Review

# Collision Tumors of the Gastrointestinal Tract: A Systematic Review of the Literature

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Abstract. Background/Aim: Collision tumors are rare neoplasms which consist of two or more distinct neoplasms that develop adjacent to one another and coexist with no or minimal intermingling between them. Their diagnosis is often incidental and their behavior remains widely unknown. Several theories have been proposed regarding their pathogenesis. The objective of this study was the evaluation of current evidence on collision tumors of the gastrointestinal tract regarding their pathology, biological behavior and treatment approach. Materials and Methods: The PubMed and Cochrane bibliographical databases were searched from January 1997 to July 2018 (last search: July 5th, 2018) for studies reporting on collision tumors of the gastrointestinal tract that also included a therapeutic approach. Results: Forty-seven studies reporting on collision tumors of the gastrointestinal tract were identified. They reported collectively on 53 cases (43 males, 10 females) with collision

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tumors of the esophagus, stomach, small intestine and large intestine. The vast majority (96.2%) of tumors consisted of two distinct histological components and only two cases involved a greater number of histological subtypes. Fifty-one patients underwent a surgical or endoscopic tumor resection, accompanied in 22 cases by adjuvant or neoadjuvant therapy. The remaining two patients underwent palliative operations. In total, three patients experienced immediate postoperative complications. Conclusion: Collision tumors of the gastrointestinal tract, despite their rare nature, constitute a quite interesting field of study. This review offers a thorough insight into the clinicopathological characteristics and biological behavior of these rare tumors.

Collision tumors (CTs) are composed of two neighboring independent neoplasms that coexist with no, or minimal intermingling between them (1-5). They are extremely rare and are usually found randomly during pathological evaluation of surgically excised specimens (3). They are more frequently encountered in the crania, lung, gastroesophageal junction, liver, rectum, bladder and uterus (6-8). Taking into account the rare nature of CTs, their behavior and treatment options remain a largely uninvestigated topic, with the only available data originating from case reports and small case series.

CTs belong to a large family of mixed neoplasms consisting of two or more cell populations (9). This category also includes composite tumors, carcinosarcomas and amphicrine tumors. Despite the existence of several diagnostic criteria, sometimes the differences between these

Table I. Detailed characteristics of included cases.

Site	Number of cases	Males N (%)	Mean age±SD, years	Location, N (%)	Treatment, N (%)
Esophagus	17	15 (88.2%)	61.29±6.68	Lower: 9 (52.9%)	Total esophagectomy: 7 (41.2%)
				Middle: 7 (41.2%)	Subtotal esophagectomy: 9 (52.9%)
				Upper: 1 (5.9%)	Esophageal bypass: 1 (5.9%)
Stomach	20	15 (75%)	65±16.82	Body: 12 (60%)	Total gastrectomy: 6 (30%)
				Cardia: 5 (25%)	Subtotal gastrectomy: 12 (60%)
				Fundus: 1 (5%)	Endoscopic resection: 1 (5%)
				Fundus-body juncture: 1 (5%)	Palliative gastrojejunostomy: 1 (5%)
				Whipple remnant: 1 (5%)	
Small intestine	2	2 (100%)	59±18.39	Duodenum: 2 (100%)	Surgical resection: 2 (100%)
Large intestine	14	11 (78.6%)	64.07±17.68	Appendix: 4 (28.6%)	Surgical resection: 14 (100%)
				Cecum: 2 (14.3%)	
				Transverse colon: 2 (14.3%)	
				Sigmoid colon: 2 (14.3%)	
				Rectosigmoid colon: 2 (14.3%)	
				Ascending colon: 1 (7.1%)	
				Hepatic flexure: 1 (7.1%)	

types are minimal and it is difficult to distinguish between them (1, 10, 11). This is why many researchers use all the above terms interchangeably.

The pathogenesis of CT is not widely investigated and remains a controversial issue. Some studies indicate that these neoplasms come from a common progenitor cell that afterwards differentiates into two cell types which maintain their own individual characteristics (11, 12). Another proposed theory is that malignant transformations and changes in the local microenvironment of an original tumor promote the development of a second distinct tumor adjacent to it (13). On the other hand, other researchers suggest that CTs develop due to the effect of a carcinogenic stimulus on two neighboring regions of mucosa resulting in coexistence of two distinct neoplasms that later collide and possibly expand into each other (14-16).

The aim of this article was to systematically review the current evidence of published studies reporting on CT of the gastrointestinal tract and evaluate their pathology, treatment options and biological behavior.

#### Materials and Methods

This systematic review was carried out in accordance with the Preferred Reporting Items for Systematic Reviews and Meta Analyses (PRISMA) guidelines (17). Eligible articles were identified by a search of PubMed and Cochrane bibliographical databases for the period from January 1997 to July 2018 (last search: July 5th, 2018). Two investigators (DS, IK) working independently executed a thorough search using the following key words in all possible combinations: "collision tumor", "composite tumor", "carcinosarcoma", "amphicrine neoplasm", "gastrointestinal tract", "esophagus", "stomach", "colon" and "intestine". In addition,

all the references of relevant articles that our search retrieved were checked. Any disagreements were resolved by consensus agreement by a third reviewer (AM).

In this systematic review, all English-language articles of the past two decades reporting only on CT of the gastrointestinal tract that also received some kind of treatment were included. We defined CT as consisting of two or more neighboring independent neoplasms which had no intermingling between them. Articles not written in English, published more than 20 years ago, animal studies, studies not reporting data for each patient separately, and articles not reporting any kind of treatment were excluded from this systematic review.

Data were extracted regarding age, sex and symptoms of the patient, affected organ, specific location, pathology of the tumor and lymph node infiltration. Data were also collected concerning type of treatment, 30-day post treatment complications and mortality, as well as disease-free period, local recurrence time, time to occurrence of distant metastasis and time of death after treatment.

Furthermore, a statistical analysis of the outcomes was performed by tabulating and then analyzing them using IBM SPSS Statistics for Windows, Version 24.0. (IBM Corp. Armonk, NY, USA).

#### Results

The literature search yielded 1,233 articles. Forty-seven met our inclusion criteria (15 for esophagus, 18 for stomach, two for small intestine, 11 for large intestine and one case series for both stomach and large intestine) and were included in this systematic review. The trial flow diagram is shown in Figure 1. They reported collectively on 53 patients with CT of the gastrointestinal tract. Characteristics of all cases included are summarized in Table I.

More specifically, as far as esophageal CTs are concerned, 17 cases (15 men and two women) with a mean age of 61.29±6.68 (mean, SD) years were collected. Their main symptoms included dysphagia, chest discomfort or pain and

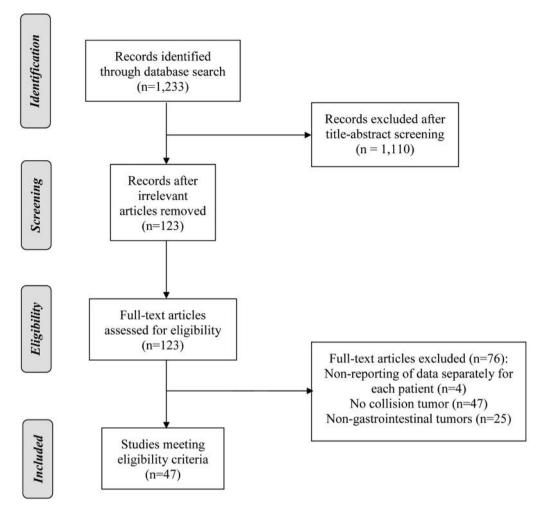


Figure 1. Trial flow diagram of this systematic review.

weigh loss. Only one patient had no symptoms. The majority of cases (52.9%) were located at the lower third of the esophagus, 41.2% were located at the middle third and only one CT (5.9%) was located at the upper third. The most common component of CT was squamous cell carcinoma, which was present at 82.4% of the cases, followed by adenocarcinoma, which was encountered in 35.3% of patients. Undifferentiated sarcoma and small cell carcinoma had a frequency of 29.4%. Detailed pathology of all esophageal CTs is shown in Table II. Regional lymph nodes were infiltrated in 47.1% of the cases, originating mainly from the carcinomatous element, but there was no report of a collision infiltration pattern. All 17 patients were surgically treated. Nine underwent subtotal esophagectomy, seven underwent total esophagectomy and one patient had an esophageal bypass. Three patients received neoadjuvant therapy and nine received adjuvant therapy. No immediate postoperative complications or death were reported. The median disease-free period was 18 (range=6-72) months. Four patients had local recurrence or distant metastasis within 12 months following surgery. Finally, four patients died during the follow-up period, at a median of 12.5 (range=8-17) months.

With regards to the stomach, there were 20 patients (15 men and five women) with a mean±SD age of 65±16.82 years. Their main symptomatology included epigastric discomfort or pain, dysphagia, anorexia and weigh loss. Twelve cases (60%) were located at the body of the stomach, five (25%) were located at the cardia and the remaining three cases were found at the fundus, fundus-body juncture and at the stomach remnant following a Whipple's operation respectively. Gastric adenocarcinoma was the commonest histological component, being present in 85% of the cases, followed by gastrointestinal stromal tumor, which was encountered in 30% of the cases.

Table II. Detailed pathology of esophageal collision tumors.

Author (Ref)	Well- differentiated adeno- carci- noma	Moderately differentiated adeno- carci- noma	Poorly cohesive adeno- carci- noma	Small cell carci- noma	Large cell carci- noma	Squamous cell carci- noma	Adenoid cystic carci- noma	Neuro- endocrine carci- noma	GIST	Un- differentiated sarcoma	Leiomyo- sarcoma		Total number of histological components
Schizas	-	+	+	+	_	-	-	-	-	-	-	-	3
et al. (21) Yao													2
et al. (58)	_	_	_	_	_	+	_	_	_	_	+	_	2
Qian	_	_	_	_	_	+	_	_	+	_	_	_	2
et al. (59)													
Wang	-	-	-	+	-	+	_	_	-	-	_	_	2
et al. (29)													
Wang	_	-	-	+	-	+	-	_	_	_	-	_	2
et al. (29)													2
Wang <i>et al.</i> (29)	_	_	_	-	-	+	+	_	_	_	_	_	2
Matsutani	_	_	_	_	_	+	_	_	_	+	_	_	2
et al. (22)						т				т			2
Adachi	_	_	_	_	_	+	_	+	_	_	_	_	2
et al. (35)													
Li	_	-	-	+	-	+	-	_	_	_	_	_	2
et al. (31)													
Zhao	_	-	-	-	-	+	-	_	-	+	_	-	2
et al. (60)													2
Akagi et al. (61)	_	_	_	-	-	+	-	_	_	+	_	_	2
Bibeau	+	_	_	+	_	_	_	_	_	_	_	_	2
et al. (27)	•			'									2
Sanada	_	_	_	_	_	+	_	_	_	+	_	_	2
et al. (33)													
Iwaya	_	-	-	-	-	+	-	_	_	_	_	+	2
et al. (32)													
Nakagawa	+	-	-	-	-	+	-	-	-	_	-	-	2
et al. (62)													2
Wilson et al. (63)	+	_	_	-	+	_	_	_	-	_	_	_	2
Robertson	+	_	_	_	_	+	_	+	_	+	_	_	4
et al. (64) Total	4 (23.5%)	1 (5.9%)	1 (5.9%):	5 (29.49	%)1 (5.9	9%)14 (82.	4%)1 (5.9	9%)2 (11.8	%)1 (5	5.9%)5 (29.4%	6)1 (5.9%)	1 (5.9%)	37

GIST: Gastrointestinal stromal tumor.

Table III presents detailed pathology of each case. In 12 cases reported lymph nodes metastases were reported, with the majority of them arising from the adenocarcinoma component. Two of them presented a biphasic pattern of infiltration originating in both cases from gastric adenocarcinoma in combination with spindle cell sarcoma in one case and with lymphoma in the other case (18, 19). Eighteen CTs (90%) were surgically resected, 12 patients underwent total gastrectomy and six patients had a subtotal gastrectomy. Furthermore, one CT was endoscopically resected and one patient underwent only palliative gastrojejunostomy due to the extended and invasive character of the tumor. Four patients received adjuvant therapy

and one had neoadjuvant therapy. Three patients experienced postoperative complications and one died on the 24th postoperative day. Data for the disease-free period were only available for four patients and were 6, 18, 24 and 36 months following tumor resection. There were no data available for local recurrence. Two patients had distant metastases at 7 and 17 months following surgery and five patients died 3 to 32 months (median=7 months) postoperatively.

With regards to the small intestine, only two cases (both men) were retrieved. Patients were 46 and 72 years old. One experienced loss of appetite and the other one had jaundice. CT in one case was located at the ampulla of Vater and in the

Table III. Detailed pathology of stomach collision tumors.

Author (Ref) d	Well- lifferentiated adeno- carci- noma	Well- Moderately Poorly Tubular differentiated differentiated differentiated adenoadeno- adeno- carcicarci- carcicarci- carcicarci- noma noma	Poorly lifferentiated adeno- carci- noma		Adeno- So carcinoma (not specified)	Squamous Small cell cell carci- carci- noma noma		Large N cell enc carci- c noma r	Neuro- Chorio endocrine carci- carci- noma noma	Neuro- Chorio-Carci- ndocrine carci- noid carci- noma noma		GIST Inflammatory myofibro blastic tumor	Spindle ] cell sarcoma		Non- L Hodgkin Iymph- oma	Lymph-Imma- oma ture tera- toma		Total number of histological compo- nents
Kuroda	ı	ı	ı	ı	+	ı	ı	1	ı	1	I	I	+	ı	ı	1	ı	2
et al. (65)											-							c
Kitagawa et al. (66)	I	I	ı	I	I	I	I	I	I	ı	+	I	ı	+	I	I	I	7
Fukuda	I	I	I	I	I	ı	+	ı	ı	+	1	I	I	I	ı	I	ı	2
et al. (43)																		,
Takahashi at al (67)	+	I	I	+	I	I	I	I	I	ı	1	I	I	I	I	I	I	7
et at. (07) Payet	I	I	I	+	ı	I	I	+	I	ı		I	ı	I	I	I	I	2
<i>et al.</i> (68) Shin	I	I	ı	ı	ı	I	ı	I	I	ı	+	+	ı	1	I	1	ı	7
et al. (42)																		
Erkol	I	ı	ı	I	I	+	I	ı	+	1	1	I	ı	I	I	I	ı	7
<i>et at.</i> (69) Gohongi	I	I	ı	+	I	I	I	ı	I	ı		I	+	ı	I	I	ı	6
et al. (19)				-									-					1
Unal	I	+	I	I	I	I	ı	I	1	+	1	I	I	ı	I	1	1	7
et al. (37) Bhattacharya	l l	+	I	I	ı	I	ı	ı	I	ı		I	I	I	+	I	ı	2
et al. (9) Bhattacharva	I	ı	ı	ı	+	ı	ı	I	ı	ı		ı	ı	I	+	ı	ı	c
et al. (9)	•				-										-			1
Govender	I	I	+	Ι	I	I	I	ı	ı	1	1	I	I	ı	I	I	+	7
et al. (/U) Lee	I	ı	+	I	I	I	+	ı	ı	ı		I	I	I	I	I	ı	2
et al. (71)			-															1
Jang et al. (72)	+	I	I	I	I	I	I	+	I	ı	1	I	I	I	I	I	1	2
Bi	+	ı	ı	I	I	I	I	1	ı	1	+	I	ı	I	I	I	1	2
et al. (73)																		
Idema	I	Ι	ı	I	+	I	I	I	ı	ı	+	I	I	I	I	I	ı	7
Strofilas	ı	ı	ı	ı	+	I	ı	ı	1	- 1	1	I	ı	ı	ı	+	ı	2
et al. (18)																		
Katsoulis	I	I	+	I	I	I	I	I	I	1	+	I	I	I	I	ı	I	7
et at. (13) Liu	I	ı	ı	1	+	I	I	ı	ı	1	+	I	ı	I	I	ı	1	2
et al. (76)																		c
Manabe et al. (77)	I	I	I	I	+	I	I	I	ı	 	1	I	I	I	I	+	I	7
Total	3 (15%)	2 (10%)	3 (15%)	3 (15%)	(%08)	1 (5%) 2	(10%) 2	(10%) 1	(5%) 1	(5%) 1 (5	(%) 6 (309	$2 \; (10\%) \; 2 \; (10\%) \; 1 \; (5\%) \; 1 \; (5\%) \; 1 \; (5\%) \; 6 \; (30\%) \; 1 \; (5\%)$	2 (10%)	1 (5%)	2 (10%) 2 (10%) 1 (5%)	(10%)1	(2%)	94

GIST: Gastrointestinal stromal tumor.

other at the duodenum on the opposite site from the ampulla of Vater. Both CTs consisted of tubular adenocarcinoma and spindle cell sarcoma and were surgically resected. One case had lymph node involvement, with only the adenocarcinoma component being present. One patient received adjuvant therapy and experienced no postoperative complications. This patient was disease-free at 9 months following surgery. There were no data available for the other patient.

Finally, as far as the large intestine is concerned, 14 cases (11 men and three women) were collected and they had a mean±SD age of 64.07±17.68 years. Their main symptoms were abdominal pain, anorexia, nausea and vomiting. Two patients were asymptomatic. Four cases (28.6%) were located at the appendix. CTs were found in the cecum, transverse colon, sigmoid colon and rectosigmoid juncture in two cases each. Additionally, one tumor was found at the ascending colon and another one at the hepatic flexure. The most common histological component was adenocarcinoma, which was present in 78.6% of the cases. Carcinoid followed in frequency and was present in 35.7% of the patients. Detailed histological data of the aforementioned CTs of the large intestine are shown in Table IV. Ten cases reported on lymph node infiltration, with intestinal adenocarcinoma being the leading histological element. One case presented a colliding pattern of infiltration from adenocarcinoma and B-cell lymphoma (20). All fourteen cases were surgically treated, seven of them (50%) received adjuvant therapy and no patient received neoadjuvant therapy. No postoperative complications or deaths were reported. Three patients were disease-free at 14, 24 and 60 months after surgery. One patient had local recurrence at 36 months and one patient had distant metastases 6 months postoperatively. Two patients died at 6 and 8 months after surgery.

### Discussion

CTs are rare neoplasms consisting of two or more distinct neoplasms that develop in juxtaposition to one another and which have no or only minimal intermingling between them (3, 5, 21). Their preoperative diagnosis is often incidental, as they have no special radiological or clinical features and preoperative biopsy usually involves only one histological component of the tumor (3, 22-24). However, their presence significantly alters the biological behavior of the tumor and treatment options should be adjusted accordingly (2). It is reported that the effect of one histological component on the behavior of the other increases the complexity of the therapeutic approach (25, 26). Some studies suggest that treatment should aim at the more aggressive element of the CT (27, 28). Nonetheless, given their rare nature, no definitive guidelines are currently available. To our knowledge, this is the first systematic review of CTs of the gastrointestinal tract which included a treatment approach.

CTs of the esophagus are extremely rare and our literature

search yielded only 17 cases published over the past two decades. The vast majority of the cases (75%) developed in patients over 56 years old. Wang et al. suggested that CTs, like common esophageal cancer, appear more often in men, which was also the case in our study, with 88% of the cases developing in men (29, 30). Several researchers agreed that they are usually located at the lower third of the esophagus (29, 31, 32). Our findings are in accordance with that statement, with 52.9% of the cases located at the distal third of the esophagus. The middle third was the second location in frequency, with 41.2% of the cases being located there. Similarly to common esophageal cancer, the most prominent symptoms include dysphagia and retrosternal discomfort or pain (33). Like common esophageal cancer, squamous cell carcinoma was present in the majority of cases (82.4%), with alcohol consumption and tobacco use being the major risk factors (34, 35). Other commonly encountered histological types include adenocarcinoma (35.3%), undifferentiated sarcoma (29.4%) and small cell carcinoma (29.4%). Esophagectomy (total or subtotal) is the optimal treatment option for these cases, but the unique nature of theses tumors requires a more aggressive oncological approach (21). All our cases were surgically treated, with the majority of them undergoing subtotal esophagectomy. Additionally, nine patients received adjuvant therapy and three patients received neoadjuvant therapy. Available data on postoperative course and follow up were extremely limited, but no immediate postoperative complication or death was recorded. The disease-free period ranged from 6 to 72 months and time to local recurrence or distant metastasis from 3 to 42 months. Four patients died 8 to 17 months following surgery.

Furthermore, CTs of the stomach are also a rare entity, with only 20 cases published during the past 20 years. Their time of development is similar to those of the esophagus, with 75% of the cases appearing in patients over 54 years old. These tumors appear more often in men (75% at our study) similarly to gastric adenocarcinoma (36). Several studies agree that the majority of these tumors are located in the body of the stomach (37-39). Our findings are in accordance with these studies, with 60% of the tumors located at the body. The cardia was the second location in frequency, at 25% of the cases. The main symptoms of these tumors include epigastric pain or discomfort, nausea, vomiting, anorexia and weight loss, and are similar to those of other gastric cancer (40). Gastric adenocarcinomas are the most common histopathological type of gastric tumors and this was also the case in our study, where different types of adenocarcinoma were the most common component (85%) (41). Gastrointestinal stromal tumor was also present in 30% of the cases. Gohondi et al. suggested that gastrectomy along with radiation therapy might be the optimal treatment option for gastric carcinosarcomas (19). The vast majority of the cases (90%) in our review underwent gastrectomy (total or

Table IV. Detailed pathology of large intestine collision tumors.

Total number of histological components	2		2	2		2		2		2	•	2		2		2		2		2		2		2		2	28	
Follicular lymphoma	ı		I	ı		+		I		I		I		I		ı		I		ı		+		I		I	2 (14.3%)	
B-Cell lymphoma	+		I	I		I		I		I		I		I		+		I		I		I		I		I	2 (14.3%)	
Schwann cell hamartoma	ı		ı	+		I		ı		ı		Ι		I		1		I		ı		I		I		I	1 (7.1%)	
Leiomyo- sarcoma	ı		+	ı		ı		I		1		I		I		I		I		I		I		I		I	1 (7.1%)	
Carcinoid Leiomyo- sarcoma	ı		I	ı		ı		+		+		I		I		ı		+		+		I		I		+	2 (14.3%) 5 (35.7%) 1 (7.1%)	
Large cell carcinoma	I		I	I		I		I		1		+		I		1		I		I		I		+		1	2 (14.3%)	
Neuroendocrine carcinoma (not specified type)	ı		I	+		1		ı		1		I		+		1		I		I		ı		I		I	2 (14.3%)	
Appendiceal mucinous neoplasm	I		I	I		I		+		+		I		ı		1		I		I		I		I		I	2 (14.3%)	
Adeno- carcinoma (not specified type)	+		I	I		+		I		1		Ι		I		1		+		I		+		I		+	5 (35.7%)	
Mucinous adeno- carcinoma	I		I	ı		I		I		1		I		+		1		I		+		I		I		I	2 (14.3%)	
Poorly differentiated adeno- carcinoma	I		+	ı		I		I		I		I		I		I		I		I		I		+		1	2 (14.3%) 2 (14.3%)	
Moderately differentiated adeno- carcinoma	ı		ı	ı		I		I		I		+		I		+		I		I		ı		I		1	2 (14.3%)	
Author (Ref)	Soto	et al. (78)	Kim	et at. (32) Meeks	et al. (47)	Kus	et al. (79)	Tan	et al. (80)	Tan	et al. (80)	Minaya-Bravo	et al. (2)	Mesina	et al. (50)	Lin	et al. (20)	Bhattacharya	et al. (9)	Singh	et al. (49)	Sasaki	et al. (46)	Duffy	et al. (51)	Olinici	Total	

subtotal). On the other hand, only three patients received adjuvant therapy and only one had neoadjuvant therapy. Given their rare nature, it is challenging to determine the behavior of CTs, but it is suggested that they have a greater risk for metastasis (42). Moreover, in adenocarcinoid CT, their progression seems to depend on the glandular component (9). Available data on their behavior are too limited to be able to reach safe conclusions. However, it is noted that three patients had postoperative complications and one died on the 24th postoperative day due to multiple organ failure (43). The disease-free period ranged from 3 to 36 months. No data were available for local recurrence. Two patients developed metastases 7 and 17 months following surgery and five patients died 3 to 32 months after tumor resection.

Finally, CTs of the small and large intestine are also rare and our literature search yielded only 16 cases. Small intestine adenocarcinoma and colorectal cancer are more often encountered in men (44, 45). This was also the case for our study findings with 81.3% of the CTs appearing in men. Moreover, the vast majority (75%) of the patients were over 52 years old. Both small intestine CTs were located at the duodenum. There is no prevailing location for the development of CT of the large intestine, as they can appear anywhere from the cecum to the rectum. However, our findings suggest that there is a slightly increased tendency for the appendix, where 28.6% of the cases were found. The majority of patients present with varied symptoms (46). Depending on the location of the CT, these include abdominal pain, nausea, vomiting, weight loss and constipation (47). Most carcinomas of the duodenum are well- to moderately differentiated adenocarcinoma (48). Both the cases found in our study consisted of tubular adenocarcinoma and spindle cell sarcoma. Most frequent components of large intestine CT include adenocarcinoma and carcinoid (49, 50). Duffy et al. suggested that management options should be more aggressive concerning CT with major neuroendocrine components (51). Given their rare nature, CTs of the colon do not have standards for treatment and prognosis (52). All the patients in our study underwent surgical removal of their tumors. Additionally, 50% received adjuvant therapy, but none received neoadjuvant therapy. The prognosis of CT of the small and large intestine is debatable and they tend to have an aggressive behavior (49, 53). It is not yet clarified if their biological behavior depends on the larger or the more aggressive component of the CT (50). The available data on postoperative follow-up were once again limited. No postoperative complications or death were stated in the studies included here. The disease-free period ranged from 9 to 60 months, one patient had local recurrence at 36 months and one had distant metastases at 6 months. Two patients died, at 6 and 8 months after tumor removal.

Pathogenesis of CT is unknown. Several theories have been proposed, yet none of them is satisfactory (47). The oldest and most simplistic theory is accidental meeting of two neoplasms developing independently and finally colliding. This theory is adopted by older reports and offers no particular explanations for the collision pattern (54, 55). However, as the synchronous occurrence of distinct cancers is rare but has been documented, this theory cannot be completely refuted.

A different theory is the common carcinogen or field theory. According to this theory, a common carcinogen induces synchronous and close development of distinct neoplasms that finally collide. Such agents are *Helicobacter pylori*, Epstein–Barr virus and certain chemicals (18). This theory is very appealing for explanation of synchronous gastric cancers, as *H. pylori* is known to induce both gastric adenocarcinoma and lymphoma, and *N*-methyl-*N*-nitro-*N*-nitrosoguanide both gastric adenocarcinoma and leimyosarcoma (10), yet it does not explain the collision pattern and is not applicable to other organs.

A third theory states that development of a tumor induces development of an adjacent one through secretion of potential carcinogens such as gastrin (56) or granulocyte colonystimulating factor (57). This theory lacks experimental data.

The aforementioned theories assume two different neoplasms that ultimately interact and form a collision pattern. Yet newer data indicate a common cell for CT that differentiates into two distinct types during tumorigenesis. Milne *et al.* performed p53 and loss of heterozygosity analysis in cell components of two collision and three composite tumors and proved that both the collision and the two composite neoplasms shared the same mutations (11). This indicates a common cell origin and differentiation at an early stage of tumorigenesis. Fukui *et al.* performed a similar study on neuroendocrine–gastric adenocarcinoma CT and had similar results (12). Furthermore, they found additional p53 mutations at distal parts of the tumor. The common cell origin theory well explains rare cases of lymph node metastases presenting a collision pattern (54).

Another interesting field of research which can critically affect the therapeutic approach of CT is the infiltration pattern of lymph nodes. The majority of cases have metastases deriving from only one of their histological elements. However, several studies reported a biphasic pattern of infiltration, where both components of the CT coexisted (18-20, 54, 55). A possible explanation could be that metastasis took place before the final differentiation of the distinct histological subtypes (10). There are also cases in which each of the components metastasized to different lymph node groups (29, 31).

## Conclusion

CT of the gastrointestinal tract represent a limited, yet quite interesting, field of research. Specific follow-up protocol

needs to be addressed in order to define the optimal treatment options for these neoplasms. All clinicians should not only be aware of these rare entities, but are also encouraged to consistently report such cases in order to enhance the available literature, thereby enabling more solid conclusions to be drawn.

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