# Cyclooxygenase-2 Inhibition Enhances Proliferation of NKT Cells Derived from Patients with Laryngeal Cancer

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**Abstract.** Background/Aim: The aim of this study was to analyze whether inhibition of cyclooxygenase-2 by celecoxib and the subsequent enhancement in the proliferation of natural killer T (NKT) cells could play a role in dendritic cell (DC)-based laryngeal cancer (LC) immunotherapy. Patients and Methods: Peripheral blood mononuclear cells were obtained from 48 male patients diagnosed with LC and 30 control patients without cancer disease. Neoplastic cell lysate preparations were made from cancer tissues obtained after surgery and used for in vitro DCs generation. NKT cells proliferation assay was performed based on <sup>3</sup>H-thymidine incorporation assay. Results: An increased proliferation of NKT cells was obtained from control patients compared to NKT cells obtained from LC patients regardless of the type of stimulation or treatment. In the patient group diagnosed with LC, COX-2 inhibition resulted in a significantly enhanced proliferation of NKT cells when stimulated with autologous DCs than NKT cells stimulated with DCs without COX-2 inhibition. These correlations were not present in the control group. Higher proliferation rate of NKT cells was also observed in non-metastatic and highly differentiated LC, which was independent of the type of stimulation or treatment. Conclusion: COX-2 inhibition could be regarded as immunotherapy-enhancing tool in patients with LC.

Increasing morbidity and unsatisfactory treatment efficacy of laryngeal carcinoma (LC)-bearing patients require the development of new more effective therapy schemes, including immunotherapy with the use of dendritic cells (DCs) (1, 2).

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Unfortunately, due to the complexity of DCs biology, and the fact that influence of cancer antigens on DCs functions is not fully established as well as interactions between various types of immune cells, an optimal method of treatment with DCs in LC patients has not been yet developed (3, 4).

Up-regulation of tumor cyclooxygenase 2 (COX-2) has been described in several malignancies including squamous cell carcinoma of the head and neck (HNSCC) (5, 6). COX-2 plays an important role in cancer progression by increasing cancer cells proliferation, reducing apoptosis, promoting local tumor invasiveness and angiogenesis (7). Recent studies have emphasized the influence of tumor-derived COX-2 on induction and accumulation of different types of immune suppressor cells including T regulatory cells (Treg) (8).

Natural killer T (NKT) cells are a subpopulation of immunoregulatory T cells that bridge innate and adaptive immune responses (9). NKT cells respond to stimulation and acquire cytotoxic properties under the influence of cytokines including IL-12 (10), released by DCs and macrophages in the presence of CD1d complex (11). Recent findings indicated that DCs are particularly potent in activating NKT cells and to trigger NKT cell-based innate anticancer immune responses (12, 13).

The aim of this study was to evaluate the effect of COX-2 inhibition on the proliferation of DCs-stimulated NKT cells, derived from LC patients and patients from the control group in order to address the rationale of using these cells in immunotherapy of LC-bearing patients. Additionally, intensity of NKT cell proliferation has also been correlated with clinical and histological features, including TNM classification and histological grade of laryngeal tumors.

# **Patients and Methods**

Patients. A total of 48 male patients diagnosed with squamous cell carcinoma of the larynx and thirty male patients without cancer disease (control group, CG) were selected and included in the study. The diagnosis of cancer was established after histopathological

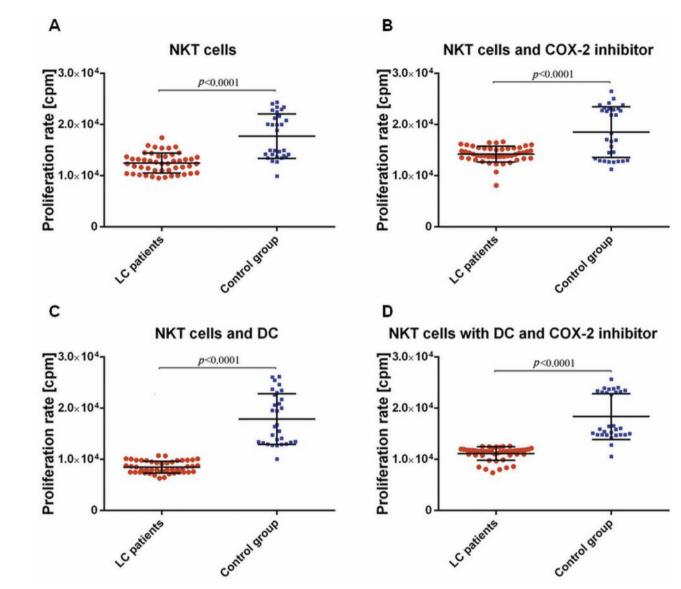


Figure 1. Comparison of proliferation rate of NKT cells in larynx cancer (LC) patients and control group (healthy individuals).

examinations of tumor samples. All LC-bearing patients underwent surgery - total or partial laryngectomy, followed by additional necessary treatment (radiotherapy, chemotherapy). Patients enrolled into the study did not receive any preoperative treatment. None of the LC patients and patients from CG had signs of infection at the time of investigation and for a month before surgery. None of the patients had been taking drugs of known influence on the immune system. None of the LC or CG patients had undergone blood transfusion. Peripheral blood WBC was within the normal range between 4 and 10 G/L. Persons with allergic diseases in anamnesis were excluded from the study. The mean age of LC and CG patients was similar, 62.21±11.98 years (ranging from 44 to 76 years; median 63.5), and 61.14±12.47 (ranging from 43 to 75 years; median 60.25), respectively. A summary of patients' characteristics is presented in Table I. The research protocol was approved by the

local Ethical Committee (No KE-0254/226/2010) and all patients gave written informed consent.

Cell isolation and cell cultures. Isolation of the peripheral blood mononuclear cells, preparation of the neoplastic cell lysates and dendritic cells generation were performed as described in our previous work (1).

NKT cells were isolated from the peripheral blood mononuclear cells from LC and GC patients, using anti-iNKT antibodies coating MicroBeads (Miltenyi Biotec, USA), which enable a positive selection of NKT cells expressing TCR  $V\alpha24$ - $J\alpha18$  and  $V\beta11$ . The separation conditions were analogous to those described previously (1). NKT cells were cultured under standard conditions (37°C, 5% CO2) in RPMI 1640 medium (PAA Laboratories, Austria), enriched with 2% human albumin (Baxter, USA) and supplemented with

Table I. LC patients' characteristics.

Clinical feature	Grading (Histological differentiation of primary tumor)				T classification				Presence of local lymph node metastasis			Presence of distant metastasis	
	G1	G2	G3	T1	T2	Т3	T4	No N0	Yes		No	Yes	
									N1	N2	M0	M1	
Number of patients (n)	16	16	16	10	13	14	11	15	28	5	43	5	

antibiotics: penicillin (100 IU/ml), streptomycin (50 μg/ml), neomycin (100 μg/ml), Germany).

Evaluation of NKT cell proliferation.  $10^6$  NKT cells were incubated for 72 hours with  $1.5~\mu\text{M/ml}$  COX-2 inhibitor (celecoxib, Calbiochem, Germany). NKT cells  $(1\times10^6)$  were also co-incubated with  $(1\times10^4)$  DCs-stimulated with cell lysates derived from LC tumors, and additionally combined with  $1.5~\mu\text{M/ml}$  COX-2 inhibitor. The assessment of the *in vitro* proliferation of NKT cells was conducted using a thymidine incorporation assay (methyl-3 H/Thymidine, Lecomed LtD, Czech Republic) as described previously (14).

Statistical analysis. Statistical analysis was performed using Statistica 9.0 software (StatSoft, USA) using The Mann–Whitney *U*-test and the Wilcoxon matched-pairs signed-ranks test. All results are showed as mean±SEM. *p*-Values lower than 0.05 were considered significant.

### Results

In order to assess the effect of the in vitro generated LCstimulated dendritic cells (LC-DCs) on the proliferation of NKT cells and the influence of the COX-2 inhibitor on this process, equal amounts  $(1\times10^6)$  of NKT cells were treated according to the following combinations: 1) control NKT cells without treatment; 2) NKT cells with COX-2 inhibitor; 3) NKT cells co-stimulated with DCs; and 4) NKT cells co-stimulated with DCs and incubated with COX-2 inhibitor. The same combinations were performed on NKT cells derived from the patients control group. There were no statistically significant differences in NKT cells proliferation derived from the control group of patients regardless of the type of stimulation or treatment. However, control-group NKT cells had a higher proliferation rate than those isolated from LC patients, irrespectively of the treatment (Figure 1).

Analyzing the LC group, a statistically significant decrease of NKT cells proliferation was found when cocultured with generated LC-DCs (p<0.0001) compared to control NKT cells (Figure 2, first and second bar, respectively). This phenomenon was ameliorated, when

#### NKT cells proliferation (larynx cancer patients)

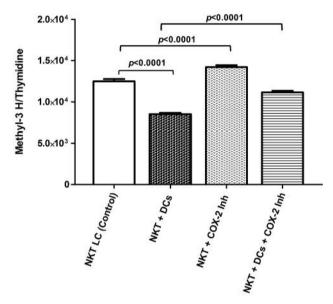


Figure 2. Analysis of NKT cells proliferation of larynx cancer (LC) patients using <sup>3</sup>H-thymidine incorporation assay. Values represent means±SEM.

COX-2 inhibitor celecoxib (COX-2-inh) was added to the LC-DCs stimulated NKT cells (Figure 2, second and fourth bar, respectively), demonstrating that the proliferation of LC-DCs-stimulated NKT cells in the presence of COX-2 inhibitor was significantly higher as compared to NKT cells and DCs without COX-2 inhibition (p<0.0001). Similarly, proliferation of NKT cells (LC patients group) cultured in the presence of COX-2-inh was significantly higher (p<0.0001) than NKT cells (LC patients group) without the inhibitor in the medium (Figure 2, first and third bar, respectively). Detailed data are depicted in Table II. These observations clearly show that COX-2 inhibition resulted in a higher proliferation of NKT cells derived from LC patients, in contrast to control patients.

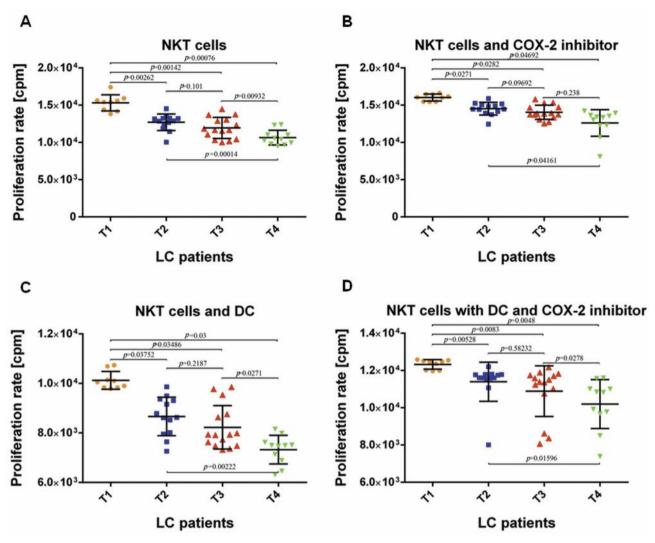


Figure 3. NKT cells proliferation in patients groups according to tumor volume and localisation (T1-T4).

Table II. Analysis of NKT cells proliferation of larynx cancer (LC) patients using 3H-thymidine incorporation assay.

Proliferation rate of NKT cells in cultures [cpm]	Mean±SEM	Median (range)
NKT LC (Control)	12482.96±279.46	12387.00 (9528.91-17428.55)
NKT + DCs	8492.93±166.79	8086.50 (6317.00-10736.49)
NKT + COX-2 Inh	14214.71±225.46	14191.20 (8115.21-16631.70)
NKT + DCs + COX-2 lnh	11136.40±189.65	11598.00 (7391.47-12583.34)

Results represent the mean±SEM. p calculated using Wilcoxon matched pairs test.

Our study also revealed that the NKT cell proliferation intensity was closely related to the clinical settings of LC and was the highest in LC patients in not advanced stages – small laryngeal tumors (T1) or when metastases were not detectable (N0), showing decrease of NKT cells

proliferation along with more advanced stages of the disease (Figures 3 and 4). There were no statistically significant differences of NKT cells proliferation in relation to the tumor localization (glottic, transglottic and supraglottic, data not shown).

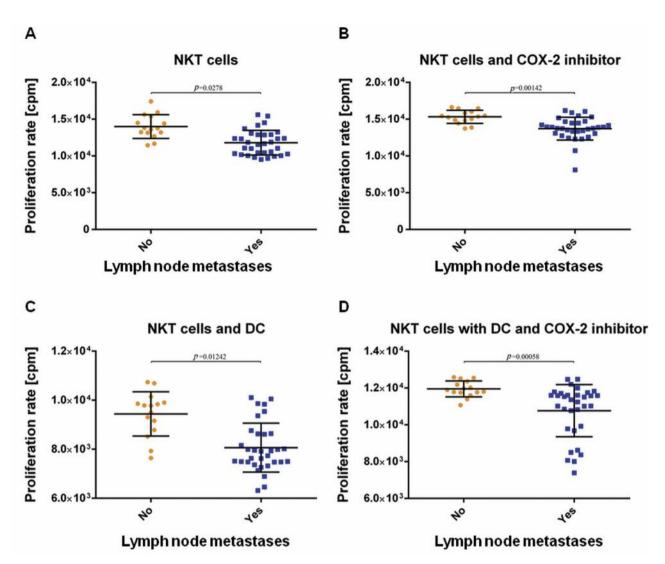


Figure 4. NKT cells proliferation analyzed in patient groups with or without regional lymph node metastasis.

Moreover, LC tumors from patients classified as having a G1 degree of histological differentiation were characterized by the highest NKT cells proliferation rate as compared to G2 and G3 histopathological grading (Figure 5).

# Discussion

Inadequate presentation of tumor antigens by antigen presenting cells (APCs), including DCs, is a known mechanism for tumors to escape the immune defense system (15). Tumor-derived COX-2 and its downstream effectors, adversely affect DCs maturation and function (16), thus impairing the innate immune system reaction to tumor growth. Moreover, in HNSCC patients the number of

myeloid-derived DCs has been described as significantly lower than in controls, which could additionally contribute to the failure in the development of effective antitumor immune responses in these patients (17). DCs-based vaccination trials have been performed for some cancers, however, DCs stimulated solely with tumor cell lysates provided limited immune responses (18). In our study, we observed a decrease of NKT cells proliferation, when coincubated with LC-stimulated DCs. This could suggest that either LC-stimulated DCs are immature and thereby fail to efficiently activate NKT cells, or laryngeal tumor cells do not express positive costimulatory molecules, resulting in impairment of DCs function. Tumor cells often downregulate antigen presentation by antigen loss (19), or produce

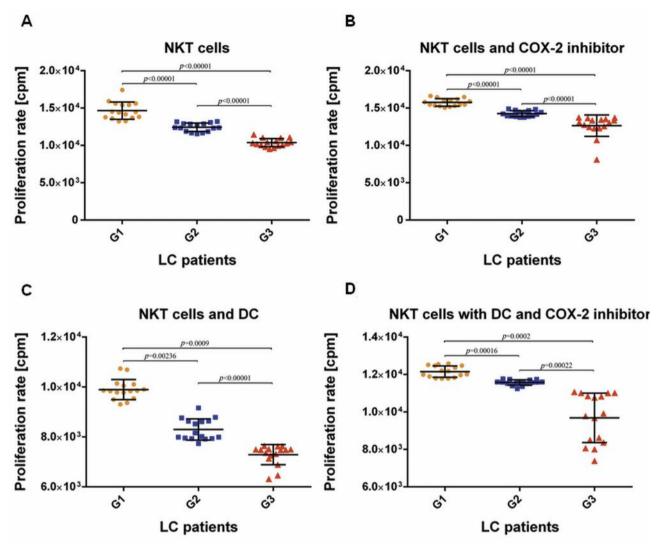


Figure 5. NKT cells proliferation according to histological grading (G1-G3).

high amounts of growth factors (VEGF, IL-6, IL-10,TGF-b, M-CSF) and COX-2, which can impair the differentiation, maturation and function of DCs (20). Interestingly, we observed that inhibition of COX-2 augmented proliferation of NKT cells, which theoretically could improve the efficiency of DCs-NKT-based immunotherapy. NKT cells are indirectly involved in inhibiting tumor angiogenesis and enhancing antigen-specific immune responses (20). On the other hand, NKT cells directly kill tumor cells by an NK-like effector mechanism, based on perforin and granzyme B cytotoxicity (20). In light of facts that diminished the number of circulating NKT cells has been proposed as an independent predictor of poor overall survival and disease-free survival in patients with head and neck squamous cell carcinoma (20). The strategy to increase the amount of NKT

cells by inhibiting COX-2 activity could have a positive value for cancer patients. Independent studies highlighted COX-2 inhibition as a promising therapeutic strategy for head and neck cancer. The administration of COX-2 inhibitor resulted in anticancer effects in HNSCC *via* cellular and molecular mechanisms (21). Moreover, COX-2 inhibitors might play a role in enhancing the effects of radiotherapy or chemotherapeutic drugs in HNSCC (22, 23). On the basis of our results, it seems that DCs-NKT-based immunotherapy could be more effective in not advanced laryngeal cancers since a higher proliferation rate of NKT cells was achieved in non-metastatic and highly differentiated LC. Similar observations were made in patients with progressive multiple myeloma, prostate cancer and other solid tumors showing impairment of function and reduction in number of

peripheral blood NKT cells in more advanced cancers (20). In addition, pharmacological inhibition of tumor COX-2 leads to restoration of DCs function, effective antitumor immune responses (24), and increased susceptibility of colon cancer cells to NK cells treated with celecoxib (25). Thereby, as observed in our study, COX-2 inhibition-mediated increase of NKT cells proliferation ameliorated LC-DCs negative influence, which could play a role in the efficiency of immunotherapy treatment regimens.

In conclusion, our *in vitro* study suggests the use the COX-2 inhibitor in order to increase the effectiveness of vaccines containing DCs in patients with LC. However, additional studies are required to improve DCs-based vaccines therapy before they could be considered as practical alternatives to the existing treatment strategies of laryngeal cancers.

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