Phase I Study of Combination Therapy with S-1 and Weekly Docetaxel for Advanced Gastric Cancer

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Abstract. *Background: The primary objective of this study was to determine the maximum tolerated dose (MTD), the toxicity profile and the recommended dose (RD) for phase II of a combination of S-1 and weekly administration of docetaxel. Patients and Methods: Patients with histologically diagnosed recurrent or unresectable locally advanced gastric cancer were enrolled. A fixed oral dose of 80 mg/m^2 S-1 was given for 3 weeks. Docetaxel was infused intravenously on day 1, 8 and 15, repeated every 5 weeks. A pharmacokinetic study was also performed. Results: A total of 14 patients were enrolled. One dose-limiting toxicity (DLT) (grade 3 diarrhea with febrile neutropenia) occurred at level 2. DLTs occurred in 3/5 patients at level 3, (grade 3 stomatitis, with febrile neutropenia or continuous grade 4 neutropenia). The pharmacokinetic study suggested no drug interactions. Overall response and disease control rates were 20% and 80%, respectively. The response rate at the RD (level 2) was 50%. Overall survival was 9.4 months. Conclusion: RD was level 2 (80 mg/m^2 of S-1 for 3 weeks and 20 mg/m^2 of docetaxel on day 1, 8 and 15, every 5 weeks). Dose intensities of S-1 and docetaxel were 48 mg/m^2/week and 12 mg/m^2/week, respectively. This regimen showed promising activity for advanced gastric cancer.*

The incidence and mortality of gastric cancer has been declining, however, it remains one of the most common causes of cancer-related death (1). It is often diagnosed in advanced stage or recurrent disease, both of which are incurable, and carries a dismal prognosis with a short median survival. The one year survival rate is approximately 50% in stage III gastric cancer patients, and 25% in stage IV. Although gastric cancer has been regarded as a resistant tumor, several clinical trials have revealed that some chemotherapeutic agents are effective. 5-Fluorouracil (5-FU)-containing regimens are considered as standard chemotherapy because they provide survival benefit and improvement in quality of life compared with best supportive care (2-4). Hence in the 1980's, many combinations of drugs, 5-FU/doxorubicin/mitomycin (FAM) (5), 5-FU/doxorubicin/methotrexate (FAMTX) (6), etoposide/doxorubicin/cisplatin (EAP) (7), epirubicin/cisplatin/5-FU (ECF) (8), 5-FU/doxorubicin/cisplatin (FAP) (9) and 5-FU/cisplatin (FP) (10, 11) were reported in the treatment of gastric cancer. Although response rates were improved by 40-70%, the survival advantage over single agent 5-FU alone was not significant and severe adverse effects were observed (12). To improve efficacy of chemotherapy against gastric cancer, development of novel agents and combinations which have higher antitumor activity with favorable safety profiles is crucial.

S-1, a fourth-generation oral fluoropyrimidine, is a formulation of tegafur (FT), 5-chloro-2,4-dihydroxypyridine (CDHP) and potassium oxonate (Oxo) at a molar ratio of 1:0.4:1 (13). FT is the prodrug for cytotoxic fluorouracil (FU) and CDHP prevents its degradation. CDHP is a potent and competitive inhibitor of dihydropyrimidine dehydrogenase, which reduces the degradation of FU and allows efficacious concentrations to enter the anabolic pathway. The diarrheagenic property of FU is a result of its phosphorylation in the intestine, primarily by orotate phosphoribosyltransferase (OPRT). Oxo is a competitive inhibitor for OPRT. Thus, the protective effect of Oxo is due to its ability to reduce phosphorylation of FU. Thus, one component of S-1, CDHP, reduces the degradation of cytotoxic FU, and another component, Oxo, potentially reduces its GI toxicity. Phase II studies of S-1 monotherapy in patients with advanced gastric cancer showed an overall

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response rate of 26-49% with the most relevant side-effects being fatigue, diarrhea and neutropenia (14-16). Recently, phase II studies of S-1 plus cisplatin (17), or S-1 plus irinotecan (18) have been evaluated and showed promising response rates.

Docetaxel is a semisynthetic taxoid which enhances microtubule assembly and inhibits the depolymerization of tubulin (19); it has broad antitumor activity against malignancies. It demonstrated promising single-agent efficacy in gastric cancer (20-23) and was therefore investigated in different combination regimens. The combinations of docetaxel with 5-FU (24), capecitabine (25, 26), irinotecan (27) and cisplatin (28) have demonstrated high efficacy. The triplet combination of docetaxel/cisplatin and 5-FU has significantly prolonged overall survival compared to cisplatin plus 5-FU (29). Thus, docetaxel is one of the key drugs playing an integral part in routine combination regimens against gastric cancer.

Based on the clinical activity of both docetaxel and S-1, and the fact that there is no cross resistance or synergistic anti-tumor effect between docetaxel and 5-FU (30) or S-1 (31, 32) *in vitro* or *in vivo*, two Japanese investigators combined docetaxel and S-1 in a clinical trial (33-35). The recommended dose of docetaxel was 40 mg/m^2 on day 1, in combination with S-1 80 mg/m^2 on days 1-14, every 3-4 weeks. The total dose of docetaxel was restricted by neutropenia, with around 70% of patients having grade 3 or 4 neutropenia (33). The real dose intensities of S-1 and docetaxel were around 40 mg/m^2/week and 10 mg/m^2/week, respectively. A weekly administration schedule of docetaxel has been reported as a safe and effective treatment for advanced gastric cancer (26, 36, 37). The aims of the present study were to determine the maximum-tolerated dose (MTD) of docetaxel with weekly administration in combination with S-1 in order to achieve higher dose intensities of both drugs with a feasible toxicity profile and to establish the recommended dose (RD) for Phase II trials.

Patients and Methods

Eligibility criteria. Patients, aged 20 to 75 years, with at least one measurable lesion of pathologically proven inoperable or recurrent gastric cancer were enrolled. Inoperability was determined on the basis of clinical evaluation, radiological imaging, laparoscopy or laparotomy with failed resection. Patients who had no more than two previous treatment regimens not including taxanes (docetaxel or paclitaxel) or S-1 were eligible.

Other eligibility criteria were: Eastern Cooperative Oncology Group performance status 0 or 1; estimated life expectancy of at least 3 months; adequate renal function (serum creatinine <1.5x upper limit of the reference range (ULN)), adequate hepatic function (serum bilirubin <1.5x ULN; transaminases <2.5x ULN) and adequate hematological function (hemoglobin >8 g/dl, leukocytes >4,000/μL and thrombocytes >100,000/μL). No other anti-tumor therapy was allowed 28 days prior to treatment.

Table I. *Patient characteristics.*

Characteristics	Number of patients
Number of patients (evaluable)	14
Age, years; median (range)	61 (31-76)
Gender	
Male	11
Female	3
Performance status (ECOG)	
0	2
1	12
Histology	
Not assessable 2	
Well-differentiated	0
Moderately differentiated	3
Poorly differentiated	9
Extent of disease	
Primary site only	2
Primary and metastatic sites	9
Metastasis only	3
Previous treatment	
None	7
Surgery alone	2
Surgery and adjuvant chemotherapy	2
Surgery and intra-peritoneal chemotherapy	1
Systemic chemotherapy alone	1
Intra-peritoneal chemotherapy alone	1

Eligibility also included the ability to reliably tolerate and comply with oral medication. Patient compliance was recorded using chemotherapy diary cards. Pre-treatment evaluation included a complete medical history and physical examination, basic laboratory evaluation and staging of the underlying malignancy with either ultrasound, chest radiograph or computed tomography (CT) scan.

Main exclusion criteria were follows: pregnancy or breast feeding, symptomatic infectious disease, pulmonary fibrosis or interstitial pneumonia, grade 3 or severe hemorrhage/bleeding, grade 2 or severe peripheral neuropathy, symptomatic peripheral effusion or ascites, past history or allergic reaction to polysorbate 80, obstructive bowel disease or severe diarrhea, congestive heart failure, uncontrolled angina pectoris, or arrhythmia, uncontrolled diabetes or hypertension, symptomatic brain metastasis and active concomitant malignancy.

Patient characteristics are given in Table I. This was a phase I study, conducted at the Department of Medical Oncology, Kinki University, Japan. This study was approved by the institutional review board of Kinki University and all patients provided written informed consent.

Drug administration. Patients received a dose of intravenous docetaxel administered as a 60 min infusion on day 1, 8 and 15, and oral S-1 administered at a fixed dose of 80 mg/m^2/day on days 1-21, every 5 weeks (Figure 1). Patients were treated for at least two cycles unless disease progression or unacceptable toxicity was observed. The initial starting dose of docetaxel was 15 mg/m^2 (level 1) (Table II). Dose

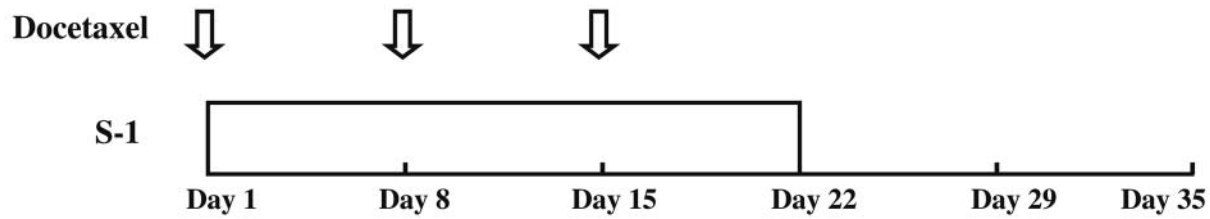

Figure 1. *Treatment schedule of combination therapy with S-1 and docetaxel. Administration of S-1 80 mg/m^2/day orally from day 1-21. Administration of docetaxel was given by drip infusion within 60 min. on day 1, 8 and 15. At all dose levels, the administration cycle was repeated every 5 weeks.*

escalation was conducted in increments of 5 mg/m^2 up to 25 mg/m^2 (level 3). No intra-individual dose escalation was performed. Docetaxel was only administered on day 8 and 15 if WBC and platelets were >2,000/μl and >75,000/μl, respectively, with non-hematological toxicity <grade 3 and allergic reaction/ AST/ALT/pneumonitis <grade 2. In case of grade 3 neutropenia or thrombocytopenia, or grade 2 diarrhea or mucositis, S-1 administration was interrupted until recovery. Patients were not allowed to escalate or reduce the dose of S-1. If any DLTs were observed, docetaxel was reduced once by one dose level for subsequent courses.

DLTs and MTD. Toxicities were evaluated according to the National Cancer Institute Common Toxicity Criteria (NCI-CTC) version 2 (38). DLTs were defined as follows: (a) grade 4 neutropenia lasting 5 days or longer; (b) febrile neutropenia (grade 3 or 4 neutropenia with fever (≥38.5˚C)); (c) grade 4 thrombocytopenia; (d) grade 3 or 4 non-hematological toxicity except for nausea, vomiting, anorexia and general fatigue; (e) failure to administer docetaxel on day 8; (f) failure to administer docetaxel on day 15, even if postponed for one week; and (g) failure to administer S-1 for 14 days continuously during treatment.

Assessment of DLTs was conducted only in the first treatment cycle. Three patients per dose level were planned to be included. In case of one DLT, three further patients were treated at that level. MTD was defined as at least two out of three or three out of six patients with DLT at a given dose level. Throughout this study, the prophylactic administration of granulocyte colony-stimulating factor (G-CSF) was not allowed.

Evaluation during therapy. Hematological and biochemical tests, performance status and clinical assessment of symptoms were monitored at least every week. Tumor response was assessed according to the Response Evaluation Criteria in Solid Tumors (RECIST) (39). All partial or complete responses were confirmed for a minimum of 4 weeks. Patients were considered evaluable for response if they received at least one complete cycle of therapy, unless treatment was stopped due to early toxicity. Time to progression and overall survival were estimated using the Kaplan-Meier method.

Pharmacokinetics. The pharmacokinetics of docetaxel and S-1 were studied during the first cycle of therapy. For docetaxel, 5 ml blood samples were taken from each patient at the following time-points: prior to treatment, 30 min into the drug infusion, at the end of docetaxel infusion, and 30 min, 1 h 2 h, 3 h, 4 h, 7 h and 24 h after the end of the infusion. For S-1, 5 ml blood samples were taken from each patient at the following time-points: prior to dose, and 1 h, 2 h, 4 h, 8 h and 24 h after dose. Initial administration of S-1 was started at 8 h after the end of docetaxel infusion on day 1. To evaluate drug–drug interactions between docetaxel and S-1, the pharmacokinetic analysis of docetaxel was conducted on day 1 and day 8, and that of S-1 was conducted on day 7 and day 8. On day1 only, S-1 was administered in the evening, after the blood correction for pharmacokinetic analysis of docetaxel at 7 h after infusion. All blood samples were centrifuged immediately and the separated plasma samples were frozen at –20˚C until analysis. The plasma samples were thawed at ambient temperature, then vortexed and centrifuged for 5 min at 3,000 rpm to remove fibrous materials. Pharmacokinetic analysis for docetaxel was performed according to Yoshida *et al.* (34). Pharmacokinetic analysis for S-1 was carried out as described elsewhere (17).

Table II. *Dose escalation scheme and DLTs in course 1.*

Level	1	2	3
Dose of docetaxel (mg/m^2)	15	20	25
Dose of S-1 (mg/m^2)	80	80	80
Number of patients	3	6	5
Median number of courses (range)	2 (2-9)	2 (2-5)	1 (1-2)
Number of patients with any DLT/Number of patients	0/3	1/6	3/5
ANC: <500/mm^3 for >5 days	0	0	2
Febrile neutropenia	0	1[a]	2
Other grade 3-4 non-hematological toxicity	0	1[a]	3[b]
Inability to receive docetaxel on day 8 or day 15	0	0	1[c]
Inability to receive S-1 more than 14 days	0	0	0

ANC: absolute neutrophil count; [a]Same patient with grade 3 diarrhea with febrile neutropenia; [b]All patients with grade 3 stomatitis; [c]Due to neutropenia.

Table III. *Hematological and non-hematological adverse events.*

Adverse events	Level 1 (n=3)				Level 2 (n=6)				Level 3 (n=5)			
NCI-CTC grade	1	2	3	4	1	2	3	4	1	2	3	4
Hematological												
Leukocytopenia	1	0	0	0	0	0	1	0	0	0	1	1
Neutropenia	1	0	0	0	0	0	1	0	0	0	0	2
Anemia	0	0	0	0	1	0	1	0	1	0	3	0
Thrombocytopenia	2	0	0	0	2	0	0	0	0	0	0	0
Non-hematological												
Nausea/vomiting	2	0	0	0	2	0	0	0	0	0	0	0
Anorexia	0	1	0	0	1	3	0	0	1	1	0	0
Fatigue	2	0	1	0	5	0	0	0	1	3	0	0
Stomatitis	2	0	0	0	0	0	0	0	0	0	3	0
Constipation	1	1	0	0	1	1	0	0	1	1	0	0
Diarrhea	1	1	0	0	0	1	1	0	2	1	0	0
AST/ALT	0	1	0	0	0	0	0	0	0	0	0	0
Skin rash	1	0	0	0	0	0	0	0	0	0	0	0
Pneumonia	0	0	0	0	0	0	0	0	0	0	0	0
Infection	1	1	0	0	0	1	0	0	0	0	0	0
Febrile neutropenia	0	0	0	0	0	0	1	0	0	0	2	0

AST: aspartate aminotransferase; ALT: alanine aminotransferase.

Results

Patient characteristics. A total of 14 patients with a median age of sixty-one years (range 31-76 years) were recruited for this study. Patient characteristics are listed in Table I. One patient was clinically diagnosed with primary ovarian cancer and following oophorectomy, a Krukenberg tumor with primary gastric cancer was diagnosed. Five patients received prior chemotherapy. Two patients had uracil-tegafur (UFT) and carboplatin/paclitaxel as adjuvant therapy, respectively. Two patients had received chemotherapy only, of systemic administration with cisplatin/5-FU and irinotecan, or of intra-peritoneal infusion with paclitaxel. Seven patients had not received any prior treatment.

Sequence of dose levels studied and DLTs. Three patients started on level 1 (S-1 80 mg/m^2/day with docetaxel 15 mg/m^2) and no DLTs were observed (Table II). The next cohort of three patients received dose level 2 (S-1 80 mg/m^2/day with docetaxel 20 mg/m^2) and as one patient experienced grade 3 diarrhea and febrile neutropenia (DLT), this group was expanded to six patients. None of the three additional patients experienced DLT. The next cohort of three patients received dose level 3 (S-1 80 mg/m^2/day with docetaxel 25 mg/m^2) and one patient experienced grade 3 stomatitis and grade 2 diarrhea (DLT), so this group was expanded to six patients. Two additional patients experienced DLT (grade 3 stomatitis, febrile neutropenia and continuous grade 4 neutropenia). One of these patients could not be treated with docetaxel on day 8 in the 1st cycle because of neutropenia. Thus, three of five patients had DLTs at level 3. In these five patients, the most frequent DLTs were stomatitis, febrile neutropenia and continuous neutropenia. Therefore, level 2 was considered as the recommend dose for the phase II study. The median number of cycles received per patient was two (range one to nine). Dose intensities of S-1 and docetaxel were 48 mg/m^2/week and 12 mg/m^2/week, respectively.

Adverse effects. All the patients were evaluated for adverse effects which are summarized in Table III. No grade 3 adverse effects were observed at level 1 except for fatigue in one patient. One patient at level 2 had grade 3 diarrhea with febrile neutropenia as DLT, however, no other grade 3 or non-hematological adverse effect was observed at the level in the repeated cycle. No grade 4 hematological adverse effects were observed at level 1 or 2. At level 3, 3 out of 5 patients had grade 3 stomatitis and 2 of them also had febrile neutropenia; furthermore, 3 out of 5 patients had grade 3 anemia while two out of 5 patients had grade 4 neutropenia.

Pharmacokinetics (PK) analyses. Blood samples for PK analyses were available for 13 out of the 14 patients, including all 5 patients at the optimal dose level (20 mg/m^2).

Table IV. *Plasma concentrations of docetaxel.*

	Level 1 (n=3)			Level 2 (n=5)			Level 3 (n=5)		
	C_{max} (ng/mL)	AUC_{0-t} (ng•h/mL)	AUC_{0-A} (ng•h/mL)	C_{max} (ng/mL)	AUC_{0-t} (ng•h/mL)	AUC_{0-A} (ng•h/mL)	C_{max} (ng/mL)	AUC_{0-t} (ng•h/mL)	AUC_{0-A} (ng•h/mL)
Day 1 (–S-1)	205	238	-	521	522	616	591	835	1547
Day 8 (+S-1)	240	308	-	597	547	581	379	555	1028

C_{max}: maximum observed concentration; AUC: area under the concentration-time curve.

Table V. *Plasma concentrations of FT, 5-FU, CDHP and Oxo.*

	FT		5-FU		CDHP		Oxo	
	C_{max} (ng/mL)	AUC_{0-A} (ng•h/mL)	C_{max} (ng/mL)	AUC_{0-A} (ng•h/mL)	C_{max} (ng/mL)	AUC_{0-A} (ng•h/mL)	C_{max} (ng/mL)	AUC_{0-A} (ng•h/mL)
Day 7 (n=8)	2526±615	15189±3184	151.3±70.6	810.5±349.3	299.8±175.8	1342.4±624.3	76.1±21.1	414.2±118.8
Day 8 (n=8)	2509±380	14882±2219	156.4±62.7	765.0±304.4	307.5±149.5	1368.8±537.2	93.8±46.4	491.0±216.3

FT: tegafur; 5-FU: fluorouracil; CDHP: 5-chloro-2,4-dihydroxypyridine; Oxo: potassium oxonate; C_{max}: maximum observed concentration; AUC: area under the concentration-time curve; Values are expressed as mean ± standard deviation (SD).

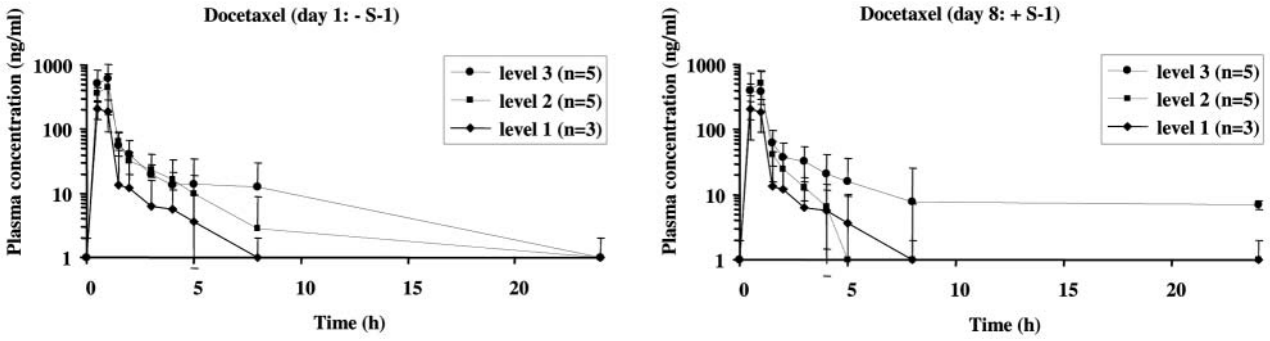

Figure 2. *Plasma concentrations of docetaxel with and without administration of S-1 (day 1 vs. day 8).*

The PK parameters for docetaxel are shown in Table IV. The plasma concentration of docetaxel with or without S-1 (day 1 *vs.* day 8) are shown in Figure 2. Although C_{max}, AUC_{0-t}, AUC_{0-A} of docetaxel on day 8 were slightly lower than those of day 1, PK parameters for docetaxel were equivalent between day 1 and day 8. The PK parameters for FT, 5-FU, CDHP and Oxo are shown in Table V. The plasma concentration of FT, 5-FU, CDHP and Oxo with administration or not of docetaxel (day 7 *vs.* day 8) are shown in Figure 3. PK parameters of S-1 were equivalent on day 7 and on day 8. Thus, no drug interactions between S-1 and docetaxel were observed.

Efficacy. Response and survival data were updated in October 2006. Ten patients were assessable for tumor response (Table VI). Four patients were considered not evaluable for response, because of early drop-out due to early toxicity. Two patients were also considered not evaluable for RECIST criteria, because there were only primary tumors and no metastatic site (Table I). One patient was considered not evaluable for response after entry because there was only peritoneal dissemination and no target lesion (Table VI). There were 2 partial responses at level 2 and no complete response. The overall response rate was 20% (2 out of 10). The response rate at the

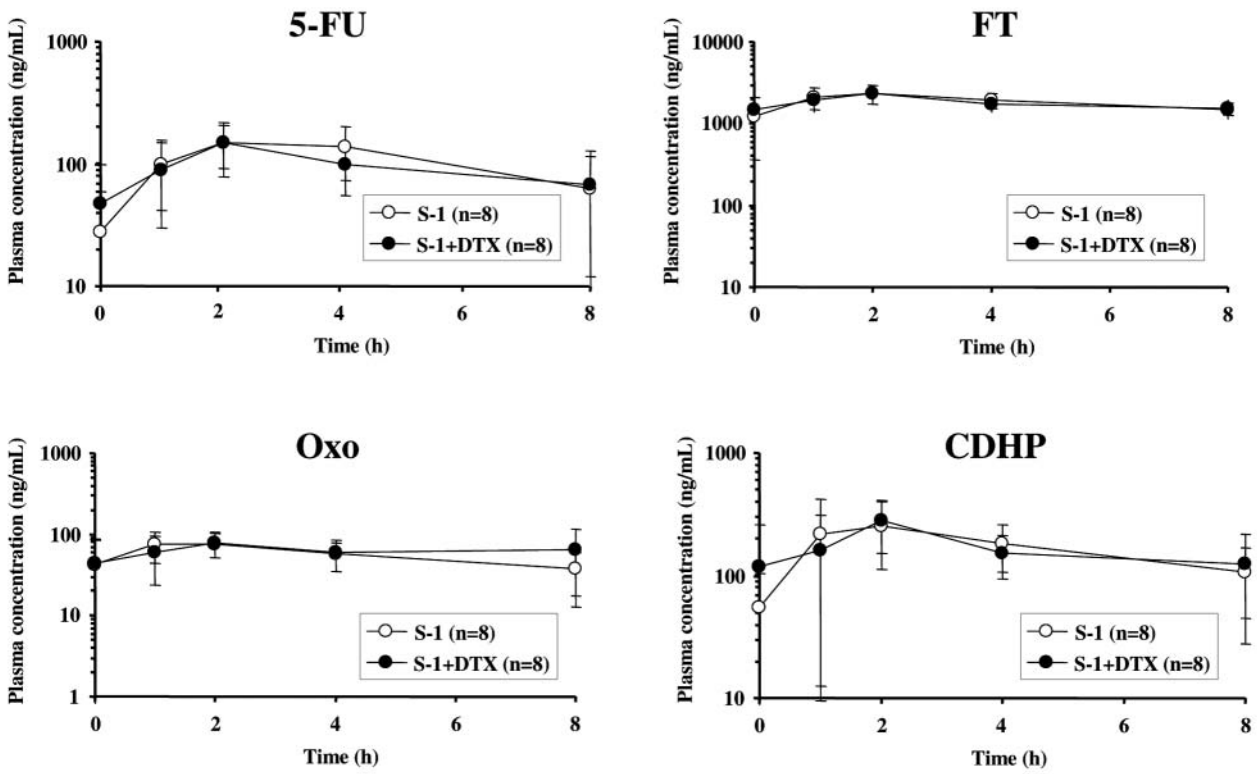

Figure 3. *Plasma concentrations of 5-fluorouracil (5-FU), tegafur (FT), potassium oxonate (Oxo), and 5-chloro-2,4-dihydroxypyridine (CDHP) with and without administration of docetaxel (day 7 vs. day 8).*

recommended dose (level 2) was 50% (2 out of 4). The disease control rate was 80% (8 out of 10). All fourteen patients were assessable for survival (Figure 4). The median survival time was 9.4 months and the median time to progression was 2.4 months. The median survival time at the recommended dose (level 2) was 10.0 months.

Table VI. *Tumor response.*

Level	Number of patients	CR	PR	SD	PD	RR (%)
1	2	0	0	2	0	0
2	4	0	2	1	1	50
3	4	0	0	3	1	0
Total	10	0	2	6	2	20

CR: complete response; PR: partial response; SD: stable disease, PD: progressive disease; RR: response rate; Tumor responses were evaluated using RECIST criteria.

Discussion

Current key drugs for the treatment of gastric cancer are cisplatin, taxoids (paclitaxel and docetaxel), irinotecan and 5-fluorouracil (5-FU) or its derivative drugs (such as doxifluridine, capecitabine, tegafur and UFT). 5-FU-based combinations are considered as a standard chemotherapy for first-line treatment of advanced gastric cancer because they provide survival benefit compared with best supportive care (2-4) In western countries, triplet combinations such as epirubicin/cisplatin/5-FU (ECF) or docetaxel/cisplatin/5-FU (DCF) (29) regimens are the current standard, however, they are sometimes not recommended practically because of their severe hematological toxicity. S-1 is a novel oral fluoropyrimidine derivative. Single use of S-1 has revealed promising response in advanced gastric cancer with acceptable side-effects being stomatitis, fatigue, diarrhea and neutropenia (14-16), but no hand-foot syndrome which is frequently caused by capecitabine. Based on the clinical activity of S-1 monotherapy, phase II studies of S-1 plus cisplatin (17), S-1 plus irinotecan (18) and S-1 plus docetaxel have been evaluated. Several reports suggested that there is synergistic anti-tumor effect between docetaxel and both 5-FU (30) and S-1 (31, 32).

This phase I study showed that combination therapy with S-1 and weekly docetaxel is active in advanced and recurrent gastric cancer and has an acceptable and manageable toxicity

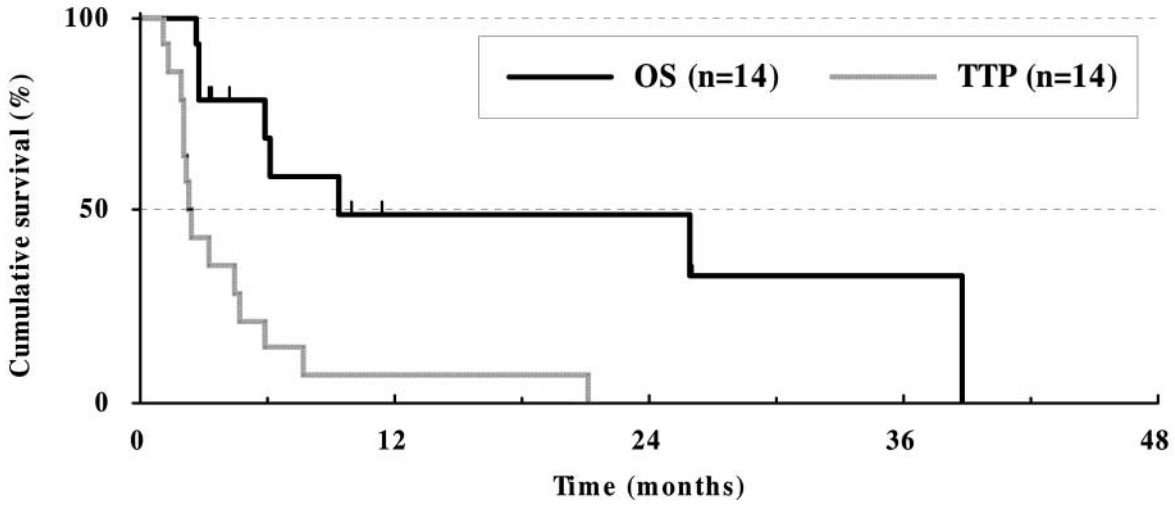

Figure 4. *Kaplan-Meier plot of log-rank analysis for overall survival (OS) and time to progression (TTP). Median overall survival time was 9.4 months. Median time to progression was 2.4 months.*

profile. The recommended dose of docetaxel was 20 mg/m^2 administered weekly (treatment on days 1, 8 and 15) in combination with 80 mg/m^2/day of S-1 for 3 weeks, repeated every 5 weeks. Two investigations (33, 35) previously reported a combination S-1 and once infusional docetaxel. In both studies, the recommended dose of docetaxel was 40 mg/m^2 on day 1 combined with full dose S-1 (80 mg/m^2) on days 1-14. Although Tomiak *et al.* (36) reported that such a regimen could be repeated every 3 weeks, treatment administration of the next cycle was delayed for a median 7 days because of neutropenia. Yamaguchi *et al.* (33) have described a similar regimen which should be repeated every 4 weeks. Thus, the real dose intensities of S-1 and docetaxel of the previous regimen were 40 mg/m^2/week and 10 mg/m^2/week, respectively. In the present study, expected dose intensities of S-1 and docetaxel were 48 mg/m^2/week and 12 mg/m^2/week, respectively, and were equivalent or higher than those of the previous regimen. Moreover, the presented weekly docetaxel based regimen is convenient and can be applied on an outpatient basis. In a previous study, docetaxel was found to modulate the level of metabolic enzymes of 5-FU and produced a synergistic effect in a gastric cancer cell line (32), however, in the present study, there were no drug–drug interactions between S-1 and docetaxel.

DLTs with the presented combination were stomatitis and febrile neutropenia. DLTs at the MTD dose level were severe stomatitis. Diarrhea and stomatitis are similar DLT profiles to that found with single use of S-1 and the addition of docetaxel renders this combination more serious. Phase II studies of S-1 monotherapy in patients with advanced gastric cancer showed an overall response rate of 26-49%. In combination S-1 with once infusional docetaxel, response rates were 46-56%. In our study, the overall response rate was 20%, however, the response rate was 50% at the recommend dose level. The disease control rate of 80% was also promising. With a median survival time of 9.4 months, a median time to progression of 2.4 months, and a median survival time at the recommended dose of 10.0 months, the survival benefit was considered favorable in comparison with median survival times of other regimens, such as docetaxel (6-8 months), S-1 (7-8 months), ECF (10 months) and DCF (10 months).

Conclusion

The combination of S-1 and weekly docetaxel is an active and well-tolerated regimen in patients with advanced gastric cancer. This regimen can be applied on an outpatient basis, maintaining the dose intensity of both drugs and reducing neutropenia-based side-effects. A phase II trial of the regimen in patients with advanced and recurrent gastric cancer is ongoing.

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