

Apoptosis Induced by (+)-Betulin Through NF- κ B Inhibition in MDA-MB-231 Breast Cancer Cells

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Abstract. *Background/Aim:* This study aimed to uncover the effects of (+)-betulin on the NF- κ B-apoptotic pathway in MDA-MB-231 cells, and determine its toxicity and protein expression *in vivo*. *Materials and Methods:* Cell cytotoxicity and toxicity were determined using the SRB assay and a zebrafish model, respectively. Western blot, mitochondrial transmembrane potential (MTP), and computational modeling analysis were performed. *Results:* (+)-betulin inhibited the growth of MDA-MB-231 cells, but did not induce toxicity in zebrafish. (+)-Betulin inhibited the activity of NF- κ B p65 *in silico* and *in vitro*. In cells, (+)-betulin down-regulated NF- κ B p50 and p65, IKK α and β , ICAM-1 and bcl-2 expressions. Cell co-treatment with (+)-betulin and TNF α increased the (+)-betulin cytotoxic potential. Moreover, (+)-betulin induced the loss of MTP. Furthermore, (+)-betulin, in zebrafish, down-regulated the expression of NF- κ B p65, IKK α , IKK β and procaspase-3. *Conclusion:* The results contribute to the understanding of the mode of action on apoptosis induction by inhibiting NF- κ B pathway in MDA-MB-231 cells.

Cancer is one of the major public health problems worldwide. In women, breast cancer is a leading cause of death and the most frequent type of cancer (1). The major breast cancer sub-types are based on immunohistochemical properties, such as hormone receptor-positive/ERBB2-negative, ERBB2-positive, and triple-negative breast cancer (TNBC). TNBC does not express any of the progesterone and estrogen receptors or human epidermal

growth factor receptor 2, and it is considered the most aggressive (2). In TNBC, chemotherapy and radiotherapy are commonly used, after lumpectomy. However, this kind of breast cancer frequently becomes resistant until it develops a metastatic disease, turning it into the main cause of death in breast cancer (3). Thus, investigating molecules for TNBC seems an attractive approach to discover new potential chemotherapies.

(+)-Betulin (3-lup-20(29)-ene-3 β ,28-diol) is a pentacyclic triterpenoid previously isolated from many plant species, especially from the Betulaceae family (4-6). A broad range of biological activities has been reported for (+)-betulin, including antibacterial, antifungal, antiviral, anti-inflammatory, antidiabetic, anti-gastritis and antiparasitic activities. Nonetheless, the cytotoxic and antiproliferative activity of (+)-betulin has been the most studied, including with human cancer cell lines of the lung, breast, prostate, stomach, ovarian, leukemia, cervical, hepatic, pancreatic and central nervous system types, and others (4-7). In animal cancer cells, (+)-betulin has shown inhibition of cancer cell growth in canine T-cell (CL-1), B-cell (CLBL-1) lymphoma, and canine osteosarcoma (D-17) cell lines (8). Among human breast cancer cells, (+)-betulin has been demonstrated to induce cytotoxicity in MCF-7 (9), T47D (10), HBL-100 and MDA-MB-231 cells (11). Recent studies have shown that (+)-betulin induces apoptosis by regulating protein activation of the mitochondrial-intrinsic pathway (9). However, despite the known cytotoxic activity of (+)-betulin, its mechanism of action in breast cancer cells is not well understood. Thus, the main aims of this study were to study the involvement of (+)-betulin on NF- κ B induced apoptosis in MDA-MB-231 cells and determine its *in vivo* effects in zebrafish.

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Key Words: (+)-betulin, NF- κ B, MDA-MB-231, zebrafish, apoptosis.

Materials and Methods

Chemicals and reagents. (+)-Betulin (>95% purity) was synthesized by reduction of the C-28 carboxylic acid group from (+)-betulinic acid, isolated from *Cyrilla racemiflora* (12, 13), and purchased from Sigma-Aldrich (>98% purity; St Louis, MO, USA), together with staurosporine,

Table I. Target-based assay activity of (+)-betulin in MDA-MB-231 breast cancer cells.

Compound	SRB ^a	NF-κB ^b	MTP ^c
(+)-Betulin	9.5	3.9	6.5
Paclitaxel ^d	0.3		
Rocaglamide ^d		0.2	
Staurosporine ^d			0.5

^aIC₅₀ value (μM) in MDA-MB-231 breast cancer cells. SRB assay: Sulforhodamine B assay. ^bIC₅₀ value (μM) for inhibition of nuclear factor kappa B (NF-κB p65). ^cEC₅₀ value (μM) for loss of mitochondrial transmembrane potential (MTP). ^dPositive controls.

cycloheximide, paclitaxel, and sulforhodamine B. Rocaglamide was purchased from Enzo Life Sciences, Inc (Farmingdale, NY, USA). Tumor necrosis factor-α (TNFα) and NE-PER[®] nuclear and cytoplasmic extraction reagents kits were obtained from Thermo Scientific (Rockford, IL, USA). The mitochondrial transmembrane potential (MTP) assay kit was purchased from Cayman Chemical Company (Ann Arbor, MI, USA). An ELISA[™] NF-κB p65 kit was obtained from Invitrogen (Carlsbad, CA, USA). Primary antibodies (anti-NF-κBp65, anti-NF-κBp50, anti-IKKα, anti-IKKβ, anti-caspase-3, anti-caspase-7, anti-Bcl-2, anti-ICAM-1 and anti-β-actin) were purchased from Cell Signaling Technologies (Beverly, MA, USA). Anti-rabbit or anti-mouse horseradish peroxidase (HRP)-conjugated antibody was purchased from Santa Cruz Biotechnology, Inc (Santa Cruz, CA, USA).

Sample preparation. (+)-Betulin and the controls (paclitaxel, rocaglamide and staurosporine) were dissolved in 100% DMSO to prepare stock solutions of 10 or 4 mg/ml. Final DMSO concentration for MDA-MB-231 cells were 0.2% and 0.03% for Western blot and zebrafish assays.

Cell culture. MDA-MB-231 breast cancer cells were obtained from American Type Culture Collection, Manassas, VA, USA. Monolayer cells were cultured using T75 tissue culture flasks in Roswell Park Memorial Institute medium (RPMI), containing 10% fetal bovine serum and 1% antibiotic-antimycotic from Gibco. Cells were kept at 37°C and in an atmosphere with 5% of CO₂.

Antiproliferative assays. Antiproliferative activity of (+)-betulin was evaluated in triplicate on MDA-MB-231 cells, using a sulforhodamine B (SRB) assay as reported previously (14), in three independent experiments. The time of treatment for co-treatment with (+)-betulin (5 μM) and TNFα (50 ng/ml) in MDA-MB-231 cells were 48 or 72 h.

NF-κB inhibition assay. This assay was performed according to a previously described procedure (14). Briefly, MDA-MB-231 breast cancer cells were treated with (+)-betulin (0-50 μM) for 5 h. The chemiluminescent signal was measured in the plate reader (Fluostar Optima, BMG Labtechnologies GmbH, Inc. Durham, NC, USA). Rocaglamide was used as a positive control.

Docking of (+)-betulin. Molecular docking between (+)-betulin and the NF-κB isoforms p50, p52 and p65 used crystallographic structures

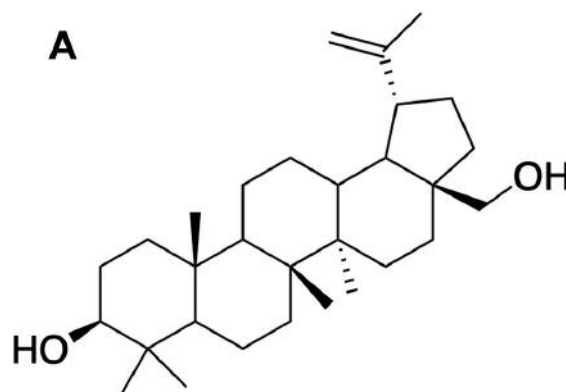


Figure 1. Continued

from the Protein Data Bank site (PDB:1NFK, 1A3Q and 1MY5, respectively). All hydrogens (polar and no polar) and Kollman charges were assigned using an AutoDock Tools package 1.5.4 (15-16). The ligand starting conformation was in energy-minimized form with geometric optimization using the program Spartan 10 with a semi-empirical force field. (+)-Betulin was evaluated by assigning the Gasteiger-Marsilli atomic charges and non-polar hydrogens using AutoDockTools 1.5.4 (<http://mglttools.scripps.edu/>). Blind docking carried out with AutoDock4 software (<http://autodock.scripps.edu/>) used default parameters, except for the number of GA runs (100) and the Lamarckian genetic algorithm with a local search and 25 million energy evaluations (Long. Evals.) per run. Protein was held rigid during the docking process while ligands were allowed to be flexible. The grid box size was 126 Å × 126 Å × 126 Å in the x, y and z dimensions, with the center of the grid corresponding to the protein. The predicted docked complexes (protein-ligand) were those conformations showing the lowest binding energy. Estimated inhibition constant (ki) were calculated from the docking energy displayed by AutoDock following the equation $ki = \exp(\Delta G \times 1000/RT)$, where ΔG is the docking energy, R is the universal constant of an ideal gas (1.98719 cal K⁻¹ mol⁻¹), and T is the temperature (298.15 K).

Mitochondrial transmembrane potential (MTP) assay. The JC-1 dye (5,5',6,6'-tetrachloro-1,1',3,3'-tetraethyl-benzimidazolylcarbocyanine iodide) was used to determine the effect of (+)-betulin (0-50 μM) on the MTP in MDA-MB-231 cells after 5 h of treatment. Staurosporine (8 μM) was used as positive control. This procedure was performed according to the JC-1 Mitochondrial Membrane Potential Assay Kit from Cayman Chemical. The results are presented in μM as the half-maximal effective concentration (EC₅₀) to induce loss of MTP in relation to the control.

Western blot analysis. The effects of (+)-betulin (0-50 μM) on apoptotic-proteins and NF-κB pathway proteins were evaluated by immunoblots, as described previously (14).

Toxicity in vivo. A zebrafish (*Danio rerio*) model (embryos 24 h post-fertilization, hpf) was used to evaluate the developmental toxicity of (+)-betulin. This assay was performed following a previously reported procedure (14). Embryos were provided by the Department of Neuroscience, The Ohio State University (OSU). All protocols and procedures were approved by The Ohio State

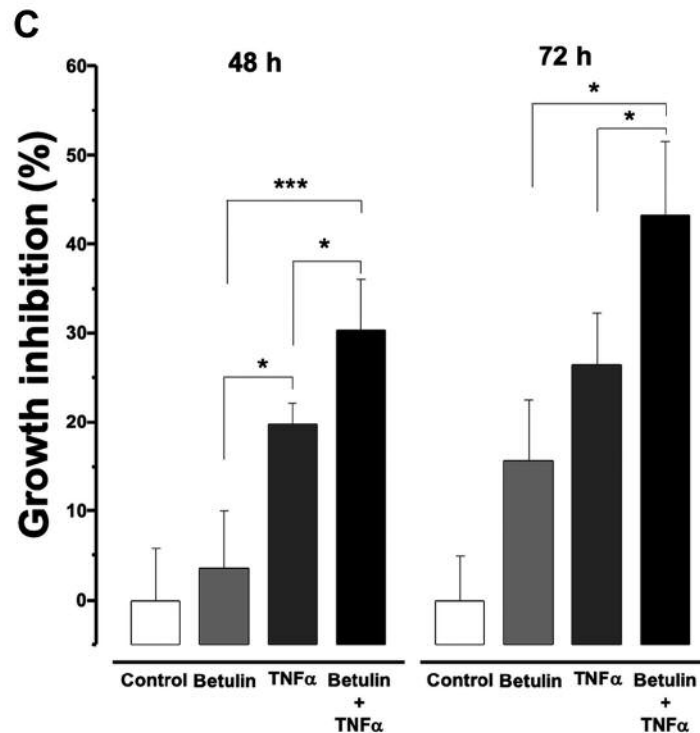
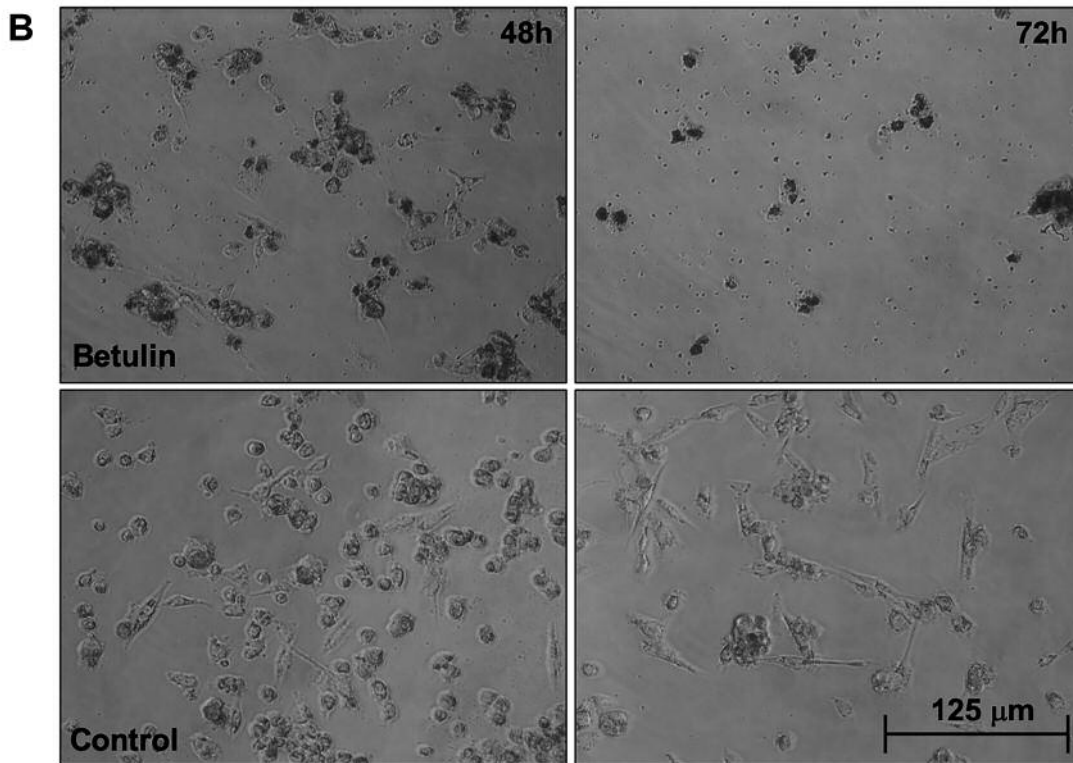


Figure 1. Cytotoxicity of (+)-betulin in MDA-MB-231 breast cancer cells. (A) Structure of (+)-betulin; (B) representative microscopic (20 \times) morphology view of MDA-MB-231 cells after 48 and 72 h of treatment with (+)-betulin (15 μ M) or control (DMSO 0.2%). (C) Cytotoxic effects of co-treatment of (+)-betulin and TNF α in MDA-MB-231 cells, using a SRB assay. Cells were treated for 48 and 72 h either with (+)-betulin (5 μ M) or TNF α (50 ng/ml) or both. Data are expressed as the means \pm SEM (n=9) and analyzed by one-way ANOVA, using Dunnett's multiple-comparison test (* p <0.05, *** p <0.01).

University's Institutional Animal Care and Use Committee (OSU IACUC protocol number 2014A00000006, entitled "Vertebrate Model for Natural Product Drug Discovery"; PI: Esperanza J. Carcache de Blanco).

Statistical analysis. All data are presented as the means±standard error of the mean (SEM). All measurements and analyses were carried out in triplicate on two or three independent experiments. TableCurve 2D 4v (System Software Inc.) and Origin 8.0 (OriginLab. Inc.) was used for statistical evaluations to obtain IC₅₀ or EC₅₀ values. To obtain significant values, an analysis of variance (ANOVA) or an unpaired Student's *t*-test were performed, followed by a *post-hoc* Dunett's test using GraphPad Prism 5.0 software. Values of **p*<0.05, ***p*<0.01, ****p*<0.001 indicated significant differences between the groups compared with the controls.

Results

Cytotoxicity of (+)-betulin on MDA-MB-231 breast cancer cells, using a SRB assay. After 72 h of treatment with (+)-betulin (Figure 1), the number of cells was significantly decreased when compared to the control, with an IC₅₀ of 9.5 μM (Table I). Also, (+)-betulin induced a reduction in cell size and changes in cell membrane morphology, similar to shrinkage of the cytoplasm (Figure 1B).

Effects of (+)-betulin on NF-κB in MDA-MB-231 cells. After 5 h of treatment in a chemiluminescence assay, (+)-betulin showed NF-κB inhibition with an IC₅₀ value of 3.9 μM (Table I), suggesting that (+)-betulin binds to or interacts with the NF-κB complex.

Structural insights on the putative binding mode of (+)-betulin with the NF-κB complex were gathered by molecular docking, using the crystallographic structures of NF-κB p50 (1NFK), NF-κB p52 (1A3Q), and NF-κB p65 (1MY5). The binding sites predicted by AutoDock for NF-κB p50, p52 and p65 are depicted in Figure 2 (A-C, respectively). In all cases, the main interactions that govern the coupling were hydrophobic, although hydrogen bonds ranging from 1.9-2.9 Å were also observed with polar or charged amino acids (Figure 2).

The effects of (+)-betulin on the NF-κB complex such as protein expression of the NF-κB p50 and p65 subunits on MDA-MB-231 cells was determined using western blot. Figure 3A and B suggest that after 5 h of treatment of MDA-MB-231 cells, (+)-betulin induced in a concentration-dependent manner down-regulation of both NF-κB p50 and p65 (*p*≤0.05). In this way, the inhibitory activity and the reduction in the expression of NF-κB subunits in MDA-MB-231 cells were correlated and confirmed.

To explore if (+)-betulin modulates other proteins in the NF-κB pathway, western blot analysis of the expression of IKKα, IKKβ and ICAM-1 was performed. Figure 3C shows that (+)-betulin reduced only IKKα expression at 50 μM (*p*<0.05); however, from 0.5 to 50 μM, (+)-betulin reduced the levels of IKKβ (Figure 3D, *p*≤0.01). (+)-Betulin also down-regulated

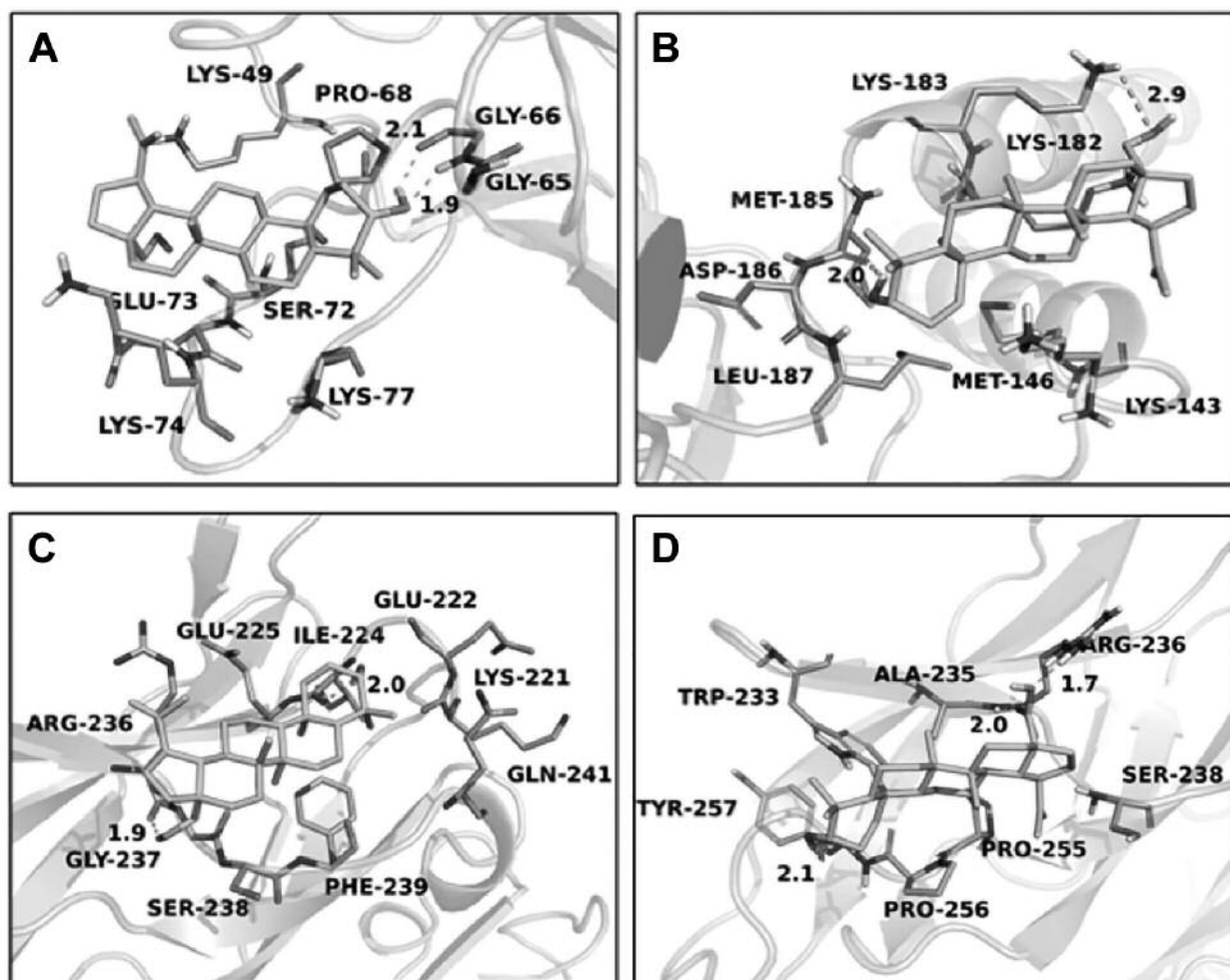
ICAM-1 expression at 5 and 50 μM (Figure 3E, *p*<0.01 and *p*<0.05), respectively. All these results support the regulation of NF-κB complex by (+)-betulin and the reduction in number of MDA-MB-231 cells after treatment with (+)-betulin can be related with down-regulation of ICAM-1.

Co-treatment effects in MDA-MB-231 cells by (+)-betulin and TNFα. Figure 1C shows cytotoxic activity of (+)-betulin (5 μM), TNFα (50 ng/ml) and co-treatment with (+)-betulin and TNFα (5 μM and 50 ng/ml), respectively. At both 48 and 72 h, the cytotoxicity of (+)-betulin was remarkably increased by co-treatment with TNFα (*p*≤0.05). These results suggest a possible synergistic effect between (+)-betulin and TNFα.

Effects of (+)-betulin on mitochondrial transmembrane potential (MTP) in MDA-MB-231 cells. A lipophilic staining cation JC-1 assay was performed. The results showed that (+)-betulin significantly induced loss of MTP in MDA-MB-231 cells at 50 μM (*p*<0.001), after 5 h of treatment, in a similar fashion to the positive control staurosporine (8 μM *p*<0.05, Figure 4A). The effective concentration estimated to trigger 50% of loss of MTP (EC₅₀) was calculated as 6.5 μM (Table I). These results suggest that inhibition of NF-κB by (+)-betulin is associated with stimulation of the intrinsic apoptotic pathway.

Effects of (+)-betulin on the expression of Bcl-2 in MDA-MB-231 cells. Western blot was used to determine the effect of (+)-betulin on expression of the antiapoptotic Bcl-2 protein. After 5 h of MDA-MB-231 cells treatment with (+)-betulin, the concentrations at 5 and 50 μM induced a significant down-regulation (*p*<0.05 and *p*<0.001, respectively) of the Bcl-2 protein in the same way as the positive control, rocaglamide (3 μM, *p*<0.01, Figure 4B). These results suggest that inhibition of NF-κB by (+)-betulin in MDA-MB-231 cells could correlate to induction of mitochondrial apoptosis.

Toxicity in vivo effects of (+)-betulin in zebrafish. To obtain preliminary data *in vivo*, an initial toxicity assay was executed in zebrafish (*Danio rerio*). Embryos at 24 h post fertilization (hpf) were treated with a single dose (50 μM) of (+)-betulin or cycloheximide or DMSO (0.001%). After 24 h of treatment, (+)-betulin delayed hatching of the eggs compared to the vehicle, with no visible effects on development as shown for cycloheximide (positive control) (Figure 5A). However, at 48 h after treatment, all eggs treated with (+)-betulin hatched in the same manner as the vehicle without any visible body abnormalities, while for cycloheximide, a continued delay in development was observed (Figure 5A). These findings suggest that (+)-betulin exhibited non-observable toxicity in zebrafish at a high concentration (50 μM) when compared with cycloheximide, which encouraged further studies.



NF- κ B complex	Estimated free energy of binding (kcal/mol)	Estimated inhibition constant, k_i (μ M)	Amino acids
p50 (1NFK)	-5.63	74.52	Lys-49, Gly-65, Gly-66, Pro-68, Ser-72, Glu-73, Lys-74 and Lys-77
p52 (1A3Q)	-5.99	40.39	Lys-143, Met-146, Lys-182, Lys-183, Met-185, Asp-186 and Leu-187
p65 (1MY5)	-8.49	0.596	Lys-221, Glu-222, Ile-224, Glu-225, Arg-236, Gly-237, Ser-238, Phe-239 and Gln-241

Figure 2. Molecular docking with NF- κ B complex. Docking of (+)-betulin with PDB structures: (A) NF- κ B p50 (1NFK); (B) NF- κ B p52 (1A3Q); (C) NF- κ B p65 (1MY5); and (D) docking of betulinic acid with NF- κ B p65 (1MY5). Gray Dotted lines show distance and potential hydrogen bonding between NF- κ B (light gray) complex and (+)-betulin (dark gray) ang.

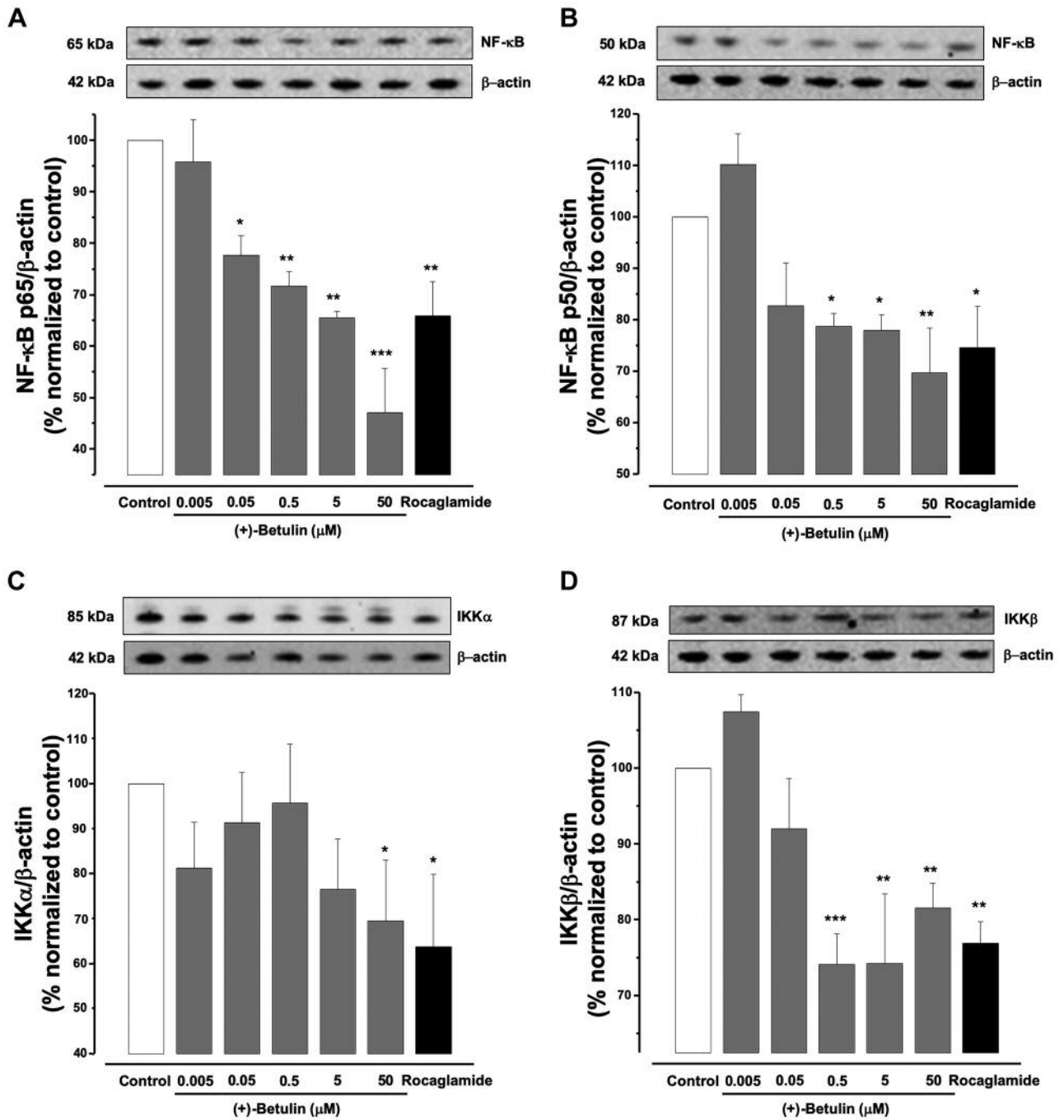


Figure 3. Continued

Effects on zebrafish NF-κB pathway protein expression. The effect of (+)-betulin on the expression of NF-κB pathway related-proteins was evaluated, using zebrafish at 72 h. The results in Figure 5B show that treatment with (+)-betulin reduced the levels of NF-κB p65, IKKα, IKKβ, and

procaspase-3 protein, but no changes were observed for NF-κB p50 and procaspase-7. These preliminary data demonstrated that (+)-betulin can inhibit the NF-κB complex *in vivo*, with these results in agreement with those found *in vitro* with MDA-MB-231 breast cancer cells.

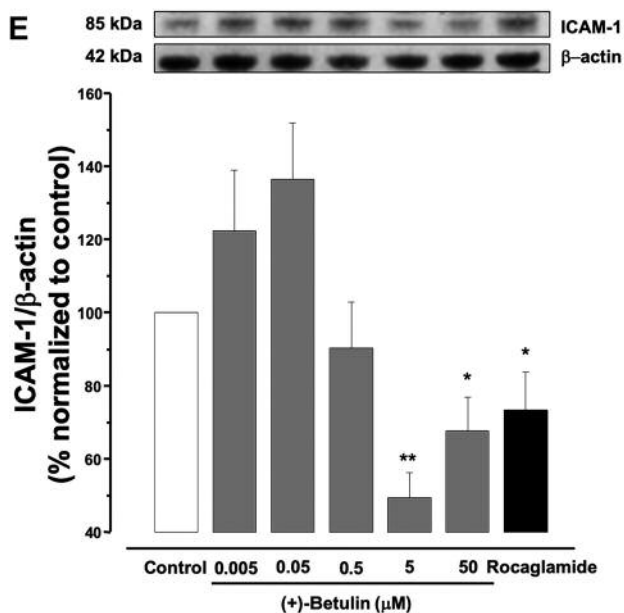


Figure 3. Effects of (+)-betulin on the NF- κ B signaling pathway in MDA-MB-231 cells. Cells were treated for 5 h with (+)-betulin (0-50 mM) or rocaglamide used as the positive control (3 μ M). Western blotting was performed to evaluate: (A) NF- κ B p50 and (B) p65; (C), IKK α and (D) IKK β ; and (E) ICAM-1 protein expression. Data are expressed as the means \pm SEM (n=3) and analyzed by one-way ANOVA using Dunnett's multiple-comparison test (* p <0.05, ** p <0.01, *** p <0.01) of three independent assays.

Discussion

In this study (+)-betulin exhibited significant cell growth inhibition in human breast cancer cells and in previous studies it did so against canine cancer cells (8). The present study demonstrated that (+)-betulin inhibits the NF- κ B complex both *in vitro* (in MDA-MB-231 breast cancer cells), *in vivo* (in zebrafish) and *in silico*. An *in silico* affinity comparison between the interaction of NF- κ B p65 (1MY5) with (+)-betulin or its oxidized derivative betulinic acid (BA) resulted in a Ki value for (+)-betulin of 0.596 μ M and for BA of 0.851 μ M (Figure 2D), suggesting (+)-betulin shows a slightly higher affinity for NF- κ B than BA. The results suggested that (+)-betulin binds to NF- κ B p50 in a pocket formed by amino acids Lys-49, Gly-65, Gly-66, Pro-68, Ser-72, Glu-73, Lys-74, and Lys-77. The binding pocket with NF- κ B p52 included amino acids Lys-143, Met-146, Lys-182, Lys-183, Met-185, Asp-186, and Leu-187, whereas the union site for NF- κ B p65 included the residues Lys-221, Glu-222, Ile-224, Glu-225, Arg-236, Gly-237, Ser-238, Phe-239, and Gln-241. NF- κ B is a transcriptional factor implicated in several cellular process such as inflammation, immune response, and tumorigenesis (17). In cancer cells, NF- κ B has been related to cell proliferation, apoptosis evasion, angiogenesis, and metastasis.

Furthermore, NF- κ B is constitutively found active in several cancer cells (18). Thus, inhibition of NF- κ B activity leads to tumor regression and induces apoptosis, making the NF- κ B pathway a promising therapeutic target (19).

Previous studies indicated that (+)-betulin might induce cell death by triggering intrinsic apoptosis-related genes in HBL-100 and MDA-MB-231 cells (11). Apoptosis is characterized by a series of morphological and biochemical features, and could be effected by intrinsic or extrinsic pathways (20). The first pathway is controlled by the mitochondria and, it is mainly activated by cellular stress or damage signals. The second one is stimulated by extracellular factors, which interact with membrane receptors, especially cell death receptors (CDR) family. Eventually, both pathways can end up in the activation of cysteine proteases family (21-23). NF- κ B pathway is also activated by stimulation of some CDR (17-19). Thus, the cytotoxic effect of (+)-betulin in MDA-MB-231 cells could be induced by crosstalk of the intrinsic and extrinsic apoptotic pathways.

Members of the NF- κ B family have been identified as p50, p52, p65 (RelA), RelB, and c-Rel. Combinations of these proteins form homo- or heterodimers and the most abundant heterodimer in cells is the p65/p50 complex (24). (+)-Betulin showed inhibition of activity and down-regulation of NF- κ B p65 and p50. These results are in agreement with those found in human cardiac AC16 non-cancerous cells, where (+)-betulin blocked the transcriptional activity, reduced the nucleus concentration, and reduced the active form of NF- κ B p65 (25). Also, in RAW 264.7 cells, (+)-betulin inhibited the translocation to the nucleus of NF- κ B p65 (26). However, no previous reports were found on the effects of (+)-betulin on NF- κ B elements in MDA-MB-231 cells. In a previous study, Jiao *et al.* (2019) demonstrated that treatment with the betulin oxidized derivative betulinic acid (BA) of MDA-MB-231 cancer cells suppressed the NF- κ B p-65/p65 and p-I κ B α protein levels (27). Similar results were shown in the nuclear p65, suggesting that BA inhibits aerobic glycolysis in MDA-MB-231 cells through the Cav-1/NF- κ B/c-Myc pathway. Further studies are needed to verify nuclear p65 down-regulation of (+)-betulin in MDA-MB-231 cells.

NF- κ B signaling may be activated by canonical and non-canonical pathways. In the canonical pathway, ubiquitination of I κ B by IKK α , IKK β and IKK γ is required, and the main NF- κ B dimers involved are p65/p50 and c-Rel/p50. In the non-canonical pathway, there is no I κ B, although activation of NF- κ B inducing kinase (NIK) prompts phosphorylation of the homodimer IKK α /IKK α , promoting ubiquitination of p100 to become p52. Then, RelB/p52 is translocated to the nucleus to express several genes (17, 24). Hence, the IKK complex is very important in NF- κ B signaling. (+)-Betulin reduced in MDA-MB-231 cells the expression of IKK α and β proteins. However, down-regulation of IKK β was induced

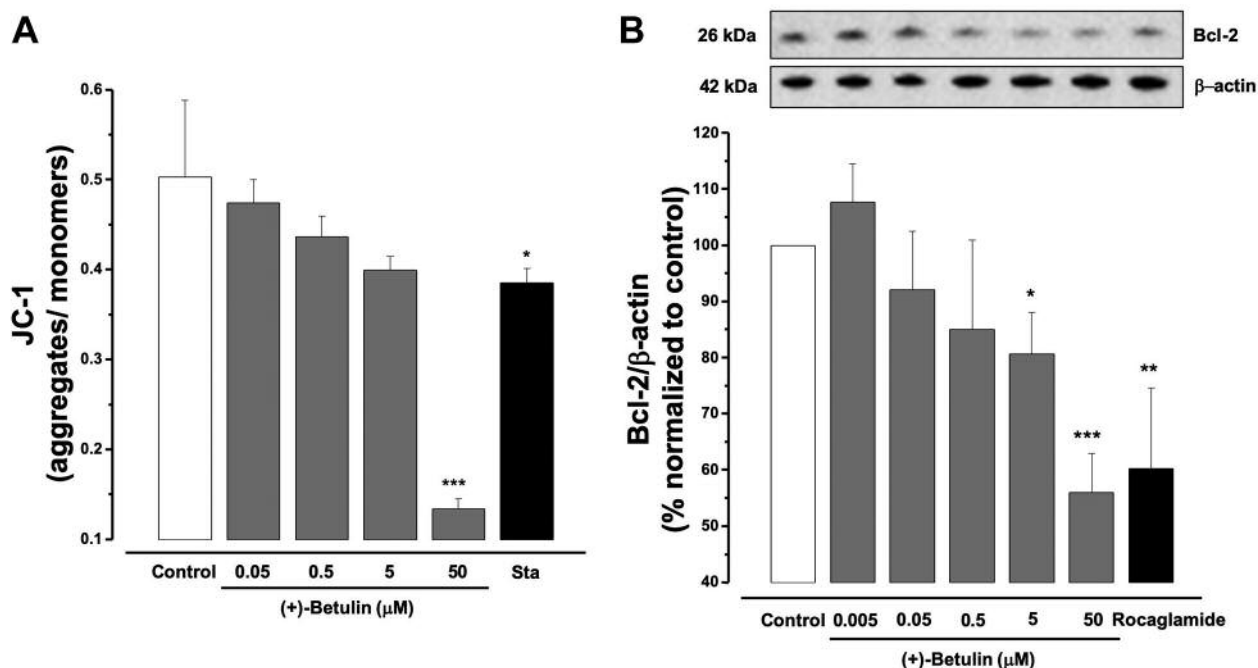


Figure 4. (A) Effect of (+)-betulin on MTP in MDA-MB-231 cells. Cells were treated with (+)-betulin (0-50 μ M) or staurosporine (Sta, 8 μ M) for 5 h. (B) Western blot analysis of (+)-betulin on Bcl-2 protein levels. Cells were treated 5 h with (+)-betulin (0-50 μ M) or rocaglamide (positive control (3 μ M)). All data are expressed as the means \pm SEM (n=3) and analyzed by one-way ANOVA using Dunnett's multiple-comparison test compared to control; * p <0.05, ** p <0.01, *** p <0.001.

with much lower concentrations of (+)-betulin, suggesting that apoptotic effect of (+)-betulin may be due to a selective inhibition of the canonical NF- κ B pathway. However, further studies are needed to support this hypothesis.

Intercellular adhesion molecule 1 (ICAM-1) is one of the genes directly regulated by NF- κ B. This protein is up-regulated in inflammatory conditions and is involved in adhesion of cancer cells (28). Additionally, ICAM-1 plays an important role in the metastatic process of cancer cells (29). Metastatic breast cancer patients have low rates of survival, and in some cases the metastatic process is incurable (30). (+)-Betulin treatment demonstrated a reduction of the levels of ICAM-1 in MDA-MB-231 cells. Hence, (+)-betulin could be responsible for delaying the metastatic breast cancer process.

Moreover, TNF α is a multifunctional cytokine with several roles such as cell survival, proliferation, differentiation, and death. Effects on this cytokine are triggered by activation of two main signaling pathways: NF- κ B and c-Jun N-terminal kinase (JNK). The JNK pathway is related with cell death (31). A recent study showed that TNF α induces radiotherapy- and chemotherapy-sensitizing effects against breast cancer cells (32). Co-treatment with (+)-betulin and TNF α increased the (+)-betulin cytotoxic potential in MDA-MB-231 cells. Since (+)-betulin induced

apoptosis by NF- κ B pathway inhibition, TNF α could therefore be involved in the activation of JNK pathway in MDA-MB-231 breast cancer cells.

Mitochondrial apoptosis is triggered by mitochondrial outer membrane permeabilization (MOMP) and finally activation of caspases (33). MOMP is controlled mainly by the BCL-2 family, for which the members can be pro- or anti-apoptotic stimulators (34). The antiapoptotic Bcl-2 protein mainly functions to inhibit the release of cytochrome c from the mitochondria, an important element for apoptosome formation (34). Hence, compounds with inhibitory activity against antiapoptotic BCL-2 members could be good candidates to treat TNBC. NF- κ B has also shown to directly or indirectly regulate the physiology of mitochondria (35) and up-regulate many antiapoptotic proteins, including X chromosome-linked IAP (XIAP), and some BCL-2 family members like Bcl-2, Bcl-XL and A1/Bfl-1 (36). (+)-Betulin induced the loss of MTP and down-regulation of Bcl-2 in MDA-MB-231 cells. These findings agree with those found earlier in Hela cells where (+)-betulin induced the release of mitochondrial cytochrome c and the translocation of both proapoptotic members of the BCL-2 family, Bax and Bak, to the mitochondrial membrane (9). In MDA-MB-231 cells a recent study showed that (+)-betulin increased the expression of some apoptotic targets including BAX, NOXA, PUMA and PERP (11). In HBL-100 cells, (+)-

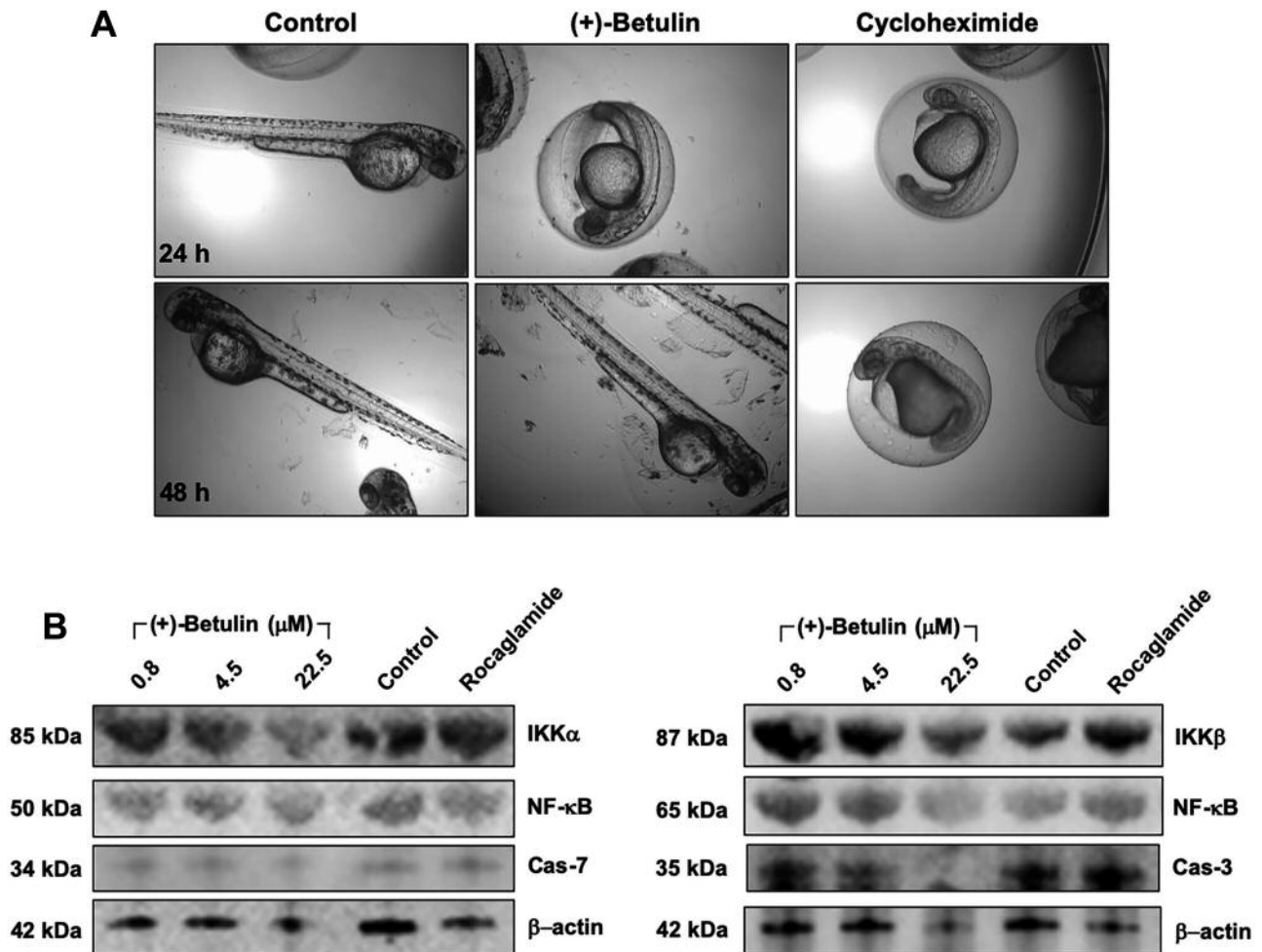


Figure 5. Effects of (+)-betulin on zebrafish. (A) Toxicity on zebrafish development. Embryos at 24 hpf were treated for 24 h and 48 h with (+)-betulin at 50 μ M or cycloheximide as the positive control or water as control. (B) Effects of (+)-betulin on the NF- κ B pathway in zebrafish. Animals at 72 hpf were treated with betulin at 0, 0.8, 4.5 and 22.5 μ M or rocaglamide (3 μ M) for 5 h. Western blotting was performed to evaluate IKK α and β , NF- κ B p50 and p65 expression, and caspase-3 and -7 expression. β -actin levels were used as internal controls.

betulin also induced the up-regulation of BAX, cleaved caspase-3 and cleaved PARP levels as well as the down-regulation of the Bcl-X protein. Regulation of these genes was linked to up-regulation of the transcription factor TAp63 that belongs to the p53 family (11). It is well-known that NF- κ B and p53 trigger opposite functions in cancer. Mutation of p53 in some cancer cells, including MDA-MB-231 cells, has been associated with an increase in NF- κ B activity. Also, activation of one of these pathways inhibits the other and vice versa. Hence, inhibition of NF- κ B complex by (+)-betulin could be correlated to the p53 pathway and inhibition of NF- κ B pathway could be triggered by both intrinsic and extrinsic apoptosis.

Although (+)-betulin did not show toxicity in zebrafish, many proteins of the NF- κ B complex were down-regulated. *In silico* studies also showed interactions of (+)-betulin with

NF- κ B isoforms. Similar outcomes were observed in zebrafish embryos treated with BA, which displayed low toxicity in embryogenic development and hatching at a high concentration of 160 μ M (27). Altogether, these preliminary data support further biochemical and molecular studies to confirm the results in a cancer zebrafish model.

In conclusion, the presented findings revealed that (+)-betulin induced apoptosis in MDA-MB-231 breast cancer cells by inhibition of the NF- κ B pathway. NF- κ B inhibition included changes in cell morphological features and intrinsic and extrinsic apoptosis activation. Also, the fact that (+)-betulin shows no developmental toxicity in zebrafish suggests that the polyvalent activity found makes it a possible lead compound for further chemical optimization and for ultimate clinical development for the intervention of TNBC.

Conflicts of Interest

The Authors declare no conflicts of interest with regard to the present study.

Authors' Contributions

G. D. Anaya-Eugenio carried out and analyzed all *in vitro* and some *in vivo* experiments and wrote the manuscript; Nicole A. Eggers performed some *in vivo* studies; Yulin Ren provided the compound (+)-betulin; J. Rivera-Chávez conducted and analyzed the *in silico* assays; A. Douglas Kinghorn and Esperanza J. Carcache de Blanco coordinated and supervised the study, as well as provided research sources. All Authors read, reviewed, and approved the manuscript.

Acknowledgements

This work was supported by Program Project grant P01 CA125066 from the National Cancer Institute, National Institutes of Health.

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Received September 2, 2020

Revised October 19, 2020

Accepted October 20, 2020