# Prognostic Value of "Prepectoral Edema" in MR-mammography

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**Abstract.** Background/Aim: Previous studies have indicated a highly significant correlation between invasive tumors and accompanying prepectoral edema (PE) mammography (MRM). The aim of the present study was to identify prognostic factors associated with PE as a diagnostic sign. Materials and Methods: A total of 1,109 consecutive MRM exams were included in this study. Exclusion criteria were previous operation, biopsy, intervention, chemotherapy, hormone replacement therapy (HRT) or previous mastitis. One hundred and sixty-two patients with 180 lesions were evaluated and histologically correlated. Diagnostic evaluations were performed by four experienced radiologists in consensus. Results: One hundred and eighty lesions included 104 malignant lesions (93 invasive and 11 non-invasive) and 76 benign lesions. PE was detected significantly more frequently in presence of lymphangiosis carcinomatosa ((53.8%; 14/26) vs. (9.8%; 4/41)) (p<0,000). PE significantly correlates with positive axillary nodal status ((19.4% (12/62) vs. 44.4% (12/27)) (p=0.020), as well as pathologic enhancement of the pectoral muscle (5.4% (5/93) vs. 22.7% (20/88)) (p=0,015). PE significantly correlates with higher tumor grading (G3) (33.9% vs. 13.9%) (p<0.05). There was no significant difference in a positive vs. negative estrogen (p=0.681) and

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progesterone (p=0.751) and/or human epidermal growth factor receptor-2 (HER-2) (p=0.726) receptor status accompanied by PE. Conclusion: The presence of PE may be a strong prognostic indicator for lymphatic spread and the cancerous infiltration of lymph nodes. It is also associated with the infiltration of the pectoral muscle, as well as high tumor grading. There is no correlation between prepectoral edema and positive tumor receptor status.

Magnetic resonance imaging (MRI) of the breast (MR-mammography (MRM)) has evolved to be accepted as the most accurate imaging modality in the detection of breast cancer. The current guidelines of MRM are well-known and described by the American College of Radiology (ACR) (1). However, the increasing use of MRM has been accompanied by the ongoing discussion about appropriate technique and optimal accuracy, especially its specificity from the beginning.

For merely twenty years, specificity results have varied significantly (2), which raised the question as to the factors elevating the specificity of MRM.

Literature assumes that applying as many diagnostic signs (3), combined with high reader expertise in an optimal technical setting (4), will optimize MRM not only in its sensitivity but also in its specificity in detecting lesions. This is why more and more diagnostic signs are scientifically evaluated regarding their diagnostic accuracy in predicting benign and malignant lesions (5-8).

Additionally, there have been reports of single diagnostic signs, not only predicting a lesion in terms of malignancy (*i.e.* diagnostic information) but also containing prognostic information (9, 10), allowing prognosis in terms of tumor staging (11).

We have previously reported (12) that prepectoral edema (PE), as a morphological sign in the T2-weighted images in

MRM among other tumor accompanying edema in the female breast, may implicate important diagnostic information about the local findings as PE significantly correlates with the presence of malignant, *i.e.* invasive tumors, independent from their entity (Figure 1). We were able to show that PE was detected in 2.6% of benign lesions (2/76), none of the ductal carcinoma *in situ* (DCIS) cases (0/11) and 25.8% of malignant lesions (24/93) (p<0.000). PE was found significantly more frequently associated with malignant tumors above 2 cm in diameter ((47.1%; 16/34) vs. (13.8%; 8/58)) (p<0.001). On the contrary, PE was not statistically associated to a specific malignant tumor-type (i.e. ductal invasive vs. lobular cancer), a possible presence or absence of additional DCIS foci or the number of foci.

Within this second part, we aimed to address the following question: "Apart from local diagnostic tumor findings, is there a potential prognostic value to PE in terms of a possible prognosis of lymphatic spread, *i.e.* the presence of lymphangiosis carcinomatosa, infiltration of axillary lymph nodes, infiltration of the pectoral muscle tumor grading or receptor status, hypothetically allowing for an extraction of information leading to potential changes in patient therapy?"

#### **Materials and Methods**

Study design. The patient collective is identical to the patient collective described in our previous study (12). A total of 1,109 MRM examinations were performed between January 2005 and October 2006 in our University Hospital.

Histopathology, performed in the Department of Gynecology of our University Hospital, served as reference standard in this retrospective evaluation.

Patients after previous operations, biopsy within the last 3 months, status after interventional therapy, hormone replacement therapy (HRT) within the last 6 weeks, status after previous chemotherapy, radiation therapy, mastitis, inflammatory cancer or tumors of non-mammary origin were excluded from this study. Patients with inflammatory cancers were excluded as they typically show extraordinary amounts of mammary edema in the entire breast.

Of 1,109 MRM examinations, 305 patients with 233 malignant and 131 benign breast lesions were identified. One hundred and forty-three patients were excluded due to criteria mentioned above.

One hundred and sixty-two patients with a total of 180 histologically-correlated lesions were included in the study. One hundred and twenty-four patients with 136 lesions underwent surgery. Thirty-eight patients with 44 lesions received a core biopsy. The mean patient age was 55.7+12.0 years.

Statistical evaluation. The statistical evaluation was conducted using the Chi-square test and the exact Fisher's test within Microsoft Excel and SPSS (Version 15.0 for Windows; IBM, New York, USA).

Image acquisition and interpretation. Examinations were retrospectively evaluated by 4 experienced radiologists (>500 MRM examination each) in consensus. Images were interpreted on a Siemens workstation (Syngo; Siemens AG, Erlangen, Germany). PE was defined as T2w-hyperintense fluid spatters and liquid layers prepectorally, accompanying a lesion.

*MR-scanner*. All MRM exams were performed with a 1.5 Tesla-MR Scanner (Siemens Symphony and Sonata; Siemens AG, Erlangen, Germany) using a standard protocol.

*IRB approval statement*. The study was IRB approved by the ethical review board. The need for informed consent was waived by the ethical review board. All imaging material was obtained from clinical routine.

#### Results

In total, 104 malignant (58%) and 76 benign lesions (42%) were identified and histologically correlated in 162 patients (Tables I and II). Malignant lesions could be correlated to 93 invasive and 11 non-invasive carcinomas (ductal cancer *in situ* (DCIS)/lobular carcinoma *in situ* (LCIS)) (12).

There were 76 findings of benign lesions (42%) (12). PE could be histologically correlated to 2/76 cases (2.6%); one fibroadenoma and one case of focal inflammation. On the contrary, PE could be histologically correlated to 26% (24/93) of invasive cancers (p<0.000) (12). This resulted in the following diagnostic parameters for PE as an indicator for malignancy: sensitivity of 19.3%, specificity of 97.3%, positive predictive value (PPV) of 92.3%; negative predictive value (NPV) of 48%; accuracy of 57.7% (12).

PE could be significantly correlated to the presence of an accompanying lymphangiosis carcinomatosa (p<0.000). In case of a histologically proven lymphangiosis, PE was seen as an accompanying phenomenon in 53.8% (14/26), whereas lymphangiosis without PE could be detected in 9.8% (4/41) of cases (Table III).

The nodal status could be histologically determined in 95.7% (89/93) of invasive cancers. A positive lymph node status could be correlated with higher prevalence of PE: Operated carcinoma with negative axillary nodal status showed a PE in 19.4% (12/62) of cases (Figure 2); carcinomas with positive nodal status showed accompanying PE in 44.4% (12/27) of cases, resulting in a significant difference (p=0.020) (Table I).

Of 93 invasive cancers, 5.4% (5/93) showed a pathologic enhancement of the pectoral muscle. Eighty percent (4/5) of the cases involving an infiltration of the pectoral muscle coincided with the presence of PE (Table II), while PEs were only detected in 22.7% (20/88) of cases without pathologic muscle enhancement (p=0.015).

Tumor grading could be determined for 98.9% (92/93) of invasive cancers in this study. An increasing prevalence of PE with decreasing degree of differentiation could be shown. Five out of 36 (13.9%) cases of G2 cancers and 33.9% (19/56) of G3 cancers were accompanied by PE, resulting in a significant difference (p<0.05). There were no G1 cancer cases in this study (Table IV).

The receptor status (estrogen, progesterone and HER-2) could be determined in 93.5% (87/93) of invasive cancers.

Table I. Prepectoral edema (PE) and the infiltration of lymph nodes (LN) (p=0.020).

	No PE	PE	Total
Negative axillary LN Positive axillary LN	80.6% (50/62) 55.6% (15/27)	19.4% (12/62) 44.4% (12/27)	62 27
Total	73.0% (65)	27.0% (24)	89

Table II. Correlation between prepectoral edema (PE) and infiltration of the pectoral muscle (p=0.015).

	No PE	PE	Total
No pectoral infiltration Pectoral Infiltration	77.3% (68/88) 20.0% (1/5)	22.7% (20/88) 80.0% (4/5)	88 5
Total	74.2% (69)	25.8% (24)	93

Table III. Prepectoral edema (PE) in correlation to present lymphangiosis carcinomatosa (p<0.001).

	No PE	PE	Total
Not present Present	90.2% (37/41) 46.2% (12/26)	9.8% (4/41) 53.8% (14/26)	41 26
Total	73.1% (49)	26.9% (18)	67

Table IV. Correlation between prepectoral edema (PE) and tumor grading (p<0.05).

	No PE	PE	Total
G2 – moderate differentiation G3 – worse differentiation	` /	13.9% (5/36) 33.9% (19/56)	36 56
Total	73.9% (68)	26.1% (24)	92

In patients with estrogen receptor-negative cancer, PE could be seen in 33% of cases (3/9). In patients with estrogen receptor-positive cancer, PE could be detected in 23.1% of cases (18/78). A significant difference could not be determined (p=0.681) (Table V).

In patients with progesterone receptor-negative cancer, PE could be seen in 26.7% of cases (4/15). In patients with progesterone receptor-positive cancer, PE could be detected in 23.6% of cases (17/72). A significant difference could not be determined (p=0.751) (Table VI).

In patients with HER-2 receptor-negative cancer, PE could be seen in 15.4% (2/13) of cases. In patients with HER-2

Table V. Estrogen receptor (ER) status in correlation with prepectoral edema (PE) (p=0.681).

	No PE	PE	Total
ER receptor-negative ER receptor-positive	66.7% (6/9) 76.9% (60/78)	33.3% (3/9) 23.1% (18/78)	9 78
Total	75.9% (66)	24.1% (21)	87

Table VI. Progesterone receptor (PR) status in correlation with prepectoral edema (PE) (p=0.751).

	No PE	PE	Total
PR receptor-negative PR receptor-positive	73.3% (11/15) 76.4% (55/72)	26.7% (4/15) 23.6% (17/72)	15 72
Total	75.9% (66)	24.1% (21)	87

Table VII. Human epidermal growth factor receptor-2 (HER-2) status in correlation with prepectoral edema (PE) (p=0.726).

	No PE	PE	Total
HER-2 receptor-negative HER-2 receptor-positive	84.6% (11/13) 74.3% (55/74)	15.4% (2/13) 25.7% (19/74)	13 74
Total	75.9% (66)	24.1% (21)	87

receptor-positive cancer, PE could be detected in 25.7% (19/74) of cases. A significant difference could not be determined (p=0.726) (Table VII).

### Discussion

In the last years we have witnessed an increasing interest in the use of MRM as a prognostic tool using both functional and morphological imaging data (9, 10, 13, 14).

We assume that the dorsal localization of PE may be explained pathophysiologically through the anatomy of lymphatic drainage pathways, indicating a possible correlation between PE and lymphatic spread. Blocked lymphatic trails and nodes could be responsible for some sort of lymphatic obstruction within the breast and explain the formation of PE.

Perifocal edema can often be detected around tumors (15-17), which is mainly thought to be caused by the immunohistopathologic response of the body against tumors through emitting cytotoxic T-cells, natural killer cells and macrophages. Tumor-associated macrophages (TAM) are

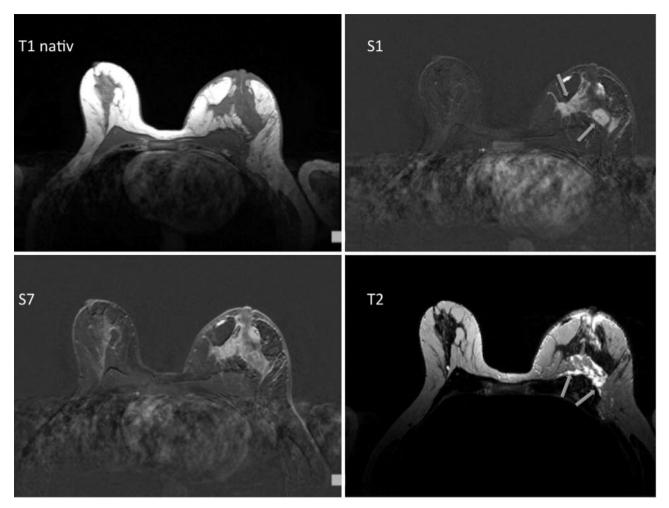


Figure 1. G3 ductal invasive carcinoma with prepectoral edema. Upper left: T1 nativ before the injection of 0.1 mmol/kg gadolinium. Lower left: Subtraction 1 min post contrast. Upper right: Subtraction 7 min post contrast. Lower right: T2 turbo spin echo (TSE)-weighted image. A 47-year-old patient with G3 ductal invasive carcinoma (blue circle) in the left breast in S1 after the injection of 0.1 mmol/kg gadolinium. The multifocal cancer reveals type 3 kinetic curves and appears hypointense in T2. Accompanying prepectoral edema (PE) is clearly visible in T2, displayed as hyperintense fluid spatters (blue arrows).

known to induce tumor angiogenesis by emitting vascular endothelial growth factor (VEGF) (18).

TAM could, therefore, potentially be involved in an increased lymphangiogenesis by inducing the emission of VEGF-C and VEGF-D, which, besides in regular angiogenesis (19), are involved in the formation of lymphatic vessels (15, 16).

Nodal-positive tumors are known to show a particularly tight net of such lymphatic vessels (16). In the case that the transportation capacity of lymphatic vessels is obstipated or else wise exhausted (e.g. through tumor embolisation), formation of lymphedema may occur (17). This explanation of PE would underline our results: PE could be highly significantly correlated to the presence of an accompanying lymphangiosis carcinomatosa (p<0.000) and the infiltration of axillary lymph nodes (p=0.020).

Prognostic information about the nodal status, as well as lymphangiosis, is known to be clinically relevant (20, 21), not only determining patients' prognosis but also treatment. The extraction of sentinel nodes or axillary dissection resemble as the standard of care in national guidelines worldwide (22), yet they resemble to invasive surgical procedures (23-25). As the reliable distinction of positive axillary nodes in MRM, hypothetically making a following sentinel nodal biopsy redundant, remains difficult and disputed (26), there is an ongoing need for an increased PPV in the detection of positive axillary nodes. PE, of course, cannot serve as a sole predictor for nodal positivity, yet could serve as an additional diagnostic sign (3) to help form a more accurate and differential diagnosis.

The degree of tumor differentiation is another important prognostic factor (27, 28). Various studies have emphasized a



Figure 2. Lobular carcinoma with lymph node metastasis and prepectoral edema. Upper left: T1 before the injection of 0.1 mmol/kg gadolinium. Lower left: T1, 3 min after the injection of 0.1 mmol/kg gadolinium. Right: T2 turbo spin echo (TSE)-weighted image. Case of a 34-year-old patient with multicentric lobular cancer (blue circle) in the outer aspects of the left breast. The T2w image shows prepectoral edema (PE) (orange arrow) along with a lymph node metastasis (blue arrow) in the left axillary region.

correlation between tumor angiogenesis and the degree of differentiation of breast tumors (19, 29). Tumor vessels are characterized by pathologic endothelia, allowing the extension of the extracellular space and, thus, the formation of edema (30, 31). Malignant tumors are also known to produce and emit paracrine factors, increasing the permeability of normal, as well as tumor-associated vessels (32). Baltzer *et al.* (33) emphasized that mal-differentiated carcinomas are significantly more likely to develop accompanying edema. This is in line with the results of our study: The prevalence of PE correlated significantly with mal-differentiated tumors (G3) with decreased patient prognosis.

Another factor, allowing for prognostic conclusions in breast cancer patients is biochemical information. Tumor tissue is regularly examined for the expression of protooncogenes (estrogen, progesterone and HER-2/NEU) as clinical standard, since the receptor status heavily affects the planning of therapy (34, 35), *e.g.* in regards to anti-hormonal therapy planning.

Estrogen is known to regulate tumor angiogenesis, yet a high expression of estrogen receptors leads to a suppression of VEGF release (36, 37). According to Fuckar *et al.* (38) , there is a significant correlation between a high expression of VEGF and an estrogen receptor-negative status in breast cancer patients, while ER-negative tumors have a generally worse prognosis. This is different in tumors with a high expression of HER-2 resulting in an additional activation of tumor angiogenesis (38–42) and in a worse prognosis in patients with breast cancer (42).

Since negative ER status or high expression of HER-2 leads to an increased expression of VEGF, it should seem imaginable that such cancers would be accompanied by PE

more often. This is to some extent in line with the results of our study: 33.3% of ER-negative cancer patients compared to 23.1% ER-positive cancer patients displayed PE. In conclusion, it can be assumed that a positive receptor status, as well as the expression of the proto-oncogene HER-2, play a role in the formation of PE. However, the difference between invasive cancers, lacking estrogen/progesterone/HER-2 receptors and those expressing them, in correlation to accompanying PE, could not be confirmed significantly. The reason remains matter of future research.

Our results are in line with Uematsu *et al.* (43), also proposing PE as a sign for malignant tumors and a prognostic factor for an infiltration of the axillary lymph nodes, yet evaluated at 3T. Other centers need to verify their results with their specific techniques. In that case, T2-weighted images should be included to standards of guidelines in MRM more firmly.

In conclusion, it can be summarized that T2-weighted images in MRM are important for the differential diagnosis of benign and malignant lesions. They do not only contain significant diagnostic "focal" information for the characterization of lesions (18) but, according to our results, also reveal PE to be an additional and helpful diagnostic sign towards invasive advanced stage tumors with worse patient prognosis, requiring more intense treatment.

Our study suffers of some limitations as well, since it was designed as a single-center study. The results of this work were acquired with the specific technique we use in our University Hospital. Our data should be confirmed in a multi-center setting, also investigating different techniques.

A sensitivity of 19.3% emphasizes the fact that PE is a diagnostic sign that is rather rarely seen. A specificity of 97.3%, however, proves it to be highly valuable in case of its presence, at least for invasive lesions.

Valuable diagnostic signs like PE or *e.g.*, the ductal obstruction sign (44), underline the fact that only few of them are seen in all lesions, which is why they have to be respected in the broad spectrum of all diagnostic signs.

Furthermore, there were no G1 cancer-type lesions in our lesion collective. G1 lesions, in this study, might have confirmed the trend between G2 and G3 lesion in their correlation to PE.

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