

Tumor Enhancement on Dynamic CT: A Predictive Factor for Recurrence After Nephrectomy in Localized T1 Clear Cell Renal Cell Carcinoma

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Abstract. *Aim:* To investigate whether radiological parameters obtained on dynamic computed tomography (CT), especially those related to tumor enhancement, are predictive factors for recurrence after nephrectomy in localized stage T1 clear cell renal cell carcinoma (ccRCC). *Materials and Methods:* We retrospectively studied 88 patients with localized stage T1 ccRCC who underwent dynamic CT preoperatively. Seven patients had recurrent disease after surgery. Tumor attenuations were measured by placing a region of interest in the solid region. TA_{pre} and TA_{neph} were defined as the tumor attenuation values of the pre-contrast and nephrographic phase, respectively. The correlations between disease-free survival and clinicopathological factors, including the radiological parameter $TA_{neph} - TA_{pre}$ (ΔTA_{neph}), were analyzed by Cox proportional hazards model or Kaplan–Meier method with the log-rank test. *Results:* Only ΔTA_{neph} was significantly and positively correlated with disease-free survival ($p < 0.05$). Tumor size also tended to be negatively correlated with disease-free survival ($p < 0.1$). The 5- and 10-year disease-free survival rates of the group with high ΔTA_{neph} (≥ 86 HU) were 97.4% and 97.4%, while those of the group with low ΔTA_{neph} (< 86 HU) were 89.6% and 71.6%, respectively. *Conclusion:* Tumor enhancement in the nephrographic phase of CT was a predictive factor for recurrence after nephrectomy in patients with localized stage T1 ccRCC.

Renal cell carcinoma (RCC) is the most common type of cancer observed in the adult kidney (1). Although there are

several subtypes of RCC, clear cell renal cell carcinoma (ccRCC) accounts for 70% of all cases (2). Typically, ccRCCs enhance avidly and heterogeneously on dynamic computed tomography (CT) (3, 4). Nonetheless, some ccRCCs enhance poorly and homogeneously, with their imaging features overlapping features that are more typical of the non-clear-cell variants, such as papillary or chromophobe RCCs (5). High microvascular density (MVD) has been reported to be a predictive factor of metastasis, recurrence and prognosis in ccRCC (2, 6), but other reports have suggested that a low MVD predicts distant metastasis and poor prognosis (7, 8). Because the relationship between tumor vascularity and prognosis in ccRCC is controversial, further validation is required. High-grade ccRCC frequently contains foci of fibrosis (7). In addition, Pichler *et al.* reported that the presence of histological tumor necrosis represents an independent predictor with respect to metastasis-free and overall survival in patients with clear cell and papillary RCC (9). Therefore, we hypothesized that a radiological parameter reflecting such histological findings could be a predictive factor obtained in a noninvasive fashion.

One of the strongest validated prognostic factors in RCC is tumor stage (anatomical extent of disease) (10). Nevertheless, stage T1 ccRCC can also recur or metastasize after surgery (11). It would, therefore, be clinically helpful if we could recognize patients with stage T1 ccRCC for whom particular care should be taken. Tumor size and Furman grade have been reported to be prognostic factors at stage pT1 ccRCC (12, 13).

To the best of our knowledge, few radiological parameters have been reported as prognostic factors of ccRCC in contrast to biological and pathological markers (14-17). Tumor enhancement of ccRCC on dynamic CT is diverse. This enhancement is supposed to reflect tumor vascularity and the presence of fibrous stroma, necrosis and hemorrhage,

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etc. Furthermore, differences in tumor volume may influence dynamics of contrast agent within a tumor. The volume of a contrast agent used in daily practice may be insufficient for evaluating tumor enhancement or vascularity of a large tumor even if the same scan timing is used. This potentially confounding factor can be excluded by focusing only on small tumors.

The purpose of this study was to investigate whether radiological parameters obtained on dynamic CT, especially those related to tumor enhancement, are predictive of recurrence after nephrectomy in localized stage T1 ccRCC.

Materials and Methods

Patients. We conducted a retrospective study based on medical data archived at our hospital. Institutional Review Board approval (no. 28-121) was obtained, and the requirements for informed consent were waived. We enrolled 189 patients who had been diagnosed with ccRCC after surgery between January 2001 and May 2013. All patients had undergone a preoperative dynamic CT examination and radical or partial nephrectomy for renal tumors. A preoperative dynamic CT examination was performed within 3 months before surgery. Nine patients were excluded due to the presence of lymph node or distant metastasis. In seven patients, the tumor was pathologically diagnosed as more advanced than stage T2. Eighty-five patients who were not followed-up at our hospital for more than 2 years were also excluded. The final study group thus consisted of 88 patients with localized ccRCC (TNM staging: T1N0M0): 64 T1a and 24 T1b. The details of the patient profiles and pathological findings are summarized in Table I. Each patient had only one RCC. The surgical methods performed included total nephrectomy in 45 patients and partial nephrectomy in 43 patients. After surgery, chest-abdomen-pelvis CT examinations were performed every 3, 6, or 12 months, for the purpose of surveillance for recurrence and metastasis. A few patients underwent dynamic CT examinations to rule out surgical complications while they were in the hospital. The frequency of complications in our population was low in comparison with the previous report (18). Disease-free survival was defined as the time from surgery to the first documentation of recurrence or distant metastasis on CT reports. Recurrence or distant metastasis was defined as a new solid lesion showing interval increase in size on a series of follow-up CT.

Dynamic CT. Preoperative CT was performed with a 4- or 64-multidetector row CT (MDCT) scanner (Aquilion, Toshiba Medical, Tokyo, Japan). First, pre-contrast CT images were scanned. A total of 100 ml of a nonionic iodinated contrast agent (iopamidol: Iopamiron 370; Bayer, Osaka, Japan) was injected through the antecubital vein for 40 s at an injection rate of 2.5 ml/s using a power injector. The time delays for scanning for corticomedullary-, nephrographic- and excretory-phase images were 45 (4-MDCT) or 48 (64-MDCT) s, 90 s, and 240 s, respectively. The scanning parameters with 4-MDCT were 120 kVp, 300 mAs, 3-mm collimation reconstructed to a slice thickness of 5 mm, and a pitch of 3, while the scanning parameters with 64-MDCT were 120 kVp, automatically set mAs, 0.5-mm collimation reconstructed to a slice thickness of 5 mm, and a pitch of 53. The images were obtained in the craniocaudal direction.

Table I. Patients profile and pathological findings of localized stage T1 clear cell renal cell carcinoma*.

Variable	Value
Age (years)	
Range	26-82
Median	60.4
Gender, n	
Male	63
Female	25
Tumor side, n	
Left	40
Right	48
Tumor size (cm)	
Range	1.0-6.2
Median	3.1
Growth/invasion pattern	
Expansive	87
Intermediate	1
Furman grade, n	
G1	7
G2	77
G3 or more	4
Venous invasion, n	
Positive	5
Negative	83

*Each patient had a single tumor.

Image analysis. All CT images were independently reviewed by two radiologists (J.M. and A.N., with 3 and 22 years of experience, respectively). After the entire slices describing each tumor were observed, one slice including as large an area of the solid region of the tumor as possible was visually selected. A round or oval region of interest (ROI) was placed on the tumor to measure tumor attenuation in each dynamic phase (pre-contrast, corticomedullary, nephrographic and excretory phases). The ROI was carefully positioned to cover as much of the solid region of the tumor as possible, while avoiding any region of necrosis or hemorrhage. An ROI of the same size was placed at the same position on the image of each phase by copy and paste method.

TA_{pre} , TA_{cor} , TA_{neph} and TA_{ex} were defined as tumor attenuation values of pre-contrast, corticomedullary, nephrographic and excretory phases, respectively. By referring to these four values, a total of five radiological parameters were evaluated: i) TA_{pre} itself, which may reflect cytoplasmic fat in ccRCC (19); ii) $TA_{cor} - TA_{pre}$ and iii) $TA_{neph} - TA_{pre}$ (ΔTA_{neph}), which may represent tumor enhancement; iv) absolute percentage washout using the corticomedullary phase ($APW_{cor} = (TA_{cor} - TA_{ex}) / (TA_{cor} - TA_{pre}) \times 100$); and v) absolute percentage washout using the nephrographic phase ($APW_{neph} = (TA_{neph} - TA_{ex}) / (\Delta TA_{neph}) \times 100$). APW_{cor} and APW_{neph} may be affected by the amount of fibrosis in the tumor (20). These five radiological parameters were measured by the two radiologists. The average values were applied to the evaluation.

Pathological diagnosis. The resected specimens were sliced by making a series of axial incisions approximately 5 mm apart according to CT sections. In all cases, the entire area of the cut surface containing the greatest tumor dimensions was submitted for

Table II. Five radiological parameters in patients according to recurrence of localized stage T1 clear cell renal cell carcinoma. Data are the mean±SD (range).

Parameter	Recurrence (n=7)	No-recurrence (n=81)
TA _{pre} (HU)	35.6±8.7 (18.1-47.7)	32.0±7.0 (18.8-47.2)
TA _{cor} - TA _{pre} (HU)	116.5±39.9 (71.6-199.9)	146.2±50.4 (28.7-263.9)
ΔTA _{neph} (HU)	69.2±18.2 (36.9-96.4)	94.3±32.2 (33.5-214.2)*
APW _{cor} (%)	56.0±14.6 (22.7-69.9)	52.3±21.0 (-84.9-75.5)
APW _{neph} (%)	30.6±6.6 (18.4-39.7)	32.1±9.7 (2.4-53.3)

TA_{pre}, TA_{cor}, TA_{neph}, TA_{ex}: Pre-contrast, corticomedullary, nephrographic and excretory phase tumor attenuation, respectively; ΔTA_{neph}=TA_{neph} - TA_{pre}; APW_{cor}: absolute percentage corticomedullary phase washout [(TA_{cor} - TA_{ex})/(TA_{cor} - TA_{pre}) × 100]; APW_{neph}: absolute percentage nephrographic phase washout [(TA_{neph} - TA_{ex})/(ΔTA_{neph}) × 100]. *Means significantly different at $p=0.048$. There was no significant difference in the other radiological parameters between the two groups.

pathological examination. These specimens were fixed in 10% formalin, cut into 4-μm sections, and stained with hematoxylin-eosin. Additional samples were also taken from other parts to evaluate the pathological findings, including the tumor size, growth/invasion pattern, Fuhrman grade, histological subtype, and venous invasion. We employed the worst nuclear grade as the Fuhrman grade here.

Statistical analysis. The above radiological parameters were compared between groups with and without recurrence using Student's *t*-test. The clinicopathological factors evaluated were patient age and gender, surgical method, tumor side, tumor size, Fuhrman grade, growth/invasion pattern, venous invasion, and the above radiological parameters. We analyzed the correlations between these factors and ccRCC disease-free survival using the Cox proportional hazards model or the Kaplan–Meier method with log-rank test (univariate analysis). The Cox proportional hazards model was applied for continuous variables, while the Kaplan–Meier analysis with the log-rank test was used for independent variables. When there was a significant correlation between a continuous variable and disease-free survival using the Cox proportional hazard model, Kaplan–Meier analysis with log-rank test was added. The threshold for division into two groups was obtained based on the median value. Pearson's correlation coefficient was also calculated to assess the inter-reader variability in measurement of ΔTA_{neph}. *p*-Values of less than 0.05 were considered to indicate significance.

Results

Seven out of the 88 patients (8.0%) had recurrent disease 0.3 to 89.3 months after the day of surgery, and the remaining 81 patients showed no recurrence at 24.0 to 163.6 months after surgery. The median postoperative follow-up duration of the whole patient cohort was 66.8 months. Recurrence was clinically diagnosed on CT. The sites of recurrence the seven patients were bone in three, lung in three, and local, pancreas, contralateral kidney and lymph nodes in one each. Three patients had recurrent lesions in two organs.

Table III. Univariate analyses of clinicopathological factors and disease-free survival in patients with localized stage T1 clear cell renal cell carcinoma.

	Hazard ratio	95% CI	<i>p</i> -Value
Cox proportional hazards model			
Age	1.00	0.942-1.062	0.99
Tumor size	1.63	0.972-2.742	0.063
Fuhrman grade	1.84	0.157-19.45	0.62
TA _{pre} (HU)	1.06	0.956-1.181	0.26
TA _{cor} - TA _{pre} (HU)	0.99	0.976-1.007	0.27
ΔTA _{neph} (HU)	0.97	0.935-0.997	0.034
APW _{cor} (%)	11.2	0.031-4044	0.42
APW _{neph} (%)	0.98	0.001-170.9	0.47
Kaplan–Meier analysis with log-rank test			
Gender	-	-	0.14
Surgical method	-	-	0.16
Tumor side	-	-	0.15
Venous invasion	-	-	0.48

TA_{pre}, TA_{cor}, TA_{neph}, TA_{ex}: Pre-contrast, corticomedullary, nephrographic and excretory phase tumor attenuation, respectively; ΔTA_{neph}=TA_{neph} - TA_{pre}; APW_{cor}: absolute percentage corticomedullary phase washout [(TA_{cor} - TA_{ex})/(TA_{cor} - TA_{pre}) × 100]; APW_{neph}: absolute percentage nephrographic phase washout [(TA_{neph} - TA_{ex})/(ΔTA_{neph}) × 100]; 95% CI: 95% confidence interval.

Details of the five radiological parameters in patients according to recurrence are shown in Table II. The average ΔTA_{neph} in group without recurrence was significantly higher than that in group with ($p=0.048$). There was no significant difference in the other four radiological parameters between the two groups.

The results for the univariate analyses are summarized in Table III. Most tumors showed expansive growth; one tumor had an intermediate pattern and thus its growth/invasion could not be evaluated. As a result, only ΔTA_{neph} was significantly and positively correlated with disease-free survival ($p<0.05$). Tumor size also tended to be negatively correlated with disease-free survival ($p<0.1$).

We generated and analyzed a disease-free survival curve according to ΔTA_{neph} (Figure 1). The median value of ΔTA_{neph} in 88 ccRCCs was 86 HU. Based on this value, all ccRCCs were divided into one of two groups: a high ΔTA_{neph} group (≥86 HU) and a low ΔTA_{neph} group (<86 HU). The 5-year disease-free survival rate of the high ΔTA_{neph} group was 97.4%, and that of the low ΔTA_{neph} group was 89.6%. The 10-year disease-free survival rates were 97.4% and 71.6%, respectively. The disease-free survival rate of the group with high ΔTA_{neph} was significantly higher than that of those with a low ΔTA_{neph} ($p<0.05$). For the other four parameters, no significant correlation with disease-free survival was obtained.

The Pearson's correlation coefficient between ΔTA_{neph} values measured by two radiologists was 0.90, suggesting excellent inter-reader agreement.

Representative cases are shown in Figures 2 and 3.

Discussion

The radiological parameter ΔTA_{neph} represents tumor enhancement in the nephrographic phase. In the present study this tumor enhancement was a predictive factor for recurrence after nephrectomy in localized stage T1 ccRCC. To the best of our knowledge, a predictive factor obtained by preoperative dynamic CT has rarely been reported (14). The parameter ΔTA_{neph} may be clinically useful because it can be used in the selection of a therapeutic strategy and in the determination of an appropriate interval for follow-up imaging after surgery. It also can be obtained in a non-invasive fashion and without extra radiation exposure.

The ccRCCs demonstrating low tumor enhancement in the nephrographic phase showed a significantly higher incidence of recurrence. We consider that two factors, namely tumor vascularity and contrast agent dynamics in the stroma of the tumor, may be associated with tumor enhancement in the nephrographic phase. Another radiological parameter, $TA_{cor} - TA_{pre}$, may represent tumor vascularity more directly. This parameter, however, was not associated with prognosis in the present study. There was no significant difference in $TA_{cor} - TA_{pre}$ between the groups according to recurrence. According to these results, the relevance of tumor vascularity to recurrence may be less considered. Neither APWcor nor APWneph was a predictive factor, although these parameters have been shown to account for contrast agent dynamics in the stroma (20). The amount of fibrosis in the tumor may not be correlated with recurrence either. There is also a possibility that contrast agent may drain faster in a tumor with a higher MVD and that this change manifests as lower attenuation in the nephrographic phase. However, there was no significant difference in average $TA_{cor} - TA_{neph}$ between groups with and without recurrence (47.3 HU vs. 51.9 HU, calculated from Table II).

Regions showing massive necrosis or hemorrhage were avoided when placing ROIs on each tumor in the present study, but the presence of minute and scattered necrosis in a tumor can contribute to low tumor enhancement in the nephrographic phase, as the spatial resolution of CT would limit its detection. Tumor necrosis is defined as microscopic coagulative necrosis characterized by homogeneous clusters and sheets of degenerating and dead cells (9). Veeratterapillay *et al.* suggested that necrosis might have contributed to their findings of lower maximum contrast enhancement on dynamic CT even though they specifically avoided cystic change, necrosis and calcification when placing their ROIs on tumors (14). Again, the presence of

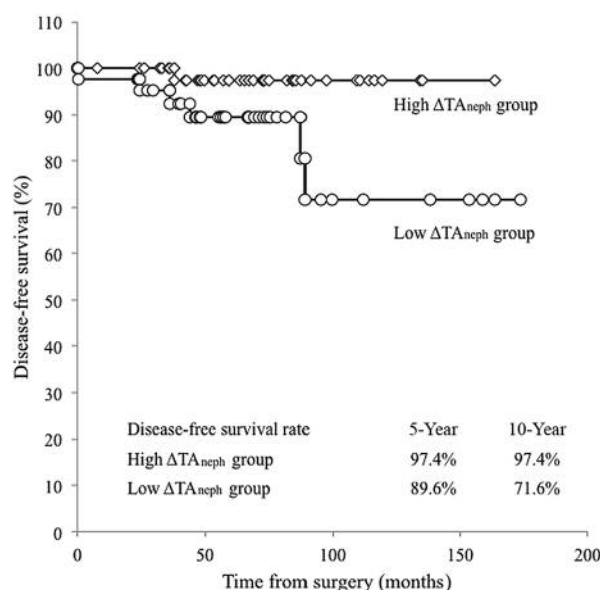


Figure 1. Disease-free survival curves of patients with clear cell renal cell carcinoma (ccRCC) according to $TA_{neph} - TA_{pre}$ (ΔTA_{neph}). The median value of ΔTA_{neph} in 88 ccRCCs was 86 HU. Based on this value, ccRCCs were divided into two groups: high ΔTA_{neph} group (≥ 86 HU) and low ΔTA_{neph} group (< 86 HU). The disease-free survival rate of the high ΔTA_{neph} group was significantly higher than that of the low ΔTA_{neph} group ($p < 0.05$). TA_{pre} , TA_{neph} : Pre-contrast and nephrographic phase tumor attenuation, respectively.

histological tumor necrosis is reported to represent an independent predictor with respect to metastasis-free and overall survival in patients with clear cell and papillary RCC (9). These reports support our hypothesis regarding the prognostic significance of tumor enhancement in the nephrographic phase. Although minute and scattered necrosis in a tumor may be correlated with worse tumor grade (21), the Fuhrman grade itself was not a predictive factor in the present study. We consider that ΔTA_{neph} may reflect minute and scattered necrosis in a tumor rather than tumor vascularity and fibrous stroma. Veeratterapillay *et al.* (14) proposed maximum contrast enhancement in the corticomedullary phase as a prognostic factor of ccRCC. Because our patient population and analysis approach were different from theirs, it is difficult to state which parameter is more useful in this regard.

Tumor size has been reported to be a prognostic factor for ccRCC (22). Tumor size and age at diagnosis were reported as prognostic factors at T1 stage (23-25). The present study, however, showed no significant correlation between tumor size and recurrence after surgery although tumor size tended to be correlated with disease-free survival. Our findings suggest that tumor enhancement in the nephrographic phase is of greater value than tumor size for prediction of

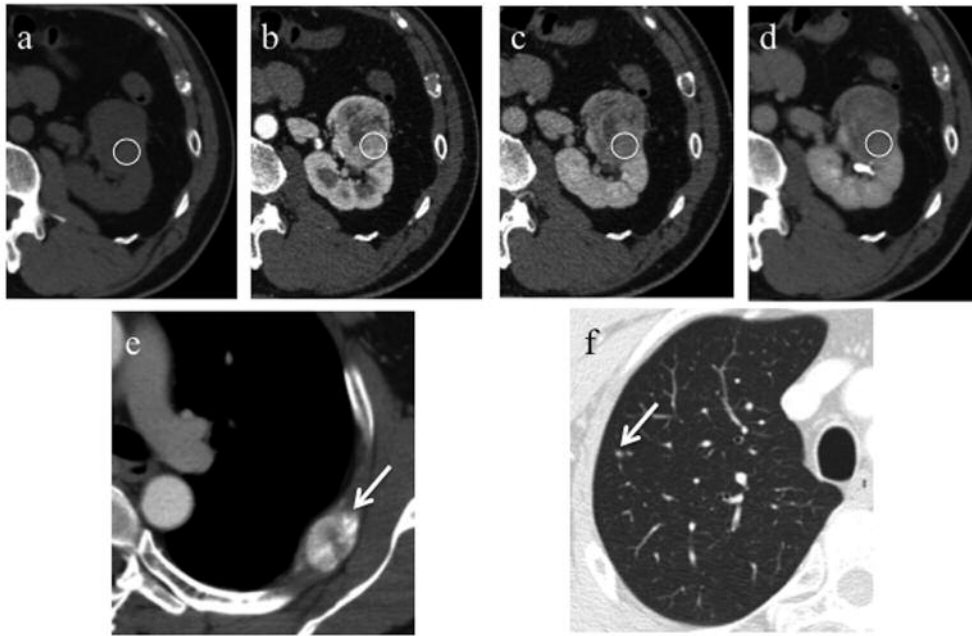


Figure 2. Pre-contrast (a), corticomedullary phase (b), nephrographic phase (c), excretory phase (d), and postoperative (e and f) chest computed tomography (CT) for a 58-year-old female with 3.8-cm clear cell renal cell carcinoma showing low $TA_{neph} - TA_{pre}$ (ΔTA_{neph}). Preoperative dynamic CT revealed a heterogeneously enhanced mass in the left kidney (a-d). On each image, a region of interest was placed to cover as much of the solid region of the mass as possible, while avoiding hemorrhage, degeneration and necrosis. The TA_{pre} , TA_{cor} , TA_{neph} and TA_{ex} values were 47.7, 181.6, 120.5 and 100.9 HU, respectively. ΔTA_{neph} was 72.8 HU. Chest CT 44.1 months after surgery showed lung (e) and bone (f) metastases (arrows). TA_{pre} , TA_{cor} , TA_{neph} , TA_{ex} : Pre-contrast, corticomedullary, nephrographic and excretory phase tumor attenuation, respectively.

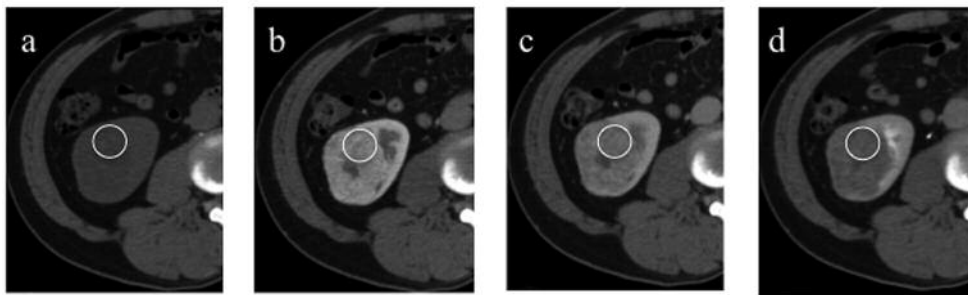


Figure 3. Pre-contrast (a), corticomedullary phase (b), nephrographic phase (c), excretory phase (d) for a 35-year-old male with 5.4-cm clear cell renal cell carcinoma showing high $TA_{neph} - TA_{pre}$ (ΔTA_{neph}). Preoperative dynamic CT revealed a heterogeneously enhanced mass in the right kidney. On each image, a region of interest was placed to cover as much of the solid region of the mass as possible, while avoiding hemorrhage, degeneration and necrosis. The TA_{pre} , TA_{cor} , TA_{neph} and TA_{ex} values were 21.2, 150.3, 110.4 and 76.3 HU, respectively. ΔTA_{neph} was 89.2 HU. This case showed no recurrence 69.0 months after surgery. TA_{pre} , TA_{cor} , TA_{neph} , TA_{ex} : Pre-contrast, corticomedullary, nephrographic and excretory phase tumor attenuation, respectively.

recurrence. This parameter can also be measured and calculated with ease. For data analysis, we used average values of the five radiological parameters measured independently by the two radiologists. Inter-reader agreement of ΔTA_{neph} was excellent. This parameter has high reproducibility and is suitable for practical use.

There are a few limitations to the present study. Firstly, two CT protocols were used for evaluation. This is a problem that occurred due to renewal of CT equipment at our Institution because we collected patients who underwent nephrectomy between January 2001 and May 2013. The scan timing of the corticomedullary phase slightly differed

between the protocols, although the difference was only 3 s. However, since the scan timing of the nephrographic phase was identical, it was assumed there would be no influence on ΔTA_{neph} . Secondly, the amount and injection speed of contrast agent were constant. A different result for $TA_{cor} - TA_{pre}$ can be obtained if they are adjusted based on the body weight of a patient. Thirdly, only a small number of patients (8.0%) showed recurrence after surgery in the present study. This is probably due to our patients our inclusion of patients with pT1 stage ccRCC only. The volume of contrast agent used in daily practice may be insufficient for evaluating tumor enhancement or the vascularity of a large tumor even if the same scan timing is used. To exclude this potentially confounding factor, we decided to focus only on small tumors. Muramaki *et al.* reported that postoperative disease recurrence developed in 5.2% of localized pT1 RCCs (25). The recurrence rate in our study was higher than that. Another reason for this could be that many patients followed-up after surgery at other hospitals were excluded. This might have resulted in selection bias. However, since we enrolled patients from 2001, a long-term follow-up that seemed to be sufficient for analysis of prognosis was obtained for each patient. Fourthly, the number of ccRCCs of Fuhrman grade 3 or more and venous invasion was small. This may also be due to our including patients with pT1 stage ccRCC only. Although the number of patients (88 cases) in our study was relatively large, different results might be obtained with a larger patient cohort.

In conclusion, tumor enhancement in the nephrographic phase was found to be a predictive factor for recurrence after nephrectomy in patients with localized stage T1 ccRCC. The application of dynamic CT before surgery may be useful, not only for the diagnosis of a renal tumor, but also to predict its recurrence after surgery.

Conflicts of Interest

The Authors declare that they have no conflict of interest in regard to this study. No grant or fund supported this work.

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