

Review

Acute Graft Versus Host Disease: A Comprehensive Review

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Abstract. *Acute graft versus host disease (aGVHD) remains the second leading cause of death following allogeneic hematopoietic stem cell transplant (AHSCT). Over the last five years, the progress in understanding the pathophysiology of this immune based-process helped redefine graft versus host reaction and opened new possibilities for novel preventive and therapeutic approaches. The evolution in the field of immunology widened the horizons for hematopoietic stem cell transplant leading to the availability of different stem cell sources for potential graft and incorporation of novel conditioning regimens. There is conflicting data about the impact of the graft source and the conditioning regimen used in the process of AHSCT on the incidence of aGVHD. Many studies have reported increased risk of chronic GVHD (cGVHD) and to a less extent aGVHD with the use of peripheral blood stem cell and bone marrow compared to umbilical cord stem cell. The conditioning regimen, either myeloablative, non-myeloablative or reduced intensity may have different impact on the incidence of GVHD. Several preventive modalities have been adopted by different transplant centers but, to date, there is no standardized regimen. As for treatment, immunosuppression using steroids remains the first line of intervention. Several novel therapeutic options are being investigated for treatment of steroid-refractory aGVHD including the use of mesenchymal stem cells, anti thymocyte globulin and*

extra corporeal photophoresis. This review discusses the pathophysiology, risk factors, clinical features, and advances in the diagnosis, prevention and treatment of aGVHD.

Acute graft-versus-host disease (aGVHD) following allogeneic hematopoietic stem cell transplant (AHSCT) is an immune triggered process, leading to profound immune dysregulation and organ dysfunction. Despite pivotal advances, aGVHD remains the second leading cause of death, after disease relapse, in patients undergoing AHSCT (1).

Historically, aGVHD has been defined as a manifestation of rejection occurring in the first 100 days following AHSCT, while chronic GVHD (cGVHD) referred to signs of rejection occurring after 100 days (2). However, a clear distinction between the two conditions has been challenged by the recognition of signs of aGVHD and cGVHD outside of these delineated periods (3). This is thought to be related to the different techniques used in processing stem cells and to the increased use of non-myeloablative regimens and donor lymphocyte infusion (DLI), both of which can potentially delay the appearance of aGVHD (4). In 2014, the NIH released new consensus criteria that refined the definition of both acute and chronic GVHD addressing issues of controversies in the overlap between the two conditions (5).

Pathophysiology

In the last 20 years, the evolution in clinical immunology brought more insight into the pathogenesis of GVHD and several components were identified to interplay in the mechanism of GVHD: a genetic component favoring the role of HLA compatibility in AHSCT and an immune/biologic component that will be discussed below (6-8).

Initial efforts emphasized the crucial role of mature T cells in the development of aGVHD; newer studies highlighted the importance of the intestinal epithelium and the role of microbiome in the pathogenesis of GVHD (9, 10).

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Classically, three phases summarize the development of aGVHD: an afferent phase, an efferent phase and an effector phase (11). The afferent phase is a normal but exaggerated inflammatory response leading to activation of antigen presenting cells (APCs). The conditioning regimen used during AHSCT, either ablative or non- myeloablative, leads to target tissue damage. This tissue destruction results in a cytokine activation with excessive release of TNF alpha, IL6 and IL1, which up regulates the expression of MHC antigens and cell surface adhesions molecules on host cells. Intestinal epithelium damage causes release of bacteria and alteration in the gut microbiome triggering propagation of the immune response. Non-genetic triggers are danger associated molecular pattern molecules (DAMPs) and pathogenic associated molecular pattern molecules (PAMPs) that result in perpetual and exaggerated inflammatory response. DAMPs result from non-infectious molecules, while PAMPs have an infectious source. This cytokine storm activates antigen presenting cells. The APCs are from the host hematopoietic cells (dendritic cells, Langerhans cells, and B-cells), non-hematopoietic cells, and donor hematopoietic cells. These APCs present alloantigens which are recognized by the donor T-cells (12, 13). This initial phase is followed by T-cell trafficking and expansion, which is the hallmark of the efferent phase. The infused donor T-cells interact with the primed APCs promoting activation of T-cells (14, 15). It is thought that CD8 T cells are predominantly activated by recipient hematopoietic APCs, whereas donor CD4 T cells can also be activated by recipient non-hematopoietic APC within the GI tract (12). Donor APCs may also contribute to GVHD, once primed by alloantigen, donor T-cells undergo proliferation and differentiation such that they secrete or trigger a predictable cytokine profile resulting in the production of IL-2 and IFN- γ . IL2 controls and amplifies the allogeneic immune response activating further T-cell and NK cell responses (16). The role of IFN- γ is poorly understood and paradoxical, but it was found to inhibit GVHD while promoting lymphohematopoietic graft-*versus*-host reactions (LGVHR) and graft *versus* leukemia effects (17).

Lastly, the effector phase, a complex cascade of multiple cellular and inflammatory effectors, leading to the escalation of the inflammatory phase promoting further target tissue damage. This phase begins when cytolytic donor effector T cells cause end-organ damage and continual propagation of this pathway (18). Other effector cells have been implicated and include neutrophils, natural killer cells (NK), NK T cells, and macrophages (19, 20).

The importance in the role of tissue damage, described in the afferent phase, in aGVHD has been called into question. Acute GVHD development following DLI does not involve a conditioning regimen, and a reduction of aGVHD is not seen with reduced-intensity conditioning regimens. Although several recent studies continue to support tissue damage as

a prominent pathway in the development of gut aGVHD. The gut contains Paneth cells and immune stem cells (ISC). The ISC are responsible for cell renewal, while Paneth cells secrete antimicrobial peptides resulting in regulation of the microbiota. The release of cytokines TNF a, IL-6, and IL-1 following AHSCT damages the ISC and Paneth cells that results in intestinal dysbiosis, which is suspected to be a propagating event in gut aGVHD (10).

As counterparts to the effector cells and of particular interest are cells responsible for suppressing GVHD (21). T regulatory cells (T reg), which are CD4⁺ T cells that express low levels of granzyme A and chemokine receptors (*e.g.* CCR5, CXCR3) (22, 23). Consequently, not only is suppression, but also impairment of target tissue homing of effector cells.

Risk Factors

Risk factors for the development of aGVHD, other than the extent of HLA disparity, include increased age of both the recipient and the donor, gender disparity, multiparous female donors, ineffective GVHD prophylaxis and the intensity of the transplant conditioning regimen and the source of graft (24, 25).

Results were not consistent among studies aiming to determine risk factors associated with aGVHD especially when many of these studies occurred before the era of the 2014 NIH consensus where aGVHD and cGVHD were not identified outside of the 100 days period. Few of the studies reported that the use of peripheral blood stem cells (PBSC) has been associated with increased risk of cGVHD. Anesetti *et al.* showed that the incidence of aGVHD with the use of PBSC was about the same as in bone marrow (BM) however the incidence of cGVHD was increased by 16% as compared to bone marrow (26). The use of double unit umbilical cord transplant (dUCB) has been associated with lower incidence of cGVHD but higher incidence of aGVHD (27). Other studies have reported no impact of stem cell source on aGVHD (28-30). A recent study confirmed prior studies by revealing lower incidence of cGVHD in umbilical cord transplant (UCB) but higher incidence of aGVHD in the dUCT. However, this increase in incidence was not reflected in mortality. The authors explain that this better outcome may be related to the responsiveness of these patients to steroids. They also note that the better HLA match is associated with less severe aGVHD in dUCB transplantation (31).

Few studies have evaluated the impact of myeloablative (MA) *versus* non myeloablative conditioning regimens on the incidence of aGVHD (32-34). Some studies reported increase in incidence and severity of aGVHD in patients receiving full intensity (FI) conditioning regimen.

Risk factors for aGVHD, overall survival, and transplant-related mortality were evaluated in adults receiving AHSCT between 1999 and 2005 from HLA-identical sibling donors

Table I. Staging of acute graft versus host disease.

Clinical Stage	Lower GI	Upper GI	Liver (bilirubin level in mg/dl)	Skin (% rash of body surface area BSA)
1	Diarrhea <500 ml/d	Nausea/vomiting	2-3	<25%
2	Diarrhea 500-1000 ml/day		3-6	25-50%
3	Diarrhea 1000-1500 ml/day		6-15	Generalized erythroderma
4	Diarrhea >1500 ml/day		>15	Bullae/Desquamation

(SD) or unrelated donors (UD). Patients were randomized to six treatment categories. Patients receiving sibling donor transplants with MA + non Total body irradiation (TBI) + BM and reduced intensity chemotherapy (RIC) + PBSCs had significantly lower risks of grades B-D aGVHD than patients in other treatment categories. Those receiving UD transplants with MA + TBI + BM, MA + non TBI + BM, RIC + BM, or RIC + PBSCs had lower risks of grades B-D aGVHD than those in other treatment categories. The 5-year probabilities of survival were 46% (95%CI=44%-49%) with SD transplants and 33% (95%CI=31%-35%) with URD transplants. Conditioning intensity, TBI and graft source have a combined effect on risk of aGVHD that must be considered in deciding on a treatment strategy for individual patients.

The incidence and severity of aGVHD also appears to increase with pre-transplant comorbidities. In one study of 2,985 patients who underwent myeloablative or reduced intensity conditioning followed by AHCST for myeloid or lymphoid malignancies, the incidence and severity of aGVHD increased with increasing hematopoietic cell transplantation-specific comorbidity index (35).

In a study by Kadhimi *et al*. the use of the combination of tacrolimus (TAC) and mycophenolate mofetil (MMF) as prophylaxis was associated with high incidence of severe aGVHD and non-relapse mortality especially after transplantations from unrelated donors (36). Better outcome has been noticed with other prophylactic regimens leading to lower incidence of GVHD with the use of ATG (37-39). The role and potential efficacy of antithymocyte globulin (ATG) in patients receiving cord blood transplantation (CBT) remain controversial. A retrospective Chinese study in children with high-risk or advanced hematological malignancies, indicated that the omission of ATG has been associated with faster platelet recovery, a comparable GVHD risk and transplant related mortality, a significantly lower relapse risk, and an improved long-term survival compared to patients who received ATG in the conditioning (40).

Clinical Manifestations and Diagnosis

Clinical manifestations of aGVHD include specific derangements in the skin, liver and gastrointestinal tract, occasionally the eyes and oral mucosa. It often presents with

Table II. Grading of acute graft versus host disease.

Overall clinical grade	lower GI	Upper GI	Liver	Skin
I	0	0	0	1-2
II	1	1	1	3
III	2-3		2-4	-
IV	4		-	4

skin rash, diarrhea, elevated bilirubin, and it is associated with recurrent infections. The mortality risk varies depending on the stage and grade of aGVHD.

With the use of high-intensity conditioning, aGVHD most commonly occurs 2 to 42 weeks after stem-cell infusion. A hyperacute form of GVHD can occur within the first 2 weeks of AHSCT, and is usually due to significant HLA mismatch or inadequate GVHD prophylaxis, it can be rapidly fatal (41). It is usually grade III to IV and presents with fulminant blistering involvement of the skin associated with pulmonary leak syndrome requiring urgent steroid therapy.

Acute GVHD is clinically graded and staged in severity from grades I to IV depending on the extent of skin, liver, upper GI tract and gut involvement. The most commonly used staging and grading systems are shown in Tables I and II. These staging systems do not include the patient's performance status (42-44).

The diagnosis of aGVHD can be made on clinical grounds in patients presenting with a rash, diarrhea and elevation of bilirubin within the first several weeks of transplant. However, the diagnosis is frequently not straightforward. The role of skin and liver biopsies may be helpful in making the diagnosis but this is still controversial (45). More recently, a panel of plasma biomarkers including IL-2-receptor- α , TNF receptor-1, IL-8, and hepatocyte growth factor has been suggested as a confirmatory tool for the diagnosis of aGVHD at the onset of clinical symptoms and to provide prognostic information independent of GVHD severity (46). The use of biomarkers for the diagnosis of aGVHD remains an active area of investigation.

Table III. Regimen 1: Use of the combination of Calcineurin inhibitor plus Methotrexate (49, 50).

Regimen 1: Calcineurin inhibitor +MTX	Dose	Administration	Duration	Toxicity	Comment
Cyclosporin	CSA initial dose 3 mg/kg/day, given d-1 prior to graft Measure concentrations 12 hours after dose.	CSA is initiated IV until oral intake is possible. The oral dose is twice the IV dose, given in two daily doses.	Six months in absence of aGVHD. If No GVHD, dose can be tapered as of 3 months.	Renal insufficiency, microangiopathy, neurological problems	Target during first three weeks: 200 to 300 mg/Target until 3 months following HSCT:100 to 200 m/L
Methotrexate	15 mg/m ² on day +1 of graft infusion then 10 mg/m ² on day 3,6 and 11	IV	on Day 1,3,6 and 11	Delayed hematologic recovery, nephrotoxicity, hepatic toxicity, gastrointestinal mucosal toxicity.	All patients should receive rescue leukovorin.
Tacrolimus	A loading IV dose of 0.02 mg/kg/day	IV Switch to oral when patient is able to tolerate food	On day-3 to day - 1, Continue to d 100	Renal insufficiency, elevation of bilirubin levels, hypertension, hyperglycemia, neurotoxicity	Adjust dose according to levels.

Table IV. Regimen 2: Use of Mycophenolate mofetil and a calcineurin inhibitor (66).

Regimen 2: MMF+ Calcineurin inhibitor	Dose	Administration	Duration	Toxicity
Mycophenolate Mofetil	30 mg/kg/day orally in 2 divided doses	IV	Daily started d1 after HSCT for 1 months for patients with sibling HSCT or 3 months from UMD	Thrombocytopenia, leucopenia, high incidence of viral infections, gastrointestinal upset
Cyclosporine	If the oral route is used, the initial dose is 12 mg/kg/day.	IV or oral	On d -1, two doses every 12 hours.	Renal insufficiency, microangiopathy, neurological problems

Prevention and Treatment

To date there are no standardized preventive measures for aGVHD. Prophylactic approach is based mainly on immunosuppression either by T cell depletion or pharmacologically (47). Immunosuppression remains the primary pharmacologic strategy to prevent GVHD. We summarize the suggested regimen in Tables III and IV. The most commonly includes a combination of a calcineurin inhibitor (cyclosporine (Csa) or tacrolimus (TAC)) and a short course of methotrexate (MTX). This regimen was initially established in 1986 (48). Several studies have compared the effectiveness of this combination with either agent alone and showed superiority in prevention of aGVHD in the combination arm (49, 50).

Methotrexate has been used since the 1950s as a way of shutting-down T cells through inhibition of dihydrofolate reductase and production of thymidylate and purines. One recent study showed that the substitution of MTX with corticosteroid in patients who had MTX toxicity, decreased

the risk of GVHD however the use of steroids had negative impact on relapse rate and risk of infection hence it did not result in favorable transplant outcome (51).

The backbone of conventional regimens of aGVHD prophylaxis includes 2 drugs: a calcineurin inhibitor plus MTX or MMF or more recently sirolimus (52). The addition of steroids does not confer any beneficial effect (53). Multiple studies have been conducted to compare these regimens but because of the different conditioning regimens used and the diversity of the diseases requiring AHSCT, no definite conclusion has been reached. Cyclosporine monotherapy was inferior to the combination of cyclosporine and methotrexate in regard to the risk of grade II-IV aGVHD. Tacrolimus based calcineurin inhibitor regimen was found to be superior to cyclosporine based regimen with significant reduction in grade II-IV aGVHD but the overall outcome was not significantly different. These results remain controversial and further studies are needed to compare the different regimens used in practice taking in consideration the variation in dosing and duration of treatment (54, 55).

Multiple studies focused on the relationship between drug levels, efficacy, and toxicity profiles. Wingard *et al.* showed that for both CSA and TAC, higher blood concentrations were associated with an increased incidence of renal dysfunction. In addition, a lower blood concentration of CSA (<300 ng/ml) was associated with an increased incidence of aGVHD, although this relationship was not statistically significant (56). In 2009, Watanabe *et al.* published an article studying the effect of tacrolimus level on the incidence of aGVHD Grade II to IV. The cumulative incidence of aGVHD was significantly higher in patients with tacrolimus level less than 7 compared to those with level more than 7 (57). Ganetsky *et al.* in 2015 found that higher tacrolimus concentrations during the first week after allografting with a reduced-intensity conditioning regimen were associated with significantly reduced risk of grade II-IV aGVHD without increasing risk of relapse. This association was driven by a lower risk of grade II-IV aGVHD in patients with week 1 tacrolimus concentrations >12 ng/ml (58). Further studies evaluating optimal dosing strategies are needed to study the incidence of aGVHD with the conventional tacrolimus levels of 5 to 15 versus 10 to 15 ng/ml.

The addition of sirolimus to the GVHD prophylaxis regimen is a good alternative, although it did not improve survival. Cuttler *et al.* in 2014 revealed that the addition of sirolimus may lead to earlier engraftment and less mucositis (59). Despite the benefit seen in prevention of grade I-II aGVHD, the author did not recommend sirolimus for prophylaxis due to the increased complications like SOS, transplantation associated microangiopathy (TAM), cytopenias, and subsequent infections (60). In 2016, Armand *et al.* reported that the addition of sirolimus for GVHD prophylaxis in RIC AHSCT is associated with a lower risk of acute GVHD, no improvement in survival and no increased overall toxicity. This regimen is an acceptable option for GVHD prevention in RIC HSCT (61).

The omission of mini-MTX from the TAC/SIR GVHD prophylaxis regimen appears to have no adverse effect on the development of aGVHD. Chen *et al.* observed that TAC/ μ MTX/MMF is as effective as TAC/MTX and superior to TAC/MMF for aGVHD prophylaxis. Although improved toxicity or engraftment was not seen in the TAC/ μ MTX/MMF arm compared to the TAC/MTX arm, the observation of an equivalent incidence of acute and cGVHD, PFS and OS in a higher-risk population suggests that TAC/ μ MTX/MMF may be superior to TAC/MTX. These data challenge the paradigm of completely eliminating MTX from aGVHD prophylaxis regimens. Dose reduction of MTX in combination with MMF is another strategy that may result in improved outcomes (62).

The optimal prophylactic regimen following reduced-intensity AHSCT is yet to be established. Solomon *et al.* in 2014 published an article showing the potential of calcineurin inhibitor-free GVHD prophylaxis with post-transplantation cyclophosphamide and a brief course of sirolimus following

reduced-intensity peripheral blood stem cell transplantation. This study was limited by its small size, 26 patients, and chronic GVHD was mainly seen rather than acute GVHD (63).

The use of post-transplantation cyclophosphamide was supported by an initial clinical trial by Fuchs and Luznic at the Sidney Kimmel Comprehensive cancer center at Johns Hopkins in 2010. Their trial showed that high dose Cyclophosphamide can be administered safely following an AHSCT without causing prolonged aplasia and it was uniquely effective in preventing cGVHD and perhaps aGVHD by inducing tolerance in the T cells (64).

More recently, Mielcarek and colleagues released the result of their study utilizing post transplantation cyclophosphamide for the prevention of GVHD. The high-dose Cy in combination with CsA after myeloablative HLA-matched mobilized blood cell transplantation resulted in low rates of both severe aGVHD and cGVHD. In conjunction with high-dose pre-transplant conditioning, the immunosuppressive regimen was safe, and provided effective GVHD-protection while not compromising control of underlying malignancy. If these findings are confirmed in future studies, HLA-matched mobilized blood cell transplantation may gain even greater acceptance and replace marrow as a source of stem cells for most indications (65).

A commonly used regimen in this setting includes a combination of a calcineurin inhibitor with mycophenolate mofetil (MMF) instead of methotrexate as some studies showed less mucositis and more rapid neutrophil engraftment with MMF compared to methotrexate. A Cochrane database systemic review in 2014 showed that a combination of MMF/calcineurin inhibitor compared to MTX/CI showed a more favorable toxicity profile (66). Multiple studies in 2015 showed that a higher dose of Mycophenolate Mofetil reduced aGVHD in RIC double umbilical cord blood transplants. The use of MMF based GVHD prophylaxis was not inferior to MTX in a myeloablative matched-related donor stem cell transplant (67). In another study, mycophenolate mofetil-based salvage as aGVHD prophylaxis after early discontinuation of tacrolimus and/or sirolimus where they observed acceptable rates of GVHD, overall survival and non-relapse mortality using MMF in patients who discontinued tacrolimus/sirolimus due to toxicities. These data, together with other small studies, support the feasibility and possible value of calcineurin-free MMF-based GVHD prophylaxis for selected patients with high risk for CNI-related toxicities such as those with suboptimal renal function (68).

There exist many preventive strategies that are currently under investigation. One study examined the use of the CCR5 antagonist maraviroc. In this study, 35 high-risk AHSCT recipients had a cumulative incidence of grade II-IV acute GVHD of 14.7% on day 100 and 23.6% on day 180. The cumulative incidence of grade III-IV GVHD on day 180 was 5.9%, that was mainly attributed to a very low

Table V. Ongoing clinical trials addressing the prevention of GVHD in the United States.

Clinical trial	Name of trial	Investigational agent	Phase	Location
NCT02683525	Sitagliptin for Prevention of aGVHD After AHSCT	Sitagliptin	Phase II/Active, not recruiting	United states, Indiana
NCT02663622	A Phase II Trial of CD24Fc for Prevention of aGVHD following Myeloablative AHSCT	Drug: CD24Fc Drug: Methotrexate Drug: Tacrolimus Other: Placebo	Phase II	United States, Ohio
NCT01713400	Tacrolimus, Sirolimus and Ustekinumab vs. Tacrolimus and Sirolimus for the Prevention of aGVHD	Drug: Ustekinumab Drug: Placebo Drug: Tacrolimus Drug: Sirolimus	Phase II/Active not recruiting and has results	H. Lee Moffitt Cancer Center and Research Institute
NCT01951885	Tac, Mini-MTX, MMF versus Tac, MTX for GVHD Prevention	Drug: tacrolimus Drug:MTX Drug:MMF Drug: MTX (low dose)	Phase III	United states, Ohio
NCT01926899	A Multicenter Phase I Study Evaluating the Addition of Bortezomib to an Established aGVHD Prophylaxis Regimen in Pediatric AHSCT Patients	Drug: Bortezomib administration	Phase I/recruiting	Unites States, Indiana
NCT02588339	Panobinostat (LBH589): aGVHD Prevention	Drug: Panobinostat; Drug: Sirolimus; Drug: Tacrolimus	Phase II	United States, Florida Moffitt
NCT01251575	Sirolimus, Cyclosporine, and Mycophenolate Mofetil in Preventing GVHD in Treating Patients With Hematologic Malignancies Undergoing Donor Peripheral Blood Stem Cell Transplant	Procedure: AHSCT; Drug: CSA Drug: Fludarabine Phosphate; Other: Laboratory Biomarker Analysis; Drug: MMF Procedure: PBSCT Drug: Sirolimus; Radiation:TB	Phase II	United states Denmark
NCT01527045	Donor Atorvastatin Treatment in Preventing Severe aGVHD After Non MA PB SCT in Patients With Hematological Malignancies	Drug: ents With HemaCalcium; WDrug:uCyclosporineDrug: yFludarabine MA PB SCT in Patients With Hematological MalignanciesAcute+Graft+ Versus+Host+Di	Phase II	United states Colorado and Washington
NCT01795573	Ex-vivo Expanded Donor Regulatory T Cells for prevention of aGVHD	Biological: Cultured Treg cells	Phase I	United states, Florida

incidence of visceral GVHD. At year 1, the rate of non-relapse mortality was 11.7 % and rates of relapse or infection were not increased (69).

Mesenchymal stem cells may have a preventive effect on GVHD in patients undergoing AHSCT. However, the evidence is weak due to insufficient data (70). Ongoing clinical trials addressing the prevention of aGVHD are summarized in Table V.

In aGVHD, treatment should always be tailored to the severity of the presentation and targeting the symptoms. Initial therapy for aGVHD ranges from a simple observation or a trial of topical corticosteroids (e.g. triamcinolone 0.1%) for skin GVHD of stage I or II, observation or a trial of topical corticosteroids (e.g. triamcinolone 0.1%) to systemic treatment in patients with grade II-IV aGVHD (47). Treatment consists

of continuing the original immunosuppressive prophylaxis and methylprednisolone with the most common starting dose being 2 mg/kg/day given in 2 divided doses in grade III-IV, while 0.5 to 1 mg/kg/day for grade II disease. Median time to resolution of aGVHD is 30-42 days. In patients who respond to initial therapy, short-term tapering treatment with prednisone to a cumulative dose of 2,000 mg/m² is effective and expected to minimize steroid-related complications (71, 72).

Alternative therapies for steroid refractory cases include antithymocyte globulin (ATG), cyclosporine alone, mycophenolate mofetil, anti-IL-2 receptor, anti-CD5-specific immunotoxin, pan T-cell ricin A-chain immunotoxin, ABX-CBL, etarnercept, infliximab, daclizumab, vilizumab and pentostatin. These agents can be used alone or in combination. There are no sufficient data comparing these regimens.

The use of mesenchymal stem cell in steroid-refractory aGVHD has been reviewed by Chen *et al*. Three hundred and one patients from thirteen trials were studied. The authors found that mesenchymal stem therapy as compared to induction therapy may have the best efficacy in patients with lower grade aGVHD and only skin involvement. There was also a trend towards a better clinical response in children compared with adults (73).

Pre-transplant regimen remains the best prophylactic measure in order to avoid development of GVHD. Age, skin involvement, lower aGVHD grade, and the number of stem cell infusions are the main prognostic factors affecting the efficacy of MSC therapy for steroid-refractory aGVHD.

Kitko *et al*. reported the success of extracorporeal photopheresis for steroid refractory aGVHD and the potential for delivery of ECP in the early pre and post-transplant periods that shows promise as a less immunosuppressive strategy to reduce rates of aGVHD (74).

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