

Vitamin D Status and Breast Cancer Risk

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Abstract. *Background:* Local synthesis of $1\alpha,25(\text{OH})_2\text{D}_3$ in breast tissue may contribute to maintenance of normal cell function and could be impaired with low circulating levels of the precursor 25hydroxyvitamin D. The aims of this study were to: i) assess the association between breast cancer risk and plasma 25OHD_3 concentration and ii) define the significance of expression of the 25OHD activating enzyme *CYP27b1* in non-malignant and malignant models of breast epithelial cells. *Materials and Methods:* Breast cancer patients and control women were recruited and their 25OHD levels measured by enzyme-linked immunosorbent assay (ELISA). mRNA expression of *CYP27b1* and the $1,25(\text{OH})_2\text{D}_3$ inactivating enzyme *CYP24* were measured in breast cancer cell lines by RT-PCR and correlated with immunoblotting approaches to the translated proteins. *Results:* For women with $25\text{OHD} < 50 \text{ nM}$ the odds ratio for breast cancer compared with women with $25\text{OHD} > 50 \text{ nM}$ was 3.54 (CI 1.89-6.61, $p < 0.001$). *CYP27b1* and *CYP24* were detected in non-malignant and malignant cell models. Protein levels of *24OHase* but not *1\alpha OHase* were decreased at confluence in the cell lines. *Conclusion:* Impaired local generation of $1,25\text{OHD}_3$ may contribute to the development of breast cancer.

There are approximately 1 million new cases of breast cancer diagnosed in the world each year. Until recently, it was the leading cause of cancer deaths in women and still comprises 18% of all cancers in women. It has been estimated that at least 1 in 10 women in the UK will develop breast cancer at some time in their lives and there are more than 14,000 breast cancer deaths in the UK annually.

The underlying causes for the development of breast cancer are still not understood, but many of the major risk

factors are unavoidable e.g., being a woman, having a strong family history of breast cancer and increasing age (12). Other risk factors include aspects of reproductive history such as age at menarche, menopause and first live birth, use of the contraceptive pill and hormone replacement therapy. A strong family history of breast cancer is associated with a significant increase in a woman's risk of developing the disease. However, familial breast cancers, linked to high penetrant genetic mutations, account for only about 5% of cases (3, 4). The vast majority of cases are sporadic and the underlying causes are poorly understood.

The relative importance of environmental, life-style and dietary factors to risk of breast cancer is still a matter of debate. Dietary factors associated with risk reduction for breast cancer include a high ratio of vegetable derived to total energy intake, a high fish intake (28), as well as a high dietary vitamin D intake (40). Another observed risk factor is latitude as it relates to UVB irradiation. Garland and associates (24, 25) reported that the risk of fatal breast cancer in major urban areas of the United States appears to be inversely proportional to the intensity of sunlight and that synthesis of vitamin D from sunlight exposure may be associated with low risk of fatal breast cancer.

Experimental studies have provided evidence for a link between vitamin D and protection against breast cancer. In addition to its well-established role in maintenance of calcium homeostasis, the active form of the hormone vitamin D, $1\alpha,25$ dihydroxyvitamin D ($1\alpha,25(\text{OH})_2\text{D}_3$), is known to have potent antiproliferative effects in many cancer cell types, including breast (reviewed in (13, 14)). Both normal and neoplastic breast tissues express the nuclear vitamin D receptor (VDR) through which $1\alpha,25(\text{OH})_2\text{D}_3$ exerts both its anticancer effects and its effects on calcium homeostasis. Gene ablation studies have implicated the VDR in normal breast development (46, 53, 57). Furthermore, a number of polymorphisms have been identified in the gene encoding the VDR, some of which have been linked to risk of certain cancers including breast (8, 26, 30, 33).

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Evidence suggests that any effects of dietary/environmental vitamin D restriction on risk of breast cancer are not directly related to changes in the circulating levels of $1\alpha,25(\text{OH})_2\text{D}_3$. The most direct correlate of vitamin D status is the serum 25 hydroxyvitamin D_3 (25OHD_3) level, the major circulating metabolite of vitamin D. $1\alpha,25(\text{OH})_2\text{D}_3$ is produced by hydroxylation of 25OHD_3 , a reaction catalyzed by the renal enzyme 25-hydroxyvitamin D-1 α hydroxylase ($1\alpha\text{OHase}$, encoded by the *CYP27b1*). The activity of the renal enzyme is regulated such that circulating concentrations of $1\alpha,25(\text{OH})_2\text{D}_3$ are maintained within a relatively narrow range in the face of substantial changes in serum 25OHD_3 levels (11).

Until recently mRNA expression of the 25OHD_3 activating enzyme, *CYP27b1*, was thought to be restricted to the classical sites for endocrine synthesis of $1\alpha,25(\text{OH})_2\text{D}_3$. However, the extra renal expression of *CYP27b1* in non-classical target tissues has raised the possibility of an autocrine/paracrine role for the local synthesis and signalling of $1\alpha,25(\text{OH})_2\text{D}_3$ (7, 15, 17, 20, 22, 23, 55). Recent studies have indicated that breast cancer cells express *CYP27b1*, although its role in modulating local responses to vitamin D remains to be defined (51). Thus, 25OHD_3 may enter into an intracellular VDR signalling axis that co-ordinates the local synthesis, metabolism and signal transduction of $1\alpha,25(\text{OH})_2\text{D}_3$. The components of the axis have been shown to be dynamically regulated as the activity of $1\alpha\text{OHase}$ is repressed by $1\alpha,25(\text{OH})_2\text{D}_3$ and, correspondingly, *CYP24*, which encodes the catabolic $25(\text{OH})\text{D}_3$ -24-hydroxylase (24OHase) is positively regulated by $1\alpha,25(\text{OH})_2\text{D}_3$. Thus, elevated levels of $1\alpha,25(\text{OH})_2\text{D}_3$ appear to block its synthesis and induces its own inactivation (34, 47, 50) and, therefore, represents a classic endocrine axis.

There is a possibility that local synthesis of $1\alpha,25(\text{OH})_2\text{D}_3$ in normal breast tissue may promote innate antiproliferative effects which, in turn, are repressed in cancer, possibly as a result of altered vitamin D status and specifically the circulating levels of 25OHD , the substrate for the $1\alpha\text{OHase}$ enzyme. Therefore, we have hypothesised that the development of breast carcinoma is associated with both reduced local $1\alpha,25(\text{OH})_2\text{D}_3$ availability, which is determined by an altered balance of *CYP27b1* and *CYP24* expression and activity, and VDR polymorphisms associated with disease progression.

To explore these possibilities, a series of studies were undertaken, with cell line models and primary tumour material, to assess the relationship between 25OHD_3 levels and breast cancer risk in a UK population. Secondly, we aimed to further define the significance of the expression of $1\alpha\text{OHase}$ in non-malignant and malignant breast epithelial cell models in order to develop a more comprehensive model with which to predict responsiveness towards $1\alpha,25(\text{OH})_2\text{D}_3$.

Materials and Methods

Volunteers and measurement of circulating 25OHD. Ethical approval for this study was received from the St. George's Hospital Ethics Committee, UK. Breast cancer patients and control volunteers were recruited as part of a study investigating the VDR genotype and risk of breast cancer. Only Caucasian women were recruited. All gave written informed consent before providing a 10-ml blood sample and answering a brief questionnaire. The questionnaire was used to determine personal information such as hormone replacement therapy (HRT) use and menopausal status. In addition to this, volunteers were asked whether they were vegetarians or vegans. No detailed dietary information was requested.

One hundred and thirty-one control volunteers were recruited from the Duchess of Kent breast-screening clinic on hospital grounds after having a negative mammogram. Forty-eight control volunteers were recruited from the same clinic where they were being investigated for benign breast disease. The breast cancer patients (n=179) were recruited from the Combined Breast Clinic in St. George's Hospital. Breast cancer patients were matched to one control volunteer each. The main criteria for matching was the time of year the blood sample was taken, since vitamin D is derived from cutaneous synthesis in response to sunlight exposure. The year was divided into summer (April - September) and winter months (October - March). Each case was matched to a control subject where the sample was obtained in the same half of the year and also within 2 months of each other. The majority of patients were matched to a control that had the same menopausal status although 14 were not. The majority were also matched closely for age at sampling. The median difference in age at sampling was 2 years (range 0 - 12 years). None of the patients or control volunteers were vegetarians or vegans.

Aliquots of whole blood were taken for VDR genotyping as previously described (27) and the remaining blood was separated into plasma and buffy coat by centrifugation. The plasma was then used to measure the circulating 25OHD concentration by enzyme immunoassay (ImmunoDiagnostics Services, UK). This assay detects both 25OHD_3 and 25OHD_2 .

Analyses of VDR BsmI polymorphism. Genomic DNA was extracted from whole blood samples using a GenElute blood genomic DNA kit (Sigma). The *BsmI* genotype was determined by performing a PCR reaction followed by a restriction digest. PCR was carried out using a forward primer (5' CAACCAAGACTACAAGTACCGCGT CAGTGA 3') and a reverse primer (5' AACCAGCGGGAAGAG GTCAAGGG 3'). The PCR product was digested using the *BsmI* enzyme (BioLabs). Restriction digest products were separated on a 1.5% agarose gel and visualised using ethidium bromide.

Expression of components of the vitamin D signalling axis in breast cancer cell lines. To address the contribution of the local generation and catabolism of $1\alpha,25(\text{OH})_2\text{D}_3$, the expressions of *CYP27b1* and *CYP24* were determined in established breast cancer cell lines. The cell lines T-47D, ZR-75-1, MCF-7, MDA-MB-231 and MCF-12A were cultured as previously described (51). Total RNA was extracted from sub-confluent cultures using the GenElute RNA extraction system (Sigma, Poole, UK) according to the manufacturer's instructions. RNA was eluted in 30 μl of RNase-free water and stored at -70°C . Quantitative RT-PCR analysis of mRNA expression for *CYP27b1*, *CYP24* and VDR was carried out as previously described (10).

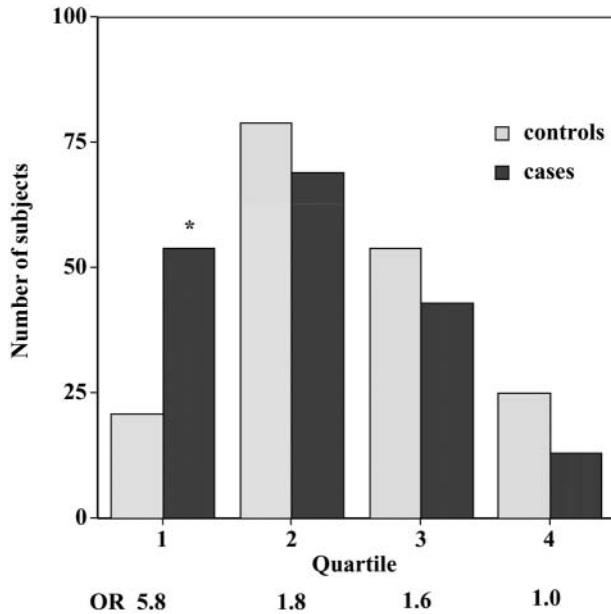


Figure 1. Plasma 25OHD concentration (by quartile) and breast cancer risk. 25OHD values were separated into quartiles (quartile 1, <50 nM; quartile 2, 50-100 nM; quartile 3, 100-150 nM; quartile 4, 150-200 nM). The number of controls and cases in each 25OHD quartile and the odds ratio (OR) for breast cancer risk for each quartile are shown. (OR=5.8 (95% CI 2.31-14.7, $p<0.001$)).

Western immunoblot analysis. The cells were seeded at low and high density (2×10^4 /cm² and 8×10^4 /cm², respectively) and cultured until the high-density cultures reached confluency (72 h), to give sub-confluent and confluent cultures, respectively, and whole cell lysates prepared for Western immunoblot analysis. Briefly, 30 μ g of total protein for each sample was subjected to SDS-PAGE and transferred onto PVDF membrane (Immobilon-P; Millipore, Bedford, MA, USA) and blocked with TBS-T containing 5% milk powder for 1 h. 25OHD₃-24-hydroxylase sheep polyclonal antibody was a generous gift from Prof. Rajiv Kumar (Mayo Proteomics Research Center, Mayo Clinic and Foundation, Rochester, MN, USA). For detection of 25OHD₃-1 α -hydroxylase or 25OHD₃-24-hydroxylase, sheep polyclonal antibodies were diluted 1:200 and 1:500, respectively, followed by secondary antibody (anti-sheep-HRP) (The Binding Site, Birmingham, UK) (55). Proteins were detected using ECL (Amersham, Amersham, Bucks, UK) and autoradiography. To ensure even loading and transfer of protein, the membranes were subsequently probed with a 1/5000 dilution of primary mouse monoclonal β -actin antibody (AC-15, Sigma), followed by anti-mouse-HRP secondary antibody (Binding Site) and the signals developed with ECL and autoradiography as above. To quantify the relative changes in protein levels, densitometry analysis was performed on triplicate sets of lysate and the values normalised to β -actin levels.

Proliferation assays in the presence of 1 α ,25(OH)₂D₃ and 1 α ,24(R),25(OH)₃D₃. 1 α ,25(OH)₂D₃ was a kind gift from Dr. Milan R. Uskokovic, (Hoffman-La Roche, Nutley, NJ, USA). 1 α ,24(R),25(OH)₃D₃ was a generous gift from Prof. Satya G. Reddy

Table 1. Odds ratios (OR) for breast cancer risk by BsmI genotype and 25OHD levels.

Group	OR (95% CI)	P-value
quartile 1, all genotypes	3.54 (1.89 – 6.61)	<0.001
quartiles 2-4, all genotypes	1.00	
quartile 1 and bb	6.82 (2.57 – 17.1)	<0.001
quartile 1 and Bb/BB	4.01 (1.89 – 8.58)	<0.001
quartile 2-4 and bb	2.66 (1.48 – 4.79)	0.001
quartile 2-4 and Bb/BB	1.00	

CI, confidence interval.

(Brown University School of Medicine, Providence, USA). All compounds were stored at 1 mM in ethanol at -20° C in the dark. The proliferation of the cell lines in the presence of vitamin D compounds was measured by colony formation in soft agar. Trypsinized and washed, single-cell suspensions were prepared from 80% confluent cultures, counted and plated onto 24-well flat-bottomed plates using a two-layer soft agar system with 1×10^3 cells in 400 μ l of media per well, as described previously (9). The support layer was prepared with agar (1%) equilibrated at 42° C. Prior to the addition of this layer to the plate, the various treatments were pipetted into the wells. After 10 days of incubation, the colonies (>50 cells) were counted using an inverted microscope. Dose response curves were constructed and the ED₅₀ values were interpolated.

Results

25hydroxyvitamin D levels in breast cancer patients and controls. The mean plasma 25OHD concentrations were significantly lower in breast cancer patients than matched controls (80.1 vs. 97.8 nM, $p<0.001$). Overall, for women with low or insufficient 25OHD levels (<50 nM), the odds ratio (OR) for breast cancer compared with those with levels >50 nM was 3.54 (95% CI 1.89-6.61, $p<0.001$, ref. 41). When the 25OHD values were separated into quartiles (quartile 1, <50 nM; quartile 2, 50-100 nM; quartile 3, 100-150 nM; quartile 4, 150-200 nM) analysis showed that, compared to women with the highest levels of 25OH-D (quartile 4), women with insufficient levels (quartile 1) had more than five times the risk of breast cancer (OR=5.83 (95% CI 2.31- 14.7, $p<0.001$, ref. 41). These data are summarised in Figure 1, which shows the distribution of plasma 25OHD levels between quartiles and the indicated ORs.

Of the 179 patients, 47 were newly diagnosed. It is therefore possible that altered sunlight exposure as a consequence of treatment could account for this difference. When statistical analysis was repeated on patients recruited at diagnosis and their matched controls, the OR for breast cancer risk for women with 25OHD levels <50 nM compared to those with levels >50 nM (3.67) was similar to

Table II. Expression and activity of components of the VDR signalling axis in breast cancer cell lines and primary material.

Cell type	ED ₅₀ ¹	ED ₅₀ ²	CYP27b1 ³	1αOHase ⁴	Met ⁵	VDR ⁶	VDR ⁷	CYP24 ⁹	24OHase ¹⁰	Met ¹¹
MCF-12a	5	Nd	1	Nd	Nd	1	Nd	1	Nd	Nd
T47-D	15	>1000	1.3	+++	Nd	0.87	Nd	2.2	++	Nd
MCF-7	70	>1000	0.51	+++	+	0.21	Nd	1.87	++	+
ZR-75-1	70	>1000	0.38	++	Nd	0.12	Nd	74	++	Nd
MCF-7Res	>1000	>1000	0.44	Nd	Nd	0.07	Down ⁸	234.0	Nd	Nd
MDAMB-231	>1000	>1000	0.36	++	Nd	0.12	Nd	220.0	++	Nd

¹ED₅₀ is the dose of 1α,25(OH)₂D₃ required to inhibit colony formation by 50% (1, 5, 9, 10, 14, 18, 37, 45).

²ED₅₀ is the dose of 1α,24(R),25(OH)₃-D₃ required to inhibit colony formation by 50%.

³Measurement of relative CYP27b1 mRNA levels compared to MCF-12A cells (22, 51).

⁴Detection of 1αOHase protein by immunoblotting analyses in breast cancer cell lines (22, 51).

⁵Measurement of 1αOHase activity by examining conversion of radio-labelled 25(OH)D precursor (51).

⁶Measurement of relative VDR mRNA levels compared to MCF-12A cells (32).

⁷Detection of VDR protein by immunoblotting analyses in breast cancer cell lines or by immunohistochemistry (IHC).

⁸Levels of VDR protein are down-regulated in resistant variants of MCF-7 compared to parental MCF-7 cells (21).

⁹Measurement of relative CYP24 mRNA levels compared to MCF-12A cells (22, 51).

¹⁰Detection of 24OHase protein by immunoblotting analyses in breast cancer cell lines.

¹¹Measurement of 24OHase activity by examining conversion of radiolabelled 25(OH)D precursor (51).

Nd = Not determined, + = detected.

that for the group as a whole. However, this was of only borderline significance due to the small number of cases.

VDR polymorphisms and breast cancer risk. We have previously reported that the VDR gene BsmI polymorphism (which in Caucasians is in linkage disequilibrium with the polyA repeat sequence) is associated with breast cancer risk in a UK population (11). Results from the present study are in agreement with our previous findings such that the odds ratio for breast cancer risk for women with the bb genotype was 2.02 (95% CI 1.03-3.97, p=0.04) compared with the BB genotype. Furthermore, we found that women with the bb genotype in combination with low/insufficient 25OHD levels had an even greater risk for breast cancer than low 25OHD levels alone. While women of all genotypes with 25OHD concentrations <50 nM had an OR for breast cancer risk of 3.54, the OR for women with 25OHD levels <50 and the bb genotype was 6.82 (95% CI 2.57-17.1, p<0.001, (41)). These data are summarised in Table I.

Expression of 1αOHase in cell lines. There is evidence that breast cells contain the 1αOHase enzyme required for the autocrine production of 1α,25(OH)₂D₃ from circulating 25OHD₃. Previously we detected CYP27b1 mRNA in breast cancer cell lines and, using immunohistochemical approaches, confirmed readily detectable staining in primary tumours and, importantly, demonstrated enzyme activity (51) (Table II). Parallel studies by Dr. Heide Cross and co-workers found that 24OHase expression was dependent upon the proliferation status. Thus, in CaCo2 colon cancer cells the levels of 24OHase were reduced upon confluence, which was

associated with differentiation (6). Together, these studies support the concept that the components of the VDR signalling axis are dynamically expressed and that these processes may be corrupted in cancer.

To compliment both of these studies, we examined 1αOHase and 24OHase in a panel of cancer cell lines either during exponential proliferation or at confluence. The 1αOHase appeared relatively constant in cells which were either actively cycling or undergoing confluence-induced G1 arrest (Figure 2A). Equally, the levels appeared to be modestly reduced in the cancer cell lines, compared to T47-D cells, which reflects our previous mRNA studies (51). By contrast, in the most rapidly proliferating cells, for example in MCF-7 and MDA-MB-231 cells, there was evidence that 24OHase was indeed down-regulated upon confluence (Figure 2B). The pattern reflected the expression of Cyclin E, as a marker of S-phase cells, and the percentage of cells out of G1 of the cell cycle. For example, sub-confluent growing populations of MDA-MB-231 cells were associated with approximately 2- fold and 3-fold higher expressions of Cyclin E and 24OHase levels, respectively, and 62% of cells in S- and G₂/M-phases of the cell cycle (Figure 2B). Similar levels of down-regulation were seen in MCF-7 cells. Thus, elevated 24OHase expression appeared to correlate well with cell proliferation.

1α,25(OH)₂D₃ and 1α,24(R),25(OH)₃-D₃ demonstrate a range of antiproliferative potencies against breast epithelial cells. The antiproliferative effects of 1α,25(OH)₂D₃ upon MCF-12A and a series of breast cancer cell lines were titrated across a broad concentration range (0.001 to 100 nM) in clonogenic assays to generate dose-response curves. An example for

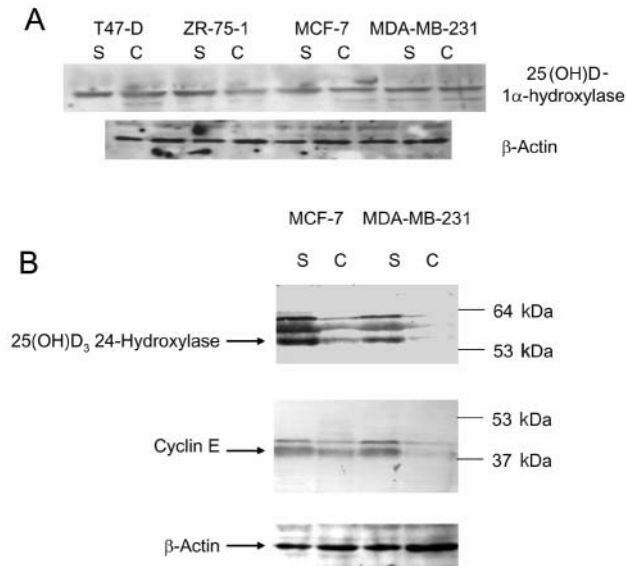


Figure 2. Regulation of $25(\text{OH})\text{D}_3$ - 1α -hydroxylase and $25(\text{OH})\text{D}_3$ - 24 -hydroxylase. Panel A. Protein was isolated from parallel sub-confluent (S) and confluent (C) cells (Materials and Methods) and resolved by SDS-PAGE and probed with antibodies to $25(\text{OH})\text{D}_3$ - 1α -hydroxylase, Panel B. Proteins from MDA-MB-231 cells were resolved and probed with antibody to $25(\text{OH})\text{D}_3$ - 24 -hydroxylase or Cyclin E. Representative blots are shown with the position of the proteins indicated on the left. The blots were subsequently stripped and re-probed for β -actin.

T-47D cells is shown in Figure 3A and the ED_{50} values are summarised in Table II. The responses of the cancer cell lines to $1\alpha,25(\text{OH})_2\text{D}_3$ were in accordance with previous studies (9, 18, 31). In the current study, these responses were compared to those for MCF-12A [ED_{50} 5 nM], which represents an *in vitro* model of non-malignant breast epithelial cells. As shown in Table II, each of the cancer cell lines had higher ED_{50} values than MCF-12A. However, there remained considerable variation between the sensitivity of these malignant cells with ED_{50} values ranging from 15 nM in the case of T-47D cells to >1000 nM in MDA-MB-231 cells (Figure 3B and Table II).

In contrast to the range of antiproliferative responses to $1\alpha,25(\text{OH})_2\text{D}_3$, there was a uniform absence of antiproliferative response to $1\alpha,24(\text{R}),25(\text{OH})_3\text{-D}_3$, its 24OHase -generated metabolite product (Figure 3 and data not shown). Thus, the addition of an OH group to C 24 of $1\alpha,25(\text{OH})_2\text{D}_3$ appears to ablate the antiproliferative potency of the parent compound. Interestingly, in MDA-MB-231 cells, a range of proproliferative responses were observed only at low concentrations of $1\alpha,25(\text{OH})_2\text{D}_3$ and $1\alpha,24(\text{R}),25(\text{OH})_3\text{-D}_3$ (Figure 3B). Thus colony growth was stimulated significantly at concentrations of 0.1 nM $1\alpha,25(\text{OH})_2\text{D}_3$ and $1\alpha,24(\text{R}),25(\text{OH})_3\text{-D}_3$ by $152 \pm 12\%$ ($\pm \text{SEM}$) and $146 \pm 7\%$ ($p < 0.05$) relative to respective control cultures.

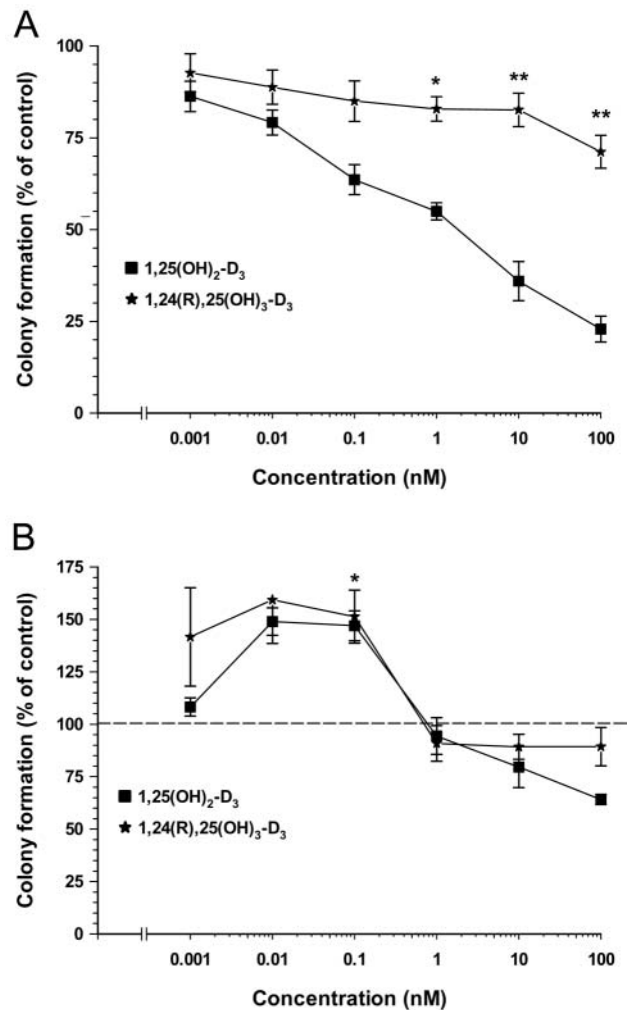


Figure 3. Inhibition of breast cell proliferation by $1\alpha,25(\text{OH})_2\text{D}_3$ and $1\alpha,24(\text{R}),25(\text{OH})_3\text{-D}_3$. Clonal growth of T-47D (Panel A) and MDA-MB-231 (Panel B) in the presence or absence of vitamin D_3 compounds was examined using a two-layer soft-agar colony assay (Materials and Methods). After 10 days, the colonies were enumerated and expressed as a percentage of colonies in untreated control plates. Each data-point represents the mean of three separate experiments undertaken in triplicate wells \pm S.E.M. * $p < 0.05$, ** $p < 0.001$.

Discussion

The central hypothesis of the current study is that the proliferation of breast epithelial cells is regulated by the local synthesis, signalling and metabolism of $1\alpha,25(\text{OH})_2\text{D}_3$. The initiation and/or progression of breast cancer involves suppressed VDR signalling, which can occur by either dysregulation of the balance of synthesis and metabolism of $1\alpha,25(\text{OH})_2\text{D}_3$ and/or specific polymorphisms of the VDR.

In vivo data now support a physiological role for VDR-mediated signalling to promote differentiation of normal breast epithelial cells. Prodifferentiating hormones such as

cortisol, prolactin and insulin up-regulate the VDR, which is initially present at low levels, in mammary gland explants. The up-regulation of the VDR is essential for gland differentiation and function as there is reduced ductal differentiation and development in the mammary gland of VDR knockout mice compared to wild-type litter-mates (46, 56, 58). Breast cancer cell lines display a spectrum of sensitivities, including complete insensitivity towards $1\alpha,25(\text{OH})_2\text{D}_3$, suggesting these functions are targeted in malignancy. The mechanisms underpinning the basis of this apparent hormonal insensitivity are unclear, but it seems likely that their resolution will facilitate the clinical application of $1\alpha,25(\text{OH})_2\text{D}_3$ as an anticancer agent.

Vitamin D is derived both from dietary sources and cutaneous synthesis in response to UV irradiation. Circulating concentrations of 25OHD serve as a useful index of vitamin D status and in vitamin D sufficiency serum concentrations range from 50-200 nM (14). Although several studies have documented an association between dietary/environmental intake of vitamin D and risk of breast cancer, the precise relationship between serum 25OHD levels and cancer risk has not been documented in a large cohort. Our present study has shown a significant association of low 25OHD levels with breast cancer risk such that women with the lowest levels of 25OH D (<50 nM) had over five times the risk of breast cancer compared with those with the highest levels (>150 nM). It was also found that the risk associated with low 25OHD levels was increased in combination with the 'at risk' VDR polymorphism such that women with the *bb* genotype in combination with low/insufficient 25OHD levels had an even greater risk of breast cancer than those with low 25OHD levels alone. Low vitamin D status and VDR polymorphisms have also been associated with the risk of prostate cancer (42).

The observed expression of $1\alpha\text{OHase}$ in normal breast tissue suggests that paracrine production of $1\alpha,25(\text{OH})_2\text{D}_3$ could be important in maintenance of normal breast cell function (51). Thus, it could be postulated that low circulating concentrations of 25OHD, arising either as a result of reduced exposure to sunlight or to dietary patterns, impair the generation of $1\alpha,25(\text{OH})_2\text{D}_3$ within breast tissue, increasing the risk of tumour development. Elevated *CYP24* (2, 51) may lead to overexpression of 24OHase which, in turn, attenuates the capacity for $1\alpha,25(\text{OH})_2\text{D}_3$ to activate antiproliferative *VDR* target genes. Certainly the current data fit with a model of autocrine production of vitamin D compounds, the antiproliferative actions of which are determined in part by precursor availability and perhaps other dietary and environmental factors, as has been proposed for the colon (16).

These results of the current study, and our recent parallel ones (26, 27, 51) together indicated that $1\alpha,25(\text{OH})_2\text{D}_3$ may be generated locally in breast tissue and may play a role in the

maintenance of normal breast cell function. The capacity to generate $1\alpha,25(\text{OH})_2\text{D}_3$ locally in the breast will be dependent on the availability of 25OHD as substrate for the $1\alpha\text{OHase}$ enzyme. Little is known about the metabolism or half-life of $1\alpha,25(\text{OH})_2\text{D}_3$ in normal breast or breast cancer cells. Catabolism of $1\alpha,25(\text{OH})_2\text{D}_3$ is initiated *via* hydroxylation at the 24 position in the side-chain to produce $1\alpha,24(\text{R}),25(\text{OH})_3\text{-D}_3$, a reaction catalyzed by 24OHase. The current study demonstrated that this compound has a different activity profile to the parental $1\alpha,25(\text{OH})_2\text{D}_3$ and support further the significance of the concept of inappropriate inactivation of locally generated $1\alpha,25(\text{OH})_2\text{D}_3$. This concept is supported further by a number of parallel studies. We targeted 24OHase *via* an antisense strategy in MDAMB- 231 cells, which have high basal *CYP24* levels (Table II) and sustained 24OHase expression in proliferating cells. These studies demonstrated a significant enhancement of the growth inhibitory effects of $1\alpha,25(\text{OH})_2\text{D}_3$. Equally the MCF-7_{Res} cells validate further the important contribution of elevated *CYP24* to predict $1\alpha,25(\text{OH})_2\text{D}_3$ insensitivity as these cells demonstrate significantly elevated levels of *CYP24* expression relative to their parental MCF-7 cell line (132 fold, $p<0.001$) (Table II).

Expression and activity of $1\alpha\text{OHase}$ and *CYP27b1* has been detected in various extrarenal tissues and is reduced in transformed cells (19, 29, 35, 36, 38, 39, 43, 44, 48, 49, 52, 54). The current study extends these findings to breast cancer cells and supports the concept that loss of *CYP27b1* expression, possibly resulting in local, tumour-specific $1\alpha,25(\text{OH})_2\text{D}_3$ -insensitivity, is associated with transformation. The enzymes involved in activation and catabolism of vitamin D in breast tissue may provide novel targets for prevention and treatment of breast cancer.

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