

PCA3 Silencing Sensitizes Prostate Cancer Cells to Enzalutamide-mediated Androgen Receptor Blockade

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Abstract. *Background/Aim: Prostate cancer (PCa) is an androgen-dependent disease. Novel anti-androgens (i.e. enzalutamide) have recently been developed for the treatment of patients with metastatic castration-resistant prostate cancer (CRPC). Evidence is accumulating that prostate cancer antigen 3 (PCA3) is involved in androgen receptor (AR) signaling. Here, in combination with enzalutamide-mediated AR blockade, we investigated the effect of PCA3 targeting on the viability of PCa cells. Materials and Methods: In hormone-sensitive LNCaP cells, AR-overexpressing LNCaP-AR⁺ cells and VCaP cells (representing CRPC), PCA3 was silenced using siRNA oligonucleotides. Gene expression and cell viability was assessed in PCA3-silenced and/or AR-blocked cells. Results: PCA3 targeting reduced the expression of AR-related genes (i.e. prostate-specific antigen (PSA) and prostate-specific transcript 1 (non-protein coding) (PCGEM1)) and potentiated the effect of enzalutamide. Proliferation of PCa cells was suppressed upon PCA3 silencing with a greater effect in LNCaP-AR⁺ cells. Furthermore, PCA3 silencing sensitized PCa cells to enzalutamide-induced loss of cell growth. Conclusion: PCA3, as a therapeutic target in PCa, might be used to potentiate AR antagonists.*

Prostate cancer (PCa) is the most commonly diagnosed cancer in men in Western countries. Despite recent reductions in mortality, it continues to be a major cause of cancer-related death (1). PCa is an androgen receptor (AR) pathway-driven and androgen-dependent disease and the suppression of AR by surgical or medical castration results in tumor regression (2). Despite a high response rate with

androgen deprivation, most patients with metastatic disease progress to castration-resistant prostate cancer (CRPC) as a consequence of continuous AR activation (3). Progression to CRPC cuts the expected survival time down to around 16-18 months (4).

Novel anti-androgens have been developed in recent years because androgens and AR signaling represent the main targets of PCa treatment strategies. Of these, enzalutamide (formerly MDV3100) is a non-steroidal second-generation anti-androgen that has been approved for treatment of patients with metastatic CRPC. Enzalutamide inhibits multiple steps of AR signaling: binding of androgens to AR, nuclear translocation of AR and association of AR with DNA (5). It blocks the growth of CRPC in cell model systems (6).

Prostate cancer antigen 3 (PCA3), initially known as differential display code 3 (DD3), is an emerging molecule in PCa. PCA3 gene is located on chromosome 9q21-22 and embedded in antisense orientation within the intronic region of the PRUNE2 gene (7). It encodes a prostate-specific long non-coding RNA (8). PCA3 has been shown to be expressed in much higher levels in cancerous prostate tissues compared with benign prostate tissues (9). Urinary PCA3 has recently been studied extensively for the prediction of prostate biopsy results and treatment outcomes (10).

Recent data revealed that PCA3 is involved in AR signaling because it was induced by androgens (11, 12) and regulates key cancer-related genes in PCa cells (13). Targeting PCA3 expression results in loss of cell growth, supporting the proposal that PCA3 may serve as a target of therapeutic approach to inhibit PCa growth (11, 13). Here, we designed an *in vitro* investigation to study the effect of PCA3 targeting on AR-related genes and the viability of PCa cells, in combination with enzalutamide-mediated AR inhibition.

Materials and Methods

Cell lines and cell culture. We used 3 cell lines: LNCaP, LNCaP-AR⁺ and VCaP cells. The LNCaP cell line is androgen-sensitive and derived from human prostate adenocarcinoma cells from a lymph node metastasis. The LNCaP-AR⁺ cell line is a modified version of

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LNCaP overexpressing AR. VCaP cells are a PCa cell line established from a vertebral metastatic lesion (14). This cell line expresses a wild-type androgen receptor but can grow in an androgen-independent manner, making it an ideal cell line for studying CRPC (14, 15). LNCaP and VCaP cell lines were purchased from ATCC (Rockville, MD, USA), while the LNCaP-AR⁺ cell line was a kind gift of the Charles Sawyers Lab (Memorial Sloan Kettering Cancer Center, New York, NY, USA). LNCaP and LNCaP-AR⁺ were cultured in an RPMI-1640 medium containing NaHCO₃ (3.7 g/l), glucose (1 g/l) and stable glutamine (Biochrom, Berlin, Germany) supplemented with 10% fetal calf serum (FCS) (Biochrom) and antibiotics under standard conditions (37°C and 5% CO₂ humidity). VCaP cells were maintained in DMEM (Biochrom) supplemented with 10% FCS and antibiotics. We confirmed that all 3 cell lines expressed *PCA3*.

Small interfering RNA (siRNA)-mediated *PCA3* knockdown. We used siRNAs, which were previously reported to efficiently target the *PCA3* gene (11). The sequences of the oligonucleotide-targeting *PCA3* exon 4 (si*PCA3*) and negative scramble (SCR) control siRNA (si*SCR*) were as follows: si*PCA3*: 5'-CUAGCACACAGCAUGAUCUUACGG-3' and si*SCR*: 5'-GCACGCUCCUACGAAUGC UAGUAAA-3' (IDT Technologies, Coralville, IA, USA). One day before siRNA transfection, cells were seeded at a density of 2×10⁵ cells in 35×10-mm culture dishes. After 24 h, the medium in the dishes was replaced with 1.5 ml of fresh medium and transfected with 60 nM of each siRNA-targeting *PCA3* or a control siRNA, using Lipofectamine 2000 (Invitrogen, Waltham, MA, USA) according to the manufacturer's protocol. Six hours later, the medium was replaced by fresh growth medium. Cells were then kept in culture up to 36 or 72 h before harvesting for further analysis.

Androgen receptor blockade. In order to inhibit AR, we used a second-generation AR antagonist, enzalutamide (kindly donated by Astellas Inc., Northbrook, IL, USA). To accomplish this, cells were seeded at a density of 2×10⁵ cells in 35×10-mm petri dishes and grown in hormone-free conditions (e.g. charcoal-treated serum) for 3 days. The medium was replaced with fresh medium containing enzalutamide or control (dimethyl sulfoxide (DMSO)) and the cells were then allowed to grow for up to 72 h. Based on pre-experiments, we applied two submaximal doses (500 and/or 5,000 nM) of enzalutamide for different purposes. When *PCA3* silencing and enzalutamide was combined following 3 days of growth in hormone-free milieu, cells were transfected with si*PCA3* or si*SCR* and enzalutamide was added 6 h after transfection at medium replacement.

Irradiation of cells. To investigate whether *PCA3* silencing had an additive effect on survival of irradiated cells, cells were irradiated to total doses of 0 and 5 Gy using a Cobalt-60 c-ray source at a dose rate of 200 cGy/min and kept under standard growth conditions for up to 72 h. If combined with *PCA3* knockdown, cells were irradiated 6 h after transfection at medium replacement.

Analysis of gene expression. Expression of *PCA3* and AR-related genes (prostate-specific antigen (*PSA*), prostate-specific transcript 1 (non-protein coding) (*PCGEM1*), prostate cancer associated non-coding RNA 1 (*PRNCR1*)) was investigated using quantitative real-time polymerase chain reaction (PCR). First, total RNA from cultured cells was extracted using the TriPure Isolation Reagent (Roche, Mannheim, Germany), according to the manufacturers' instructions. Total RNA was used for complementary DNA (cDNA) synthesis

using a First-Strand cDNA Synthesis kit (Thermo Scientific, Waltham, MA, USA), in accordance with the manufacturers' instructions. Expression analysis was performed using a LightCycler 480 instrument (Roche) and SYBR Green (Roche) as the fluorescent molecule. Results were standardized to the housekeeping gene glyceraldehyde 3-phosphate dehydrogenase (*GAPDH*). The PCR program included an initial hot start of 10 min, followed by 45 cycles of amplification. Each cycle consisted of a denaturation step at 95°C for 10 s, annealing starting at 60°C for 20 s and decreasing 2°C every 2 cycles until 55°C, as well as amplification at 72°C for 30 s.

Assessment of cell viability. The viability of PCa cells following *PCA3* silencing and/or AR blockade was evaluated using two different approaches: first, we monitored the growth of PCa cells using real-time cellular analysis with the microelectronic biosensor-based iCELLigence instrument (ACEA Biosciences, San Diego CA, USA). Secondly, we employed a clonogenic assay to evaluate cytotoxicity.

In real-time cellular analysis systems, numeric cell changes affect the local ionic environment at the electrode/solution interface, leading to an increase or decrease in electrode impedance. Data are recorded as impedance change and expressed as a cell index (CI) as a mean of cell proliferation. After determining CI, results were expressed as a percentage of the control cells. For that analysis, 25,000 cells were used. Monitoring of the cells in the instrument began 24 h before transfection. The medium was replaced following transfection and drug was added (6 h); cells were then monitored for up to 72 h (total monitoring period 102 h).

In the colony formation assay, 36 h after transfection and/or drug treatment, cells were harvested and single cell suspensions were prepared. Five thousand cells were re-plated on 35×10-mm Petri dishes and were grown for a further 10-day period. After removing the culture medium and washing, colonies were fixed with glutaraldehyde (6.0% v/v) and stained with crystal violet dye (0.01% (w/v)) for 30 min. The number of colonies were then counted. Plating efficiency and surviving fraction were calculated according to the following formulas:

Plating efficiency = number of colonies counted / number of cells plated

and

Surviving fraction = (number of colonies counted / number of cells plated) / plating efficiency

Measurement of apoptotic cell death. The effect of *PCA3* silencing in combination with AR inhibition or irradiation on cell death rates was assessed using the Cell Death Detection enzyme-linked immunosorbent assay (ELISA) Kit (Roche). In this assay, cytoplasmic levels of mono- and oligonucleosomes that were released into the cytoplasm during apoptosis prior to membrane breakdown are measured. For this assay, we used 15×10⁴ cells and the analysis was performed as previously described (16). In brief, after removing swimming cells from the culture suspension, adherent cells were harvested and cytoplasmic lysates were applied for the measurement.

Statistical analysis. We assessed the results of at least 2 independent cell culture experiments. Changes in gene expression or apoptotic cell death rates relative to basal levels were expressed as 'fold changes' and mean values were statistically compared using the independent-test. Changes in rates of cell viability were expressed

as a percentage of the control cells. All *p*-values <0.05 were considered to be significant.

Results

siRNA-mediated targeting leads to effective PCA3 knockdown. LNCaP, LNCaP-AR⁺ and VCaP cells were transfected with control siRNA (siSCR) or PCA3-targeting siRNA (siPCA3) and PCA3 expression was evaluated 36 h after transfection using qPCR. As illustrated in Figure 1, PCA3 was efficiently suppressed in all 3 cell lines with average rates of 82%, 78% and 79% in LNCaP, LNCaP-AR⁺ and VCaP cells, respectively. The extent of silencing was statistically significant for all cell lines (*p*<0.05).

Enzalutamide-mediated AR blockade mimics siRNA-mediated PCA3 targeting. We were interested whether AR inhibition would have an effect on PCA3 expression. For this, we treated the cells with 500 nM of enzalutamide for 36 h and examined PCA3 expression (Figure 1). Mimicking siRNA-mediated PCA3 targeting, we identified a decline (43% in average) in PCA3 expression following AR inhibition in LNCaP and LNCaP-AR⁺. Unexpectedly, enzalutamide had no effect on PCA3 in VCaP cells. The combination of PCA3 silencing and enzalutamide synergistically suppressed PCA3, further, with the most apparent effect in AR-overexpressing LNCaP-AR⁺ cells (*p*<0.05) (Figure 1).

PCA3 knockdown boosts enzalutamide-mediated down-regulation of AR-related genes. In combination with AR inhibition, we next assessed the effect of PCA3 silencing on the androgen target gene PSA and two androgen signaling-related non-coding RNAs, *i.e.* PCGEM1 and PRNC1 (17). The effect of enzalutamide treatment (500 nM) on those genes was PSA>PCGEM1>PRNC1. Interestingly, enzalutamide weakly affected PRNC1 (approx. 10% decline in expression). PCA3 silencing mimicked enzalutamide-mediated blocking of AR signaling and efficiently cut the expression of PSA in LNCaP-AR⁺ cells (approx. 50%). For LNCaP and VCaP cells, the effect was lower (30-35%). PCGEM1 was down-regulated around 40% in LNCaP-AR⁺ and VCaP cells, whereas the effect was slightly lower in LNCaP cells. Similar to enzalutamide treatment, PCA3 targeting had a small effect on PRNC1 (approx. 10%). The combination of AR inhibition with PCA3 silencing led to a further decline of target genes (PSA>PCGEM1>PRNC1). Figure 2 demonstrates the effect of AR inhibition, PCA3 silencing and their combination on AR-related genes in LNCaP-AR⁺ cells.

PCA3 knockdown sensitizes PCa cells to enzalutamide. We next explored the effect of PCA3 targeting on the survival of PCa cells, in combination with enzalutamide. Proliferation of PCa cells was monitored using real-time cell analysis (Figure

3) and the results (as percentage of control cells) at 36- and 72-h time points are given in Table I. As expected, enzalutamide reduced the growth of PCa cells in a dose- and time-dependent manner up to 32% at 72 h. The effect was lower in VCaP cells (21%). PCA3 silencing was also effective and led to a loss of cell growth up to 20% (compared with control siRNA) at 72 h in LNCaP-AR⁺ cells. Again, the effect was limited (6%) in VCaP cells. In the combined setting, PCA3 silencing increased the anti-proliferative effect of enzalutamide, especially that of the high dose. LNCaP-AR⁺ cells were more sensitive to AR blockade/PCA3 silencing than LNCaP and VCaP cells, which indicated that higher AR expression underlies increased sensitivity.

The cytotoxic effect of the treatments was better seen in the clonogenic assay. Table II illustrates surviving fractions (as percentage changes of control cells) of PCa cells exposed to AR inhibition, PCA3 silencing or their combination following 10 days of incubation. PCA3 targeting was as effective as enzalutamide and decreased cell viability up to 28% as compared with the siRNA control in LNCaP-AR⁺ cells. The effect was lowest (11%) in VCaP cells. Expectedly, PCA3 silencing increased the enzalutamide effect a further 31% in the LNCaP-AR⁺ cells. The data from the clonogenic assay confirm that PCA3 silencing suppresses the proliferation of PCa cells and sensitizes them to AR blockade and that higher AR expression underlies the mechanism of PCA3 activity.

PCA3 targeting increases the cell killing effect of enzalutamide and ionizing radiation. At 36 h of incubation, we evaluated cell death rates in PCa cells transfected with siPCA3 and exposed to enzalutamide (500 nM) and/or irradiation (5 Gy). Apoptotic cell death was investigated by measuring oligonucleosomes that were released into the cytoplasm from early phases of apoptosis induction. The results are summarized in Table III. Even if low-dose enzalutamide (500 nM) had a very small anti-growth effect (see Table I), we detected a significant level of cytoplasmic oligonucleosomes in all cell lines (2.1- to 2.8-fold) revealing the onset of apoptosis in still intact cells. The effect of irradiation was lower (1.6- to 1.9-fold) than enzalutamide. PCA3 targeting itself induced apoptotic cell death in all 3 cell types and potentiated the cell killing activity of enzalutamide, radiation and their combination.

Discussion

In this work, we aimed to study the effect of PCA3 targeting on AR-related genes and the viability of PCa cells. Using cell lines representing hormone-sensitive PCa (LNCaP), AR-overexpressing PCa (LNCaP-AR⁺) and CRPC (VCaP), we investigated the potential of PCA3 as a therapeutic target in PCa in combination with enzalutamide-mediated AR inhibition and/or ionizing radiation.

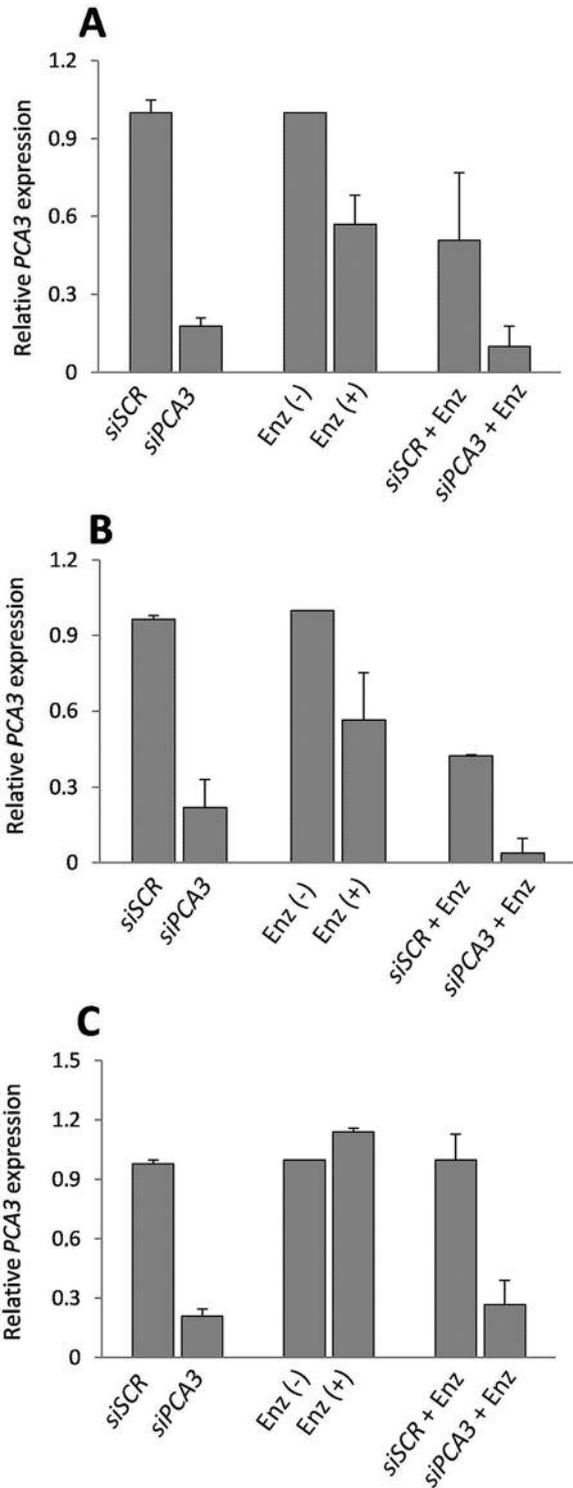


Figure 1. The effect of PCA3 silencing and/or AR inhibition on PCA3 expression. LNCaP (A), LNCaP-AR⁺ (B) and VCaP cells (C) were transfected with siPCA3 or control scramble (SCR) siRNA (siSCR) and enzalutamide (Enz) was added 6 later at medium change. PCA3 expression was analyzed by qPCR. Results of three experiments were assessed. Basal levels were taken as '1' and changes were given in 'fold' changes. Shown are mean and maximum values.

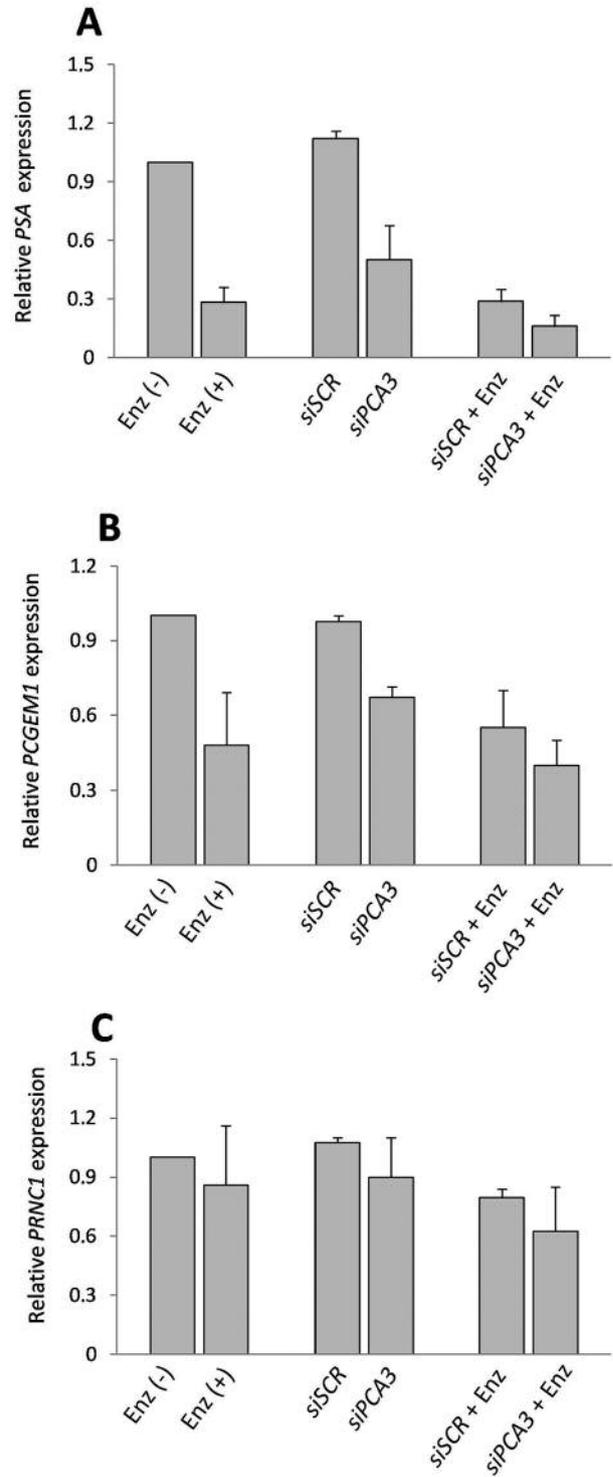


Figure 2. The effect of PCA3 silencing and AR inhibition on AR-related genes. Cells were transfected with siPCA3 or siSCR and enzalutamide (Enz) was added 6 later at medium change. Cells were grown for 36 h and PCA3 expression was analyzed by qPCR. Results of three experiments were assessed. Basal levels were taken as '1' and changes were given in 'fold changes'. Expression status of PSA (A), PCGEM1 (B) and PRNC1 (C) is illustrated in LNCaP-AR⁺ cells.

Table I. The effect of *PCA3* silencing and/or Enz on the viability of PCA cells (% of control cells).

Cell line	Enz 500 nM		Enz 5 µM		siSCR		siPCA3		siSCR + 500 nM Enz		siPCA3 + 500 nM Enz		siPCA3 + 5 µM Enz	
	36h	72h	36h	72h	36h	72h	36h	72h	36h	72h	36h	72h	36h	72h
LNCaP	97	94	87	68	91	84	87	75	89	79	85	73	84	68
LNCAP-AR ⁺	98	94	88	70	98	93	92	73	96	92	88	70	88	60
VCaP	93	92	88	79	96	95	92	89	95	91	92	82	87	78

Enz, Enzalutamide; siSCR, negative scramble (SCR) control siRNA; siPCA3, prostate cancer antigen 3 siRNA.

Table II. Surviving fractions (% of control) of PCA cells following 10 days of incubation with siRNAs (*PCA3* and siSCR) and Enz.

Cell lines	Control cells	Enz 500 nM	Enz 5 µM	siSCR	siPCA3	siSCR + 500 nM Enz	siPCA3 + 500 nM Enz	siSCR + 5 µM Enz	siPCA3 + 5 µM Enz
LNCaP	100	90	68	88	67	83	55	53	32
LNCaP-AR ⁺	100	84	62	93	65	88	60	52	21
VCaP	100	93	78	90	79	84	69	63	42

Enz, Enzalutamide; siSCR, negative scramble (SCR) control siRNA; siPCA3, prostate cancer antigen 3 siRNA.

Table III. Relative levels of apoptotic nucleosomes in PCA cells after 36 h of irradiation and/or incubation with siPCA3 and Enz.

Cell lines	Control cells	Enz 500 nM	Radiation 5 Gy	Enz+Rad	siPCA3	siPCA3+ Enz	siPCA3 + Rad	siPCA3+ Enz+Rad
LNCaP	1	2.8	1.6	3.6	2.1	4	2.7	5.6
LNCAP-AR ⁺	1	2.1	1.9	3	2	2.9	2.5	3.4
VCaP	1	2.1	1.6	2.2	1.9	2.6	2.0	2.9

Enz, Enzalutamide; siPCA3, prostate cancer antigen 3 siRNA; Rad, irradiation.

We showed that siRNA-mediated *PCA3* targeting leads to effective *PCA3* silencing. The extent of knockdown was similar to that reported by Ferreria *et al.* (11), confirming that targeting exon 4 leads to effective *PCA3* silencing. On the other hand, we also identified that enzalutamide-mediated AR blockade mimics *PCA3* targeting and down-regulates *PCA3* to a substantial extent in LNCaP and LNCaP-AR⁺ cells. If combined, *PCA3* knockdown and enzalutamide synergistically down-regulated *PCA3* further, with this effect being more pronounced in LNCaP-AR⁺ cells. Unexpectedly, enzalutamide had no effect on *PCA3* in VCaP cells. Yet, we do not know the basis of this differential observation in VCaP cells, that might be associated with the lower anti-proliferative effect of AR inhibition and/or *PCA3* silencing in these cells (see below).

Before exploring the effect of *PCA3* knockdown on cell viability, we first assessed its consequence on AR-related genes. Similar to enzalutamide-mediated AR blockade, *PCA3* silencing suppressed *PSA* and *PCGEM1* expression and heightened enzalutamide-mediated down-regulation of these genes, proving that *PCA3* is involved in AR signaling. Intriguingly, we detected a weak effect of *PCA3* silencing or enzalutamide on *PRNC1* expression. Data on the involvement of *PRNC1* in PCa and AR signaling is inconsistent. An early report has described that *PRNCR1* and *PCGEM1* can enhance AR-mediated gene activation programs and implicated these lncRNAs as a required component of CRPC (17). In a subsequent study, Prensner *et al.* (18) performed a comprehensive RNA-sequencing analysis and provided evidence that *PCGEM1* but not *PRNCR1* was associated with

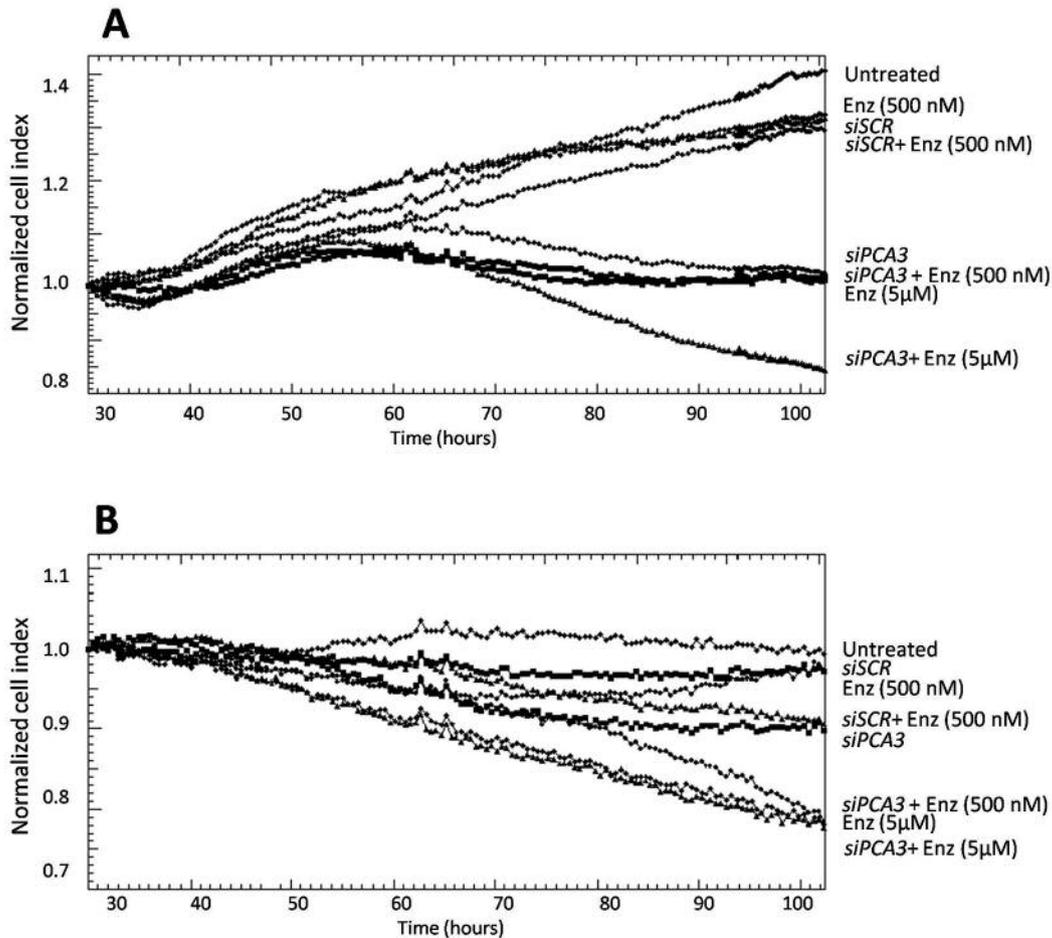


Figure 3. Real-time monitoring of the growth of PCA3-silenced and/or AR-blocked PCa cells. Following a 3-day growth in hormone-free conditions, cells were transfected with siPCA3 or siSCR and enzalutamide (Enz) was added 6 later at medium change. Cells were grown for further 72 h. At start of incubation value of cell index was taken as '1', changes during treatment were calculated. Examples of LNCaP-AR⁺ (A) and VCaP cells (B) are shown.

PCa. However, they found that none of these molecules interacted with AR concluding that neither gene was a component of AR signaling. In a more recent article, Parolia *et al.* (19) described *PCGEM1* as an *in vivo* AR-regulated transcript with potential nuclear and/or cytoplasmic functions. Our findings are supportive of data that *PCGEM1* but not *PRNC1* is a component of AR signaling and may be involved in CRPC, because we showed that both enzalutamide treatment and *PCA3* silencing regulated *PCGEM1* down, whereas *PRNC1* was hardly affected by AR targeting.

A few previous articles have reported that targeting *PCA3* results in the loss of cell growth, thus making *PCA3* a potential therapeutic target in PCa (11, 13). Our findings confirm the outcomes of these reports and reveal that *PCA3* silencing reduces the viability of PCa cells. More importantly, we showed for the first time that *PCA3* silencing potentiates the effects of enzalutamide-mediated

AR inhibition by down-regulating AR-related genes and cutting the viability of PCa cells. The combined action was more effective in AR-overexpressing cells, which indicates that *PCA3* silencing modulates the AR signaling pathway. Consistent with this, Lemos *et al.* (13) showed that *PCA3* silencing led to differential expression of several genes, including AR cofactors in LNCaP cells. Based on our findings, it appears that AR-overexpressing cells are more susceptible to *PCA3* silencing, which has clinical implications in tumors with high AR expression.

In VCaP cells, a representative of CRPC (14, 15), even if somewhat lower than in LNCaP and LNCaP-AR⁺ cells, *PCA3* silencing led to a loss of cell growth and promoted the effect of AR inhibition. This might have implications in the treatment of PCa. As the clinical success of novel AR antagonists is not enduring in all patients (20) and acquired resistance to enzalutamide in the treatment of castration

CRPC has been reported (21), targeting the *PCA3* gene might be useful to potentiate AR antagonists and overcome acquired resistance to such agents.

In conclusion, our results reveal that targeting the *PCA3* gene, that is overexpressed in prostatic tumors, represents a therapeutic target in PCa. *PCA3* silencing reduces the viability of PCa cells and sensitizes them to enzalutamide-mediated AR inhibition *via* sub-maximal doses or radiotherapy in different PCa phenotypes, including CRPC. Further research, including the *in vivo* role of *PCA3* targeting, is needed to assess its clinical utilization in hormone-responsive and castration-resistant tumors.

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