# Hairy Cell Leukemia: Retrospective Analysis of Demographic Data and Outcome of 203 Patients from 12 Medical Centers in Israel

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Abstract. Background/Aim: In this retrospective study, we summarized the national Israeli experience with hairy cell leukemia (HCL) in a large cohort of patients with a long follow-up. Patients and Methods: Demographic data, and relevant laboratory and clinical parameters were analyzed, emphasizing the outcome after first-line treatment with cladribine. Results: Data on 203 patients was collected from 12 medical centers during 1985-2015. Mean and median follow-up were 7.5 years and 5.18 years (interquartile range=0.1-40 years), and 5- and 10-year survival were 96% and 90.62%, respectively. The median age of diagnosis was 55.5 years for Jews and 49 years for Arabs (p=0.021), and most patients were males (81.77%); 52.2% were Ashkenazi Jews, 36.1% Sephardic Jews and 11.7% were Arab, Druze or other ethnicity. Cladribine was given to 159 patients (80.7%%) and most (62%) received intravenous

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(i.v.) and 38% received subcutaneous (s.c.) therapy. Overall survival and time to next treatment were not significantly different between the two schedules (i.v., s.c.). In univariate analysis of a variety of factors, only age >65 years had a negative impact on outcome, with shorter overall survival. It is of interest that Arab patients with HCL were diagnosed at an earlier age, but had a similar clinical course and outcome to both Ashkenazi and Sephardic Jews.

Hairy cell leukemia (HCL) is an uncommon indolent B-cell lymphoproliferative disorder occurring in 3/1,000,000 patients (1). It was first described by Bouroncle *et al.* in 1958 as "leukemic reticuloendotheliosis"(2) and only later was the term HCL first used describing the characteristic 'hairy' surface features of the leukemia cells. Clinically, the disorder is characterized by pancytopenia, splenomegaly and recurrent infections (3). It is more common in men (4:1 men/women ratio), with a median age at diagnosis of 55 years (4). Diagnosis of HCL is usually made by histopathology after bone marrow biopsy and in combination with a characteristic flow cytometric profile showing CD19+, CD20+, CD11c+, CD25+, CD103+, CD123+, CD200+, CD27-, and light chain restriction (3). In 2011, molecular studies by Tiacci *et al.* showed that almost all cases of HCL were associated with a

Table I. Demographic, laboratory and clinical data of 180 patients with ethnicity data available.

Variable		Jewish (N=159)	Arab/Druze/Other (N=21)	<i>p</i> -Value
Age at diagnosis	Median (range)	55.5 (27-89)	49.0 (23-76)	0.021
≤40 Years	Median (%)	22 (14%)	8 (38%)	0.005
>60 Years	Median (%)	56 (35%)	4 (19%)	0.13
>70 Years	Median (%)	24 (15%)	1 (15%)	0.2
Gender, n (%)	Male	131 (82%)	18 (86%)	0.70
Spleen diameter, cm	Median (range)	15 (11-35)	16 (9.7-30)	0.54
Weight, kg	Median (range)	77.0 (70-89.5)	82.5 (74-93)	0.40
WBC×10 <sup>9</sup> /l*	Median (range)	3.0 (0.5-29)	3.0 (1.45-13)	0.72
ANC×109/1*	Median (range)	0.9 (0.1-6)	1.0 (0.2-2.6)	0.76
Hb g/dl*	Median (range)	11.3 (5.3-16.5)	11.9 (6.8-15.4)	0.39
Platelets ×10 <sup>9</sup> /l*	Median (range)	67 (47-90)	61.5 (37.5-81)	0.34
Cladribine treatment	Median course (range), days	5.0 (1-9)	5.0 (1-7)	0.53
	Route: <i>i.v.</i> n (%)	62 (65%)	11 (61%)	
	Median total dose (range), mg	50.0 (27-80)	50.0 (40-65)	0.72
	Relapse, n (%)	30 (29%)	4 (22%)	
Death, n (%)	•	13 (9%)	1 (5%)	0.57

WBC: White blood cells, ANC: absolute neutrophil count, Hb: hemoglobin, i.v.: intravenous. \*On first day of therapy.

point mutation in the signaling protein B-Raf proto-oncogene, serine/threonine kinase (*BRAF* V600E) (5).

Introduction of the purine nucleoside analogs 2-deoxycoformycin (pentostatin) (6) and 2-chlorodeoxyadenosine (cladribine) (7) dramatically improved the outcome of HCL, achieving 10 year overall survival (OS) rates close to 90% (8-11). Comparative studies showed that pentostatin and cladribine were equally effective (10, 12).

Several alternative schedules have been reported for cladribine given subcutaneously (s.c.) or intravenously (i.v.) (13-15). In relation to dosage, the use of a fixed daily dose or weight-based dose for 5 or 7 days or even a once-weekly schedule have been recorded (14, 16-18).

Some earlier data regarding Israeli patients with HCL have been reported but these were either single-or two-institute experiences (19-21). In 2006, Paltiel *et al.* summarized HCL in association with second cancer, based on the statistics obtained from the Israeli Cancer Registry, emphasizing demographic characteristics but without details of therapy administered (20).

Here, we provide a retrospective analysis of the national Israeli experience with HCL during a 30-year period (1985-2015), which also includes results of first-line therapy with cladribine.

### **Patients and Methods**

A review was carried out of data obtained from the records of 203 patients with HCL treated at 12 medical centers in Israel during 1985-2015 and related clinical and demographic features with special emphasis on ethnicity (Ashkenazi and Sephardic Jews, Arabs or other) were summarized.

Diagnosis was based on histopathology reports, reported according to WHO criteria (22) and flow cytometric analysis of peripheral blood, bone marrow and spleen specimens.

Details of the treatment given were recorded and outcome after first-line therapy with cladribine given s.c. or i.v. was analyzed. Data regarding outcome were also collected in relation to drug dosage, patient age, ethnicity and gender. All the above were collected after approval by local institutional review board of each medical center included in the study and in accordance with the principles of the declaration of Helsinki.

Statistical analysis. Descriptive statistics were calculated for each of the variables. Data are expressed as the mean±standard deviation (SD) (normally distributed data), median and interquartile range (IQR) (non-normally distributed data), or as percentage frequencies.

The Kaplan-Meier method was used to compute product-limit estimates of the survival distribution function of time to next treatment and overall survival (OS) for each selected diagnostic factors.

For OS, the day of diagnosis was used as the starting date for analysis; and for PFS and time to next treatment with cladribine, the first day of treatment was regarded as the starting date of the analysis. The log-rank test was used to compare the survival curves of the different strata.

Univariate analysis was performed to detect differences among selected variables. The Pearson chi-square test or Fisher exact was used to compare the groups with respect to categorical variables. Two sample t-test was employed to compare groups with respect to variables which followed a normal distribution. Two-sample Wilcoxon tests were used to compare groups with respect to variables which did not follow a normal distribution. The association between two continuous variables was evaluated by Pearson correlation coefficient. Statistical significance was defined as a *p*-value of less than 0.05.

Statistical analysis was performed by SAS for Windows version 9.4.

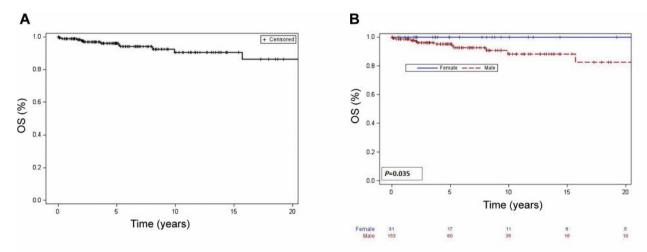


Figure 1. Overall survival (OS) of the entire cohort (A) and based on sex (B).

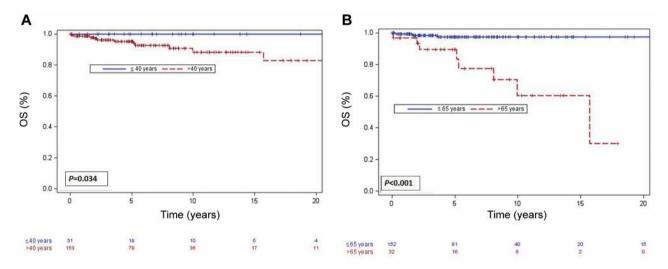


Figure 2. Overall survival (OS) analysis based on age of diagnosis of hairy cell leukemia using cut-offs of 40 (A) and 65 years (B).

# Results

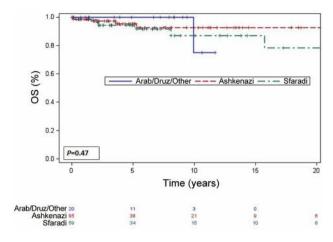
The cohort included 203 patients: 166 (81.8%) males and 37 (18.2%) females (M; F ratio of 4.5:1). Mean and median follow-up of the entire cohort were 7.5 and 5.18 (IQR=0.1-40) years, respectively. Basic patient data are given in Table I.

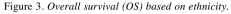
All cohort survival analysis. OS at 10 and 20 years for the entire cohort from the time of diagnosis was 90% and 86%, respectively. The 10-year OS after first-line therapy was 94%, and after 20 years was 75% (Figure 1A). During follow-up, 16 patients died and all were males. Median OS for males was 31.5 years, while it was not reached for females (Figure 1B).

HCL relapse was evident in 40/143 patients (28%); data were lacking in 16 patients.

Age analysis. Mean age at diagnosis was 54.3 years (IQR=23-89 years), 32 patients (15.8%) were 40 years old or younger, and 170 (84.2%) were older than 40 years; 38 patients (18.8%) were diagnosed above the age of 65 years.

Patients  $\leq$ 40 years old had an excellent outcome, and survival was significantly better than in those >40 years (Figure 2A, Table II). The Kaplan–Meier estimates of 10-and 20-year survival rates after diagnosis (Figure 2A) were 100% and 100% for patients  $\leq$ 40 years of age (n=32) and 88% and 83% for patients above the age of 40 years (n=170).





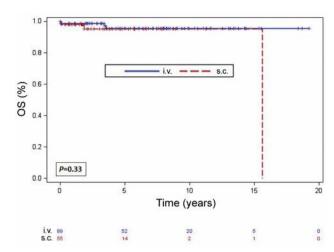


Figure 4. Overall survival (OS) analysis based on mode of cladribine administration. i.v.: Intravenous; s.c.: subcutaneous.

Table II. Demographic, clinical and laboratory values of patients divided according to age at diagnosis.

Variable		≤40 Years (N=32)	>40 Years (N=170)	p-Value
Spleen diameter, cm	Median (range)	18.0 (15.0-19.5)	15.0 (13.0-18.0)	0.006
WBC×109/l*	Median (range)	3.6 (2.1-7.7)	2.7 (1.9-4.1)	0.09
ANC×109/1*	Median (range)	0.9 (0.3-1.4)	0.9 (0.6-1.3)	0.65
Hb g/dl*	Median (range)	12.2 (9.0-13.7)	11.3 (10.0-13.0)	0.64
Platelets ×10 <sup>9</sup> /l*	Median (range)	55.0 (37.7-77.0)	68.0 (47.0-91.0)	0.027
Gender, n (%)	Male	25 (78%)	140 (82%)	0.57
Ethnicity: n (%)	Ashkenazi	8 (27%)	86 (58%)	0.002
Sfaradi		14 (47%)	50 (34%)	
Arab/Druze/Other		8 (27%)	13 (9%)	
Relapse, n (%)		11 (50%)	29 (24%)	

WBC: White blood cells, ANC: absolute neutrophil count, Hb: hemoglobin. \*On first day of therapy.

The Kaplan–Meier survival estimates for 10- and 20-year survival rates after diagnosis (Figure 2B) were 98% and 98% for patients aged 65 years or less (n=164) and 60% and 30% for those above 65 years (n=38), with median survival of 32.5 and 15.7 years, respectively. The log-rank test revealed a statistically significant difference in survival rates over time for both age strata (p=0.034 and p<0.001, respectively).

Ethnicity. Data were available for 180 patients with HCL: 159 (88.3%) Jews and 21 (11.7%) Arabs, Druze or other ethnicity. Of the 159 Jewish patients, 94 (59.1%) were Ashkenazi and 65 (41.9%) Sephardi. The median age at diagnosis for Jews was 55.5 (IQR=45.0-63.0) years, and 49 (IQR=37.0-57.0) years for Arabs, p=0.021; 38% of Arabs were diagnosed at age <40 years compared to 14% of Jews (p=0.005). No other significant clinical or laboratory

differences were found between these two cohorts (Tables I and II).

Regarding OS and PFS, there were no statistical differences between Ashkenazi Jews, Sephardic Jews, and Arabs or other ethnicity (Figure 3).

Laboratory and clinical data at the start of therapy. Most of the patients presented with splenomegaly [mean 16.4 (IQR=5-30) cm]; mean patient weight at the start of cladribine treatment was available for all 159 patients and was 80 kg (IQR=58-118 kg).

Laboratory data on first day of treatment were: Median white blood cell count 2,800 (IQR=0.500-7,800)× $10^9$ /I, hemoglobin 11.3 (IQR=5.3-16.5) g/dI, platelets 65,000 (36.1-281.0)× $10^9$ /I, and absolute neutrophil count 0.900 (IQR=0.100-1.840)× $10^9$ /I. Additional laboratory data based on ethnicity is presented in Table II.

Cladribine therapy. A total of 159 patients received cladribine as first-line therapy (78.71%); other modalities of treatment including interferon alpha or splenectomy, were utilized as first-line in 21 (10.3%) patients, while 23 (11.3%) were untreated.

The median age at start of therapy was 53.8 years and median time from diagnosis to treatment with cladribine was 10 months (IOR=0-34 years).

The average dose of cladribine per patient was 52.5 mg and for all patients this was given as a daily injection, employing a weekly schedule. Average course duration was 5 consecutive days (IQR=1-9 days); correlation between dose administered ( $\geq$ 50 mg or <50 mg) and OS revealed a trend for improved survival in favor of the higher dose but this was not statistically significant. (hazard ratio=0.92, p=0.15).

Overall, 62% of patients received cladribine *i.v.* compared to 38% treated *s.c.*; PFS and OS were not significantly different for patients treated with *i.v.* or *s.c.* therapy (Figure 4).

In univariate analysis, gender, ethnicity, patient weight, and treatment duration (5 or 7 days) had no impact on outcome; however, patients >60 years were more likely to have received cladribine *s.c.* than *i.v.* (39% vs. 22%, p=0.024)

Post cladribine therapy follow-up. Infectious complications requiring hospitalization were evident in 50.3% of treated patients (67% post i.v. and 37% post s.c. delivery). The median time in hospital was 8 (IQR=0-45) days for both groups (p=0.55).

The average time to nadir for blood counts post cladribine was 24.3 days (IQR=0-196 days) for patients overall, with a median of 18 and 20 days for those treated with *i.v.* and *s.c.* delivery, respectively (p=0.33). The duration of nadir correlated inversely with hemoglobin levels on the first day of therapy; patients with higher hemoglobin levels had a shorter time to nadir (r=-0.18, p=0.027). Median time to next treatment after first-line therapy was 9.3 (0-15.5) years.

### Discussion

HCL is a rare malignancy and studies summarizing clinical and laboratory features of the disease in different countries can still highlight additional aspects of this disease.

This retrospective study represents a summary of the Israeli experience with HCL, with particular emphasis on ethnicity, age and data relating to treatment and outcome over a 30-year period, 1985-2015. Earlier reports from Israel dealt with smaller numbers of patients (19-21) but did not include data on therapy given (20).

The Israeli population is heterogeneous and multi-ethnic, with a 75% Jewish majority, consisting of new immigrants and Israeli-born Jews. The non-Jewish (mostly Muslim Arab) minority represents approximately 25% of the entire population.

There are only sparse data relating to the epidemiology of HCL and on prognosis according to different ethnic groups, and it is in this respect the Israeli patient cohort is of interest. Results of this study are similar to those reported in an earlier epidemiological study by Paltiel *et al.* (20). Both show that the mean age at diagnosis in the Jewish population to be 55 years, similar to that recorded in most other Western countries (3), while the mean age at diagnosis was slightly younger, 49 years, in the Arab population. HCL was also more frequent in Jews (88% of the entire cohort), which is similar to that encountered in chronic lymphocytic leukemia, which is also more common in Ashkenazi Jews (23-25). In this respect a genome-wide association study is indeed still needed to confirm these different ethnicity patterns.

Several reports have dealt with outcome of younger patients with HCL (26-29). Rosenberg *et al.* reported on 88 younger patients treated with cladribine from the Scripps Clinic HCL database (28), while Getta and co-workers summarized their experience with 63 patients with HCL aged ≤40 years at diagnosis from the US (29). These studies showed that OS was significantly shorter for patients diagnosed above the age of 50 or 60 years, indicating that younger patients with HCL have a better survival even after receiving more lines of therapy. The results we report here are also in keeping with the above studies.

In addition, as in other studies (7, 9, 10), HCL occurred more frequently in males in our cohort, females with HCL had a better outcome than males treated with cladribine, and during follow-up, none of the female patients died. This observation still needs further validation in a larger study.

treatment, purine analogs Regarding recommended as first-line therapy for HCL and both cladribine and pentostatin have similar efficacy (3, 8, 10, 30-32). However, in Israel, only cladribine is available for firstline treatment and accordingly, 159 out of the 203 patients reported here were treated with this agent. Like in other reports, the mode of administration (13-15, 32) did not appear to affect results of therapy, and outcome after i.v. and s.c. administration of this agent was similar. All patients reported here were treated with daily administration of cladribine; we have very little experience with the weekly regimen, as reported by the Polish group in 2007 (17). Furthermore, there was a trend towards a lower rate of infection with s.c. use.

This study has obvious limitations, which include its retrospective nature. In addition, the practice of follow-up bone marrow biopsy after 4-6 months of therapy was not uniformly adopted in routine practice in Israel at the time. Thus, as this study covers a period of 30 years, we are unable to provide definitive data on complete response and minimal residual disease. Yet in real world experience, many centers do not repeat bone marrow after first-line therapy, and response assessment is performed based on peripheral

blood analysis, where a very good response is defined as when recovery of the blood counts is achieved (33).

In summary, we herein report variations in the incidence and prognosis of HCL in Israel, mostly related to gender, age and ethnicity. HCL is less frequently encountered in the Arab population, where it occurs at a younger age, and is more common among Ashkenazi than Sephardic Jews. Additional genetic or genomic-wide association studies are still needed to support the observations reported here regarding ethnicity.

### **Conflicts of Interest**

The Authors have no conflicts of interest to declare in regard to this study.

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