,166	15,994
11	Guittet <i>et al.</i> (30)	France	2009 (n=1,277)	Magstream 1000/Hem SP automated system	41	2	987	247
12	Oort <i>et al.</i> (32)	Netherlands	2010 (n=1,821)	OC-Sensor	54	8	160	1599
13	Park <i>et al.</i> (34)	South Korea	2010 (n=770)	OC-SENSA MICRO				
				≥50 ng/ml	12	1	97	660
				≥100 ng/ml	12	1	75	682
				≥150 ng/ml	11	2	61	696
14	Levi <i>et al.</i> (36)	Israel	2011 (n=1,204)	OC-Micro	6	0	147	1051
15	Shuhaibar <i>et al.</i> (37)	Ireland	2011 (n=254)	OC-Sensor	3	0	13	238
16	Chen <i>et al.</i> (38)	China	2012 (n=897)	Data not available	24	1	292	580
17	de Wijkerslooth <i>et al.</i> (40)	Holland	2012 (n=1,303)	OC-Sensor (≥50 ng/ml)	7	1	116	1,179
18	Brenner <i>et al.</i> (41)	Germany	2013 (n=857)	OC-Sensor	11	4	132	710
19	Chiu <i>et al.</i> (42)	Taiwan	2013 (n=18,297)	OC-LIGHT	22	6	1,322	16,967
20	Lee <i>et al.</i> (43)	Taiwan	2013 (n=3,172)	OC-Sensor Diana	32	7	101	3,032
21	Randell <i>et al.</i> (44)	Canada	2013 (n=249)	Hemo Tech NS-Plus	2	0	42	205
22	Imperiale <i>et al.</i> (45)	USA	2014 (n=10,000)	OC FIT-CHEK	48	17	648	9,287
23	Vasilyev <i>et al.</i> (12)*	Russia	2015 (n=209)	ColonView Hb/VR	94	1	11	103
				ColonView Hb/Hp/VR	95	0	19	95
				ColonView Hb/AR	52	0	15	89
				ColonView Hb/Hp/AR	52	0	20	84
24	Guimareas <i>et al.</i> (13)*	Brazil	2019 (n=209)	ColonView Hb/VR	34	3	61	111
				ColonView Hb/Hp/VR	34	3	66	106
				ColonView Hb/AR	34	3	55	117
				ColonView Hb/Hp/AR	35	2	60	112

TP: True positive; FP: false positive; FN: false negative; TN: true negative; NA: not available. *CRC endpoint.

logarithmic transformation of the resulting estimated parameters was interpreted as a relative DOR of the corresponding covariate. The relative DOR indicates the change in diagnostic performance of the test under study per unit increase in the covariate.

Results

Literature search result. The electronic search identified 573 records after duplicates were removed, of which 75 full-text articles were assessed for eligibility. Of the 75 articles, 24 articles (26 studies) reporting gFOBT (Table I) and 24 articles (24 studies) using iFOBT (Table II) analysis met the inclusion criteria. Finally, a total of 31 individual studies

were included in the meta-analysis. Figure 1 shows the flow chart of the steps in this selection process and lists the reasons for exclusion.

Study characteristics. The 24 articles for 26 studies reporting gFOBT analysis included a total of 99,854 individuals (12, 13, 18-20, 23-25, 27, 29-39, 41, 43, 44, 46), with 886 patients being diagnosed with CRC (Table I). The 24 articles for 24 studies reporting iFOBT analysis included a total of 87,073 individuals (12, 13, 20-30, 32, 33, 36-38, 40-45), of whom 777 had CRC. Fourteen gFOBT studies were conducted in Europe, four in the United States and

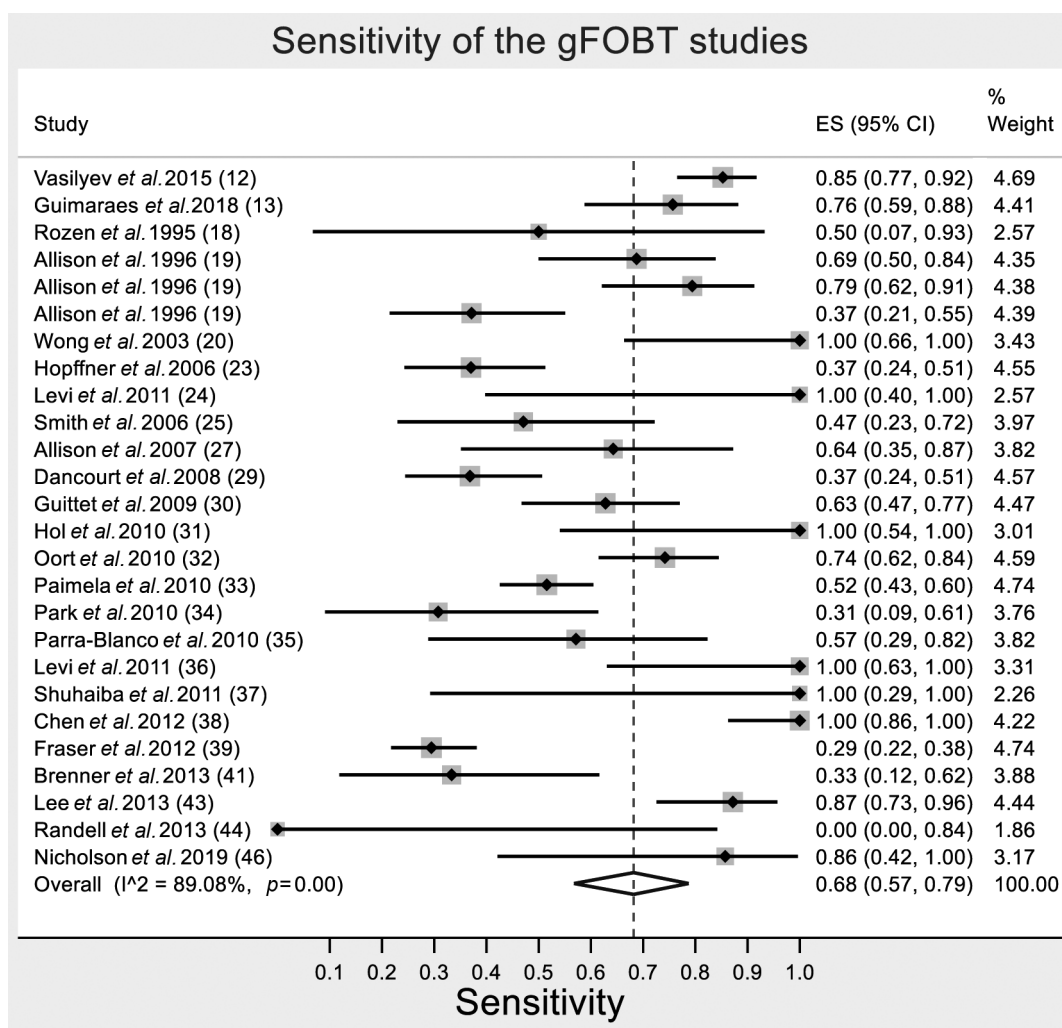


Figure 2. Pooled sensitivity of the studies using guaiac-based fecal occult blood test (gFOBT) (random-effects model). ES: Estimated sensitivity, CI: confidence interval.

three in China. Eleven iFOBT studies were performed in Europe, five in China and two in the United States. Sixteen gFOBT studies assessed the diagnostic performance with Hemoccult SENSAs (12, 13, 18-20, 23-25, 27, 29, 34, 36, 37, 41, 43, 44), five with Hemoccult II (19, 30-33), one with HemeSelect (19), one with Hemofec (35), one with Hemascreen (39); in two studies the test brand was not available (38, 46). Nine iFOBT studies assessed the diagnostic performance with OC-Sensor/OC-Micro (24, 26, 32, 34, 36, 37, 40, 41, 43), three with Magstream (21, 22, 30), two with FlexSure OBT (20, 27), two with OC-Light (28, 42), two with ColonView-FIT (12, 13), one with Prevent ID (23), one with INSURE (25), one with InstantView (29), one with Hemo Tech NS-Plus (44), one with OC FIT-CHECK (45); in one study the test brand remained unknown (38).

Diagnostic performance of gFOBT. The summaries of the diagnostic performance of gFOBT for all the included studies are shown in the forest plots with the pooled sensitivity (Figure 2) and pooled specificity (Figure 3) for the CRC endpoint. The pooled overall sensitivity and specificity of gFOBT tests for detecting CRC were 0.68 (95% CI=0.57-0.79) and 0.88 (95% CI=0.84-0.91), respectively. In 13 gFOBT studies (11 articles: 12, 13, 19, 20, 24, 31, 36-38, 43, 46), the sensitivity was higher than 0.68, and the specificity was higher than 0.88 in 14 (13, 19, 27, 29, 31-37, 41, 44). The best six gFOBT studies showed 100% sensitivity (20, 24, 31, 36-38), of which four used Hemoccult SENSAs (20, 24, 36, 37), one Hemoccult II (31) and in one study the test brand was not given (38). The best eight gFOBT studies showed 96-99% specificity (12, 19, 29, 31, 32, 33, 36, 44), of which four used Hemoccult

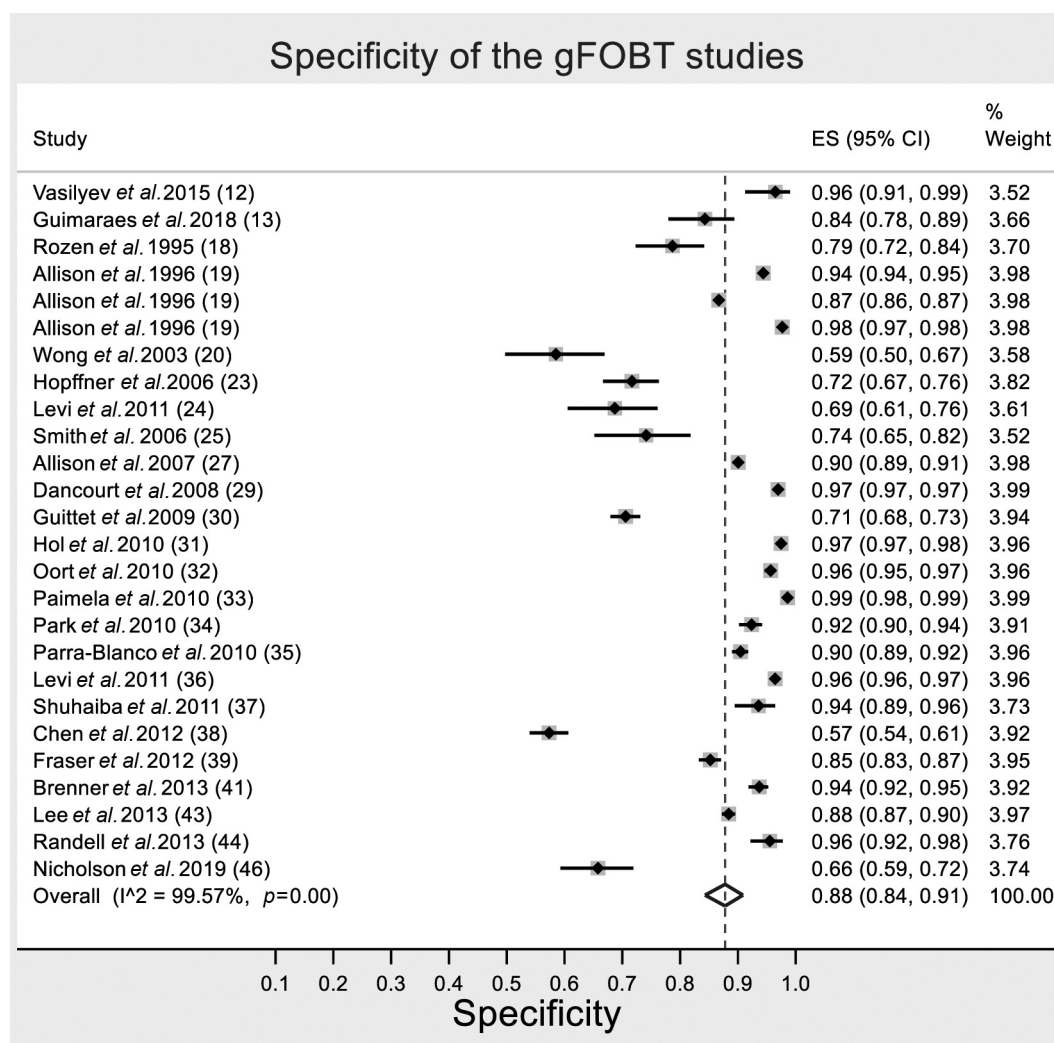


Figure 3. Pooled specificity of the studies using guaiac-based fecal occult blood test (gFOBT) (random-effects model). ES: Estimated specificity, CI: confidence interval.

SENSA (12, 29, 36, 44) and another four used Hemoccult II (19, 31-33).

Diagnostic performance of iFOBT. The summaries of the diagnostic performance of iFOBT in diagnosis of the CRC endpoint are shown in forest plots with the pooled sensitivity (Figure 4) and pooled specificity (Figure 5). The pooled overall sensitivity and specificity of iFOBT tests were 0.86 (95% CI=0.78-0.93) and 0.85 (95% CI=0.81-0.88), respectively. In 12 iFOBT studies (12, 13, 20, 21, 28, 30, 32, 36-38, 40, 44), the sensitivity was higher than 0.86, and the specificity exceeded 0.85 in 15 (21, 22, 24, 26-29, 32, 34, 36, 37, 40, 42, 43, 45).

The best five iFOBT studies showed 100% sensitivity, all using different test brands: ColonView (12), Magstream (21), OC-Micro (36), OC-Sensor (37) and Hemo Tech NS-Plus (44).

The best seven iFOBT studies showed 93-97% specificity; two studies were performed with OC-Light (28, 42), two with OC-Sensor (37, 43), and one each with Magstream (22), InstantView (29) and OC FIT-CHEK (45).

HSROC analyses and empirical Bayes estimates. STATA (metandiplot algorithm) was used to draw the HSROC curves to enable comparison of the pooled overall diagnostic performance of gFOBT compared with iFOBT (Figures 6 and 7). In HSROC analyses, iFOBT was found to have a statistically significantly greater AUC with 0.87 (95% CI=0.85-0.88) than gFOBT with 0.77 (95% CI=0.75-0.79) ($p=0.0017$; ROCcomp test).

We also constructed empirical Bayes estimates to compare the overall diagnostic performance of gFOBT compared with iFOBT (Figures 8 and 9). Empirical Bayes estimates are

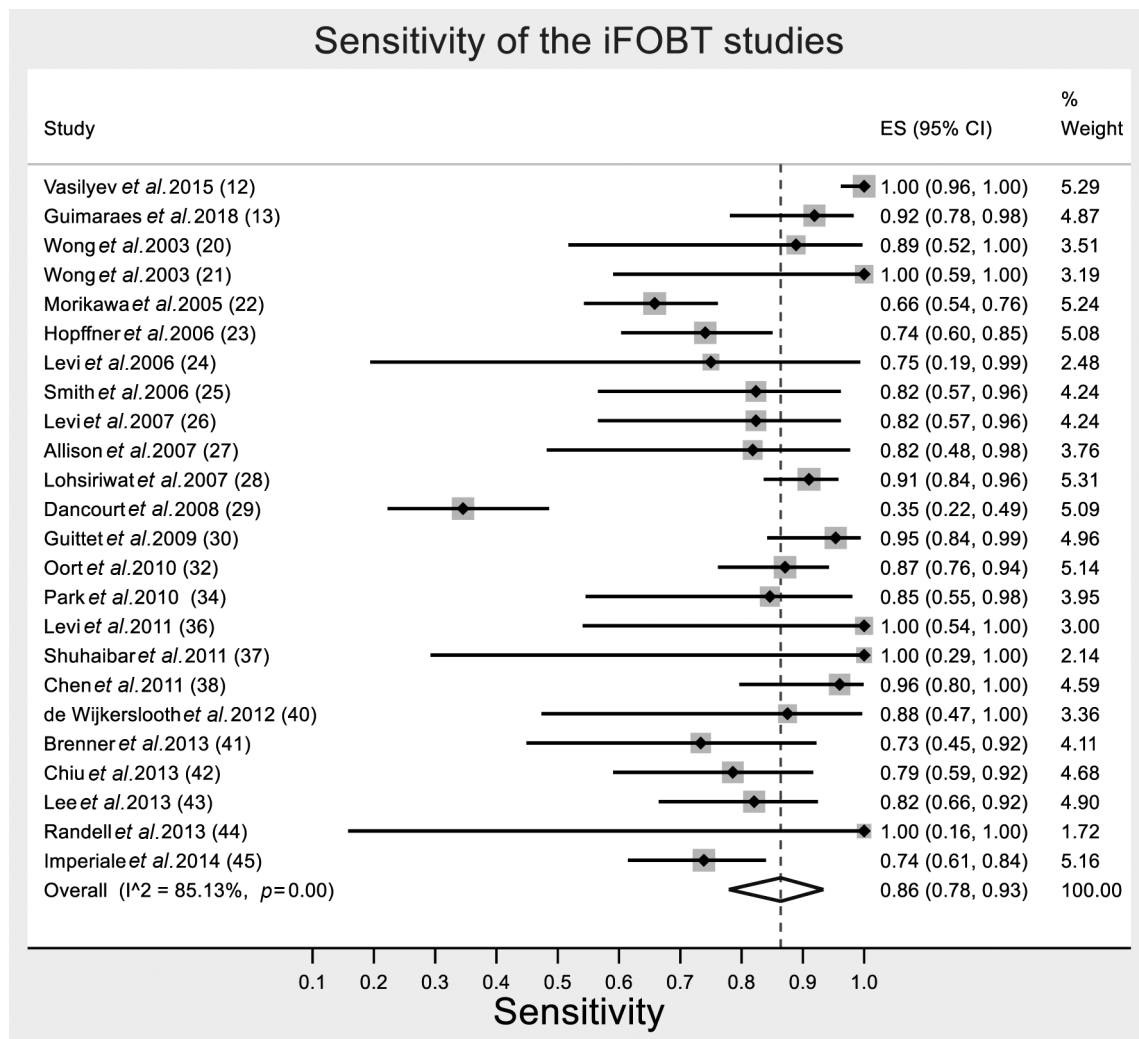


Figure 4. Pooled sensitivity of the studies using immunochemical fecal occult blood test (iFOBT) (random-effects model). ES: Estimated sensitivity, CI: confidence interval.

known to give the best estimate of the true sensitivity and specificity of each study, and these estimates were shown to 'shrink' towards the summary points as compared with the study-specific estimates (without empirical Bayes estimates, as shown in Figures 6 and 7). This shrinkage was generally greater for sensitivity than for specificity, reflecting both the smaller variance of sensitivity (on the logit scale) and the fact that most studies have fewer individuals with CRC than without (no cancer/adenoma), leading to more precise estimates of specificity than of sensitivity.

Publication bias and quality assessment. Cook's distance is a measure of the influence of a study on the model parameters and can be used to check for particularly influential studies. To check for outliers, standardized predicted random effects can be interpreted as standardized

study-level residuals. In Figures 10 and 11, the residual corresponding to the test specificity have been plotted on a reversed axis to correspond with the convention used in the HSROC plots.

In Figures 10 and 11, the two graphs are best read in combination. Cook's distance shows which studies were influential, while the standardized residuals give some insight into why. Figure 10 shows that the iFOBT study by Guittet *et al.* (ID 11, Magstream) (30) was particularly influential, followed by those of Vasilyev *et al.* (ID 23, ColonView) (12), Dancourt *et al.* (ID 10, InstantView) (29) and Hoepffner *et al.* (ID 4, Prevent ID (23)). Studies by Vasilyev *et al.* (ID 23, ColonView) (12) and Chen *et al.* (ID 16, test brand not available) (38) had high standardized residuals for specificity, leading to influence on both the mean and variance of logit-transformed sensitivity. The

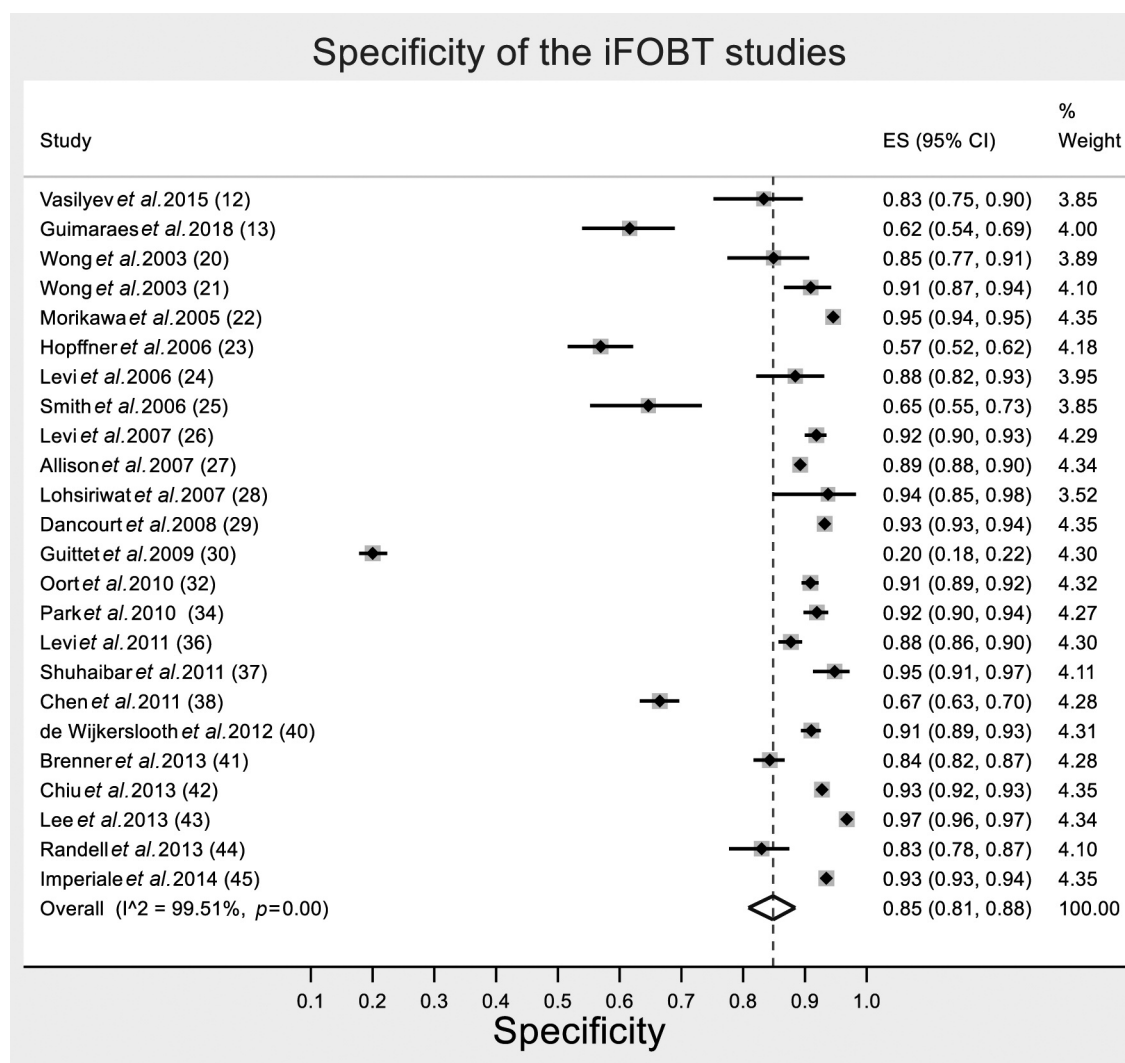


Figure 5. Pooled specificity of the studies using immunochemical fecal occult blood test (iFOBT) (random-effects model). ES: Estimated specificity, CI: confidence interval.

iFOBT study by Dancourt *et al.* (29) had a large (negative) standardized residual for specificity and also appeared to be influential as judged by its Cook's distance.

In Figure 11 and Table I, the gFOBT study by Chen *et al.* (ID 19, test brand not available) (38) was found to be particularly influential, followed by those of Wong *et al.* (ID 5, Hemoccult SENSAs) (20) and Hol *et al.* (ID 12, Hemoccult II) (31).

In meta-regression, no confirmatory evidence to support the role of test brand as an important source of heterogeneity among the iFOBT studies was shown. The test brand used did not prove to be a significant study-level covariate, with relative DOR=1.10 (95% CI=0.94-1.29; $p=0.235$). The same was true among the studies using gFOBT, with relative DOR=0.92 (95% CI=0.59-1.44; $p=0.716$).

Discussion

Although there is a general agreement that iFOBTs have better test performance than gFOBTs, there are several iFOBT brands on the market and limited data on the performance of individual test brands makes it difficult to decide which test to choose *e.g.* in planned CRC screening or in routine diagnosis of FOB (10,12-14). iFOBTs have several advantages as compared with gFOBT in CRC screening, including no need for dietary restrictions, no stool sample instability and smaller number of stool samples needed (10). In addition, a decision analysis revealed that there is no difference in life-years gained when comparing annual iFOBT testing with colonoscopy every 10 years (47).

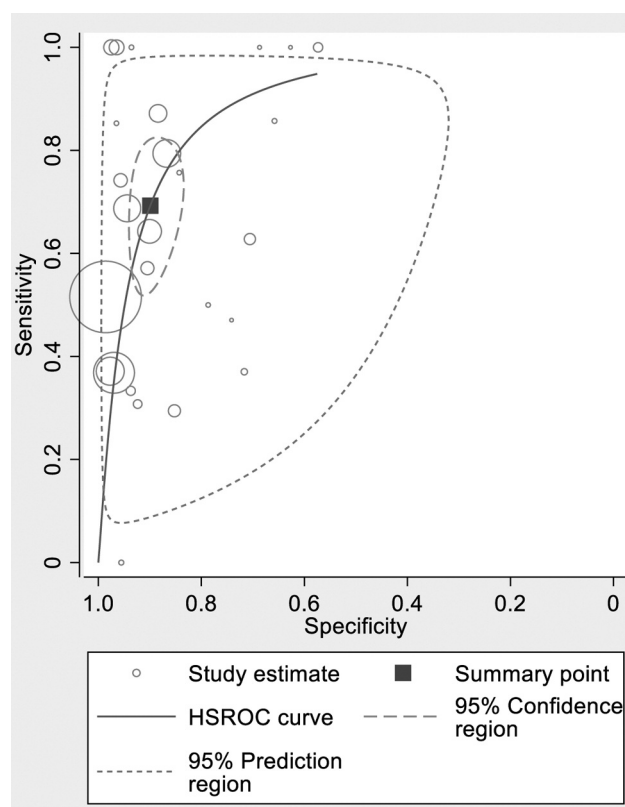


Figure 6. Hierarchical summary receiver operating characteristic (HSROC) curve of the studies using guaiac-based fecal occult blood test.

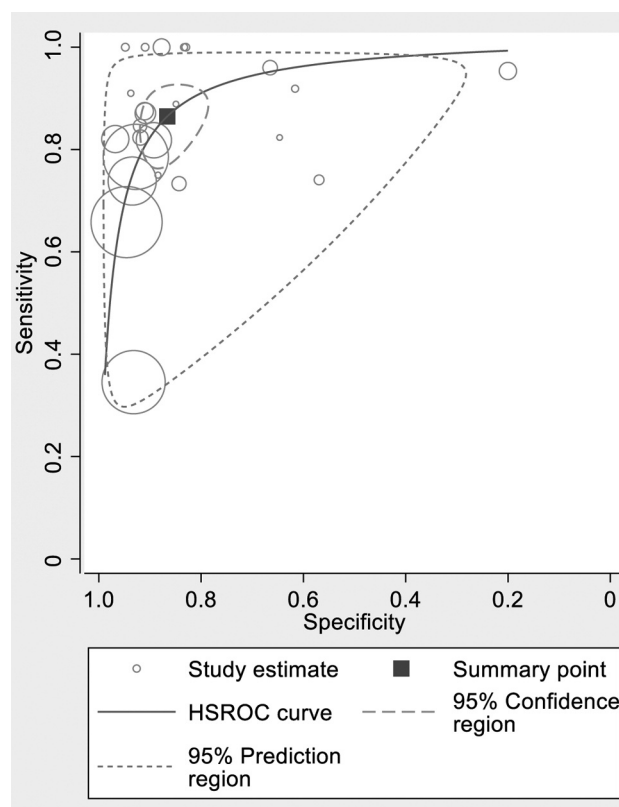


Figure 7. Hierarchical summary receiver operating characteristics (HSROC) curve of the studies using immunochemical fecal occult blood test.

To provide additional evidence-based information to support the difficult choice between gFOBT and iFOBTs (10), we conducted a systematic review and formal meta-analysis (with meta-regression) covering 26 gFOBT and 24 iFOBT studies all evaluating test performance in CRC screening, using invasive CRC as an endpoint. Similarly to a recent meta-analysis of iFOBT tests by Lee *et al.* in 2014 (14), the other endpoints (*i.e.* adenomas, advanced adenomas) were abandoned in this meta-analysis because of a highly variable practice of classifying these cancer precursor lesions thus compromising an unbiased use of these endpoints, important although they are from the point of CRC screening (10, 12-14).

To our knowledge, this is the first systematic review and meta-analysis to evaluate the methodological quality of the included studies, which is essential in order to confirm the strength of the pooled summary results. We carried out an appropriate investigation of the quality of the original studies using the QUADAS-2 quality assessment tool (16). This is justified because the data from the diagnostic performance studies require more complex statistical approaches than needed *e.g.* for meta-analysis of the studies

reporting simple proportions only. To properly account for the correlation between sensitivity and specificity, and obtain unbiased summary estimates of sensitivity and specificity, we used the multilevel statistical methods available in STATA software (48).

In the present meta-analysis, the pooled sensitivity and specificity of gFOBT were 68% and 88% as compared to those of the iFOBTs (86% and 85%, respectively) (Figures 2-5). This is the first formal demonstration of the superiority of iFOBTs over gFOBTs, based on rigorous meta-analysis of original studies that have been controlled for their quality by the QUADAS-2 assessment tool (16). The present results are in alignment with the data reported by Lee *et al.* in their meta-analysis of iFOBTs, albeit not all studies included in the present analysis were yet available in 2014 when their report was published (14). Of note, gFOBTs were not included in their analysis, and this was done for the first time in this study to enable a direct comparison of the two techniques using the pooled summary performance indicators.

It is of major (commercial) interest to assess whether some of the test brands in the two categories (gFOBT and iFOBT) were particularly influential in this meta-analysis,

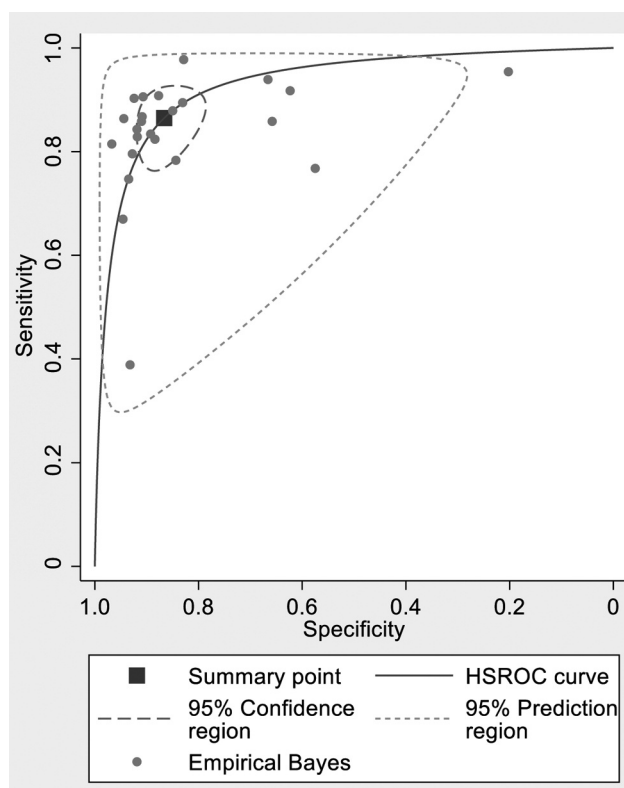


Figure 8. Empirical Bayes estimates of the sensitivity and specificity of the immunochemical fecal occult blood test in studies.

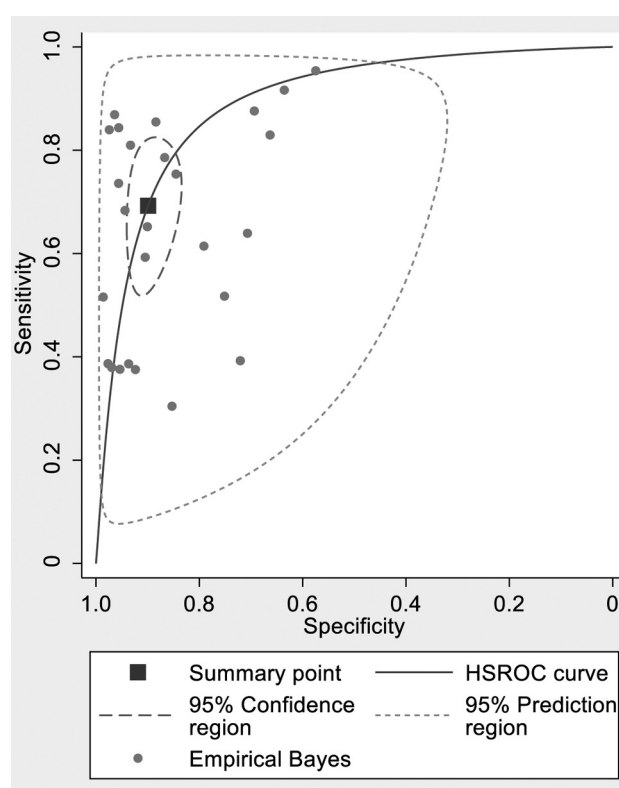


Figure 9. Empirical Bayes estimates of the sensitivity and specificity of the guaiac-based fecal occult blood test in studies.

i.e. had a significant influence on the pooled summary estimates in the forest plots. This can be done by different approaches. The simplest way is to make a visual inspection of the forest plots depicting the pooled estimates of sensitivity and specificity, separately for iFOBT and gFOBT tests (Figures 2-5). Using this approach, one can easily pick out the studies with the highest sensitivity and specificity. Among both test categories, there were several studies where the test sensitivity was 100%. This high sensitivity is achieved at the expense of lower specificity. Importantly, there was no single study (or test brand), neither among the gFOBTs or iFOBTs, that was 100% specific for the CRC endpoint (Figures 2-5). As pointed out before (10, 12, 13), this is exactly what is to be expected because of the simple fact that fecal occult blood detected by these tests is not specific to invasive CRC but can also be derived from various other neoplastic or non-neoplastic sources.

A more formal approach for investigating the studies that are particularly influential is based on calculating Cook's distance, together with the standardized residuals to check for the distinct outliers (Figures 10 and 11). Among the gFOBT studies, particularly influential were the study by Chen *et al.* (Table I, ID 19, test brand not available) (38), followed by

that of Wong *et al.* (Table I, ID 5, Hemoccult SENS) (20) and of Hol *et al.* (Table I, ID 12, Hemoccult II) (31).

Among the iFOBT studies, the study of Guittet *et al.* (Table II, ID 11, Magstream) (30) was particularly influential, followed by that of Vasilyev *et al.* (Table II, ID 23, ColonView) (12), Dancourt *et al.* (Table II, ID 10, InstantView) (29) and Hoepffner *et al.* (Table II, ID 4, Prevent ID) (23). These studies can also easily be identified from the forest plots by their indicators that deviate from the mainstream. Highlighting a study as influential, however, is not an indication that this was due to the test brand used. Such a statement would be justified only if the test brand is demonstrated to be a significant study-level covariate in meta-regression where the test brand has been included as a covariate.

To cast light on this intriguing issue, we performed REML separately for gFOBTs and iFOBTs, testing different options for the weights (inverse variance weight, study size weight, unweighted) to determine whether the test brand was a significant study-level covariate. Meta-regression did not provide any confirmatory evidence to support the role of test brand as an important source of heterogeneity between the iFOBT and gFOBT studies as shown in the Results section. Thus, it seems clear that the test brand used in the studies was

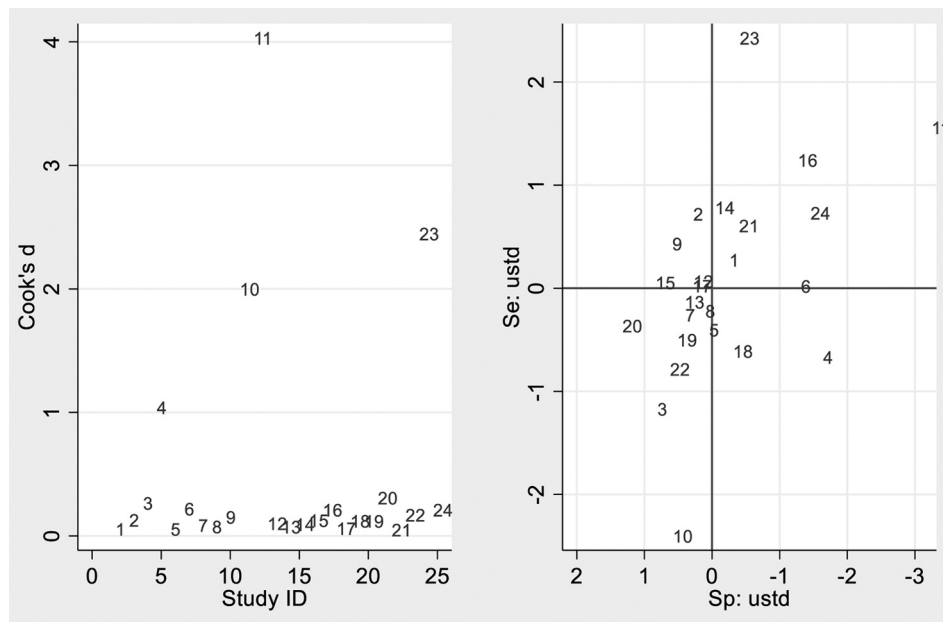


Figure 10. Evaluation of influential studies of immunochemical fecal occult blood test using Cook's distance (A) and standardized residuals (B). Se: Sensitivity; Sp: specificity; ustd: standard deviation. Cook's d: Cook's distance.

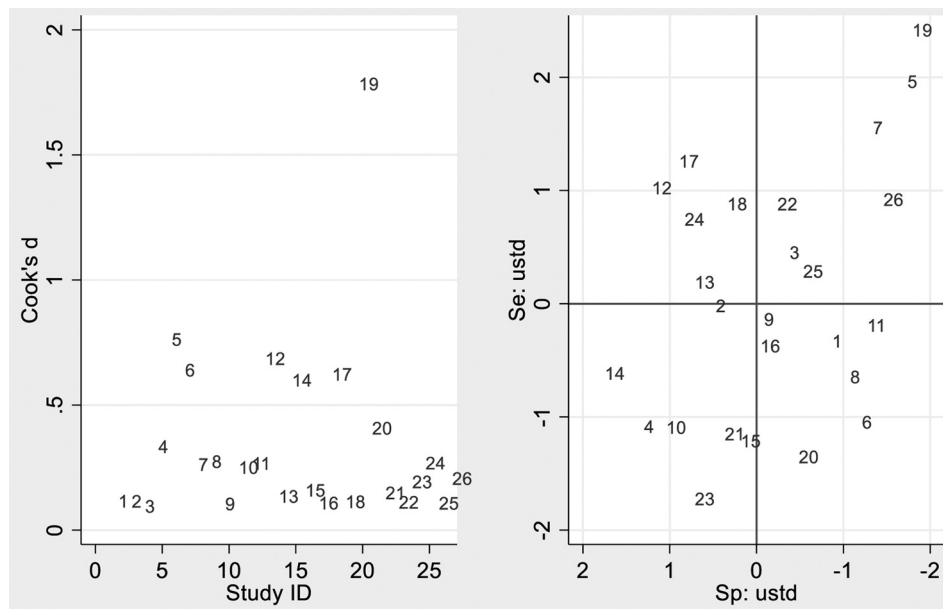


Figure 11. Evaluation of the influential studies of guaiac-based fecal occult blood test using Cook's distance (A) and standardized residuals (B). Se: Sensitivity; Sp: specificity; ustd: standard deviation. Cook's d: Cook's distance.

not a significant determinant of the heterogeneity between the studies that was observed in the forest plots (Figures 2-5). In practice, this means that none of the test brands included in the original studies in either of the categories is superior to the

others. This is not unexpected given that the different test brands with the gFOBT and iFOBT technologies are based on similar technological principles, with no fundamental differences in their clinical performance.

While considering the strengths and weaknesses of the present approach, it is to be admitted that meta-analyses are always subject to the detection and verification biases related to the original studies, since CRC (study endpoint) might be missed at a rate of 0.2-5% even if colonoscopy is used (49, 50). Language bias is also possible, since we omitted the non-English studies; previous reports suggest that this type of language exclusion has only little effect on the pooled summary estimates in meta-analysis (51). There seems to be an interesting seasonal variation in iFOBT test performance, with lower positivity rates in hot weather, due to the degradation of hemoglobin (52). Use of a standard collection device/probe with a known buffer may also be subject to bias. However, at the moment there is no accepted international quality control standard for the use of iFOBTs.

Our meta-analysis has several strengths. Firstly, the meta-analysis included the systematic use of the QUADAS-2 quality assessment tool (16) and followed the recommendations of the PRISMA statement (15). Secondly, our study was based on a comprehensive systematic search of all major global databases, thus minimizing the likelihood of missing any eligible studies.

In conclusion, our systematic review and meta-analysis suggests that the diagnostic capabilities of iFOBTs are superior to those of gFOBTs as a screening tool for CRC. Of interest is the question of which iFOBT test should one choose: Quantitative or qualitative, and which test brand? In quantitative iFOBTs, the cut-off for a positive test for faecal haemoglobin concentration can be adjusted by the end user (Magstream, OC-Sensor/Micro, Ridascreen and OC-Hemodia). In qualitative iFOBTs, the positive test cut-off concentration is pre-set, and the test is read as positive or negative by either visual or automatic reading (ColonView-FIT, InstantView, Prevent ID, OC-Light, FlexSure OBT and Hemeselect). The current data based on a formal meta-regression do not provide definitive confirmation of a superiority of any test brand or even of the impact of the test brand as an important source of heterogeneity between studies. Of the quantitative iFOBTs, the studies using Magstream have shown excellent diagnostic performance. Of the qualitative iFOBT brands, ColonView-FIT, InstantView and Prevent ID seem to be the three topmost choices for CRC screening because of their confirmed excellent test characteristics.

Conflicts of Interest

The Authors report no conflicts of interest or financial ties to disclose. The Authors alone are responsible for the content and writing of this article.

Authors' Contributions

All Authors have met all of the following four criteria: i) Substantial contributions to the conception or design of the work or the

acquisition, analysis, or interpretation of data for the work. ii) Drafting of the work or revising it critically for important intellectual content. iii) Final approval of the version to be published. iv) Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Acknowledgements

The study was funded by the Päivikki ja Sakari Sohlberg Foundation.

References

- Bray F, Ferlay J, Soerjomataram I, Siegel RL, Torre LA and Jemal A: Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA Cancer J Clin* 68: 394-424, 2018. PMID: 30207593. DOI: 10.3322/caac.21492
- Elmunzer BJ, Hayward RA, Schoenfeld PS, Saini SD, Deshpande A and Waljee AK: Effect of flexible sigmoidoscopy-based screening on incidence and mortality of colorectal cancer: A systematic review and meta-analysis of randomized controlled trials. *PLoS Med* 9: e1001352, 2012. PMID: 23226108. DOI: 10.1371/journal.pmed.1001352
- Shaukat A, Mongin SJ, Geisser MS, Lederle FA, Bond JH, Mandel JS and Church TR: Long-term mortality after screening for colorectal cancer. *N Engl J Med* 369: 1106-1114, 2013. PMID: 24047060. DOI: 10.1056/NEJMoa1300720
- Mandel JS, Bond JH, Church TR, Snover DC, Bradley GM, Schuman LM and Ederer F: Reducing mortality from colorectal cancer by screening for fecal occult blood. Minnesota Colon Cancer Control Study. *N Engl J Med* 328: 1365-1371, 1993. PMID: 8474513. DOI: 10.1056/NEJM199305133281901
- Kewenter J, Brevinge H, Engaras B, Haglind E and Åhrén C: Results of screening, rescreening, and follow-up in a prospective randomized study for detection of colorectal cancer by fecal occult blood testing. Results for 68,308 subjects. *Scand J Gastroenterology* 29: 468-473, 1994. PMID: 8036464. DOI: 10.3109/00365529409096840
- Kronborg O, Fenger C, Olsen J, Jørgensen OD and Søndergaard O: Randomised study of screening for colorectal cancer with faecal-occult-blood test. *Lancet* 348: 1467-1471, 1996. PMID: 8942774. DOI: 10.1016/S0140-6736(96)03430-7
- Hardcastle JD, Chamberlain JO, Robinson JH, Moss SM, Amar SS, Balfour TW, James PD and Mangham CM: Randomised controlled trial of faecal-occult-blood screening for colorectal cancer. *Lancet* 348: 1472-1477, 1996. PMID: 8942775. DOI: 10.1016/S0140-6736(96)03386-7
- Lindholm E, Brevinge H and Haglind E: Survival benefit in a randomized clinical trial of faecal occult blood screening for colorectal cancer. *Br J Surg* 95: 1029-1036, 2008. PMID: 18563785. DOI: 10.1002/bjs.6136
- Halloran S, Launoy G and Zappa M: Faecal Occult Blood Testing. In: European guidelines for quality assurance in colorectal cancer screening and diagnosis. Segnan N, Patrick J and von Karsa L (eds.). Luxembourg: Publications Office of the European Union, pp. 103-144, 2010.
- Meklin J, Syrjänen K and Eskelinen M: Colorectal cancer screening with traditional and new-generation fecal immunochemical tests: A

- critical review of fecal occult blood tests. *Anticancer Res* 40: 575-581, 2020. PMID: 32014898. DOI: 10.21873/anticancer.13987
- 11 Suovaniemi O: Immunoassay for fecal human hemoglobin. Available at: <https://patents.google.com/patent/US4427769> [Last accessed on May 26th 2020]
- 12 Vasilyev S, Smirnova E, Popov D, Semenov A, Eklund C, Hendolin P, Paloheimo L and Syrjänen K: A new-generation fecal immunochemical test (FIT) is superior to guaiac-based test in detecting colorectal neoplasia among colonoscopy referral patients. *Anticancer Res* 35: 2873-2880, 2015. PMID: 25964570.
- 13 Guimarães DP, Fregnani JH, Reis RM, Taveira LN, Scapulatempo-Neto C, Matsushita M, Silva SRM, Oliveira CZ, Longatto-Filho A, Eklund C, Paloheimo L, Mauad E, Suovaniemi O and Syrjänen K: Comparison of a new-generation fecal immunochemical test (FIT) with guaiac fecal occult blood test (gFOBT) in detecting colorectal neoplasia among colonoscopy-referral patients. *Anticancer Res* 39: 261-269, 2019. PMID: 30591467. DOI: 10.21873/anticancer.13106
- 14 Lee JK, Liles EG, Bent S, Levin TR and Corley DA: Accuracy of fecal immunochemical tests for colorectal cancer: Systematic review and meta-analysis. *Ann Intern Med* 160: 171, 2014. PMID: 24658694. DOI: 10.7326/M13-1484
- 15 Moher D, Shamseer L, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P and Stewart LA; PRISMA-P Group: Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Syst Rev* 4: 1, 2015. PMID: 25554246. DOI: 10.1186/2046-4053-4-1
- 16 Whiting PF, Rutjes AW, Westwood ME, Mallett S, Deeks JJ, Reitsma JB, Leeflang MM, Sterne JA and Bossuyt PM; QUADAS-2 Group: QUADAS-2: A revised tool for the quality assessment of diagnostic accuracy studies. *Ann Intern Med* 155: 529-536, 2011. PMID: 22007046. DOI: 10.7326/0003-4819-155-8-201110180-00009
- 17 Cook RD: Detection of influential observations in linear regression. *Technometrics* 19: 15-18, 1977. DOI: 10.2307/1268249
- 18 Rozen P, Knaani J and Papo N: Evaluation and comparison of an immunochemical and a guaiac faecal occult blood screening test for colorectal neoplasia. *Eur J Cancer Prev* 4: 475-481, 1995. PMID: 8580783. DOI: 10.1097/00008469-199512000-00006
- 19 Allison JE, Tekawa IS, Ransom LJ and Adrain AL: A comparison of fecal occult-blood tests for colorectal-cancer screening. *N Engl J Med* 334: 155-159, 1996. PMID: 8531970. DOI: 10.1056/NEJM199601183340304
- 20 Wong BC, Wong WM, Cheung KL, Tong TS, Rozen P, Young GP, Chu KW, Ho J, Law WL, Tung HM, Lai KC, Hu WH, Chan CK and Lam SK: A sensitive guaiac faecal occult blood test is less useful than an immunochemical test for colorectal cancer screening in a Chinese population. *Aliment Pharmacol Ther* 18: 941-946, 2003. PMID: 14616158. DOI: 10.1046/j.1365-2036.2003.01783.x
- 21 Wong WM, Lam SK, Cheung KL, Tong TS, Rozen P, Young GP, Chu KW, Ho J, Law WL, Tung HM, Choi HK, Lee YM, Lai KC, Hu WH, Chan CK, Yuen MF and Wong BC: Evaluation of an automated immunochemical fecal occult blood test for colorectal neoplasia detection in a Chinese population. *Cancer* 97: 2420-2424, 2003. PMID: 12733140. DOI: 10.1002/cncr.11369
- 22 Morikawa T, Kato J, Yamaji Y, Wada R, Mitsushima T and Shiratori Y: A comparison of the immunochemical fecal occult blood test and total colonoscopy in the asymptomatic population. *Gastroenterology* 129: 422-428, 2005. PMID: 16083699. DOI: 10.1016/j.gastro.2005.05.056
- 23 Hoepffner N, Shastri YM, Hanisch E, Rösch W, Mössner J, Caspary WF and Stein J: Comparative evaluation of a new bedside faecal occult blood test in a prospective multicentre study. *Aliment Pharmacol Ther* 23: 145-154, 2006. PMID: 16393292. DOI: 10.1111/j.1365-2036.2006.02702.x
- 24 Levi Z, Hazazi R, Rozen P, Vilkin A, Waked A and Niv Y: A quantitative immunochemical faecal occult blood test is more efficient for detecting significant colorectal neoplasia than a sensitive guaiac test. *Aliment Pharmacol Ther* 23: 1359-1364, 2006. PMID: 16629942. DOI: 10.1111/j.1365-2036.2006.02898.x
- 25 Smith A, Young GP, Cole SR and Bampton P: Comparison of a brush-sampling fecal immunochemical test for hemoglobin with a sensitive guaiac-based fecal occult blood test in detection of colorectal neoplasia. *Cancer* 107: 2152-2159, 2006. PMID: 16998938. DOI: 10.1002/cncr.22230
- 26 Levi Z, Rozen P, Hazazi R, Vilkin A, Waked A, Maoz E, Birkenfeld S, Leshno M and Niv Y: A quantitative immunochemical fecal occult blood test for colorectal neoplasia. *Ann Intern Med* 146: 244-255, 2007. PMID: 17310048. DOI: 10.7326/0003-4819-146-4-200702200-00003
- 27 Allison JE, Sakoda LC, Levin TR, Tucker JP, Tekawa IS, Cuff T, Pauly MP, Shlager L, Palitz AM, Zhao WK, Schwartz JS, Ransohoff DF and Selby JV: Screening for colorectal neoplasms with new fecal occult blood tests: update on performance characteristics. *J Natl Cancer Inst* 99: 1462-1470, 2007. PMID: 17895475. DOI: 10.1093/jnci/djm150
- 28 Lohsiriat V, Thavichaigarn P and Awapittaya B: A multicenter prospective study of immunochemical fecal occult blood testing for colorectal cancer detection. *J Med Assoc Thai* 90: 2291-2295, 2007. PMID: 18181309.
- 29 Dancourt V, Lejeune C, Lepage C, Gailliard MC, Meny B and Faivre J: Immunochemical faecal occult blood tests are superior to guaiac-based tests for the detection of colorectal neoplasms. *Eur J Cancer* 44: 2254-2258, 2008. PMID: 18760592. DOI: 10.1016/j.ejca.2008.06.041
- 30 Guittet L, Bouvier V, Mariotte N, Vallee JP, Levillain R, Tichet J and Launoy G: Comparison of a guaiac and an immunochemical faecal occult blood test for the detection of colonic lesions according to lesion type and location. *Br J Cancer* 100: 1230-1235, 2009. PMID: 19337253. DOI: 10.1038/sj.bjc.6604996
- 31 Hol L, van Leerdam ME, van Ballegooijen M, van Vuuren AJ, van Dekken H, Reijerink JC, van der Togt AC, Habbema JD and Kuipers EJ: Screening for colorectal cancer: Randomised trial comparing guaiac-based and immunochemical faecal occult blood testing and flexible sigmoidoscopy. *Gut* 59: 62-68, 2010. PMID: 19671542. DOI: 10.1136/gut.2009.177089
- 32 Oort FA, Terhaar Sive Droste JS, Van Der Hulst RW, Van Heukelem HA, Loffeld RJ, Wesdorp IC, Van Wanrooij RL, De Baaij L, Mutsaers ER, van der Reijt S, Coupe VM, Berkhof J, Bouman AA, Meijer GA and Mulder CJ: Colonoscopy-controlled intra-individual comparisons to screen relevant neoplasia: Faecal immunochemical test vs. guaiac-based faecal occult blood test. *Aliment Pharmacol Ther* 31: 432-439, 2010. PMID: 19878150. DOI: 10.1111/j.1365-2036.2009.04184.x
- 33 Paimela H, Malila N, Palva T, Hakulinen T, Vertio H and Järvinen H: Early detection of colorectal cancer with faecal occult blood test screening. *Br J Surg* 97: 1567-1571, 2010. PMID: 20603855. DOI: 10.1002/bjs.7150

- 34 Park DI, Ryu S, Kim YH, Lee SO, Lee C, Eun C and Han D: Comparison of guaiac-based and quantitative immunochemical fecal occult blood testing in a population at average risk undergoing colorectal cancer screening. *Am J Gastroenterol* 105: 2017-2025, 2010. PMID: 20502450. DOI: 10.1038/ajg.2010.179
- 35 Parra-Blanco A, Gimeno-García AZ, Quintero E, Nicolás D, Moreno SG, Jiménez A, Hernández-Guerra M, Carrillo-Palau M, Eishi Y and López-Bastida J: Diagnostic accuracy of immunochemical versus guaiac faecal occult blood tests for colorectal cancer screening. *J Gastroenterol* 45: 703-712, 2010. PMID: 20157748. DOI: 10.1007/s00535-010-0214-8
- 36 Levi Z, Birkenfeld S, Vilkin A, Bar-Chana M, Lifshitz I, Chared M, Maoz E and Niv Y: A higher detection rate for colorectal cancer and advanced adenomatous polyp for screening with immunochemical fecal occult blood test than guaiac fecal occult blood test, despite lower compliance rate. A prospective, controlled, feasibility study. *Int J Cancer* 128: 2415-2424, 2011. PMID: 20658527. DOI: 10.1002/ijc.25574
- 37 Shuhaibar M, Walsh C, Lindsay F, Lee N, Walsh P, O'Gorman P, Boran G, McLoughlin R, Qasim A, Breslin N, Ryan B, O'Connor H and O'Morain C: A comparative study of faecal occult blood kits in a colorectal cancer screening program in a cohort of healthy construction workers. *Ir J Med Sci* 180: 103-108, 2011. PMID: 20953981. DOI: 10.1007/s11845-010-0605-0
- 38 Chen JG, Cai J, Wu HL, Xu H, Zhang YX, Chen C, Wang Q, Xu J and Yuan XL: Colorectal cancer screening: comparison of transferrin and immuno fecal occult blood test. *World J Gastroenterol* 18: 2682-2688, 2012. PMID: 22690078. DOI: 10.3748/wjg.v18.i21.2682
- 39 Fraser CG, Digby J, McDonald PJ, Strachan JA, Carey FA and Steele RJ: Experience with a two-tier reflex gFOBT/FIT strategy in a national bowel screening programme. *J Med Screen* 19: 8-13, 2012. PMID: 22156144. DOI: 10.1258/jms.2011.011098
- 40 de Wijkerslooth TR, Stoop EM, Bossuyt PM, Meijer GA, van Ballegooijen M, van Roon AH, Stegeman I, Kraaijenhagen RA, Fockens P, van Leerdam ME, Dekker E and Kuipers EJ: Immunochemical fecal occult blood testing is equally sensitive for proximal and distal advanced neoplasia. *Am J Gastroenterol* 107: 1570-1578, 2012. PMID: 22850431. DOI: 10.1038/ajg.2012.249
- 41 Brenner H and Tao S: Superior diagnostic performance of faecal immunochemical tests for haemoglobin in a head-to-head comparison with guaiac based faecal occult blood test among 2235 participants of screening colonoscopy. *Eur J Cancer* 49: 3049-3054, 2013. PMID: 23706981. DOI: 10.1016/j.ejca.2013.04.023
- 42 Chiu HM, Lee YC, Tu CH, Chen CC, Tseng PH, Liang JT, Shun CT, Lin JT and Wu MS: Association between early stage colon neoplasms and false-negative results from the fecal immunochemical test. *Clin Gastroenterol Hepatol* 11: 832-838, 2013. PMID: 23376002. DOI: 10.1016/j.cgh.2013.01.013
- 43 Lee YC, Chiu HM, Chiang TH, Yen AM, Chiu SY, Chen SL, Fann JC, Yeh YP, Liao CS, Hu TH, Tu CH, Tseng PH, Chen CC, Chen MJ, Liou JM, Liao WC, Lai YP, Wang CP, Ko JY, Wang HP, Chiang H, Lin JT, Chen HH and Wu MS: Accuracy of faecal occult blood test and Helicobacter pylori stool antigen test for detection of upper gastrointestinal lesions. *BMJ Open* 30: 3, 2013. PMID: 24176798. DOI: 10.1136/bmjopen-2013-003989
- 44 Randell E, Kennell M, Taher A, Antle S, Bursey F, Tavenor T, Hammond M, Stone S, Mahar D, Smith S, McCrate F and McGrath J: Evaluation of Hemo Tech NS-Plus system for use in a province-wide colorectal cancer screening program. *Clin Biochem* 46: 365-368, 2013. PMID: 23262404. DOI: 10.1016/j.clinbiochem.2012.12.010
- 45 Imperiale T, Ransohoff D, Itzkowitz SH, Turnbull BA and Ross ME; Colorectal Cancer Study Group: Fecal DNA versus fecal occult blood for colorectal-cancer screening in an average risk population. *N Engl J Med* 351: 2704-2714, 2004. PMID: 15616205. DOI: 10.1056/NEJMoa033403
- 46 Nicholson BD, James T, East JE, Grimshaw D, Paddon M, Justice S, Oke JL and Shine B: Experience of adopting faecal immunochemical testing to meet the NICE colorectal cancer referral criteria for low-risk symptomatic primary care patients in Oxfordshire, UK. *Frontline Gastroenterol* 10: 347-355, 2019. PMID: 31656559. DOI: 10.1136/flgastro-2018-101052
- 47 Zauber AG, Lansdorp-Vogelaar I, Knudsen AB, Wilschut J, van Ballegooijen M and Kuntz KM: Evaluating test strategies for colorectal cancer screening: a decision analysis for the U.S. Preventive Services Task Force. *Ann Intern Med* 149: 659-669, 2008. PMID: 18838717. DOI: 10.7326/0003-4819-149-9-200811040-00244
- 48 Wang F, and Gatsonis CA: Hierarchical models for ROC curve summary measures: Design and analysis of multi-reader, multi-modality studies of medical tests. *Stat Med* 27: 243-256, 2008. PMID: 17340598. DOI: 10.1002/sim.2828
- 49 Avidan B, Sonnenberg A, Schnell TG, Leya J, Metz A and Sontag SJ: New occurrence and recurrence of neoplasms within 5 years of a screening colonoscopy. *Am J Gastroenterol* 97: 1524-1529, 2002. PMID: 12094877. DOI: 10.1111/j.1572-0241.2002.05801.x
- 50 Bressler B, Paszat LF, Chen Z, Rothwell DM, Vinden C and Rabeneck L: Rates of new or missed colorectal cancers after colonoscopy and their risk factors: A population-based analysis. *Gastroenterology* 132: 96-102, 2007. PMID: 17241863. DOI: 10.1053/j.gastro.2006.10.027
- 51 Morrison A, Polisena J, Husereau D, Moulton K, Clark M, Fiander M, Mierzwinski-Urban M, Clifford T, Hutton B and Rabb D: The effect of English-language restriction on systematic review-based meta-analyses: A systematic review of empirical studies. *Int J Technol Assess Health Care* 28: 138-144, 2012. PMID: 22559755. DOI: 10.1017/S0266462312000086
- 52 Grazzini G, Ventura L, Zappa M, Ciatto S, Confortini M, Rapi S, Rubeca T, Visioli CB and Halloran SP: Influence of seasonal variations in ambient temperatures on performance of immunochemical faecal occult blood test for colorectal cancer screening: Observational study from the Florence district. *Gut* 59: 1511-1515, 2010. PMID: 20603498. DOI: 10.1136/gut.2009.200873

Received May 8, 2020

Revised May 23, 2020

Accepted May 28, 2020