

## Book Reviews

*Editorial Policy.* Recently published books and journals (one copy) are invited by the Editorial Office for announcement and review in ANTICANCER RESEARCH (no fee). Each announcement should include the full title of the publication, authors or editors, the number of pages, price, year of publication, ISBN and publisher. Publishers will be notified upon receipt of books and tear sheets of reviews will be sent after publication. Books will be returned to the sender only if the announcement is rejected. Reviews will be objective and clear regarding the content, quality and usefulness of the publication.

### Laser Capture Microdissection. Methods and Protocols. Second Edition.

*Edited by G.I. Murray.*

2011, pp. 493, Eur 109.95, ISBN: 978-1-61779-162-8.  
Springer Science + Business Media, New York, NY, USA.

Laser microdissection techniques have revolutionized the ability of researchers in general, and pathologists in particular, to carry out molecular analysis on specific types of normal and diseased cells and to fully utilize the power of current molecular technologies including PCR, microarrays, and proteomics. In the second edition of this book, experts in the field provide the reader with practical advice on how to carry out tissue-based laser microdissection successfully in their own laboratory using the different laser microdissection systems that are available and to apply a wide range of molecular technologies. The individual chapters encompass detailed descriptions of the individual laser based micro-dissection systems. The downstream applications of the laser microdissected tissue described in the book include PCR in its many different forms as well as gene expression analysis including application to microarrays and proteomics. Written in the highly successful Methods in Molecular Biology™ series format, chapters include introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and tips on troubleshooting and avoiding known pitfalls. This book is an ideal resource for researchers striving to move forward our understanding of normal physiology and pathology.

### Diagnostic Pathology of Ovarian Tumors.

*Edited by R.A. Soslow, C. Tornos.*

2011, pp. 312, Eur 159.95, ISBN: 978-1-4419-9750-0.  
Springer Science + Business Media, New York, NY, USA.

This volume offers a focus on the pathology of ovarian neoplasia with detailed clinically relevant information for practicing pathologists not found in other more general volumes of gynecologic pathology. This important work focuses almost entirely on strategies for accurate diagnosis and histologic subclassification, and the clinical correlates of these diagnoses. It provides evolving guidelines for detecting early ovarian

cancer in prophylactic specimens; cutting-edge information on enhancing the reproducible and clinically meaningful subclassification of ovarian carcinoma as well as new proposals for ovarian carcinoma grading. Richly illustrated, containing abundant tables and figures as well as bulleted points of information, *Diagnostic Pathology of Ovarian Tumors* is the first text offering chapters written by practicing gynecologists on how clinical data can enhance pathologic diagnostic accuracy, how pathologists can efficiently convey their diagnostic opinions to gynecologists, and the way in which a given diagnosis triggers a cascade of clinical testing and therapy. This book will be of great value to practicing surgical pathologists, including gynecologic pathologists, pathology residents in training, as well as gynecologic and medical oncologists worldwide.

### Epigenetics Protocols. Second Edition.

*Edited by T.O. Tollefsbol.*

2011, pp. 332, Eur 109.95, ISBN: 978-1-61779-315-8.  
Springer Science + Business Media, New York, NY, USA.

The field of epigenetics has played a major role at the forefront not only of molecular biology, but also of medical genetics and clinical medicine. Few disciplines have experienced growth comparable to that which we have witnessed for epigenetics in the past decade. The goal of this volume is to highlight select techniques that have been mainstays in the field as well as to cover methods that are especially relevant to extant discoveries in epigenetics. This volume focuses on the two broad areas of epigenetics: DNA methylation and chromatin modifications, and also covers the complex topic of computational methods for epigenetic analyses which is essential to a complete understanding of the vast body of information that is being derived with the use of these newly-developed tools. Written in the highly successful Methods in Molecular Biology™ series format, chapters contain introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and notes on troubleshooting and avoiding known pitfalls.

Authoritative and accessible, *Epigenetics Protocols, Second Edition* serves as an ideal guide to advanced students, basic scientists and clinical researchers as well as clinicians and biotechnology investigators who wish to continue exploring this exciting and progressive research field.

### Molecular Chaperones. Methods and Protocols.

*Edited by S.K. Calderwood, T.L. Prince.*

2011, pp. 321, Eur 117.65, ISBN: 978-1-61779-294-6.  
Springer Science + Business Media, New York, NY, USA.

The proteome consists of a complex mixture of proteins each of which need to be folded correctly in order to function for the health of the organism, and many of these proteins require molecular chaperones to reach the correct conformation and, in some cases, to remain in a folded form. In this volume, expert researchers address a wide variety of approaches to the study

these mechanisms, featuring the workings of heat shock proteins and heat shock transcription factors, in vitro and in vivo. Written in the highly successful *Methods in Molecular Biology*<sup>TM</sup> series format, chapters features introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and tips on troubleshooting and avoiding known pitfalls. This book will serve as an ideal guide for all scientists who wish to pursue this vital biological action and its impact on human health and disease.

### **Kinase Inhibitors. Methods and Protocols.**

*Edited by B. Kuster.*

2011, pp. 256, Eur 94.95, ISBN: 978-1-61779-336-3.

Springer Science + Business Media, New York, NY, USA.

Protein and lipid kinases are often the master regulators of cell signaling in eukaryotic systems. The human genome codes for more than 500 of these enzymes and their misregulation has been shown to be involved in the onset and progression of many diseases including cancer and inflammation. Therefore, small molecule kinase inhibitors have become important research tools for the elucidation of the many biological roles of kinases and their mechanisms of action. Kinase inhibitors thus also contribute significantly to the drug pipelines of the pharmaceutical and biotechnology industries and to the growing need to treat cancer and inflammation. In this book, experts in kinase biology, drug discovery, and clinical research present a series of exemplary methods that can be used to address the many challenges facing scientists in the discovery and development of kinase inhibitors both for research and clinical use. Chapters contain introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and notes on troubleshooting and avoiding known pitfalls. Authoritative and accessible, this volume aims to provide scientists with modern and relevant methods to accelerate or strengthen their research and drug discovery programs through the utilization of these vital regulators.

### **FNA Cytology of Ophthalmic Tumors.**

*Edited by C.V. Biscotti, A.D. Singh.*

2012, pp. 99, Eur 118.00, ISBN: 978-3-8055-9870-5.

S. Karger AG, Basel, Switzerland

This comprehensive and well-illustrated volume in the *Monographs in Clinical Cytology* series examines the spectrum of ophthalmic cytology including uveal, retinal, and orbital tumors. It includes historical perspectives, current indications, surgical techniques, and practical aspects of the cytological preparation of ophthalmic fine needle aspiration samples. The importance of a close collaboration between cytologists and ophthalmologists in the field of ophthalmic tumors is emphasized. The monograph presents high-quality illustrations accompanied by very informative legends that reveal the details

of the clinical-cytological correlation evident in many of the cases managed by the authors. It presents a complete spectrum of ophthalmic tumors covering uveal melanoma, uveal metastasis, intraocular lymphoma, and orbital tumors. Recent innovations in the instrumentation and use of digital cytology in fine needle aspiration biopsy are also reviewed. This publication is an excellent reference text on rare tumors. It is highly recommended reading for ophthalmic pathologists, cytologists, and oncologists.

### **Current Concepts in Uveal Melanoma.**

*Edited by M.J. Jager, L. Desjardins, T. Kivelä, B.E. Damato.*

2012, pp. 186, Eur 187.00, ISBN: 978-3-8055-9791-3.

S. Karger AG, Basel, Switzerland.

Uveal melanoma is an aggressive form of cancer that can involve the iris, the ciliary body, and/or the choroid, which is the main location of this tumor. Patients often wish to be informed about treatment choices and the results of different approaches. Important current clinical questions are whether a biopsy should be taken of choroidal melanomas, what should be done with this biopsy, and whether high-risk patients should be screened regularly. This volume describes the clinical characteristics of uveal melanoma along with the different current techniques available for treatment, such as radioactive plaque treatment, proton beam therapy, and local tumor resection. Furthermore, techniques for taking biopsies and characterizing biopsy material are demonstrated. Future therapies such as anti-VEGF treatment and options for the treatment of metastases are also discussed. Residents with an interest in ocular oncology, ophthalmologists or physicians dealing with uveal melanoma, as well as patients wishing to know more about this malignancy will find a topical update on uveal melanoma in this publication.

### **Nanomedicine – Basic and Clinical Applications in Diagnostics and Therapy.**

*Edited by C. Alexiou.*

2012, pp. 201, Eur 66.00, ISBN: 978-3-8055-9819-4.

S. Karger AG, Basel, Switzerland.

Nanomedicine - the application of nanotechnology to human health - is a promising field of research at the interface of physical, chemical, biological, and medical science. Recent advances have made it possible to analyze biological systems at cellular and subcellular levels, offering numerous promising approaches to improve medical diagnosis and therapy. It is expected that nanomedicine will have a great impact especially on drug delivery and imaging. In this context, the development of targeted, highly specific nanoparticles is of pivotal importance. The results of these advances will offer personalized diagnostic tools and treatments in the future.

Based on the 2nd Else Kroner-Fresenius-Symposium, this book presents a broad spectrum of topics ranging from nanoscale drug delivery/drug design to nanotoxicity and from diagnosis and imaging to therapeutic applications including

antibody therapies. The contributions are authored by leading experts in the field and provide an excellent overview of the current knowledge in nanomedicine. Due to the interdisciplinary nature of the subject area this volume will be of special interest to physicians, biologists, chemists, engineers, and physicists as well as to students in the respective fields.

### **Mouse as a Model Organism. From Animals to Cells.**

*Edited by C. Brakebush, T. Pihlajaniemi.*

2011, pp. 165, Eur 139.95, ISBN: 978-94-007-0749-8.

Springer Science + Business Media, New York, NY, USA.

Cell culture based research is important for our understanding of biological processes at the cellular and molecular level. Using this approach, the previous decades have produced a wealth of mechanistic information in all areas of biomedical research. Such in vitro research, however, lacks the complexity of in vivo investigations, where many different cell types interact with each other in a normal, three-dimensional environment, with normal levels of cytokines and growth factors. Furthermore, complex human diseases, such as cancer, diabetes or chronic inflammation, can only be modeled in vivo. Due to its small size, its short reproduction time, and the possibility to introduce specific gene mutations, the mouse has become the favourite mammalian model organism to study in vivo function of genes during development and in disease.

This book combines review articles on selected subjects presented at the symposium "Mouse as a Model Organism – From Animals to Cells", held in Rovaniemi, Finland, 2009. Among other topics, high-throughput phenotyping of mouse mutants, mouse phenotypes dependent on nature and nurture, and a spectrum of in vivo, ex vivo and in vitro methods to study cancer in mice are described.

This book will give an excellent introduction to scientists interested in the use of mice as a model to understand complex biological questions in the post-genomic era. It will highlight the possibilities, but also discuss the current problems and shortcomings, to give a realistic view of the current state-of-art in this fascinating field of biomedical research.

### **Cushing's Syndrome. Pathophysiology, Diagnosis and Treatment.**

*Edited by M.D. Bronstein.*

2011, pp. 301, Eur 159.95, ISBN: 978-1-60327-448-7.

Springer Science + Business Media, New York, NY, USA.

Cushing's syndrome is a relatively rare clinical disorder that is associated with many co-morbidities such as systemic hypertension, diabetes, osteoporosis, impaired immune function and growth impairment in children, all of which severely reduce quality of life and life expectancy. This book reviews the difficulties in distinguishing Cushing's syndrome from these and other common conditions, such as central obesity, menstrual irregularity and depression. It also provides state-of-the-art

information on various strategies to establish the diagnosis of Cushing's syndrome and the differential diagnosis among its diverse etiologies, as well as therapeutic approaches. Additionally, a range of conditions that represent challenges for the diagnosis and treatment--such as renal failure, pediatric age, cyclic hypercortisolism, and pregnancy--are covered in detail. A valuable resource not only for endocrinologists but also internal medicine physicians, gynecologists, pediatricians, pituitary surgeons and urologists. This volume provides insights by experts that will help all physicians dealing with Cushing's syndrome to expand their knowledge about the condition and provide targeted, comprehensive care.

### **Handbook of ELISPOT. Methods and Protocols.**

*Edited by A.E. Kalyuzhny.*

2011, pp. 329, Eur 102.67, ISBN: 978-1-61737-588-0.

Humana Press, Totowa, NJ, USA.

Although the ELISPOT (enzyme-linked immunospot) assay is widely used in many fields of biomedical research, producing recognizable and quantifiable spots may be very difficult not only for beginners, but also for experienced researchers. In this handbook, the first book dedicated entirely to the ELISPOT, recognized experts with first-hand experience detail how to design, perform, and analyze these assays. The readily reproducible techniques they provide cover a wide variety of topics, including the use of membrane-backed plates, the standardization and validation procedures, the removal of cells from ELISPOT plates, cell separation techniques, and the quantification of ELISPOT data. There are also numerous ELISPOT applications involving animal models, human cells, measles, multiple sclerosis, immune responses, multicytokine detection systems, and immunocytochemistry. Highlights include dual-color and multiplex ELISPOT assays, use of the ELISPOT assay on feline lymphocytes, standardization of the ELISPOT procedure, and combining the ELISPOT assay with immunohistochemistry. The protocols follow the successful Methods in Molecular Biology™ series format, each offering step-by-step laboratory instructions, an introduction outlining the principle behind the technique, lists of the necessary equipment and reagents, and tips on troubleshooting and avoiding known pitfalls.

Comprehensive and highly practical, this book offers both novice and experienced researchers a wealth of easy-to-understand information that will clarify the technically challenging aspects of ELISPOT and open the door to its wider successful use.

### **Oxford American Handbook of Hospice and Palliative Medicine.**

*Edited by E. Bruera, S. Yennurajalingam.*

2011, pp. 488, £32.50, ISBN: 978-0-19-538015-6.

Oxford University Press, New York, NY, USA.

This handbook provides an easily navigable source of information about the day-to-day management of patients requiring palliative and hospice care. Succinct, evidence-based, topically focused content is supplemented by extensive tables

and algorithms. The table of contents and balance of coverage follows the core curriculum of the American Board of Hospice and Palliative Medicine, thus meeting the educational and clinical information needs of students, residents, fellows, and nurse practitioners. An expert team of clinicians, led by world renowned Eduardo Bruera, address approach to care; psychosocial and spiritual issues; impending death; grief and bereavement; assessment and management of pain; management of non-pain symptoms such as nausea, dyspnea, depression, insomnia, and bleeding; communication and team work; and ethical and legal decision making. This is an ideal resource and reference for residents, healthcare professionals, and nurse practitioners managing patients who access hospice end-of-life care.

### **Prostate Cancer.**

*Edited by P.N. Lara Jr.*

2011, pp. 113, £17.00, ISBN: 978-0-19-975478-6.  
Oxford University Press, New York, NY, USA.

Part of the new Oxford American Oncology Library, this practical, concise, up-to-date guide aims to provide a valuable reference for the busy practitioner at the point of care. His handbook offers relevant context on the biology, epidemiology, diagnosis, screening and treatment of prostate cancer. Importantly, the volume contains evidence-based discussion of treatments for every stage and type of prostate cancer – localized and advanced as well as androgen-dependent and independent disease. The authors detail therapy mainstays, such as surgery, chemotherapy and radiation as well as the novel and supportive therapies. This concise, yet comprehensive, portable resource prominently features informative tables, summary charts, algorithms and figures, for easily accessible, useful guidance on optimizing treatment outcomes and improving clinical practice for prostate cancer patients.

### **After Prostate Cancer.**

*Edited by A. Melman, R.E. Newnham.*

2011, pp. 233, £12.99, ISBN: 978-0-19-539966-0.  
Oxford University Press, New York, NY, USA.

Men who have completed prostate cancer treatment often find themselves facing new challenges and setbacks that do not necessarily recede along with the cancer. In this book the authors offer thorough explanations of what happens after the treatment phase has ended, and what readers can do to move themselves through recovery to the best possible health and long-term prognosis. Giving detailed descriptions of what to expect and why according to diagnosis, treatment methodology, and other variables that make each man's post-treatment experience different, this book offers strategies for mindfully and healthfully approaching post therapy issues, including confronting PSA measurement, erectile dysfunction, urinary incontinence and psychological issues that are a common result of living through prostate cancer and treatment.

### **Oxford American Mini-Handbook of Genitourinary Cancers.**

*Edited by G.H. Lyman.*

2011, pp. 106, £11.99, ISBN: 978-0-19-539320-0.  
Oxford University Press, New York, NY, USA.

Part of the Oxford American Oncology Mini-Handbook series, this book serves as a succinct refresher on genitourinary cancer management. In recent years, rapid progress in the understanding and treatment of cancer has occurred, with many years and exciting treatment therapies now available to clinicians. These modalities have greatly improved the ability of oncologists to reduce the adverse impact of genitourinary cancer and its treatment. Furthermore, they have enabled patients to complete potentially curative treatment in an optimal fashion. Evidence-based clinical practice guidelines have emerged from a variety of professional organizations to guide clinical decisions and optimize the management of patients with malignant diseases. However, many of these guides are cumbersome and too lengthy; therefore, a need remains for an updated and portable genitourinary cancer-care resource that enables the physician to treat the patient with the best information currently available. This volume contains concise but comprehensive evidence-based discussion and management of all stages and kinds of this disease, including renal, prostate, penile and testicular cancers.

### **Oxford American Mini-Handbook of Gastrointestinal Cancers.**

*Edited by G.H. Lyman.*

2011, pp. 76, £11.99, ISBN: 978-0-19-539319-4.  
Oxford University Press, New York, NY, USA.

This concise yet comprehensive pocket guide provides primary care practitioners, oncologists and other healthcare professionals who regularly treat cancer patients with essential, evidence-based guidance on the diagnosis, treatment and management of gastrointestinal cancer. Edited by a world-renowned expert in oncology, this volume outlines the major gastrointestinal cancers with sections on the epidemiology, pathology, clinical presentation, diagnosis and classification, prognosis and key treatment criteria of each disease. Moreover, the handbook includes a comprehensive final section on the best new and well-tested targeted therapies for gastrointestinal cancer treatment. Supplemented with numerous, helpful point-of-care tables and figures, this volume will serve as a key tool for any busy clinician seeking to provide the best care for the gastrointestinal cancer patient.

### **Oxford American Mini-Handbook of Hematologic Malignancies.**

*Edited by G.H. Lyman.*

2011, pp. 141, £11.99, ISBN: 978-0-19-539061-2.  
Oxford University Press, New York, NY, USA.

This concise yet comprehensive pocket guide provides primary care practitioners, oncologists and other healthcare professionals



who regularly treat cancer patients with essential, evidence-based guidance on the diagnosis, treatment and management of hematologic cancers. Edited by a world renowned oncologist, this volume outlines the major hematologic malignancies with sections on the epidemiology, pathology, clinical presentation, diagnosis and classification, prognosis and key treatment criteria of each disease. Moreover, the handbook includes a comprehensive final section on the best new and well-tested targeted therapies for hematologic cancer treatment. Supplemented with numerous, helpful point-of-care tables and figures, this volume will serve as a key tool for any busy clinician seeking to provide the best care for the hematologic cancer patient

### **Targeted Therapies in Breast Cancer.**

*By H.J. Burstein.*

2011, pp. 54, £9.99, ISBN: 978-0-19-973567-9.  
Oxford University Press, New York, NY, USA.

This Oxford American Pocket Note provides information on indications, dosage and administration, and side effects of targeted therapies of breast cancer, including antiestrogen agents, chemotherapeutic microtubule targeting agents, HER2 directed therapies for metastatic breast cancer, HER2 directed therapy for early stage breast cancer, angiogenesis inhibitors and PARP inhibitors.

### **Targeted Therapy in Non-Small Lung Cancer.**

*By D.E. Gerber.*

2011, pp. 76, £9.99, ISBN: 978-0-19-974308-7.  
Oxford University Press, New York, NY, USA.

This Oxford American Pocket Note provides summarized knowledge on molecular target therapies in NSCLC providing information on EGFR inhibitors, antiangiogenic agents, erlotinib, cetuximab and bevacizumab including indications, dosage and administration, toxicities and outcome.

### **Opioid Prescribing Toolkit.**

*By N. Katz.*

2011, pp. 73, £15.99, ISBN: 978-0-19-978236-9.  
Oxford University Press, New York, NY, USA.

This handbook aims to provide evidence-based, specific guidance for translating research and knowledge into clinical practice. The principles outlined in this handbook will enable clinicians to balance pain management with risk minimization in a rigorous, but highly practical manner.

In addition to clear algorithms, report templates, and even instructions for busy office staff, this concise volume provides invaluable "how to" guidance for easy adoption in the clinical setting, including specific direction on patient assessment and monitoring, mental health screening, urine toxicology, risk satisfaction, opioid selection and rotation, endocrine monitoring,

brief intervention techniques, and exit strategies. Authored by a renowned expert in the field of pain medicine and risk management, this concise yet comprehensive handbook is an invaluable resource for all clinicians treating patients with significant pain, including primary care practitioners, oncologists, and rheumatologists, as well as medical residents in pain medicine, palliative medicine, and anesthesia.

### **Colloids and Interface in Life Sciences and Bionanotechnology. Second Edition.**

*By W. Norde.*

2011, pp. 477, £39.99, ISBN: 978-1-4398-1718-6.  
CRC Press, Taylor & Francis Group, Boca Raton, FL, USA.

Colloidal systems occur everywhere—in soils, seawater, foodstuff, pharmaceuticals, paints, blood, biological cells, and microorganisms. *Colloids and Interfaces in Life Sciences and Bionanotechnology, Second Edition*, gives a concise treatment of physicochemical principles determining interrelated colloidal and interfacial phenomena.

This second edition includes: New topics, including phase separations in polymer systems, electrokinetics of charged permeable surface coatings, and polymer brush coatings to control adsorption and adhesion of particles; inter-particle interactions and surface phenomena in (bio)nanotechnology; More than 100 new or updated exercises and full solutions.

Focusing on physicochemical concepts that form the basis of understanding colloidal and interfacial phenomena—rather than on experimental methods and techniques—this book is an excellent primer for students and scientists interested in colloidal and interfacial phenomena, their mutual relations and connections, and the fascinating role they play in natural and man-made systems.

### **The History of Oncology.**

*By D.J.Th. Wagener.*

2009, pp. 302, ISBN: 978-90-313-6143-4.  
Springer, Houten, The Netherlands.

The author, Professor Emeritus of Medical Oncology, reviews all aspects of the problem of cancer from a historical perspective, from the oldest existing records to the latest scientific and medical advances. It will interest the many people engaged in the treatment of cancer to read how the current therapeutic methods came about, and the book may also provide inspiration for cancer researchers, and for all those directly or indirectly involved with cancer. The layman looking for background information on a particular treatment may find it useful too. The various chapters can be read independently. A glossary and a few explanatory diagrams augment the text.

This book grew out of an invitation the author received to lecture on the history of oncology. During his background reading, he discovered that there was no single volume dealing with the entire history of the subject. Fortunately, however, a great deal of information could be found here and there in the

literature. As he read, he was struck by the fascinating stories behind many discoveries, and felt impelled to put them together in a single comprehensive account. The results of his labors are presented in this remarkable volume.

**Medical Tests Sourcebook. Fourth Edition.**

*Edited by J. Brennfleck Shannon.*

2011, pp. 649, US\$95.00, ISBN: 978-0-7808-1151-5.

Omnigraphics, Detroit, MI, USA.

Complementary and alternative medicine (CAM) therapies play a key role in Informed decisions about health and the treatment of disease are guided by the wealth of information discovered through medical screening and diagnostic tests. Screening tests identify risk factors for specific disorders, while diagnostic tests find markers of disease or dysfunction. Medical tests assist in diagnosing the causes of symptoms, making treatment decisions, and assessing treatment effectiveness. When faced with decisions about health, consumers need to understand the benefits and limitations of medical tests and how test results guide treatment and lifestyle choices.

Medical Tests Sourcebook, Fourth Edition provides updated information about exams, tests, and other screening, diagnostic, and disease-monitoring procedures. It discusses preventive care guidelines and the screening tests used for such specific conditions as allergies, cancer, celiac disease, cardiovascular disorders, diabetes, kidney and thyroid dysfunction, and others. Details about laboratory blood tests, biopsies, throat cultures, toxicology screens, urinalysis, and genetic tests are also presented. Imaging tests, such as x-ray, ultrasound, computed

tomography, and magnetic resonance, nuclear, and thermal imaging are described, and facts are offered about electrical, endoscopic, and home use tests. The book concludes with a glossary of related terms, a list of online health screening tools, and directories of breast and cervical cancer early detection programs and other resources for more information.

**Handbook for Mortals. Second Edition.**

*By J. Lynn, J. Harrold, J. Lynch Schuster.*

2011, pp. 296, £15.99, ISBN: 978-0-19-974456-5.

Oxford University Press, New York, NY, USA.

This book is warmly addressed to all those who wish to approach the final years of life with greater awareness of what to expect and greater confidence about how to make the end of their lives a time of growth, comfort, and meaningful reflection. Written by Dr. Joanne Lynn and a team of experts, it provides equal measures of practical information and wise counsel. Readers will learn what decisions they will need to face, what choices are available to them, where to look for help, how to ease pain and other symptoms, what to expect with specific diseases, how the health care system operates, and how the entire experience affects dying persons, their families, and their friends. Such practical information is indispensable. But equally important are the personal stories included here of how people have come to terms with serious illness and dying, how they have faced their fears and made their choices. These give us moving firsthand insights into a profoundly important process, one that is often kept hidden in our culture.