

## Sunlight, Polymorphisms of Vitamin D-related Genes and Risk of Breast Cancer

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**Abstract.** *Background/Aim:* Geographic gradients in breast cancer incidence and mortality suggest that vitamin D may reduce risk. The enzyme 25-hydroxyvitamin D 24-hydroxylase (CYP24A1), which degrades the active form of vitamin D, and the vitamin D receptor (VDR) are both found in breast tissue. We investigated six polymorphisms in CYP24A1 and two in the VDR gene in association with breast cancer risk. *Materials and Methods:* We conducted a case-control study within the nationwide U.S. Radiologic Technologists cohort, including 845 controls and 484 incident breast cancer cases. Associations of polymorphic variants and ecologic and personal measures of sun exposure with breast cancer risk were assessed using unconditional logistic regression. *Results:* Two polymorphisms in CYP24A1 were associated with increased breast cancer risk (rs34043203,  $P_{trend}=0.03$ ; rs2762934,  $P_{trend}=0.005$ ) and one with reduced breast cancer risk (rs1570669,  $P_{trend}=0.048$ ). Risk was inversely associated with minor alleles for the VDR BsmI polymorphism (rs1544410,  $P_{trend}=0.05$ ) but not FokI (rs2228570). Sunlight measures were not associated with breast cancer risk, however significant interactions between time outdoors in the teen years and three unlinked genotypes were found for VDR (rs1544410, rs2228570) and CYP24A1

(rs1570669). *Conclusion:* In this nation-wide breast cancer case-control study, we found that the vitamin D pathway was involved in disease etiology and our results further suggest that reduced cancer risk, in association with sunlight, may depend on timing of exposure and genetic background. These findings merit further investigation.

Observations of North-South gradients in breast cancer incidence and mortality have led investigators to hypothesize that vitamin D, which is synthesized in sunlight-exposed skin, may play a role in breast cancer prevention (1, 2). A large body of experimental evidence supports the hypotheses that vitamin D plays an important role as a regulator of cell proliferation and differentiation in the breast and that vitamin D insufficiency can contribute to the pathogenesis of breast cancer (3).

Geographic and behavioral factors play important roles in determining exposure to ambient ultraviolet (UV) radiation and can therefore influence the ability to synthesize the vitamin D precursor 7-dehydrocholesterol cutaneously (4, 5). Genetic factors may also play an important role in determining systemic and tissue levels of vitamin D and the health consequences of vitamin D insufficiency (6).

Circulating 25-hydroxyvitamin-D reflects UV exposure and dietary vitamin D intake, and is the precursor to the active form of vitamin D: 1,25-hydroxyvitamin-D. The effects of vitamin D are mediated through an interaction of 1,25-hydroxyvitamin D with the vitamin D receptor (VDR). The enzyme 25-hydroxyvitamin-D 24-hydroxylase (CYP24A1) catalyzes an irreversible and rate-limiting step in the degradation of 1,25-hydroxyvitamin D. CYP24A1 and the VDR are found in normal breast tissue and in breast tumors (3). Due to the fact that CYP24A1 is strongly up-regulated by VDR signaling, it provides a negative feedback

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Table I. Selected polymorphic variants in the vitamin D receptor (VDR) and 25-hydroxyvitamin-D 24-hydroxylase (CYP24A1) genes.

Gene/SNP	Description	Chromosome	Base position*	Minor allele frequency	Function
<i>CYP24A1</i>					
rs2248137	IVS1-105C>G	20	52789743	0.37	Non-coding
rs34043203	IVS2-341G>A	20	52788550	0.11	Non-coding
rs2296237	IVS8+204T>C	20	52775292	0.49	Non-coding
rs1977297	IVS9+146G>A	20	52774479	0.07	Non-coding
rs1570669	IVS9+198T>C	20	52774427	0.23	Non-coding
rs2762934	Ex12+40T>C	20	52771261	0.29	3' untranslated region
<i>VDR</i>					
rs1544410 ( <i>BsmI</i> )	IVS9+283C>T	12	48239835	0.48	Non-coding
rs2228570 ( <i>FokI</i> )	Ex2+4T>C	12	48272895	0.17	Missense

\*Per genome build 37.2.

mechanism to vitamin D and its expression and activity are important determinants of the availability of activated vitamin D in breast and other target tissues. CYP24A1 has been observed to be overexpressed in breast tumors, where its association with increased cancer risk is presumed to act through suppression of vitamin D signaling (7).

Single-nucleotide polymorphisms (SNPs) in vitamin D-related genes could represent risk factors for breast cancer, and thus potentially identify susceptible subgroups which might benefit from elevated and/or sustained levels of vitamin D. While many studies have focused on candidate polymorphisms in *VDR* and risk of breast cancer (8, 9), variants in *CYP24A1* have not been studied extensively with respect to breast cancer risk. In this case-control study, we investigated associations of breast cancer risk with six polymorphisms in *CYP24A1* and two variants in *VDR*. We also investigated whether these genetic variants modify the associations of ecologic and individual measures of sunlight exposure in early and later life, with breast cancer risk.

## Materials and Methods

**Study population.** In 1982, the U.S. National Cancer Institute, in collaboration with the University of Minnesota and the American Registry of Radiologic Technologists, initiated a study of cancer incidence and mortality among 146,022 (106,953 females) U.S. radiologic technologists (USRT) who had been certified for at least two years between 1926 and 1982. Surveys were mailed to all eligible cohort members at study baseline in 1984-89 and again in 1993-98; each questionnaire included queries about work history as a radiologic technologist, family history of cancer, reproductive history, height, weight, other cancer risk factors (such as alcohol and tobacco use), and queries regarding health outcomes, including breast cancer. Seventy-one percent (69,524 out of 98,233) and 74% (69,998 out of 94,508) of female technologists known to be alive at the time of the first and second survey responded to the questionnaires, respectively [for questionnaires, see <http://radtechstudy.nci.nih.gov>; for other study participation details, see (10)]. This study has been approved annually by the Human Subjects Review Boards of the National Cancer Institute and the University of Minnesota.

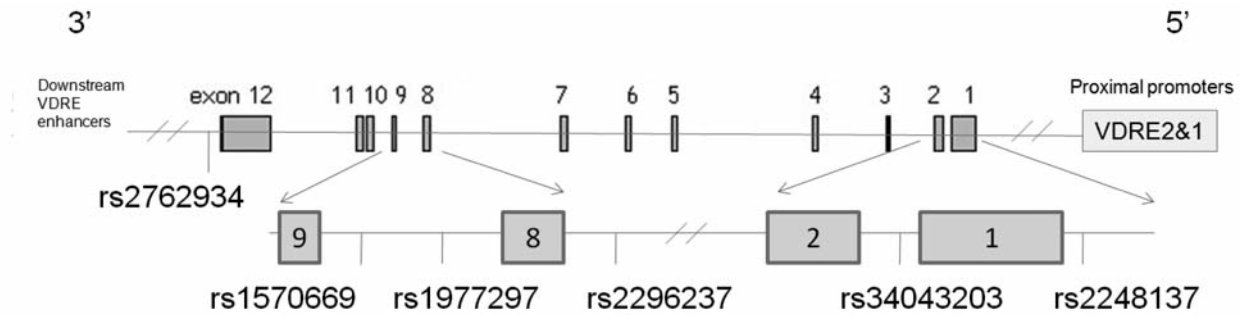
**Case and control recruitment.** Cases were recruited from the set of living female technologists reporting a primary breast cancer (ductal carcinoma *in situ* or invasive breast cancer) on either the first or second questionnaire; diagnoses were confirmed based on pathology or medical records. In December 1999 when biospecimen collection began, there were 1,386 living prevalent breast cancer cases that had been diagnosed between 1955-1998. By the end of December 2003, 874 (63%) breast cancer cases had provided informed consent and a blood sample.

Female controls were selected from the set of USRT participants who responded to either the first and/or the second questionnaire and had not reported a breast cancer at the time of blood collection. Controls were frequency-matched to cases (ratio 1.5:1) by birth year in 5-year strata. Of 2,268 living controls identified, 1,094 (48%) provided informed consent and a blood sample, and completed a telephone interview. Details on participation, characteristics of responders and non-responders, and comparisons with decedents have been previously published (11). These comparisons did not reveal any meaningful differences between participants and non-participants.

Because variations in vitamin D pathway genes could affect both risk of breast cancer and survival after diagnosis, the present analysis was designed as an incident breast cancer case-control study. Therefore, we selected participants who responded to both the first and second surveys and reported no history of breast cancer at baseline. Out of 1,094 enrolled controls, 845 met these criteria. Out of 874 cases in the series, 484 met these criteria and also reported an incident, primary breast cancer diagnosis occurring in the intervening period between the first and second surveys.

**Sample handling.** After venipuncture, whole blood samples were shipped overnight with a temperature-stabilizing pack to the processing laboratory in Frederick, MD, USA. Blood components were separated and DNA was extracted using Qiagen mini-kits (Qiagen Inc., Valencia, CA, USA). Samples were tracked by a unique ID code, and laboratory investigators were blinded to case-control status.

**Selection of candidate SNPs and sample genotyping.** The selected polymorphic variants are listed in Table I. We based our selection strategy on whether the variants had been studied in previous epidemiological studies and if they were considered potentially



The gene *CYP24A1* is located at 20q13.

Figure 1. Relative positions of selected polymorphic variants in 25-hydroxyvitamin D 24-hydroxylase (*CYP24A1*).

functional based on their locations in promoter regions or splice sites. We chose six variants in the *CYP24A1* gene (rs2248137, rs2296237, rs2762934, rs1570669, rs1977297, rs34043203) and two variants in the *VDR* gene (*BsmI*, which is rs1544410 and *FokI*, which is rs2228570). Samples were genotyped using standard *TaqMan* or MGB Eclipse assays. Genotyping methods for specific SNPs can be found online (16). There were 115 quality control samples embedded randomly in the sample trays, composed of between nine and 14 replicate samples from the same 10 individuals. All laboratory personnel were blinded to the location of the replicates. Of the replicated samples for the eight assays, there were no discrepancies. For the various SNP assays, completion success ranged between 96.2%–99.1%; with an average of 98.0%.

**Measures of sun exposure.** Daily measures of sunlight were made at ground level at National Weather Service stations across the United States from 1977–80 using meters developed by Robertson and Berger (RB) which were calibrated to capture action spectra pertinent to erythral exposures (wavelengths of 280–330 nm) (12); one RB unit corresponds to approximately 0.35 joules per square meter. This measure is a proxy for the spectra associated with vitamin D production (280–315 nm), although it may somewhat overestimate winter exposures (13). Average annual UVB radiation at Earth's surface was estimated for each state in the U.S. using a regression equation which used latitude, altitude, and cloud cover to explain up to 97% of variability in this data (14).

The state of residence at baseline was ascertained for each participant based upon the mailing address from the first survey; the state of birth was available from the American Registry of Radiologic Technologists records. Time spent outdoors in the summer during childhood (ages <13 years), and the teen years (13–19 years) were ascertained in a third survey, conducted 2001–2005, and are, therefore, available only for a subset of cases and controls in the genetic analyses presented here, who went on to participate at this later time point [ $n=372$  cases (77%) and  $n=691$  controls (82%)]. Cut-off points for measures of average annual UVB exposure in RB units for each state were determined based upon quartiles of RB values, in controls, for the state of residence at the time of the first survey. Quartiles for hours spent outdoors during the summer in childhood and adolescence were assigned based upon their respective distributions in controls.

**Data analysis.** A chi-square test was used to test whether allelic distributions among controls departed from expectation based on Hardy-Weinberg equilibrium; no significant deviations were noted. Associations between SNPs and breast cancer risk were evaluated while adjusting for birth year (in 5-year groups) using unconditional logistic regression (SAS v. 9.1; SAS Institute, Cary, NC, USA).

For each SNP, the common allele among controls was considered the referent. Tests for trend were conducted assuming a log additive model for genotype. Our decision to include only incident cases of breast cancer resulted in different age distributions for cases and controls. We used two analytical strategies to account for this problem; firstly, all regression models adjusted for the matching factor (year of birth, in 5-year intervals); secondly, we compared these results with results obtained when a subset of controls was selected randomly from age strata to match the distribution of selected cases. Since risk associations were similar in magnitude and direction using both approaches, we present the results of analyses using the larger set of cases and controls, adjusted for age.

Unconditional logistic regression models were also used to assess trends across categories of sunlight exposure measures. Finally, in exploratory analyses, for each polymorphism we assessed whether the trend in disease risk across categories of sunlight differed significantly in women homogeneous for the common allele *vs.* those who had at least one rare allele, by adding the measure of sunlight and an interaction term to the logistic models. Because participants with some of the sunlight measures represent a subset of all those included in the present report, we also assessed whether genotypes were associated with the probability of having participated in the third survey, at which time spent outdoors in childhood and teen years were queried; none of these associations were statistically significant.

We assessed the following breast cancer risk factors as potential confounders: age at menarche; age at menopause; number of full-term pregnancies and age at first birth, as reported on the baseline survey, and family history of breast cancer reported at the time of blood collection. None of these factors modified regression coefficients associated with the number of rare alleles by >10%, so we present models with adjustment for age only (15).

Haploview was used to estimate linkage disequilibrium (LD) for each pair of polymorphisms (16). A haplotype block involving 4

Table II. Baseline characteristics of breast cancer cases and controls from the U.S. Radiologic Technologists cohort.

	Controls (n=845)	Cases (n=494)	p-Value
	Mean (S.D.)	Mean (S.D.)	
Age (years)	45.2 (10.6)	43.4 (10.0)	0.002
Body mass index (kg/m <sup>2</sup> )	24.6 (4.3)	23.9 (4.2)	0.002
Age at menarche (years)	12.7 (1.7)	12.5 (1.5)	0.10
Age at first birth (years)*	25.0 (4.2)	25.6 (4.1)	0.04
Number of live births*	2.6 (1.2)	2.4 (1.2)	0.04
Age at menopause (years)**	43.1 (7.9)	42.2 (8.2)	0.25
Years from diagnosis to specimen collection (years)	---	9 (3)	---
	%	%	
Caucasian	97.0	98.1	0.63
Postmenopausal	42.2	46.1	0.03
Nulliparous	18.5	23.2	0.04
Positive family history of breast cancer	16.3	20.5	0.05
Ever smoker	50.0	50.6	0.95
Invasive breast cancer	---	80.4	---

\*Among 371 parous cases and 687 parous controls. \*\*Among 119 postmenopausal cases and 265 postmenopausal controls.

SNPs in the *CYP24A1* gene was identified (Figure 1). Haplostats for R was used to estimate haplotype frequencies and assess associations between genotypes and breast cancer risk (17).

p-Values <0.05 were considered statistically significant given the relatively high priors and small number of variants tested. Tests for interactions were evaluated using cross-product terms, assumed departure from a multiplicative expectation, and due to their exploratory nature were assessed as significant for p-values <0.05. All statistical tests were two-sided.

## Results

Out of 494 incident breast cancer cases, 397 (80%) had invasive breast cancer, while the rest had *in situ* tumors. The median time from breast cancer diagnosis to sample collection was nine years. Baseline characteristics of study participants are presented in Table II. Because prevalent cases were excluded from these analyses, study controls, who had been matched to the entire case series on year of birth, were significantly older than remaining cases ( $p=0.002$ ) and also had a higher body mass index (BMI) ( $p=0.002$ ). Cases were more likely than controls to be nulliparous (23% vs. 18.5%,  $p=0.04$ ) and to report a family history of breast cancer (20.5% vs. 16.3%,  $p=0.05$ ). Compared to parous controls, parous cases reported significantly fewer live births (2.4 vs. 2.6,  $p=0.04$ ) and later ages at first birth (25.6 years vs. 25.0 years,  $p=0.04$ ).

In Table III, we present associations of individual polymorphisms with breast cancer risk. Two polymorphisms in *CYP24A1* showed statistically significant associations with breast cancer risk. Breast cancer risk increased significantly

with the number of rare alleles of rs34043203 at *CYP24A1* [per allele odds ratio (OR)=1.27, 95% confidence interval (CI)=1.02-1.59,  $P_{\text{trend}}=0.02$ ]. A significant trend in risk was seen with increasing number of rare alleles at rs2762934 in the *CYP24A1* gene (per allele OR=1.35, 95% CI=1.09-1.67,  $P_{\text{trend}}=0.005$ ). Results for two moderately correlated SNPs ( $D'=0.50$ ) had marginal associations with risk; SNP rs1977297 of *CYP24A1* showed an increasing trend with risk by number of rare alleles (per allele OR=1.25, 95% CI=0.97-1.64,  $P_{\text{trend}}=0.08$ ), while those for rs1570669 suggested an inverse association (per allele OR=0.84, 95% CI=0.71-1.00,  $P_{\text{trend}}=0.048$ ). Risk associations were similar in magnitude and direction when only invasive breast cancer cases were included (data not shown).

SNP markers within *CYP24A1* studied here were in moderate LD ( $D'$  between each pair of variants range from 0.01-0.50) and results of haplotype analysis yielded results consistent with, and weaker than, associations observed for individual polymorphisms (data not shown).

We observed an inverse trend in breast cancer risk associated with the number of rare alleles for the *BsmI* variant (per allele OR=0.82, 95% CI=0.70-0.97,  $P_{\text{trend}}=0.02$ ) in *VDR*. No significant association with risk was observed for the *FokI*-related polymorphism.

We next considered associations of sunlight measures with risk of breast cancer. Breast cancer cases and controls showed no statistically significant differences with respect to geographic region of residence at the study baseline (Table IV). No statistically significant trend in risk was noted across categories of average annual ambient sunlight for the state



Table III. Risk of breast cancer\* by 25-hydroxyvitamin D 24-hydroxylase (*CYP24A1*) and vitamin D receptor (*VDR*) genotype in U.S. Radiologic Technologists cohort.

Variants	Cases/ Controls	Odds ratio	95% CI		$P_{\text{trend}}^{**}$
<i>CYP24A1</i>					
rs2248137					
GG	174/325	1.00	-	-	
CG	224/374	1.12	0.87	1.44	
CC	77/144	1.00	0.71	1.40	
CG+CC		1.08	0.86	1.38	
Per allele		1.02	0.87	1.20	0.79
rs34043203					
CC	345/631	1.00	-	-	
TC	118/191	1.14	0.87	1.48	
TT	18/13	2.81	1.35	5.87	
TC+TT		1.25	0.97	1.61	
Per allele		1.27	1.02	1.59	0.02
rs2296237					
CC	296/508	1.00	-	-	
TC	155/290	0.92	0.72	1.18	
TT	23/43	0.93	0.55	1.59	
TC+TT		0.92	0.73	1.17	
Per allele		0.94	0.78	1.14	0.54
rs1977297					
GG	372/691	1.00	-	-	
GA	73/143	1.22	0.91	1.63	
AA	7/7	2.10	0.72	6.09	
GA+AA		1.27	0.96	1.69	
Per allele		1.25	0.97	1.64	0.08
rs1570669					
TT	209/327	1.00	-	-	
TC	214/399	0.83	0.65	1.05	
CC	53/114	0.73	0.50	1.05	
TC+CC		0.82	0.65	1.03	
Per allele		0.84	0.71	1.00	0.048
rs2762934					
CC	298/566	1.00	-	-	
TC	160/219	1.36	1.06	1.75	
TT	17/18	1.79	0.90	3.54	
TC+TT		1.39	1.09	1.78	
Per allele		1.35	1.09	1.67	0.005
<i>VDR</i>					
rs1544410 ( <i>BsmI</i> )					
GG	185/290	1.00	-	-	
GA	214/404	0.81	0.63	1.04	
AA	67/144	0.69	0.49	0.97	
GA+AA		0.78	0.61	0.98	
Per allele		0.82	0.70	0.97	0.02
rs2228570 ( <i>FokI</i> )					
CC	201/323	1.00	-	-	
CT	206/385	0.85	0.67	1.09	
TT	70/134	0.83	0.59	1.17	
CT+TT		0.85	0.67	1.07	
Per allele		0.90	0.76	1.06	0.20

\*Odds ratios (OR) were estimated using unconditional logistic regression with models adjusted for the frequency matching variable year of birth. \*\* $P_{\text{trend}}$  reflects the significance level associated with the number of rare alleles (0, 1, or 2) in a log additive model.

of residence at baseline, however, a marginally significant trend ( $p=0.07$ ) was observed across categories of ambient sunlight for the state of birth. There were no statistically significant trends across categories of time spent outdoors in the summer during childhood, or during the teen years.

In exploratory analyses, we next assessed whether measured genotypes modified the associations between measures of sun exposure and breast cancer risk (Table V). Among women with rare alleles for the *FokI*-related polymorphism in the *VDR* gene, risk declined with increasing time spent outdoors during summers in the teen years ( $P_{\text{trend}}=0.05$ ), while among those homozygous for the common allele, risk estimates did not trend towards reduced breast cancer risk ( $P$  for interaction=0.01). Associations between time spent outdoors during the summer and breast cancer risk were similarly modified by the *BsmI* variant of the *VDR* ( $P$  for interaction=0.02), and by a polymorphic variant in *CYP24A1* (rs1570669,  $P$  for interaction=0.003).

## Discussion

In this case-control study, which drew participants from a national cohort, SNPs in genes in the vitamin D pathway were found to be associated with breast cancer risk. Of six polymorphisms in *CYP24A1*, two variants found in independent regions of the gene were significantly associated with breast cancer risk. In *VDR*, rare alleles for *BsmI* were significantly associated with breast cancer risk.

Germline polymorphisms in *CYP24A1* have been the subject of only a few recent epidemiologic studies of cancer risk (18-21). The variants studied here are found in two regions of the gene (Figure 1): two near the proximal promoter region which includes two vitamin D response elements (VDRE) (22), and four near the 3' end of the gene, where additional VDRE act as downstream enhancers of expression (23). While most of the selected SNPs are intronic; rs2762934 is found in the 3' untranslated region of the *CYP24A1* gene.

Three studies have investigated associations of *CYP24A1* polymorphisms with risk of breast cancer (19-21). In a nested case-control study of postmenopausal breast cancer, which included measures of only one polymorphism in *CYP24A1*, rs2296241, a well-conserved variant in the fourth exon was not associated with breast cancer risk; this SNP was not among those selected for the present analysis. Recently, Anderson *et al.* conducted a large breast cancer case-control study in Ontario, Canada; they assessed four SNPs in *CYP24A1* and found no statistically significant associations with risk among studied variants (21); of these polymorphisms none are examined or in linkage disequilibrium with the variants studied here.

In a population-based breast cancer case-control study in Shanghai, Dorjgochoo *et al.* measured 59 SNPs in *CYP24A1*

Table IV. Residential and personal measures of sun exposure in breast cancer cases and controls from the U.S. Radiologic Technologists cohort.

	Controls n (%)	Cases n (%)	Estimates of association	
			Odds ratio (95% confidence interval)	$P_{\text{trend}}$
Geographic region at study baseline (%)				0.90
Northwestern U.S. (including Alaska)	179 (21.2)	105 (21.7)	1.00 (ref)	
Northeastern U.S.	289 (34.2)	160 (33.1)	0.89 (0.63-1.25)	
Southwestern U.S. (including Hawaii)	200 (23.7)	108 (22.3)	0.84 (0.58-1.22)	
Southeastern U.S.	177 (21.0)	111 (22.9)	1.04 (0.71 -1.51)	
Annual ambient sunlight in state of residence at study baseline in Robertson-Berger units (RB, joules/m <sup>2</sup> )				0.46
≤109	203 (25.0)	122 (26.1)	1.00 (ref)	
110-118	212 (26.1)	121 (25.9)	1.00 (0.70-1.43)	
118-146	195 (24.0)	121 (25.9)	1.04 (0.73-1.49)	
≥147	202 (24.9)	103 (22.1)	0.85 (0.58-1.22)	
Annual ambient sunlight in state of residence at birth (RB, joules/m <sup>2</sup> )				0.07
≤109	242 (29.8)	167 (35.5)	1.00 (ref)	
110-118	267 (32.8)	140 (29.8)	0.84 (0.61-1.15)	
118-146	150 (18.5)	94 (20.0)	0.85 (0.59-1.22)	
≥147	154 (18.9)	69 (14.7)	0.69 (0.47-1.01)	
Weekly hours spent outdoors during summer in childhood (age <13 years)				0.74
≤12	166 (25.0)	98 (26.9)	1.00 (ref)	
12-24.5	252 (38.0)	144 (39.6)	0.86 (0.60-1.24)	
24.5-34.5	85 (12.8)	34 (9.3)	0.60 (0.35-1.02)	
≥34.5	161 (24.3)	88 (24.2)	0.97 (0.65-1.45)	
Weekly hours spent outdoors during summer in adolescence (age 13 to 19 years)				0.60
≤10.5	209 (31.5)	121 (33.5)	1.00 (ref)	
10.6-18.4	124 (18.7)	59 (16.3)	0.78 (0.53-1.14)	
18.5-28.5	211 (31.8)	124 (34.4)	1.01 (0.73-1.38)	
≥28.6	120 (18.1)	57 (15.8)	0.82 (0.56-1.21)	

in addition to 500 variants in other genes in the vitamin D pathway (20). They found three markers in *CYP24A1* with nominal statistical significance ( $p < 0.05$ ) but these did not survive correction for multiple comparisons, as was the case for all other SNPs under study, suggesting that genetic variation in the vitamin D pathway does not play an important role in breast cancer etiology in this population. Variants studied by Dorjgochoo *et al.* do not coincide with those in the present study however the SNP rs6097809, found to be modestly associated with breast cancer risk with a per allele OR of 0.90, (95% CI=0.83-0.98,  $P_{\text{trend}}=0.02$ ) in their study, is in LD with the variant rs1570669 ( $r^2=0.25$ ), for which we found effects of similar direction and magnitude (OR=0.84 per rare allele, 95% CI=0.71-1.00,  $P_{\text{trend}}=0.05$ ).

Wang *et al.* conducted a genome-wide association study to find SNPs associated with vitamin D insufficiency among men and women of European descent (6). They found that SNP rs6013897, in the intergenic region downstream of *CYP24A1*, achieved genome-wide statistical significance as a predictor of vitamin D insufficiency in the pooled sample; in HapMap data this SNP is in weak LD with two SNPs we

studied here (rs1570669, rs2762934, with  $r^2=0.09$  and 0.12, respectively), found to be associated with significantly reduced, and significantly increased breast cancer risk, respectively. However, it is not clear if these results are comparable, since vitamin D insufficiency for the analysis of Wang *et al.* was based on circulating 25-hydroxyvitamin D, while we have suggested that *CYP24A1* polymorphisms might impact breast cancer risk through effects on the availability of its downstream metabolite, 1,25 hydroxyvitamin-D. Genome-wide association studies of breast cancer have not identified loci in *CYP24A1*, although achieving genome-wide significance may exclude some true risk genes and it may be that additional studies conducted to evaluate interaction may be required to find these loci.

We recorded a reduced risk of breast cancer in association with the number of rare alleles for rs1570669 in *CYP24A1*. This polymorphism is located in a haplotype block identified in our data that includes polymorphisms in the 8th, 9th and 12th introns. Previous research has shown differences among cancer cell lines in enzyme activities of induced and constitutive CYP24A1, resulting from differential splicing of transcripts between exons 9 and 11 (24). Investigators have

Table V. Modification of associations between weekly hours spent outdoors in summer during the teen years (13-19 years) and breast cancer risk by vitamin D-related genotypes in the U.S. Radiologic Technologists cohort.

Polymorphism	Time outdoors (hours per week)	Homozygous for the common allele			One or more rare alleles			P for interaction
		Cases/ Controls	Estimates of association		Cases/ Controls	Estimates of association		
			Odds ratio (95% confidence interval)	$P_{\text{trend}}$		Odds Ratio (95% confidence interval)	$P_{\text{trend}}$	
<i>VDR FokI</i> (rs2228570)		CC			CT+TT			0.01
	≤10.5	45/85	1.00 (ref)	0.09	74/123	1.00 (ref)	0.05	
	10.6-18.4	19/55	0.62 (0.33-1.18)		40/69	0.92 (0.57-1.51)		
	18.5-28.5	58/75	1.43 (0.87-2.36)		63/135	0.79 (0.52-1.21)		
	≥28.6	29/41	1.36 (0.74 -2.47)		28/79	0.60 (0.36 -1.01)		
<i>VDR BsmI</i> (rs1544410)		GG			GA+AA			0.02
	≤10.5	38/85	1.00 (ref)	0.18	79/120	1.00 (ref)	0.06	
	10.6-18.4	20/37	1.11 (0.56-2.17)		38/86	0.61 (0.38-1.00)		
	18.5-28.5	54/60	1.95 (1.14-3.33)		67/150	0.68 (0.45-1.03)		
	≥28.6	23/43	1.12 (0.59-2.13)		30 / 76	0.64 (0.38-1.07)		
<i>CYP24A1</i> (rs1570669)		TT			TC+CC			0.003
	≤10.5	49/93	1.00 (ref)	0.08	72/115	1.00 (ref)	0.02	
	10.6-18.4	22/48	0.79 (0.43-1.47)		36/75	0.72 (0.44-1.19)		
	18.5-28.5	53/79	1.30 (0.79-2.13)		68/130	0.83 (0.55-1.27)		
	≥28.6	32/39	1.59 (0.88-2.87)		24/81	0.47 (0.28-0.83)		

speculated that germline polymorphisms in the ninth intron could influence splicing but this has not yet been shown (25).

Finally, in exploratory analyses, we assessed potential interactions between the genetic variants and a number of different measures of sunlight exposure, including average annual sunlight in the state of residence at the study baseline and at birth, and retrospectively collected data on time spent outdoors during summers in childhood (<13 years) and during the teen years (13-19 years). Several interactions were observed, each indicating that among women carrying rare alleles of genotypes in the *VDR* and *CYP24A1* genes, greater time spent outdoors during summers in the teen years was associated with reduced risk of breast cancer; in contrast, no inverse associations in association with time outdoors were observed in women homozygous for the same genotypes. While a large number of comparisons were made, the clustering of statistically significant interactions suggest that sun exposure and vitamin D may be most important for women who are genetically susceptible and at a time of life when breast tissue is more susceptible to insult.

Polymorphic variation in the *CYP24A1* gene has not been extensively studied but may be important as a determinant of vitamin D availability in tissue. In the breast, available 1,25-hydroxyvitamin-D is determined not only by the availability of substrate (25-hydroxyvitamin D), but also by the relative expression and activity of the hydroxylases (*CYP27B1* and *CYP24A1*) which activate and degrade vitamin D. Paracrine mechanisms to regulate expression of these enzymes are

complex, tissue-specific, and as yet, poorly understood (26). SNP variants in *CYP24A1* could result in differences in gene expression, transcript stability, or enzyme activity, and so could have direct effects on tissue levels of 1,25-hydroxyvitamin-D. Variation in the gene could also affect co-regulation and so modulate the ability to maintain homeostatic tissue levels of activated vitamin D when circulating 25-hydroxyvitamin D undergoes seasonal fluctuations (27).

A number of polymorphisms in the *VDR* have been studied previously in association with breast cancer risk, however results are not consistent. Epidemiological studies of *BsmI* and breast cancer risk have inconsistent findings and both a meta-analysis (9) and a pooled study of six prospective studies (8) found no statistically significant association for this polymorphism. The *BsmI*-related variant has not been associated with *VDR* expression or function but is in LD with a known poly (A) variant in the 3' untranslated region of the gene which is thought to modulate the stability of RNA transcripts. Limited data have suggested that differences across populations in patterns of LD near this variant may explain the heterogeneity seen in association studies using this genetic marker (28).

Variation in the *VDR* genotypes for *FokI* suggests that the rare allele results in compromised efficiency of signal transduction. Results of a recent pooled analysis of six prospective studies [8] suggest a modest increase in breast cancer risk associated with the rare allele for the *FokI*-related

polymorphism (combined OR for two rare alleles =1.16, 95% CI=1.04-1.28 and  $P_{\text{trend}}=0.006$ ), however, there was significant heterogeneity across studies ( $p=0.03$ ). In our study, no significant main effect was seen for this polymorphism and in fact measures of association for this locus tended towards an inverse association.

While several previous studies have looked at interactions of dietary intake of vitamin D and its interactions with polymorphic variants in the *VDR* and *CYP24A1*, only one has looked at interactions of genotypes with exposure to sunlight, which has a greater impact on circulating vitamin D than diet. In a study by Anderson *et al.* (21), investigators report that they assessed interactions of variables related to sunlight exposure in adulthood, including geographic location, skin tone and sun-protective behaviors, and found no significant interactions with genetic polymorphisms in predicting breast cancer risk. Animal models of breast cancer and some epidemiological data suggest that prenatal, childhood, and adolescent periods are periods of greater susceptibility to carcinogenic insult since breast tissue remains undifferentiated until the first pregnancy (29). While exploratory, our findings of significant interactions with time spent outdoors in the teen years suggest that vitamin D exposure may be particularly important for later risk of breast cancer.

Our study has several unique features including the availability of genetic material and detailed information about reproductive, demographic and lifestyle factors derived from interviews of all subjects. Study participants came from states across the U.S. A limitation of the present study is the retrospective identification of cases, which required survival from the time of breast cancer diagnosis to blood collection; however, analysis of allelic frequencies in cases with varying lengths of time from diagnosis to blood sampling did not suggest that any SNP was a correlate of survival (data not shown). Comparisons of demographic characteristics did not reveal any significant differences between participating cases and those who did not participate (11).

In summary, we have identified a number of variants in the gene that codes for the 1,25-dihydroxyvitamin D<sub>3</sub> 24-hydroxylase enzyme associated with breast cancer risk. These findings need to be confirmed in other studies. Future studies should include more genes in the vitamin D pathway and greater coverage of these genes, particularly the *CYP24A1* gene, and measures of sunlight exposure in early life and adulthood to permit an examination of whether genetic variants interact with vitamin D levels to influence cancer risks.

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