

Upfront Cranial Radiotherapy Followed by Erlotinib Positively Affects Clinical Outcomes of Epidermal Growth Factor Receptor-mutant Non-small Cell Lung Cancer With Brain Metastases

KOICHI SARUWATARI¹, TOKUNORI IKEDA², SHO SAEKI¹, NAOKI SHINGU³, KOSUKE IMAMURA⁴, TAIYOU KOMATU⁵, SUNAO USHIJIMA⁶, HIROTAKA MARUYAMA⁷, KOSUKE KASHIWABARA⁸, YUSUKE TOMITA¹, HIDENORI ICHIYASU¹, KAZUHIKO FUJII¹ and TAKURO SAKAGAMI¹

¹Department of Respiratory Medicine, Kumamoto University Hospital, Kumamoto, Japan;

²Department of Clinical Investigation, Kumamoto University Hospital, Kumamoto, Japan;

³Division of Respiratory Medicine, Saiseikai Kumamoto Hospital, Kumamoto, Japan;

⁴Department of Respiratory Medicine, Kumamoto Red Cross Hospital, Kumamoto, Japan;

⁵Department of Respiratory Medicine, NHO Kumamoto Saishunso Hospital, Kumamoto, Japan;

⁶Department of Respiratory Medicine, Kumamoto Chuo Hospital, Kumamoto, Japan;

⁷Department of Respiratory Medicine, Japan Organization of Occupational Health and Safety, Kumamoto Rosai Hospital, Kumamoto, Japan;

⁸Department of Respiratory Medicine, Kumamoto Regional Medical Center, Kumamoto, Japan

Abstract. *Background/Aim:* The optimal treatment strategy for epidermal growth factor receptor (EGFR)-mutant non-small cell lung cancer (NSCLC) patients with brain metastasis (BM) has not yet been fully determined. The aim of this study was to investigate the optimal management of EGFR-mutant NSCLC patients with BM. *Patients and Methods:* A multi-center retrospective study was performed on the clinical outcomes of 81 advanced/recurrent EGFR-mutant NSCLC patients with BM treated with EGFR-tyrosine kinase inhibitors (EGFR-TKIs) (gefitinib $n=52$ or erlotinib $n=29$). *Results:* Among the 81 patients, 30 patients received upfront cranial radiotherapy (CRT) and 51 did not. The multivariate cox analyses revealed that the use of erlotinib and upfront CRT were independent predictive factors for overall survival (OS) (erlotinib: HR 0.21; 95% CI, 0.10-0.48; $p<0.001$; upfront CRT: HR 0.42; 95% CI, 0.20-0.88; $p=0.022$). *Conclusion:* Erlotinib and upfront CRT were associated with

a favorable prognosis among EGFR-mutant NSCLC patients with BM. Upfront CRT followed by erlotinib may be an appropriate initial management approach for EGFR-mutant NSCLC patients with BM.

The frequency of brain metastases (BMs) in patients with cancer is approximately 8.5-9.6%, and lung cancer is the most common type of primary tumor responsible for BM (1, 2). In non-small cell lung cancer (NSCLC), 40-50% of patients develop BM during the course of their disease (3). The prognosis of NSCLC patients with BM is poor, with a median survival time of two months without treatment, between four and nine months with chemotherapy, and only seven months with whole-brain radiation therapy (WBRT) (3). Thus, therapeutic developments for these patients are necessary to improve their clinical outcome.

In 2004, epidermal growth factor receptor (EGFR) mutations were discovered in NSCLC and were shown to be correlated with the response to EGFR-tyrosine kinase inhibitors (EGFR-TKI) for NSCLC (4, 5). In several randomized phase III studies of advanced EGFR-mutant NSCLC patients, EGFR-TKIs showed improvements in survival and quality of life compared to patients treated with chemotherapy only (6-9). Consequently, EGFR-TKIs have become the standard treatment for advanced NSCLC patients with EGFR mutations.

In several retrospective analyses, the frequencies of BMs in EGFR-mutant NSCLC patients (64.7-70.3%) have been

This article is freely accessible online.

Correspondence to: Koichi Saruwatari, Department of Respiratory Medicine, Kumamoto University Hospital, 1-1-1, Honjo, Chuo-ku, Kumamoto 860-8556, Japan. E-mail: ksaruwat@kuh.kumamoto-u.ac.jp

Key Words: Non-small cell lung cancer, brain metastasis, EGFR mutations, gefitinib, erlotinib.

Table I. Patient characteristics.

Characteristics	All patients		Gefitinib		Erlotinib		p-Value
	N=81	(%)	N=52	(%)	N=29	(%)	
Age, years, median [range]	68 [37-89]		69 [37-89]		66 [39-87]		0.223
Gender							
Male	23	(28)	14	(27)	9	(31)	0.798
Female	58	(72)	38	(73)	20	(69)	
Smoking							
No	57	(70)	36	(69)	21	(72)	0.805
Yes	24	(30)	16	(31)	8	(28)	
PS							
0-1	58	(72)	37	(71)	21	(72)	1.000
≥2	23	(28)	15	(29)	8	(28)	
Histology							
Adeno	79	(98)	50	(96)	29	(100)	0.535
Others	2	(2)	2	(4)	0	(0)	
EGFR mutation							
Del19	33	(41)	19	(37)	14	(48)	0.350
L858R	48	(59)	33	(63)	15	(52)	
Stage							
IV	77	(95)	49	(94)	28	(97)	1.000
Recurrence	4	(5)	3	(6)	1	(3)	
BM maximum diameter (mm, median [range])	10 [1-40]		8 [1-36]		10 [2-40]		0.093
Number of BMs							
Solitary	12	(15)	7	(13)	5	(17)	0.747
Multiple	69	(85)	45	(87)	24	(83)	
Symptom							
Asymptomatic	58	(72)	35	(67)	23	(79)	0.310
Symptomatic	23	(28)	17	(33)	6	(21)	
Upfront CRT							
No	51	(63)	28	(54)	23	(79)	0.031
Yes	30	(37)	24	(46)	6	(21)	
WBRT	15	(19)	12	(23)	3	(10)	
SRT	13	(16)	2	(2)	1	(4)	
WBRT+SRT	2	(2)	1	(2)	2	(7)	

PS: Eastern Cooperative Oncology Group performance status, BM: brain metastasis, Adeno: adenocarcinoma, EGFR mut: EGFR mutations, CRT: cranial radiotherapy, WBRT: Whole brain radiation therapy, SRT: Stereotactic radiotherapy.

shown to be higher compared to EGFR-wild type (35.3-38.1%) at the time of diagnosis (10, 11). EGFR-TKIs, such as gefitinib and erlotinib, display antitumor activity to BM in EGFR-mutant NSCLC patients (12). Moreover, a recent meta-analysis showed that upfront cranial radiotherapy (CRT) improved survival compared to EGFR-TKIs alone in EGFR-mutant NSCLC patients with BM (13). Despite these facts, the optimal treatment strategy, including the selection of EGFR-TKIs and the timing of CRT for EGFR-mutant NSCLC patients with BM, has not yet been fully determined.

For this reason, we performed a multicenter retrospective analysis to consider the optimal initial treatment strategy for EGFR-TKI selection and the timing of CRT for EGFR-mutant NSCLC patients with BM in real-world clinical practice.

Patients and Methods

Study design and patient selection. We reviewed 86 consecutive patients with advanced or recurrent NSCLC harboring EGFR mutations who were treated with EGFR-TKIs as a first-line treatment between January 2010 and March 2016 at the Kumamoto University Hospital and six other community hospitals (Saiseikai Kumamoto Hospital, Kumamoto Red Cross Hospital, NHO Kumamoto Saishunso Hospital, Kumamoto Chuo Hospital, Kumamoto Rosai Hospital, and Kumamoto Regional Medical Center). Five patients were excluded because of uncommon EGFR mutations (G719X, n=4; L861Q, n=1). The remaining 81 patients were included in this study.

The following characteristics were collected at the initiation of EGFR-TKIs: i) age, ii) gender, iii) smoking status, iv) Eastern Cooperative Oncology Group performance status (PS), v) histology, vi) EGFR mutation status, vii) stage, viii) diameter, ix) number, x)

Table II. Overall response to EGFR-TKIs according to the RECIST criteria.

	Overall response						p-Value
	All patients		Gefitinib		Erlotinib		
	N=81	(%)	N=52	(%)	N=29	(%)	
CR	0	(0)	0	(0)	0	(0)	0.174
PR	62	(77)	37	(71)	25	(86)	
SD	10	(12)	7	(13)	3	(10)	
PD	5	(6)	4	(8)	1	(3)	
NE	4	(5)	4	(8)	0	(0)	
ORR, %	77		71		86		
(95% CI)	(66-84)		(58-82)		(69-95)		

CR: complete response, PR: partial response, SD: stable disease, PD: progressive disease, NE: not evaluable, ORR: overall response rate, CI: confidence interval.

Table III. Intracranial response to EGFR-TKIs according to the RECIST criteria.

	Intracranial response						p-Value
	All patients		Gefitinib		Erlotinib		
	N=36	(%)	N=25	%	N=11	%	
CR	3	(8)	2	(8)	1	(9)	0.290
PR	27	(75)	17	(68)	10	(91)	
SD	3	(8)	3	(12)	0	(0)	
PD	3	(8)	3	(12)	0	(0)	
NE	0	(0)	0	(0)	0	(0)	
ORR, %	83		84		100		
(95%CI)	(68-92)		(57-88)		(74-100)		

CR: complete response, PR: partial response, SD: stable disease, PD: progressive disease, NE: not evaluable, ORR: overall response rate, CI: confidence interval.

symptoms of BMs, xi) CRT for BM, xii) treatments, and xiii) adverse events. The clinical stage was classified according to the seventh edition of the TNM classification. EGFR mutations were detected using either the Cycleave, PCR-Invader, or PNA-LNA PCR Clamp methods. This study was approved by our institutional review board (IRB number: 1403).

Outcome parameters. The radiographic response was defined according to the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1. The objective response rate (ORR) was defined as the proportion of patients with a complete or a partial response, based on the best objective response. In cases with measurable intracranial lesions, the radiographic response of the intracranial tumors was assessed using the RECIST version 1.1, by comparing the pre- and post-treatment intracranial images.

Progression-free survival (PFS) was defined as the time from the initiation of EGFR-TKI administration to disease progression or death or last follow-up. Overall survival (OS) was defined as the

time from the initiation of EGFR-TKIs to death or last follow-up. The adverse events were assessed using the Common Terminology Criteria for Adverse Events (CTCAE), version 4.0.

Statistical analysis. This is an observational cross-sectional study. Fisher's exact test was used to compare the association of clinical factors as categorical variables. The Mann-Whitney *U*-test was used for the continuous variables. Survival curves of PFS or OS were estimated using the Kaplan-Meier method and were compared using the log-rank test. Multivariate analyses were performed using the Cox proportional hazards model. Covariate selection was finally determined according to backward stepwise regression, based on the Akaike's information criterion and following discussion with the clinicians. Schoenfeld residuals were assessed to evaluate the proportional hazards in these models. The statistical analyses were conducted using the JMP software, version 10, and the R software, version 3.3.2 (The R Foundation for Statistical Computing, Vienna, Austria). Values of $p < 0.05$ were considered significant.

Results

Patient characteristics. The patients' characteristics are summarized in Table I. The median age at initiation of EGFR-TKI administration was 68 years (range: 37-89 years). Additionally, 23 (28%) patients were male, 24 (30%) were smokers, 58 (72%) had PS stage 0 or 1, 79 (98%) had adenocarcinoma, and 77 (95%) were stage IV at the time of treatment (Table I). In total, 41% of patients displayed the exon 19 deletion (Del19), and 59% of patients displayed the single-point substitution mutation L858R in exon 21 (L858R). The median maximum diameter of the BMs was 10 mm. The proportion of symptomatic BMs and upfront CRT was 17% and 9%, respectively. Among the patients with upfront CRT, 15 patients (19%) received WBRT, 13 (16%) received stereotactic radiotherapy (SRT), and 2 (2%) received both WBRT and SRT.

Among the 81 patients, 52 received 250 mg/day of gefitinib and 29 received 150 mg/day of erlotinib. There were no significant differences in baseline characteristics between the gefitinib and erlotinib groups except for a lower percentage of upfront CRT in the erlotinib group (21% vs. 46%, respectively, $p=0.031$).

Response. The ORR was 77% (95% confidence interval [CI]: 66-84) in all patients (Table II). The ORR was higher in the erlotinib group than in the gefitinib group, but this difference was not significant (86% [95% CI: 69-95%] vs. 71% [95% CI: 58-82%], $p=0.174$).

Thirty-six patients had intracranial measurable lesions and were evaluated by radiographic examinations during the EGFR-TKI treatment. The intracranial response rate was 83% (95% CI: 68-92%) in all patients (Table III). The intracranial response in the erlotinib group was higher compared to the gefitinib group, but the difference was not significant (100% [95% CI: 74-100%] vs. 84% [95% CI: 57-88%], $p=0.290$).

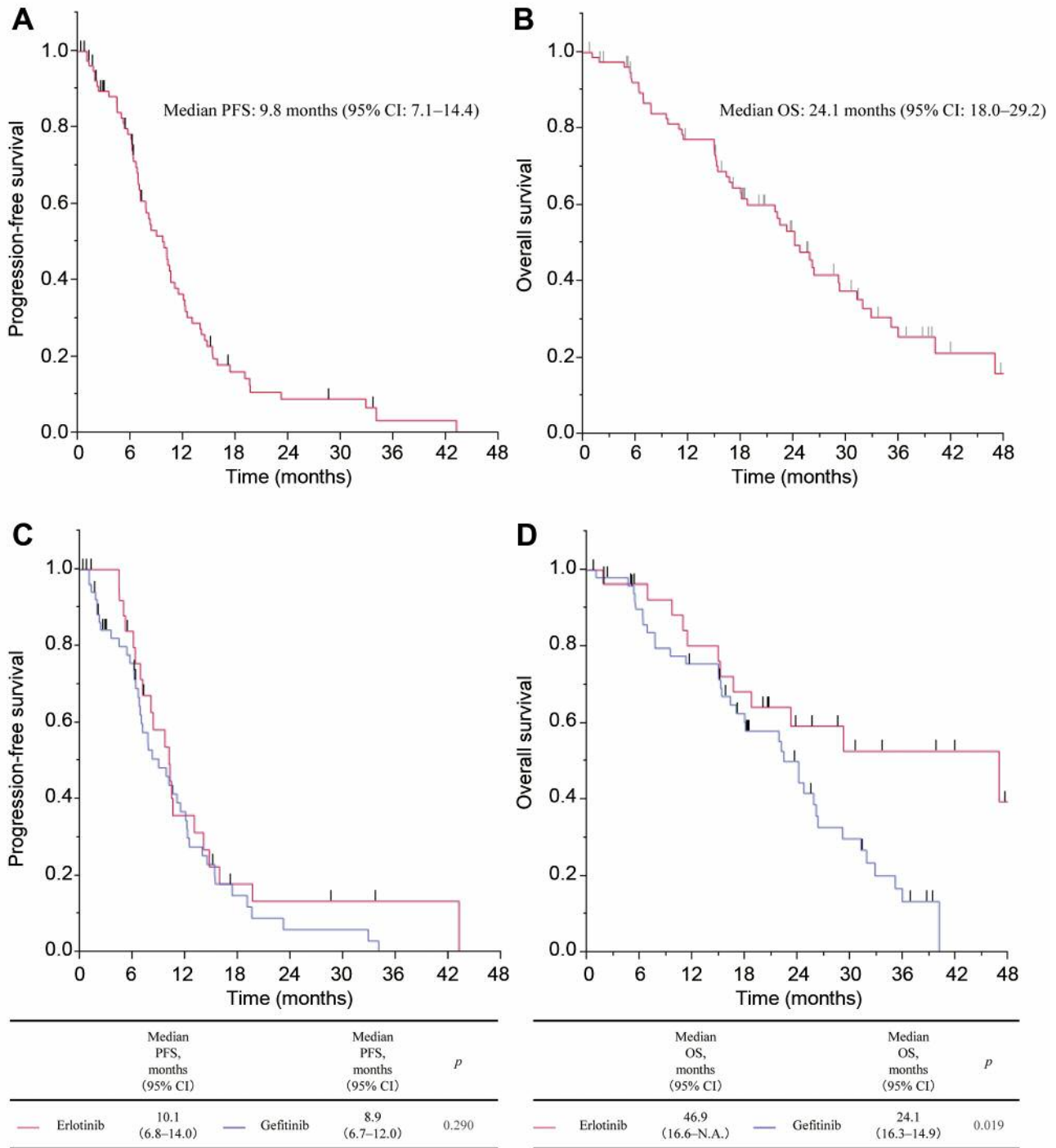


Figure 1. Kaplan-Meier survival curves for PFS and OS. PFS (A) and OS (B) in all patients. PFS (C) and OS (D) are according to the EGFR-TKIs administered.

PFS and OS. The median follow-up from the initiation of EGFR-TKI administration was 18.2 months (range 0.6-49.8 months). The median PFS and OS in all patients was 9.8 (95% CI: 7.1-14.4) and 24.1 months (95% CI: 18.0-29.2),

respectively (Figure 1A and B). The median PFS in the erlotinib group was longer compared to the gefitinib group, but the difference was not significant (10.1 [95% CI: 6.8-14.0] vs. 8.9 [95% CI: 6.7-12.0] months, $p=0.290$) (Figure

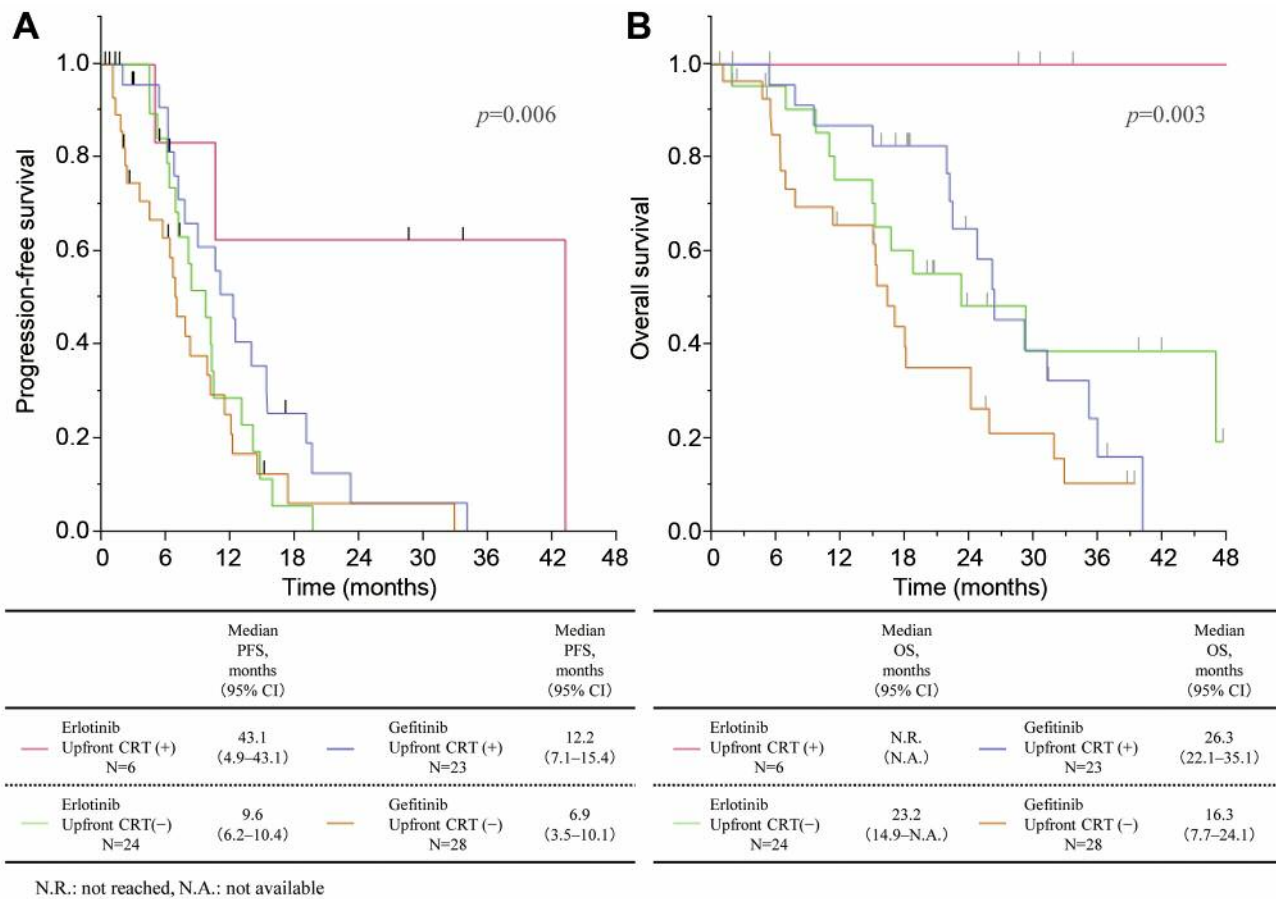


Figure 2. Kaplan-Meier survival curves for PFS (A) and OS (B) according to EGFR-TKIS and upfront CRT.

Table IV. Initial progression site and subsequent chemotherapy.

	All patients		Gefitinib		Erlotinib		p-Value
	N	(%)	N	(%)	N	(%)	
Intracranial progression	21	(26)	17	(33)	4	(14)	0.071
Extracranial progression							
Intrathoracic	28	(35)	18	(35)	10	(35)	1.000
Pleural effusion/dissemination	10	(12)	6	(12)	4	(14)	0.740
Liver	8	(10)	5	(10)	3	(10)	1.000
Bone	9	(11)	5	(10)	4	(14)	0.715
Adrenal	2	(2)	2	(4)	0	(0)	0.535
Second-line therapy	52	(64)	20	(69)	32	(61)	0.630
Use of osimertinib	7	(9)	1	(2)	6	(21)	0.008

1C). Interestingly, the median OS in the erlotinib group was significantly longer compared to the gefitinib group (46.9 [95% CI: 16.6–N.A.] vs. 24.1 [95% CI: 16.3–26.3] months, $p=0.019$) (Figure 1D).

Initial progression pattern and subsequent therapy. Table IV displays the recurrence patterns and subsequent chemotherapy. The initial progression pattern was assessed as follows: 21 patients (26%) had central nervous system (CNS) progression,

28 (35%) had intrathoracic lesions, 10 (12%) had pleural effusion/dissemination, 8 (10%) had bone progression, and 2 (2%) had adrenal metastasis. Although there were no significant differences in extracranial progressions among the erlotinib and gefitinib groups, the CNS progression rate tended to be lower in the erlotinib group compared to the gefitinib group (14% vs. 33%, $p=0.071$).

Fifty-two patients (64%) received subsequent therapy, however, there were no significant differences between the patients who received subsequent therapy in the gefitinib and erlotinib groups. Interestingly, the percentage of patients who subsequently received osimertinib following confirmation of disease progression in the erlotinib group was significantly higher compared to the gefitinib group (21% vs. 2%, $p=0.008$).

Multivariate analysis for PFS and OS. The multivariate analysis for PFS showed that the BM maximum diameter, use of erlotinib, and upfront CRT were significantly associated with prolonging PFS (erlotinib: hazard ratio [HR], 0.47; 95% confidence interval [CI], 0.26-0.84; $p=0.011$; upfront CRT: HR, 0.38; 95% CI, 0.19-0.77; $p=0.009$, Table V). The multivariate analysis for OS showed that age <70, PS0-1, symptomatic BM, use of erlotinib, and upfront CRT were significantly associated with the prolongation of OS (erlotinib: HR, 0.21; 95% CI, 0.10-0.48; $p<0.001$; upfront CRT: HR, 0.42; 95% CI, 0.20-0.88; $p=0.022$, Table VI).

We performed further analyses by dividing the patients into four groups, according to EGFR-TKIs and upfront CRT. The PFS and OS curves for each group are shown in Figure 2A and B. The median PFS of the patients treated with erlotinib and upfront CRT, erlotinib without upfront CRT, gefitinib and upfront CRT, and gefitinib without upfront CRT was 43.1, 9.6, 12.2, and 6.9 months, respectively ($p=0.006$). The median OS of the patients treated with erlotinib and upfront CRT was not reached, whereas patients treated with erlotinib without upfront CRT, gefitinib and upfront CRT, and gefitinib without upfront CRT had OS of 23.2, 26.3, and 16.3 months, respectively ($p=0.003$).

Adverse events. Table VII shows the adverse events that occurred in the gefitinib and erlotinib groups. There was a tendency for a higher proportion of skin rash, paronychia, and oral mucositis in the erlotinib group compared to the gefitinib group (rash: 83% vs 67%, paronychia: 14% vs. 4%, and oral mucositis: 14% vs. 2%). Additionally, there was significantly less liver dysfunction in the erlotinib group than in the gefitinib group (21% vs. 48%, $p=0.018$). The frequency of grade ≥ 3 adverse events was low in both groups.

Discussion

We conducted a multicenter retrospective study to consider the optimal strategy for advanced/recurrent EGFR-mutant

Table V. Multivariate analysis for progression-free survival (PFS).

Variables	HR (95% CI)	p-Value
Smoking history		
No	1	0.081
Yes	1.63 (0.94-2.81)	
BM maximum diameter		
<10 mm	1	0.025
≥ 10 mm	1.96 (1.09-3.53)	
Symptom		
Asymptomatic	1	0.115
Symptomatic	0.54 (0.26-1.16)	
EGFR-TKI		
Gefitinib	1	0.011
Erlotinib	0.47 (0.26-0.84)	
Upfront CRT		
No	1	0.008
Yes	0.38 (0.19-0.77)	

PS: Eastern Cooperative Oncology Group performance status, BM: brain metastasis, CRT: cranial radiotherapy.

Table VI. Multivariate analysis for overall survival (OS).

Variables	HR (95% CI)	p-Value
Age		
<70	1	0.011
≥ 70	2.44 (1.23-4.85)	
Smoking history		
No	1	0.126
Yes	1.76 (0.85-3.64)	
PS		
0-1	1	0.003
≥ 2	3.09 (1.47-6.52)	
Symptom		
Asymptomatic	1	0.041
Symptomatic	0.41 (0.18-0.96)	
EGFR-TKI		
Gefitinib	1	<0.001
Erlotinib	0.21 (0.10-0.48)	
Upfront CRT		
No	1	0.022
Yes	0.42 (0.20-0.88)	

PS: Eastern Cooperative Oncology Group performance status, BM: brain metastasis, CRT: cranial radiotherapy.

NSCLC patients with BM as the initial treatment. We found that upfront CRT followed by erlotinib improved PFS and OS compared to other treatment strategies in EGFR-mutant NSCLC patients.

Several randomized phase III studies of first-generation EGFR-TKIs (gefitinib or erlotinib) in treatment-naïve advanced EGFR-mutant NSCLC patients showed that the ORR, PFS, and OS were 58.1-83%, 9.2-13.1 months, and 19.3-30.9 months, respectively (6-9). Several previous

Table VII. Adverse events.

	Gefitinib				Erlotinib				<i>p</i> for all grade
	All grade		Grade≥3		All grade		Grade≥3		
	N	(%)	N	(%)	N	(%)	N	%	
Rash	35	(67)	1	(2)	24	(83)	2	(7)	0.193
Paronychia	2	(4)	0	(0)	4	(14)	0	(0)	0.180
Oral mucositis	1	(2)	0	(0)	4	(14)	0	(0)	0.053
Nausea/Appetite loss	14	(26)	0	(0)	7	(24)	2	(7)	1.000
Diarrhea	14	(27)	0	(0)	12	(41)	3	(10)	0.219
AST/ALT elevated	25	(48)	8	(15)	6	(21)	1	(3)	0.018
Interstitial pneumonia	2	(4)	1	(2)	2	(7)	1	(3)	1.000

studies of first-generation EGFR-TKIs for *EGFR*-mutant NSCLC patients with BM showed that the ORR, PFS, and OS were 75-83%, 6.6-15.2 months, and 15.9-37.5 months, respectively (14, 15). In the present study, the ORR, PFS, and OS of *EGFR*-mutant NSCLC patients with BM were 77%, 9.8 months, and 24.1 months, respectively, which are consistent with previous reports. Considering that the survival of NSCLC patients with BM who are treated with chemotherapy and radiotherapy was appropriately six months, EGFR-TKIs are notably effective for *EGFR*-mutant NSCLC patients with BM.

In the present study, the multivariate analysis showed that erlotinib significantly improved OS compared to gefitinib in *EGFR*-mutant NSCLC patients with BM. Randomized phase III studies comparing erlotinib with gefitinib in *EGFR*-mutant NSCLC patients have shown that erlotinib was not significantly superior to gefitinib in terms of survival, which is inconsistent with our results (16, 17). This difference may be explained as a result of our limited study sample of *EGFR*-mutant NSCLC patients with BM. Two factors may account for the survival benefit provided by erlotinib in *EGFR*-mutant NSCLC patients with BM. First, erlotinib displayed better CNS management (slightly higher intracranial response and less CNS progression) compared to gefitinib. Togashi *et al.* showed that the cerebrospinal fluid concentration and penetration rate of erlotinib may be higher compared to gefitinib, which can contribute to a more effective treatment of CNS metastases (18). Moreover, the approved clinical dose of erlotinib (150 mg/day) is the maximum dose tolerated, whereas the approved dose of gefitinib (250 mg/day) is approximately one-third of the maximum dose tolerated in Japan. Since the serum concentration of erlotinib in clinical settings can be higher compared to gefitinib, this may act as an advantage of this therapeutic, resulting in better management of CNS metastases, especially given the difficulty of identifying

drugs that penetrate the blood-brain barrier (BBB) (19). In addition, the usage rate of subsequent osimertinib in the erlotinib group was higher compared to the gefitinib group. Osimertinib demonstrates a high clinical efficacy in patients with advanced NSCLC diagnosed with T790M resistance mutation, and re-biopsy for T790M detection is needed after disease progression on initial EGFR-TKI therapy (20). Given that re-biopsy for determining candidates of osimertinib may be difficult in cases with only CNS metastases and deteriorating PS leading to BM, erlotinib may provide an opportunity for conducting a re-biopsy to detect T790M. Moreover, osimertinib may prevent the progression of BM to a greater degree than gefitinib. Based on these findings, erlotinib treatment may result in a better management of BM and consequently contribute to prolong the survival of this population.

Our multivariate analysis showed that upfront CRT was associated with improvement in both PFS and OS in *EGFR*-mutant NSCLC patients with BM. Magnuson *et al.* have described that upfront stereotactic radiosurgery and WBRT significantly prolong OS and present with a lower probability of intracranial progression compared to upfront EGFR-TKIs in *EGFR*-mutant NSCLC patients with BM (median OS: 46, 30, and 25 months, respectively, $p < 0.001$; median time to intracranial progression: 23, 24, and 17 months, respectively, $p = 0.025$) (21). A meta-analysis by Soon *et al.* has shown that upfront CRT significantly improve intracranial PFS and OS in *EGFR*-mutant NSCLC patients with BM compared to EGFR-TKI alone (13). Our results are consistent with these previous reports. Several explanations have been proposed for the survival benefit of upfront CRT. First, the CNS is frequently the initial progression site following EGFR-TKI treatment, thus, better intracranial management of upfront CRT would improve both PFS and OS (22). Second, there is heterogeneity in the *EGFR* mutations between BMs and primary/other metastatic sites. Gow *et al.* has identified a discordance in the *EGFR* mutations

between the primary site and the corresponding BM in 8 of 12 patients (75%) via a direct nucleotide sequencing analysis, and in 4 of 8 patients (50%), based on the Scorpion Amplified Refractory Mutation System assay (23). Consequently, EGFR-TKIs alone are insufficient for the management of BM in EGFR-mutant NSCLC patients with BM. Third, radiotherapy can disrupt the BBB, and increased permeability of the BBB can hamper the efficacy of the chemotherapeutic agent for intracranial tumors (24). Because the CSF penetration rate of EGFR-TKIs is extremely low (1.1-2.8%), upfront CRT might enhance the antitumor effect of EGFR-TKIs on intracranial lesions by changing the BBB permeability to EGFR-TKIs (18).

The toxicity profiles were also assessed. There was a tendency for a higher frequency of skin rash, paronychia, and oral mucositis in the erlotinib group, while there was a significantly higher frequency of liver dysfunctions in the gefitinib group compared to the erlotinib group. Togashi *et al.* showed that in Japanese patients with NSCLC, a higher frequency of adverse events, including skin rash, diarrhea, oral mucositis, and gastrointestinal toxicity, occurred in the erlotinib group compared to the gefitinib group (25). Moreover, Takeda *et al.* showed that gefitinib is associated with higher hepatotoxicity compared to erlotinib (26). Our results are similar to these previous reports. Despite the different toxicity profiles between gefitinib and erlotinib, the serious adverse event rate was mild and manageable using either drug.

Our study had several limitations. First, our analysis was based on a retrospective and relatively small patient sample size. Second, the choice of EGFR-TKI and the timing of CRT depended on the physician, so a bias in treatment selection might be present. Third, this study did not include patients who received second- and third-generation drugs, such as afatinib, dacomitinib, and osimertinib, as initial treatments. Recently, these EGFR-TKIs have shown a higher clinical efficacy compared to first-generation EGFR-TKIs (gefitinib or erlotinib) in NSCLC patients with EGFR mutations (27-29). Thus, our results should be interpreted cautiously, and larger prospective studies including second- and third-generation EGFR-TKIs must be conducted to confirm these findings.

The current study showed that erlotinib and upfront CRT prolonged OS compared to gefitinib and no upfront CRT in EGFR-mutant NSCLC patients with BM. Upfront CRT followed by erlotinib might be an appropriate initial treatment management approach for EGFR-mutant NSCLC patients with BM.

Conflicts of Interest

The Authors have no conflicts of interest to disclose.

Funding

This study was supported by Novartis Pharma K.K.

Acknowledgements

The Authors are grateful to Ms. Miyuki Tashiro and Ms. Yuka Tamura for their support in this study.

References

- Schouten LJ, Rutten J, Huvneers HA and Twijnstra A: Incidence of brain metastases in a cohort of patients with carcinoma of the breast, colon, kidney, and lung and melanoma. *Cancer* 94(10): 2698-2705, 2002.
- Owonikoko TK, Arbiser J, Zelnak A, Shu HK, Shim H, Robin AM, Kalkanis SN, Whitsett TG, Salhia B, Tran NL, Ryken T, Moore MK, Egan KM and Olson JJ: Current approaches to the treatment of metastatic brain tumours. *Nat Rev Clin Oncol* 11(4): 203-222, 2014.
- Peters S, Bexelius C, Munk V and Leigh N: The impact of brain metastasis on quality of life, resource utilization and survival in patients with non-small-cell lung cancer. *Cancer Treat Rev* 45: 139-162, 2016.
- Lynch TJ, Bell DW, Sordella R, Gurubhagavatula S, Okimoto RA, Brannigan BW, Harris PL, Haserlat SM, Supko JG, Haluska FG, Louis DN, Christiani DC, Settleman J and Haber DA: Activating mutations in the epidermal growth factor receptor underlying responsiveness of non-small-cell lung cancer to gefitinib. *N Engl J Med* 350(21): 2129-2139, 2004.
- Paez JG, Janne PA, Lee JC, Tracy S, Greulich H, Gabriel S, Herman P, Kaye FJ, Lindeman N, Boggon TJ, Naoki K, Sasaki H, Fujii Y, Eck MJ, Sellers WR, Johnson BE and Meyerson M: Egfr mutations in lung cancer: Correlation with clinical response to gefitinib therapy. *Science* 304(5676): 1497-1500, 2004.
- Mitsudomi T, Morita S, Yatabe Y, Negoro S, Okamoto I, Tsurutani J, Seto T, Satouchi M, Tada H, Hirashima T, Asami K, Katakami N, Takada M, Yoshioka H, Shibata K, Kudoh S, Shimizu E, Saito H, Toyooka S, Nakagawa K and Fukuoka M: Gefitinib versus cisplatin plus docetaxel in patients with non-small-cell lung cancer harbouring mutations of the epidermal growth factor receptor (wjtog3405): An open label, randomised phase 3 trial. *Lancet Oncol* 11(2): 121-128, 2010.
- Rosell R, Carcereny E, Gervais R, Vergnenegre A, Massuti B, Felip E, Palmero R, Garcia-Gomez R, Pallares C, Sanchez JM, Porta R, Cobo M, Garrido P, Longo F, Moran T, Insa A, De Marinis F, Corre R, Bover I, Illiano A, Dansin E, de Castro J, Milella M, Reguart N, Altavilla G, Jimenez U, Provencio M, Moreno MA, Terrasa J, Munoz-Langa J, Valdivia J, Isla D, Domine M, Molinier O, Mazieres J, Baize N, Garcia-Campelo R, Robinet G, Rodriguez-Abreu D, Lopez-Vivanco G, Gebbia V, Ferrera-Delgado L, Bombardieri P, Bernabe R, Bearz A, Artal A, Cortesi E, Rolfi C, Sanchez-Ronco M, Drozdowskyj A, Queralt C, de Aguirre I, Ramirez JL, Sanchez JJ, Molina MA, Taron M and Paz-Ares L: Erlotinib versus standard chemotherapy as first-line treatment for european patients with advanced egfr mutation-positive non-small-cell lung cancer (eurtac): A multicentre, open-label, randomised phase 3 trial. *Lancet Oncol* 13(3): 239-246, 2012.
- Zhou C, Wu YL, Chen G, Feng J, Liu XQ, Wang C, Zhang S, Wang J, Zhou S, Ren S, Lu S, Zhang L, Hu C, Hu C, Luo Y, Chen L, Ye M, Huang J, Zhi X, Zhang Y, Xiu Q, Ma J, Zhang L and You C: Erlotinib versus chemotherapy as first-line treatment for patients with advanced egfr mutation-positive non-small-cell lung cancer (optimal, ctong-0802): A multicentre, open-label, randomised, phase 3 study. *Lancet Oncol* 12(8): 735-742, 2011.

- 9 Maemondo M, Inoue A, Kobayashi K, Sugawara S, Oizumi S, Isobe H, Gemma A, Harada M, Yoshizawa H, Kinoshita I, Fujita Y, Okinaga S, Hirano H, Yoshimori K, Harada T, Ogura T, Ando M, Miyazawa H, Tanaka T, Saijo Y, Hagiwara K, Morita S and Nukiwa T: Gefitinib or chemotherapy for non-small-cell lung cancer with mutated egfr. *N Engl J Med* 362(25): 2380-2388, 2010.
- 10 Ge M, Zhuang Y, Zhou X, Huang R, Liang X and Zhan Q: High probability and frequency of egfr mutations in non-small cell lung cancer with brain metastases. *J Neurooncol* 135(2): 413-418, 2017.
- 11 Shin DY, Na, II, Kim CH, Park S, Baek H and Yang SH: Egfr mutation and brain metastasis in pulmonary adenocarcinomas. *J Thorac Oncol* 9(2): 195-199, 2014.
- 12 Fan Y, Xu X and Xie C: Egfr-tyki therapy for patients with brain metastases from non-small-cell lung cancer: A pooled analysis of published data. *Onco Targets Ther* 7: 2075-2084, 2014.
- 13 Soon YY, Leong CN, Koh WY and Tham IW: Egfr tyrosine kinase inhibitors *versus* cranial radiation therapy for egfr mutant non-small cell lung cancer with brain metastases: A systematic review and meta-analysis. *Radiother Oncol* 114(2): 167-172, 2015.
- 14 Wu YL, Zhou C, Cheng Y, Lu S, Chen GY, Huang C, Huang YS, Yan HH, Ren S, Liu Y and Yang JJ: Erlotinib as second-line treatment in patients with advanced non-small-cell lung cancer and asymptomatic brain metastases: A phase ii study (ctong-0803). *Ann Oncol* 24(4): 993-999, 2013.
- 15 Park SJ, Kim HT, Lee DH, Kim KP, Kim SW, Suh C and Lee JS: Efficacy of epidermal growth factor receptor tyrosine kinase inhibitors for brain metastasis in non-small cell lung cancer patients harboring either exon 19 or 21 mutation. *Lung Cancer* 77(3): 556-560, 2012.
- 16 Urata Y, Katakami N, Morita S, Kaji R, Yoshioka H, Seto T, Satouchi M, Iwamoto Y, Kanehara M, Fujimoto D, Ikeda N, Murakami H, Daga H, Oguri T, Goto I, Imamura F, Sugawara S, Saka H, Nogami N, Negoro S, Nakagawa K and Nakanishi Y: Randomized phase iii study comparing gefitinib with erlotinib in patients with previously treated advanced lung adenocarcinoma: Wjog 51081. *J Clin Oncol* 34(27): 3248-3257, 2016.
- 17 Yang JJ, Zhou Q, Yan HH, Zhang XC, Chen HJ, Tu HY, Wang Z, Xu CR, Su J, Wang BC, Jiang BY, Bai XY, Zhong WZ, Yang XN and Wu YL: A phase iii randomised controlled trial of erlotinib vs gefitinib in advanced non-small cell lung cancer with egfr mutations. *Br J Cancer* 116(5): 568-574, 2017.
- 18 Togashi Y, Masago K, Masuda S, Mizuno T, Fukudo M, Ikemi Y, Sakamori Y, Nagai H, Kim YH, Katsura T and Mishima M: Cerebrospinal fluid concentration of gefitinib and erlotinib in patients with non-small cell lung cancer. *Cancer Chemother Pharmacol* 70(3): 399-405, 2012.
- 19 Togashi Y, Hayashi H, Nakagawa K and Nishio K: Clinical utility of erlotinib for the treatment of non-small-cell lung cancer in japanese patients: Current evidence. *Drug Des Devel Ther* 8: 1037-1046, 2014.
- 20 Mok TS, Wu YL, Ahn MJ, Garassino MC, Kim HR, Ramalingam SS, Shepherd FA, He Y, Akamatsu H, Theelen WS, Lee CK, Sebastian M, Templeton A, Mann H, Marotti M, Ghiorghiu S and Papadimitrakopoulou VA: Osimertinib or platinum-pemetrexed in egfr t790m-positive lung cancer. *N Engl J Med* 376(7): 629-640, 2017.
- 21 The Lancet Oncology 2010 -M, W. J., Lester-Coll NH, Wu AJ, Yang TJ, Lockney NA, Gerber NK, Beal K, Amini A, Patil T, Kavanagh BD, Camidge DR, Braunstein SE, Boreta LC, Balasubramanian SK, Ahluwalia MS, Rana NG, Attia A, Gettinger SN, Contessa JN, Yu JB and Chiang VL: Management of brain metastases in tyrosine kinase inhibitor-naive epidermal growth factor receptor-mutant non-small-cell lung cancer: A retrospective multi-institutional analysis. *J Clin Oncol* 35(10): 1070-1077, 2017.
- 22 Lee YJ, Choi HJ, Kim SK, Chang J, Moon JW, Park IK, Kim JH and Cho BC: Frequent central nervous system failure after clinical benefit with epidermal growth factor receptor tyrosine kinase inhibitors in korean patients with nonsmall-cell lung cancer. *Cancer* 116(5): 1336-1343, 2010.
- 23 Gow CH, Chang YL, Hsu YC, Tsai MF, Wu CT, Yu CJ, Yang CH, Lee YC, Yang PC and Shih JY: Comparison of epidermal growth factor receptor mutations between primary and corresponding metastatic tumors in tyrosine kinase inhibitor-naive non-small-cell lung cancer. *Ann Oncol* 20(4): 696-702, 2009.
- 24 Van Vulpen M, Kal HB, Taphoorn MJ and El-Sharouni SY: Changes in blood-brain barrier permeability induced by radiotherapy: Implications for timing of chemotherapy? (review). *Oncol Rep* 9(4): 683-688, 2002.
- 25 Togashi Y, Masago K, Fujita S, Hatachi Y, Fukuhara A, Nagai H, Sakamori Y, Kim YH, Mio T and Mishima M: Differences in adverse events between 250 mg daily gefitinib and 150 mg daily erlotinib in japanese patients with non-small cell lung cancer. *Lung Cancer* 74(1): 98-102, 2011.
- 26 Takeda M, Okamoto I and Nakagawa K: Pooled safety analysis of egfr-tyki treatment for egfr mutation-positive non-small cell lung cancer. *Lung Cancer* 88(1): 74-79, 2015.
- 27 Park K, Tan EH, O'Byrne K, Zhang L, Boyer M, Mok T, Hirsh V, Yang JC, Lee KH, Lu S, Shi Y, Kim SW, Laskin J, Kim DW, Arvis CD, Kolbeck K, Laurie SA, Tsai CM, Shahidi M, Kim M, Massey D, Zazulina V and Paz-Ares L: Afatinib *versus* gefitinib as first-line treatment of patients with egfr mutation-positive non-small-cell lung cancer (lux-lung 7): A phase 2b, open-label, randomised controlled trial. *Lancet Oncol* 17(5): 577-589, 2016.
- 28 Soria JC, Ohe Y, Vansteenkiste J, Reungwetwattana T, Chewaskulyong B, Lee KH, Dechaphunkul A, Imamura F, Nogami N, Kurata T, Okamoto I, Zhou C, Cho BC, Cheng Y, Cho EK, Voon PJ, Planchard D, Su WC, Gray JE, Lee SM, Hodge R, Marotti M, Rukazenzov Y and Ramalingam SS: Osimertinib in untreated egfr-mutated advanced non-small-cell lung cancer. *N Engl J Med* 378(2): 113-125, 2018.
- 29 Wu YL, Cheng Y, Zhou X, Lee KH, Nakagawa K, Niho S, Tsuji F, Linke R, Rosell R, Corral J, Migliorino MR, Pluzanski A, Sbar EI, Wang T, White JL, Nadanaciva S, Sandin R and Mok TS: Dacomitinib *versus* gefitinib as first-line treatment for patients with egfr-mutation-positive non-small-cell lung cancer (archer 1050): A randomised, open-label, phase 3 trial. *Lancet Oncol* 18(11): 1454-1466, 2017.

Received December 8, 2018

Revised January 7, 2019

Accepted January 17, 2019