

Effects of Age on Growth and ER β mRNA Expression of Canine Prostatic Cells

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Abstract. *Background: Benign prostatic hyperplasia (BPH) is an age-dependent prostatic disease in human males and dogs. The prostatic stromal estrogen level of health control and BPH patients increases significantly with age, while the dihydrotestosterone (DHT) level is not connected with age. Moreover, experimentally estrogens have induced BPH in the presence of androgens. Our aim was to investigate the effects of age on the proliferation and estrogen receptor beta (ER β) mRNA of canine prostatic epithelial and stromal cells. Materials and Methods: Epithelial and stromal cells were isolated from canine prostatic tissues. The proliferation of these cell types from dogs of different ages was assessed by thymidine incorporation assay, while the expression and identification of ER β mRNA were performed by RT-PCR and DNA sequence. Results: Prostatic epithelial cells isolated from 1-year-old dogs exhibited a greater proliferative activity than those of 4-year-old dogs. In contrast, the prostatic stromal cells from 4-year-old dogs proliferated more rapidly than the cells from 1-year-old dogs. ER β mRNA expression was detected in the canine prostatic epithelial and stromal cells, decreasing with age. The partial DNA sequence showed that the canine ER β sequence shares 90.0%, 87.0% and 83.0% of its nucleotide homology with human, rat and mouse ER β , respectively. Conclusion: The decrease in the expression of ER β in prostatic cells with age reduces its negative control over the androgen receptor, associated with the overgrowth of canine prostatic stromal cells, which further induces the development of canine BPH.*

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The development of benign prostatic hyperplasia (BPH) is mainly associated with androgens, with estrogens only playing a minor role. However, recent clinical data has shown that estrogens play an important role in regulating the growth of normal prostate cells and are associated with prostatic pathology (1-4). In elderly men, the ratio of free estradiol (E₂) to free testosterone (T) was observed to increase by up to 40% (5, 6). Symptomatic BPH patients compared to healthy controls revealed a 33% increase in stromal volume (7). The prostatic stromal estrogen levels of both normal males and BPH patients have been demonstrated to increase significantly with age, while the stromal dihydrotestosterone (DHT) levels in both groups are not correlated with age (8, 9). Moreover, the E₂/DHT ratio in the transitional zone of human BPH patients was observed to be positively correlated with prostate volume, proportion of stroma and age (10). The proliferation of prostatic stromal cells of BPH patients was also found to be associated with higher plasma estrogen and urinary estrogen secretion, but not correlated to the testosterone level (11). In addition, estrogens were experimentally demonstrated to cause a marked dose-dependent stimulation of prostate growth in castrated dogs (12) and induced BPH of dogs in the presence of DHT (13). Because BPH is a stromal disease arising in the periurethral transition zone, which is the most estrogen-responsive part of the prostate (14, 15), the evidence cited above, which includes elevation of the estrogen-to-androgen ratio in aging men, the experimental evidence of a role for estrogen in the regulation of prostatic cell growth, the stromal response to estrogens and the stromal nature of BPH, suggests that estrogens may be of importance in the induction of BPH.

The identification of estrogen receptor beta (ER β) (16) provided further evidence that estrogens may play an important role in regulating the proliferation of prostatic cells. Estrogens have two receptors; estrogen receptor alpha (ER α) and estrogen receptor beta (ER β) (16, 17). Although

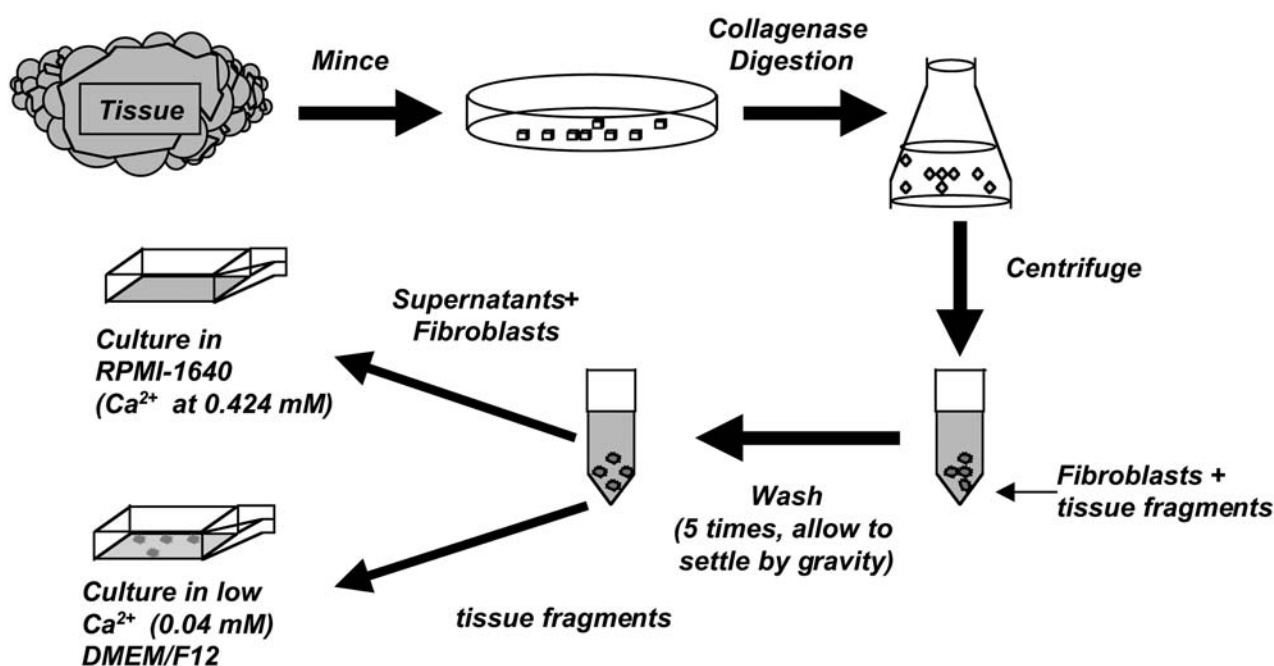


Figure 1. Isolation of specific cell types from canine prostate tissues.

the precise biological functions of ER α and ER β in the prostate are currently undefined, it is known that ER α is predominantly localized in the stromal cells of the prostate (2, 17, 18), while ER β is localized in the epithelial cells (2). After estrogens bind to ER α and ER β , ER α stimulates transcription and cellular proliferation, while with ER β , estrogens inhibit the transcription of ER α and the abnormal growth of the prostate gland (19-22). Both receptors mediate different responses in the target genes and the process of cellular proliferation. This suggests that ER β may indeed modulate the proliferative effects of ER α -estrogen by blocking pro-proliferative target genes.

In recent years, the occurrence of compounds possessing estrogenic activity in the environment and in food products has received increasing attention because of speculation concerning their ability to adversely affect human and animal endocrinology and their possible etiological role in the diseases of estrogen-sensitive tissues (23, 24). Furthermore, because estrogen-related prostatic hyperplasia is seen to relate to an enhanced estrogenic status in elderly men with lower urinary tract symptoms (25), this age-related factor arouses interest concerning its involvement in the development of BPH. To date, the effect of age on the specific cell types of the prostate is unknown. Recent data from several groups, however, suggest that age and estrogen receptors may be involved in the development of human BPH (12, 13, 20), but there is no such report for the canine prostate. It is also unclear whether ER α and ER β are present in specific prostatic cell types and whether there are

differences in their mRNA expression levels between such specific cell types. Thus, primary cultures of prostatic epithelial and stromal cells derived from dogs of different ages were used to investigate the effects of age on the growth and estrogen receptor mRNA expression of these cells.

Materials and Methods

Isolation of canine prostatic epithelial and stromal cells. The procedure for isolating the canine prostatic epithelial and stromal cells is summarized in Figure 1. Epithelial cells and stromal cells from canine prostatic tissues were separated as previously described, by Canatan's method with modification (26). Prostatic glands from male dogs were soaked in 70% ethanol for 30 sec, then rinsed three times in RPMI-1640 medium (GibcoBRL, Grand Island, NY, USA) containing 5% fetal calf serum (FCS) (Atlanta Biologicals, Norcross, GA, USA). After the removal of the capsule and urethral segments, the tissues were minced (approximately 2-mm fragments) and then digested in 0.1% collagenase (GibcoBRL) in RPMI-1640 medium supplemented with 5% FCS and an antibiotic-antimycotic mixture (GibcoBRL) for 18 h at 37°C. After the sedimentation of the remaining undigested tissue fragments, the supernatant containing the epithelial-stromal cell mixture was centrifuged at 200 xg for 5 min at room temperature to collect the cells. After the resuspension of the cell pellet in fresh medium, the cells were permitted to separate by gravity sedimentation for 20 min. The supernatant containing stromal cells and the pellet containing epithelial cells were collected into separate tubes. This process was repeated 5 times with epithelial and stromal cells being pooled into respective fractions.

Cell culture. Canine prostatic epithelial and stromal cells were selected by different concentrations of calcium. Prostatic epithelial

cells were cultured in low-calcium DMEM/F12 medium (Ca^{2+} at 0.04 mM) (GibcoBRL) supplemented with Chelex-100 (BioRad Lab., Richmond, CA, USA) -treated 5% FCS, 10.0 $\mu\text{g/ml}$ insulin (Sigma Chemical Co., St. Louis, MO, USA), 0.02 $\mu\text{g/ml}$ epidermal growth factor (GibcoBRL), 0.5 $\mu\text{g/ml}$ hydrocortisone (Sigma Chemical Co.), 0.1 $\mu\text{g/ml}$ cholera toxin (GibcoBRL) and antibiotic-antimycotic. The canine prostatic epithelial cells were maintained as monolayers at 37°C, 95% air and 5% CO_2 . The canine prostatic stromal cells were cultured in RPMI-1640 (Ca^{2+} at 0.424 mM) with 5% FCS and antibiotic-antimycotic and maintained as monolayers at 37°C, 95% air and 5% CO_2 .

Immunocytochemical staining of primary cultured canine prostatic epithelial and stromal cells. When the canine prostatic epithelial and stromal cells reached about 80% confluence, they were cultured in multichamber slides (Nunc Inc., Naperville, IL, USA). After 24 h, the cells were fixed in -20°C methanol for 15 min and then were processed for immunocytochemical staining. Briefly, the cells were incubated with prediluted blocking serum [phosphate-buffered saline (PBS) containing 1.5% normal horse serum] for 10 min at room temperature. The cells were incubated with primary antibodies (multi-cytokeratin or vimentin mouse monoclonal antibody) (Vector Laboratories, Inc., Burlingame, CA, USA) for 60 min at 37°C, then incubated in the presence of a prediluted biotinylated universal secondary antibody (VECTASTAIN Universal Quick Kit, Vector Laboratories, Inc.) for 10 min at room temperature. They were incubated in peroxidase substrate solution [3,3'-diaminobenzidine (DAB) peroxidase substrate kit, Vector Laboratories, Inc.] until the desired stain intensity developed. Each step in the staining procedure was followed by a 5-min wash in PBS.

Thymidine incorporation assay. For the measurement of cell proliferation, the DNA synthesis of canine prostatic cells was determined by thymidine incorporation assay, as previously described (27). Briefly, prostatic epithelial and stromal cells were cultured in 24-well culture plates (Falcon, Lincoln Park, NJ, USA) at 2×10^4 cells/well, respectively. After 24 h, the cells were then pulsed with 5.0 $\mu\text{Ci/ml}$ ^3H -thymidine (NEN Corp., Boston, MA, USA) for 3 h. At the end of this period, the cells were washed twice with PBS and fixed with methanol/acetic acid (3:1). Next, the cells were washed with 1 ml of 0.75 M trichloroacetic acid for 30 sec and then lysed with 0.5 ml of 0.2 N NaOH for 1 h. The cell lysates were then neutralized with an equivalent volume of 0.2 N HCl and transferred to scintillation vials. After the addition of 5 ml of scintillation cocktail (Fisher Scientific, Fair Lawn, NJ, USA), the radioactivities were counted on a β -counter. The amounts of (^3H) thymidine incorporated into DNA are presented as dpm/well.

RT-PCR analysis. RT-PCR was used to determine the expression levels of ER α and ER β mRNA in canine prostatic epithelial and stromal cells. The total RNA from these cells was isolated by TRIzol (Invitrogen Co., Carlsbad, CA, USA), according to the manufacturer's instruction. Reverse transcription was performed as previously described (27). Primers for canine ER α and ER β were designed from the human ER α and ER β sequence, respectively (28, 29). For the measurements of ER α , ER β and 36B4 (as internal standard) mRNAs, PCR was performed by mixing 2 μl of RT product with 1.25 μl of MgCl_2 (50 mM), 2.5 μl of 10x PCR buffer, 0.2 μl of Taq polymerase (5 U/ μl) and 0.3 μl of ER α /ER β and 36B4 primers in a total 25 μl . For ER α , the 5'-primer was 5'-TAC TGC ATC AGA TCC AAG GG-3' and the

3'-primer was 5'-ATC AAT GGT GCA CTG GTT GG-3'; for ER β , the 5'-primer was 5'-CAC CTG GGC ACC TTT CTC CTT TAG-3' and the 3'-primer was 5'-CAG CTC TTG CGC CGG TTT TTA TC-3'; for 36B4, the 5'-primer was 5'-AAA CTG CTG CCT CAT ATC CG-3' and the 3'-primer was 5'-TTG ATG ATA GAA TGG GGT ACT GAT G-3'. The PCR for ER α was run for 35 cycles of denaturation at 95°C for 45 sec, annealing at 60°C for 45 sec and extension at 72°C for 1 min. The PCR for ER β and 36B4 was run for 30 cycles of denaturation at 95°C for 45 sec, annealing at 54°C for 45 sec and extension at 72°C for 1 min. The final RT-PCR products (10 μl) were separated on a 1.2% agarose gel containing ethidium bromide. The specific bands were quantified by ImageQuant software (Molecular Dynamics, Sunnyvale, CA, USA). The results are presented as the ratio of ER α /36B4 or ER β /36B4.

The purification of ER β PCR products and DNA sequencing. The PCR products were purified using the QIAEX II kit (QIAGEN Inc., Valencia, CA, USA), according to the manufacturer's instructions. Briefly, the ER β PCR product was excised from the agarose gel and the gel slice was weighed. Three volumes of Buffer QX1 were added to 1 volume of gel containing the ER β DNA fragment. QIAEX II was added, mixed with the Buffer QX1-gel mixture and incubated at 50°C for 10 min. The mixture was then centrifuged for 30 sec, the supernatant carefully removed, and the pellet washed with 500 μl of Buffer QX1. After this step, the pellet was washed twice with 500 μl of Buffer PE, air-dried for 30 min and then suspended by the addition of 20 μl 10 mM Tris-HCl (pH 8.5). DNA fragments were incubated at room temperature for 5 min and centrifuged for 30 sec. The supernatant containing the purified ER β DNA was then collected. The purified ER β DNA at a concentration of 10 ng/ μl , was sent to the Plant-Microbe Genomics Facility (PMGF) of The Ohio State University, U.S.A., for DNA sequencing.

Statistical analysis. The data were expressed as the mean \pm standard deviation (SD) for 4 culture wells. Minitab statistical software for Windows (Minitab Inc., State College, PA, USA) was used for the statistical analysis. Statistical differences between means were evaluated using a one-way analysis of variance (ANOVA) followed by Tukey's pairwise comparisons. $P < 0.05$ was considered significant.

Results

Morphological characteristics of primary cultured canine prostatic epithelial and stromal cells. The canine prostatic epithelial cells were enriched and grown to nearly 100% confluence and were initially distinguished from the stromal cells by morphological examination. Epithelial cells isolated from the prostatic tissues of 1- and 4-year-old dogs grew in clusters, were polygonal in shape and exhibited prominent round nuclei (Figures 2a and 2b), while stromal cells isolated from the prostatic tissues of 1- and 4-year-old dogs were characterized by a spindle-shaped appearance (Figures 2c and 2d). The morphological identification of the two types of cells was confirmed by immunocytochemical staining for cytokeratin and vimentin, respectively. For the cells morphologically identified as epithelial in nature,

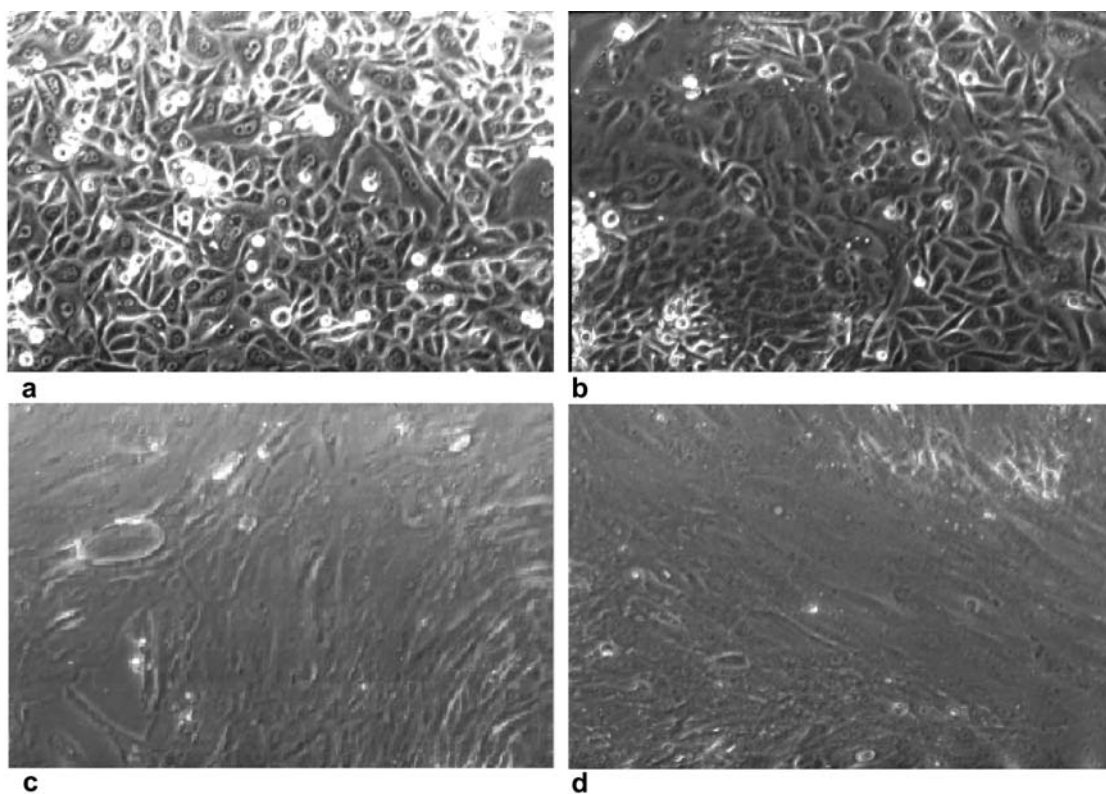


Figure 2. Phase contrast photomicrograph of cultured prostatic cells from dogs of different ages. Prostatic epithelial cells from prostate specimens of the 1-year dog (a) and 4-year dog (b). Prostatic stromal cells from prostate specimens of the 1-year dog (c) and 4-year dog (d). Epithelial cells grow in clusters and have prominent round nuclei. Stromal cells grow slower in culture than epithelial cells and are characterized by a spindle-shaped appearance (400x magnification).

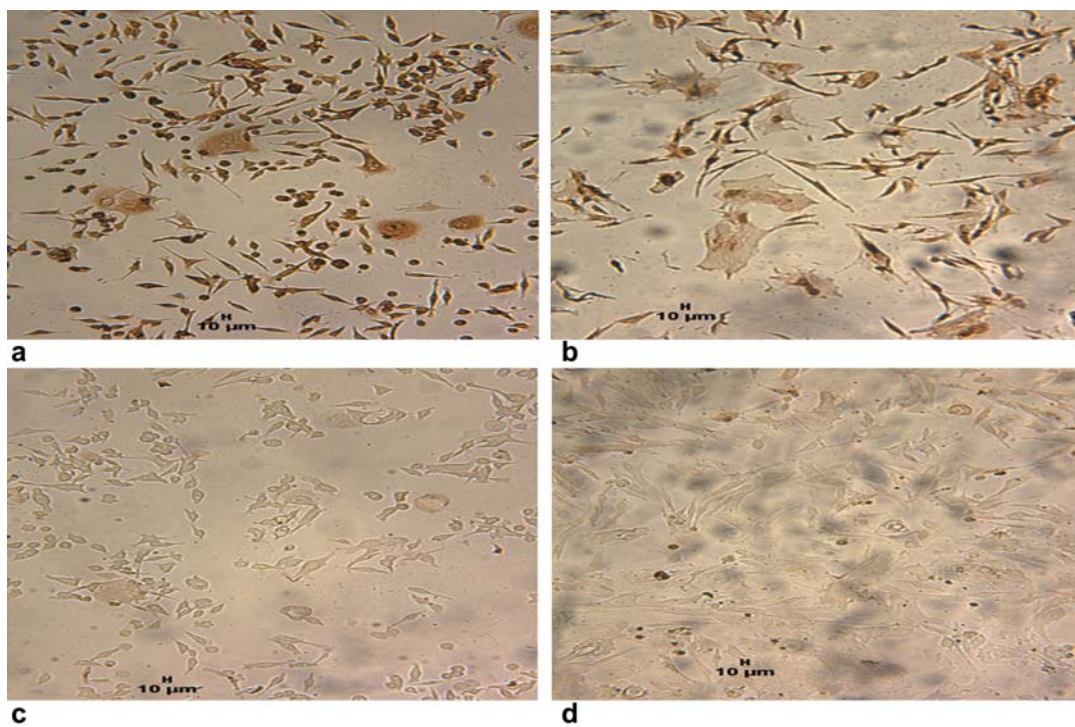


Figure 3. Immunocytochemistry of cultured prostatic cells from canine prostate tissues. Prostatic epithelial cells were positively stained for cytokeratin (a), but were negative for vimentin (b). Prostatic stromal cells were positively stained for vimentin (c), but were negative for cytokeratin (d) (100x magnification).

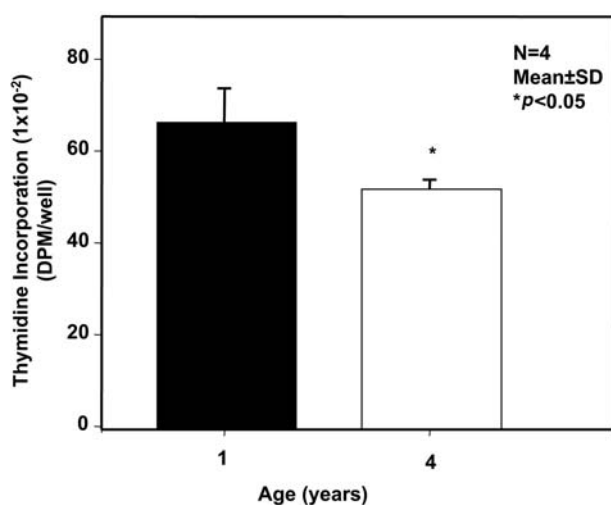


Figure 4. The proliferation of cultured prostatic epithelial cells from prostate tissues of the 1-year and 4-year old dogs. Each bar represents the Mean \pm SD of 4 wells. Bar with * represents means that are significantly different from the control group. $P < 0.05$ was considered statistically significant.

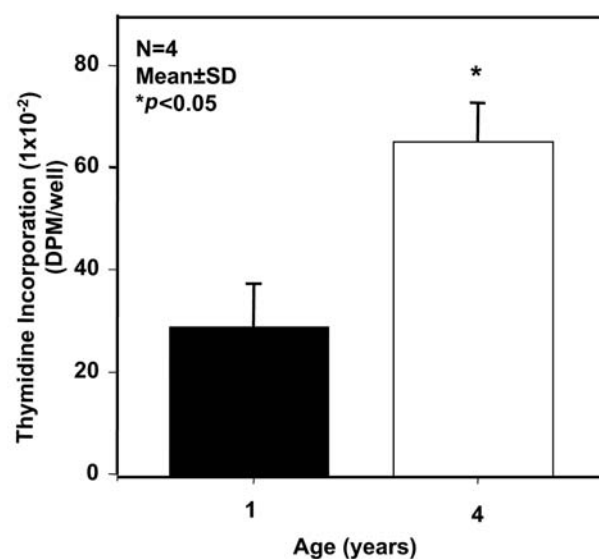


Figure 5. The proliferation of cultured prostatic stromal cells from prostate tissues of the 1-year and 4-year old dogs. Each bar represents the Mean \pm SD of 4 wells. Bar with * represents means that are significantly different from the control group. $P < 0.05$ was considered statistically significant.

immunocytochemical staining revealed that more than 95% of these cells were positively stained for cytokeratin (Figure 3a), but none stained for vimentin (Figure 3b), thus confirming their identity. In contrast, more than 95% of the stromal cells were positively stained for vimentin (Figure 3c), while no staining for cytokeratin was observed (Figure 3d), thereby confirming the stromal nature of this cell population. Together, these immunocytochemical findings validated the isolation and culture methods used for this study. Morphologically, stromal cells could not be distinguished based on the age of the dog from which the cells were isolated. However, the epithelial cells isolated from the 1-year-old canine prostates appeared to exhibit a greater number of binucleate cells than those from the 4-year-old canine prostate (Figures 2a vs. 2b). This finding would suggest a greater rate of DNA synthesis in the prostatic epithelial cells isolated from the younger prostate, which was confirmed by a quantitative assay of DNA synthesis.

Comparison of the proliferation of primary cultured canine prostatic epithelial and stromal cells from dogs of different ages. To understand the growth characteristics of primary cultured canine prostatic cells, the proliferation of canine prostatic epithelial and stromal cells was assessed by the thymidine incorporation assay. The thymidine incorporation assay results showed that prostatic epithelial cells from 1-year-old dogs had more DNA synthesis than those from 4-year-old dogs (Figure 4), suggesting that the former cells grow faster than the prostatic epithelial cells from 4-year old canine prostates. In contrast, the prostatic stromal cells

from 4-year old dogs exhibited more DNA synthesis than those from 1-year old dogs (Figure 5). The ratio of DNA synthesis (DPM/well) of prostatic epithelial cells to prostatic stromal cells from 1-year-old dogs was 2.28 and from 4-year-old dogs was 0.80. These ratios represent the proliferative rates between prostatic epithelial cells and prostatic stromal cells in this experiment. The observed increase in the proliferation of prostatic stromal cells in older dogs may be related to the etiology of the development of BPH.

Different expression of estrogen receptor beta (ER β) mRNA in canine prostatic epithelial and prostatic stromal cells from dogs of different ages. To determine whether the mRNA expressions of ER α and ER β in specific canine prostatic cell types changes with age, they were determined by RT-PCR analysis. RT-PCR detected the expression of ER β mRNA in canine prostatic epithelial and prostatic stromal cells from 1-year-old dogs (Figure 6), but not in the prostatic stromal cells from 4-year-old dogs, while no expression of ER α mRNA could be detected in our experimental samples. A higher ER β mRNA expression was observed in prostatic epithelial cells from the 1-year-old dogs than in the epithelial cells from 4-year-old dogs and stromal cells from 1-year-old dogs. Regardless of age, canine prostatic epithelial cells displayed higher ER β mRNA levels than prostatic stromal cells. Thus, ER β expression in the canine prostate exhibited cell-specific and age-dependent differences. Moreover, the results showed that the ER β

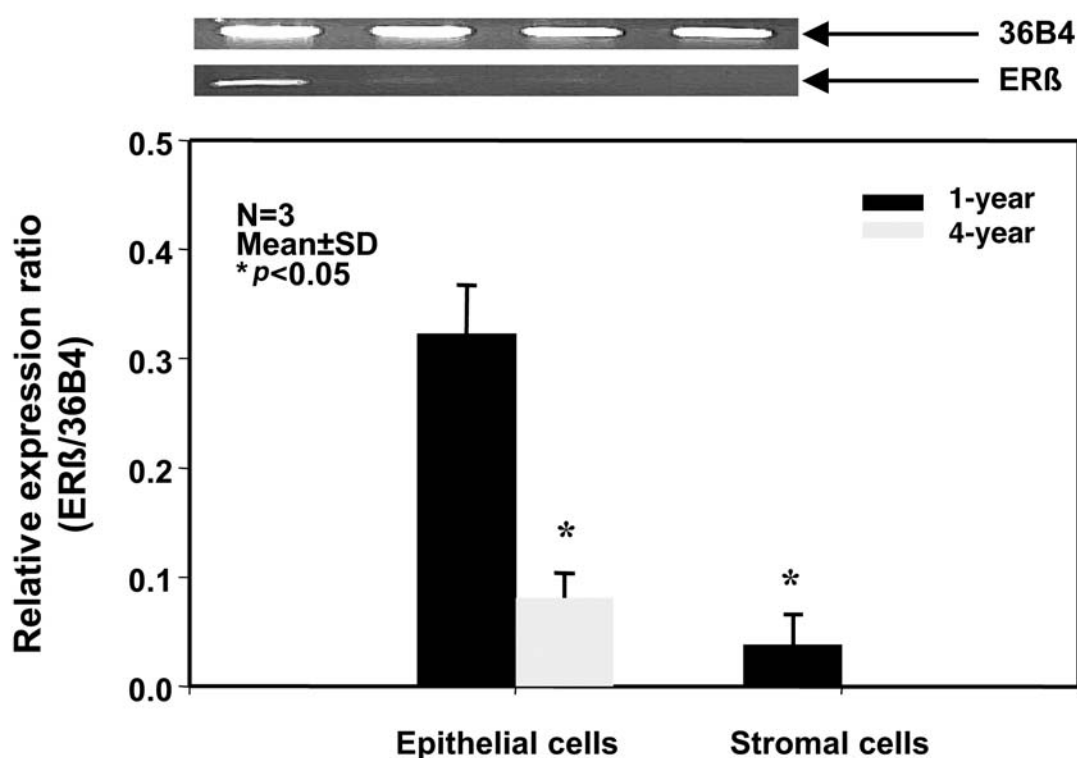


Figure 6. Expression of estrogen receptor β (ER β) mRNA in cultured prostatic epithelial and stromal cells from dogs of different ages. ER β mRNA expression was detected in canine prostatic epithelial and prostatic stromal cells by RT-PCR analysis. Each bar represents the Mean \pm SD of 3 experiments. Bar with * represents means that are significantly different from the control group. $P<0.05$ was considered statistically significant.

mRNA levels in both prostatic epithelial cells and prostatic stromal cells decreased with age.

Partial sequence of canine ER β . A partial sequence of the canine ER β cDNA is shown in Figure 7. The canine ER β cDNA was generated by RT-PCR and was shown to be similar to the human ER β cDNA. Canine ER β cDNA is 355 bp long. The canine cDNA nucleotides correspond to nucleotides 663 through 1020 of the human full-length cDNA sequence (29). The canine cDNA sequence shares 90.0%, 87.0% and 83.0% nucleotide homology with the human (29), rat (16) and mouse (30) ER β cDNAs, respectively.

Discussion

More than 60 years ago, Huggins and Hodges (31) first introduced the concept that estrogen inhibits prostatic growth and observed that the synthetic estrogen diethylstilbestrol (DES) caused a marked decrease in prostate cancer progression. More recently, estrogens were observed to be implicated in the initiation, development and progression of prostatic hyperplasia and carcinogenesis (2, 32-34). High dose T in combination with 17 β -estradiol (E₂)

stimulates prostatic carcinogenesis in male adult rats (35, 36). Near-physiological doses of either E₂ or DES given to pregnant mice have been reported to imprint on the glands of the adult progeny, resulting in increased prostatic weight, cell number and androgen receptor (AR) content (35). High doses of E₂ given to pregnant rats have also been reported to cause subsequent development of dysplasia in the prostates of the progeny (2, 34). It has become increasingly evident that estrogens may influence both normal and abnormal growth processes in the fetal and adult prostate (2, 34, 35, 37, 38). Furthermore, the aged prostates from normal men and BPH patients have been demonstrated to have an increase in the estrogen/androgen ratio due to a decline in androgen levels (39). These findings indicate that estrogens and estrogen receptors are involved in the development of prostate hyperplasia.

In order to determine the effect of age on the development of human BPH, we measured the proliferation of specific prostatic cell types and the mRNA expression of estrogen receptors in specific prostatic cell types from dogs of different ages, because the growth and development of canine prostate parallels that of human prostate. Our results showed that the ratio of DNA synthesis of the prostatic epithelial cells to prostatic stromal cells from the 1-year-old

	10	20	30	40	50	60	
Canine	CAGCT CTTGC	GCCGGTT TTT	ATCT ATTGTGA	CACTGATT TG	TATCT GGGCA	TATGTA ATCA	
Human	CAGCT CTTGC	GCCGGTT TTT	ATCG ATTGTGA	CACTGATT TG	TAGCT GGGCA	AATATA ATCA	
Rat	CAGCT CTTAC	GCCGGTT CTT	GTCT ATTGTGA	CACTGATT CG	TGGCT GGACA	GATATA ATCA	
Mouse	CAGCT TTTCC	GCCGGTT CTT	GTCT ATTGTGA	CACTGATT CG	TGGCT GGACA	GATATA GTCA	
	70	80	90	100	110	120	
Canine	TTATGTCCTT	GAATGCTTCT	TTTAAAAAAG	GCCTTACATC	CTTCACACGA	CCAGACTCCA	
Human	TTATGTCCTT	GAATGCTTCT	TTTAAAAAAG	GCCTTACATC	CTTCACACGA	CCAGACTCCA	
Rat	TTATGTCCTT	GAATGCTTCT	TTTAAAAAAG	GCCTTACATC	CTTCACATGA	CCAAACGCCA	
Mouse	TTATGTCCTT	GAATGCTTCT	TTTAAAAAAG	GCCTTACATC	CTTCACAGGA	CCAGACACCG	
	130	140	150	160	170	180	
Canine	TAGT GATATC	CAGATG CGTA	ATCGCTGCAG	ACCGC ACAGA	AGTGGGCATC	CCTCTTT TGAA	
Human	TAGT GATATC	CCGATG CGTA	ATCGCTGCAG	ACAGC GCAGA	AGTGAGCATC	CCTCTTT TGAA	
Rat	TAATGATACC	CAGATG CATA	ATCGCTGCAG	ACGGC GCAGA	AGTGAGCATC	CCTCTTT TGCG	
Mouse	TAATGATACC	CAGATG CATA	ATCA CTGC AG	ACGGC GCAGA	AGTGAGCATC	CCTCTTT TGCGG	
	190	200	210	220	230	240	
Canine	CTTGG ACTAG	TAATGGGGCT	GGCACA ACTG	TT-CC ACTAA	-CTTCCT TTT	CAGTGTCTCT	
Human	CTTGG ACCAG	TAACAGGGCT	GGCGCA ACGG	TTCCCA CTAA	CCTTCCT TTT	CAGTGTCTCT	
Rat	TTTGG ACTAG	TAACAGGGCT	GGCACA ACTG	CTCCCA CTAA	GCTTCCT TTT	CAGTGTCTCT	
Mouse	CTTGG ACTAG	TAACAGGGCT	GGCACA ACCG	CTCCCG CCAA	GCTTCCT CTT	CAGTGTCTCT	
	250	260	270	280	290	300	
Canine	CTGTTTACAG	GTAAGG-GGG	TTCTAGT GAT	CTTGCTTCAC	ACCAAGGACT	CTTTTGAGGT	
Human	CTGTTTACAG	GTAAGGT GTG	TTCTAGC GAT	CTTGCTTCAC	ACCAGGGACT	CTTTTGAGGT	
Rat	CTGTTTACAG	GTAAGGT GTG	CTCTAGT GAT	CTTGCTTCAC	ACCAAGGACT	CTTTTGAGGT	
Mouse	CTGTTTACAG	GCAAGGT GTG	TTCTAGT GAT	CTTGCTTCAC	ACCAAGGACT	CTTTTGAGGT	
	310	320	330	340	350		
Canine	TCTGCATACA	GAAGTGACAA	CTGGCA AATGG	ATGGCT AAAG	GANAAAGGTG	CCCAGGTG	355
Human	TCCGCATACA	GATGTGATAA	CTGGCG ATGG	ACCACT AAAG	GAGAAAGGTG	CCCAGGTG	358
Rat	TCTGCATAGA	GGAGCGATGA	TTGGCA AATGG	GTCGCT AAAG	GAGACAGGTG	CCCAG	355
Mouse	TCTGCATAGA	GAAGCGATGA	TTGGC AGTGG	GTCGCT AAAG	GAGAGAGGTG	TCCAG	355

Figure 7. Partial sequence of canine estrogen receptor β (ER β). Sequence analysis of the canine ER β cDNA revealed that it is similar to the human ER β cDNA. Canine ER β cDNA is 355 nucleotides long. The sequence shares 90.0%, 87.0% and 83.0% of its homology with the human, rat and mouse cDNAs, respectively. The nucleotide sequence corresponds to the 3' untranslated region of the human ER β cDNA. Nucleotides in bold are different among species.

dog is higher, while the ratio of DNA synthesis of the prostatic epithelial cells to prostatic stromal cells from the 4-year dog is lower. A high ratio (>1) means that the proliferative rate of prostatic epithelial cells is higher than that of prostatic stromal cells, while a low ratio (<1) indicates the opposite. Our result suggests that changes in the prostatic epithelial cells/stromal cells ratio in males occur with age. When dogs are young, prostatic epithelial cells proliferate more than stromal cells (ratio is high), but the opposite is true for older dogs, where the ratio is low. The decrease of this age-related ratio implied that more proliferation in the prostatic stromal cells with age might be related to etiology of the development of BPH. Our result is consistent with an other report in which prostatic epithelial cells underwent programmed cell death (apoptosis), but no apoptotic cells could be detected in the prostatic stromal

cells (40). Our results indicate that the deregulation of this balance results in pathology such as hyperplasia or neoplasias in prostates.

Estrogen, another major class of circulating steroids, was shown to act synergistically with androgens to induce BPH in dogs by enhancing sensitivity to androgens through increasing AR levels (41). Moreover, estrogenic activity is mediated by the interaction between estrogen receptors and the hormone with subsequent activation of the receptors (2, 15, 16). Thus, it can be inferred that this age-dependent decrease in prostatic ER β results in increased ER α -mediated or AR-mediated stimulatory effects on prostatic stromal cell function. It can be speculated that such a process may be involved in the induction of canine BPH.

Although estrogens have long been considered to play a minor role in male reproductive organs, the identification of

ER β implied that estrogens might also play an important role in the growth of the prostate. Several reports have shown that ER α and ER β play different roles in prostatic cell proliferation. ER α stimulates cell proliferation, while ER β restrains the stimulatory effects of ER α in the rodent uterus (21) and inhibits epithelial cell proliferation in the rodent prostate (22). ER β activation may decrease the AR content in prostates of wild-type mice but a higher AR level and age-related prostatic hyperplasia appears in ER β knockout mice (22). These findings indicate that ER α and ER β may have different roles in the pathogenesis of BPH. Thus, we examined the ER α and ER β mRNA expressions in prostatic specific cells so that we could determine if the increased proliferation of canine prostatic stromal cells with age was related to the change of ER α and ER β mRNA expressions. Our results showed that ER β mRNA expression was found in both prostatic epithelial and prostatic stromal cells, except for stromal cells from the prostates of 4-year-old dogs. The findings of the present study clearly indicated that there is a progressive reduction in ER β mRNA levels in both prostatic epithelial and prostatic stromal cells with age. Although most publications have reported the expression of ER β solely in prostatic epithelial cells (42-44), our data showed that there is an expression of ER β in prostatic stromal cells from young dogs, which is rapidly lost with age. These results implied that the greater proliferation of canine prostatic stromal cells with age is associated with the reduction in age-dependent ER β mRNA. No ER α mRNA expression was detected in any prostatic primary cultured cells. Our data are in agreement with the results of Lau *et al.* who did not detect ER α in human prostate primary cultures (4). Linja *et al.* also found that the level of the expression of ER α mRNA in BPH tumor samples was very low and was similar to that of ER α -negative breast cancer samples (44). These results indicate that estrogens are involved in the growth and differentiation of prostatic cells *via* ER β , not ER α . Recently, various studies have shown that the change of ER β mRNA and protein is associated with the development of BPH and prostate cancer (45-48). For example, Horvath *et al.*, using IHC, found that the ER β protein was progressively lost in prostate hyperplasia and neoplastic lesions (45). Pasquali *et al.* also obtained similar results, showing that malignancy of prostate is associated with the loss of ER β expression (46). However, Royulela *et al.* claimed that the increased expressions of ER α and ER β might be involved in hyperplasia and prostate cancer (47). Our data supported the findings of Horvath *et al.* and Pasquali *et al.*, in which the loss of ER β expression is related to prostate tumor progression. Our results suggest that the reduction in age-dependent ER β mRNA expression might play an important role in the etiology of the development of canine BPH, by leading to an increase of the AR content of prostate glands associated with the enhanced proliferation of canine prostatic epithelial and prostatic

stromal cells. Our above conclusion is consistent with other reports (4, 18, 19, 22, 45, 49, 50, 51, 52). A publication, showing that E₂ directly mediated AR transcriptional activity *via* a new E₂-AR-ARA₇₀ pathway in human prostate cancer cells (53), further confirmed our hypothesis. Thus, it is possible that anti-estrogens will play an important role in the treatment of benign prostatic hypertrophy. The development of a new estrogen antagonist with specific affinity for ER β , may be our strategy against human BPH in the future.

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