

# Docosahexaenoic Acid Sensitizes Leukemia Lymphocytes to Barasertib and Everolimus by ROS-dependent Mechanism Without Affecting the Level of ROS and Viability of Normal Lymphocytes

ZHIVKO ZHELEV<sup>1,2</sup>, DONIKA IVANOVA<sup>1</sup>, DESISLAVA LAZAROVA<sup>3</sup>,  
ICHIO AOKI<sup>4</sup>, RUMIANA BAKALOVA<sup>3,4</sup> and TSUNEO SAGA<sup>4</sup>

<sup>1</sup>Medical Faculty, Trakia University, Stara Zagora, Bulgaria;

<sup>2</sup>Institute of Biophysics and Biomedical Engineering, Bulgarian Academy of Sciences, Sofia, Bulgaria;

<sup>3</sup>Medical Faculty, Sofia University "St. Kliment Ohridski", Sofia, Bulgaria;

<sup>4</sup>Molecular Imaging Center, National Institute of Radiological Sciences, Inage-ku, Chiba, Japan

**Abstract.** *The aim of the present study was: (i) to investigate the possibility of sensitizing leukemia lymphocytes to anticancer drugs using docosahexaenoic acid (DHA); (ii) to find combinations with synergistic cytotoxic effect on leukemia lymphocytes, without or with only very low cytotoxicity towards normal lymphocytes; (iii) and to clarify the role of reactive oxygen species (ROS) in the induction of apoptosis and cytotoxicity by such combinations. The study covered 15 anticancer drugs, conventional and new-generation. Well-expressed synergistic cytotoxic effects were observed after treatment of leukemia lymphocytes (Jurkat) with DHA in combination with: barasertib, lonafarnib, everolimus, and palbociclib. We selected two synergistic combinations, DHA with everolimus or barasertib, and investigated their effects on viability of normal lymphocytes, as well as on the production of ROS and induction of apoptosis in both cell lines (leukemia and normal). At the selected concentrations, DHA, everolimus and barasertib (applied separately) were cytotoxic towards leukemia lymphocytes, but not normal lymphocytes. In leukemia cells, the cytotoxicity of combinations was accompanied by strong induction of apoptosis and production of ROS. In normal lymphocytes, drugs alone and in combination with DHA did not affect the level of ROS and did not induce apoptosis. To our knowledge, the present*

*study is the first to report synergistic ROS-dependent cytotoxicity between DHA and new-generation anticancer drugs, such as everolimus and barasertib, that is cancer cell-specific (particularly for acute lymphoblastic leukemia cells Jurkat). These combinations are harmless to normal lymphocytes and do not induce abnormal production of ROS in these cells. The data suggest that DHA could be used as a supplementary component in anticancer chemotherapy, allowing therapeutic doses of everolimus and barasertib to be reduced, minimizing their side-effects.*

Polyunsaturated fatty acids (PUFAs) are highly active molecules. They can act as transcription factors, ligands in signal transduction and membrane components that regulate the fluidity, permeability and dynamics of cell membranes. There is a growing body of evidence that long-chain  $\omega$ -3 polyunsaturated fatty acids ( $\omega$ -3PUFAs), particularly docosahexaenoic acid (DHA) – an essential fatty acid derived from fish and fish oils, has an important role in the prevention and treatment of coronary artery disease, hypertension, diabetes, arthritis, neurodegeneration and other inflammatory and autoimmune disorders (1-5). Many *in vitro* and *in vivo* studies suggest that DHA has anticancer activity and improves the efficiency of conventional cancer therapy: DHA suppressed tumor cell proliferation and reduced tumor growth in experimental animals (6-11), inhibited drug resistance in various cancer cell lines (12-14), and exerted cytotoxic effects on cancer cells, but it is significantly less cytotoxic towards normal cells (15-17). Moreover, new clinical trials and prospective studies on humans show that DHA is associated with a lower risk of cancer, as well as of Crohn's disease, in populations with high fish consumption (14, 18-21). The mechanisms behind these effects are still unclear and need to be elucidated.

*Correspondence to:* Rumiana Bakalova, Ph.D., D.Sci., Molecular Imaging Center, National Institute of Radiological Science, 4-9-1 Anagawa, Inage-ku, Chiba 263-8555, Japan. Tel: +81 8034307755, e-mail: bakalova@nirs.go.jp

*Key Words:* Docosahexaenoic acid, DHA, everolimus, barasertib, leukemia lymphocytes, reactive oxygen species.

Some authors suggest that reactive oxygen species (ROS) and lipid peroxidation have a crucial role in the anticancer activity of DHA (22-25). It is supposed that the susceptibility of DHA to free radical oxidation makes it capable of generating lipid peroxides, which can directly cause cytotoxicity or may influence intracellular signaling pathways, resulting in growth inhibition or death of tumor cells (22-25). It was also reported that DHA effectively killed cancer cells through down-regulation of the superoxide dismutase isoenzyme-1 (*SOD1*) gene (26, 27) and subsequent modulation of redox-sensitive transcription factors [*e.g.*, peroxisome proliferator-activated receptors (PPARs), hypoxia-inducible factors (HIFs), and nuclear factor kappa-light-chain-enhancer of activated B-cells (NFκB)] (11, 27-30). The human *SOD1* gene promoter has DNA-binding elements for these factors, which might be implicated in this process (11, 26-30). Other studies demonstrated that DHA can induce apoptosis of cancer cells by induction of stress in the endoplasmic reticulum, which is accompanied by: (i) disruption of  $Ca^{2+}$  homeostasis; (ii) cell growth arrest in  $G_1$  phase; and (iii) phosphorylation of eukaryotic translation initiation factor 2a (eIF2a), which leads to attenuation of global protein synthesis (31-34). Clearly, DHA serves as a modulator of cellular redox homeostasis and is a key regulator of cell signaling.

It is widely accepted that acute oxidative stress triggers apoptosis or necrosis, but persistent oxidative stress (low or moderate level) induces genomic instability and has been implicated in malignant transformation, tumor progression and drug resistance (35). Usually, the therapeutic strategies in cancer (chemotherapy and radiation therapy) are directed to abnormal production of ROS in cancer cells. Many conventional anticancer drugs (*e.g.* doxorubicin, cisplatin, paclitaxel, and bleomycin) up-regulate the intracellular level of ROS, that enhances their cytostatic/cytotoxic efficiency (36). However, the harmful side-effects of these drugs are also usually due to ROS-mediated mechanisms, and disturbance of redox homeostasis of non-cancer cells and tissues. Using natural or synthetic redox-modulators in combination with chemotherapy (or radiation therapy) can protect normal cells against oxidative stress (37-39). However, it was found that conventional antioxidants may in fact reduce the therapeutic effect of anticancer drugs (37-39). In order to achieve therapeutic selectivity and efficiency in cancer using such combinations, it is necessary to take advantage of the fundamental differences in metabolism between cancer and normal cells. Targeting of unique biochemical alterations in cancer cells (as their redox homeostasis) might be a feasible approach to achieving therapeutic activity and selectivity, and perhaps in preventing the development of drug resistance and side-effects (35).

In this context, DHA seems to be a promising candidate due to its redox-modulating effects, which might be different

in cancer and non-cancer cells. Many researchers have shown that DHA increases the efficacy of conventional anticancer drugs (12-14, 21, 40-50). Pre-enrichment of cancer cell lines with DHA enhances their sensitivity to a variety of anticancer drugs and more specifically to anthracyclines (44, 45, 47-50). For example, it was reported that  $\omega$ -3 fatty acids (25-100  $\mu$ M) increase chemosensitivity of EHEB and MEC-2 cells (derived from patients with B-cell chronic lymphoblastic leukemia and B-cell prolymphocytic leukemia, respectively) to doxorubicin, vincristine and fludarabine (13). DHA (30  $\mu$ M) sensitizes breast cancer cells to doxorubicin, that is accompanied by increased levels of malondialdehyde and changes of glutathione-related enzymes (loss of cytosolic glutathione peroxidase activity) (47, 48). DHA (25-150  $\mu$ M) sensitizes neuroblastoma cell lines (including multidrug-resistant cells) to doxorubicin, cisplatin, and irinotecan (49), which is accompanied by depolarization of the mitochondrial membrane, production of ROS (by mechanisms, involving intracellular peroxidation of DHA catalysed by 15-lipoxygenase or autoxidation) and accumulation of DNA in sub- $G_1$  phase of the cell cycle (49, 51). DHA delays and inhibits the growth of neuroblastoma xenograft in athymic rats (52). Most of these studies suggest a ROS-dependent mechanism of DHA-mediated cytotoxicity in cancer. However, there are publications demonstrating that DHA increases cytotoxicity of doxorubicin in glioblastoma cell lines (A-172, U-87 MG) and bronchial carcinoma cell line (A-427), without enhancement of lipid peroxidation products (50). Pettersen *et al.* also reported that oxidative stress response is not the cause of DHA-mediated cytotoxicity in colonic cancer cell lines (53). The combination of DHA and doxorubicin inhibited doxorubicin-induced ROS in non-cancer cells (*e.g.* renal tubular epithelial cells and cardiomyocytes) (16, 54).

These studies show that the mechanisms of enhancement of cytotoxicity of anticancer drugs by DHA are complex and cell-specific and do not always require an increased production of ROS.

The aim of the present study was: (i) to investigate the possibility of sensitizing leukemia lymphocytes to anticancer drugs using DHA; (ii) to find combinations with synergistic cytotoxic effect on leukemia lymphocytes and to investigate their cytotoxicity towards normal lymphocytes; (iii) and to clarify the role of ROS in the induction of apoptosis and cytotoxicity by these combinations. The study included 15 anticancer drugs, conventional and new-generation.

## Materials and Methods

*Cells and treatment protocol.* The experiments were performed on Jurkat leukemia lymphocytes (Hayashibara Chem. Lab., Okayama, Japan), derived from patients with acute lymphoblastic leukemia, as well as on normal lymphocytes, isolated from healthy blood donors using Lymphosepar-I (Immuno-Biological Laboratories Co.,

Fujioka, Japan). The cells were cultured in RPMI-1640 medium (Sigma-Aldrich, Steinheim, Germany), supplemented with 10% heat-inactivated fetal bovine serum (FSB; Gibco, Auckland, New Zealand), and antibiotics (100 U/ml penicillin and 100 µg/ml streptomycin; Gibco), in a humidified atmosphere at 37°C with 5% CO<sub>2</sub>. All cells were collected by centrifugation (1000 × g, 10 min.) and placed in fresh medium without antibiotics before treatment with anticancer drugs.

The drugs were dissolved in dimethyl sulfoxide (DMSO; suitable for cell cultures; Sigma-Aldrich) or phosphate-buffered saline (PBS; 10 mM, pH 7.4). The final concentration of DMSO in the cell suspension did not exceed 1%. At this concentration, DMSO did not influence cell viability.

The drugs were applied to the cells (1×10<sup>6</sup> cells/ml) at the concentrations given below (single dose) and incubated for different times in a cell incubator. At each time point, aliquots of cells were used for cell viability assay.

The cells were incubated with DHA, drug, or drug plus DHA at the following concentrations: 12.5 µM DHA (Sigma-Aldrich), 0.25 µM palbociclib (Selleckchem, Huston, USA), 0.5 µM PI-103 (Selleckchem, Houston, TX, USA), 5 µM everolimus (Selleckchem), 0.5 µM lonafarnib (Selleckchem), 0.1 µM ABT-737 (Selleckchem), 0.1 µM doxorubicin (Sigma, Steinheim, Germany), 0.5 µM bleomycin (Noppon Kayaku Co., Tokyo, Japan), 0.1 µM AZD-7762 (Sigma), 0.01 µM MLN-2238 (Selleckchem), 0.025 µM MG-132 (Wako, Tokyo, Japan), 10 µM lomustine (Sigma), 2.5 µM cisplatin; Selleckchem), 0.025 µM BEZ-235 (Selleckchem), 0.01 µM bortezomib (Selleckchem), 0.05 µM or 0.01 µM barasertib (Selleckchem). The selected concentrations of drugs and DHA (applied separately) induced about 20% inhibition of cell growth.

**Cell viability assay.** Cell viability was analyzed using trypan blue staining and Countess™ Automated Cell Counter (Invitrogen, OR, USA) at very precise standardization of measurement. Three independent experiments (with two repetitive measurements) for each experiment were performed for each sample. Non-treated cells were used as controls. The data are presented as the mean±SD.

**Intracellular ROS assay.** The amount of ROS was analyzed using OxiSelect™ *In vitro* ROS/RNS Assay Kit – Green Fluorescence (Cell Biolabs., Inc., San Diego, CA, USA). The method is based on the use of the fluorogenic probe, 2',7'-dichlorodihydrofluorescein (DCHF)–DiOxyQ. In the cytosol, the probe is de-acetylated to non-fluorescent DCHF. DCHF reacts with ROS and reactive nitrogen species (RNS) (predominantly H<sub>2</sub>O<sub>2</sub>, ROO•, NO, ONOO<sup>-</sup>) with formation of the fluorescent product 2',7'-dichlorofluorescein (DCF). The intensity of DCF fluorescence (λ<sub>ex</sub>=480 nm, λ<sub>em</sub>=530 nm) is proportional to the amount of ROS/RNS in the biological sample. The amount of ROS/RNS was calculated by calibration curve based on DCF standard solution in PBS. The measurements were performed on a Tecan Infinite F200 PRO (Tecan Austria GmbH, Mannedorf, Austria) microplate reader.

Briefly, treated and untreated cells (1×10<sup>6</sup> cells/ml) were collected by centrifugation (1000 × g, 10 min) and lysed by using 300 µl of 0.1% sodium dodecylsulfate (SDS; dissolved in PBS) within 30 min on ice. The lysates were adjusted to have an equal protein concentration (in the range 1-10 mg/ml) using PBS. Protein concentration was analyzed using Bradford reagent (Sigma-Aldrich). Each sample was subjected to ROS/RNS assay, according to the manufacturer's instruction.

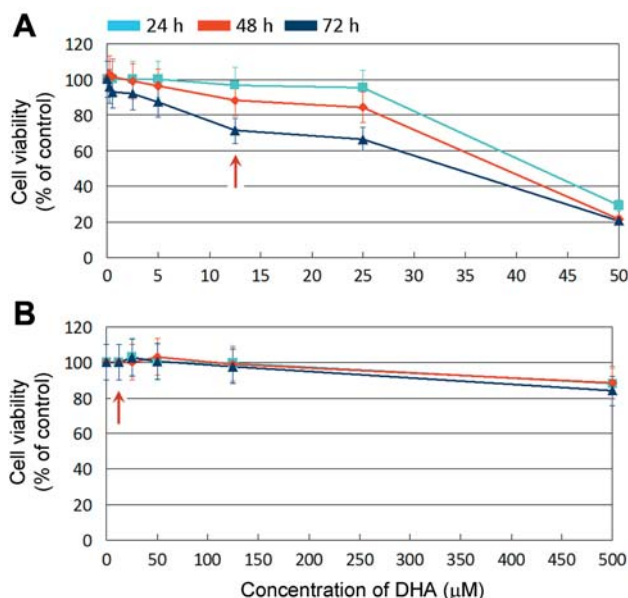


Figure 1. Effect of docosahexaenoic acid (DHA) on viability of leukemia lymphocytes Jurkat (A) and normal lymphocytes (B) after different incubation times. The are the mean±SD of six independent experiments. The arrows indicate the concentration of DHA (12.5 µM), selected for further experiments in combination with anticancer drugs.

**Protein-carbonyl assay.** The amount of protein-carbonyl products were analyzed using OxiSelect™ Protein Carbonyl Spectrophotometric Assay Kit (Cell Biolabs, Inc.). The most common products of protein oxidation in biological samples are the protein-carbonyl derivatives of proline, arginine, lysine and threonine. These derivatives are chemically stable and serve as markers of oxidative stress. The analysis of these products is based on derivatization of the carbonyl groups with dinitrophenylhydrazine (DNFH) with formation of protein-hydrazone. The amount of protein-hydrazone was detected spectrophotometrically at 375 nm.

Briefly, treated and untreated cells (1×10<sup>6</sup> cells/ml) were collected by centrifugation (1000 × g, 10 min) and lysed using 300 µl of 0.1% SDS (dissolved in PBS) within 30 min on ice. The lysates were adjusted to equal protein concentration (in the range 1-10 mg/ml) using PBS. Protein concentration was analyzed by Bradford assay. Each sample was subjected to the protein-carbonyl assay, according to the manufacturer's instruction. Oxidized bovine serum albumin was used as a standard.

**Apoptosis assay.** The induction of apoptosis was analyzed by the expression of phosphatidylserine (PSer) on the cell surface, using fluorescein isothiocyanate (FITC)-Annexin V Apoptosis Detection Kit (BioVision, Milpitas, CA, USA).

Briefly, treated and untreated cells (1×10<sup>6</sup> cells/ml) were incubated with drug, DHA or their combination, under the conditions mentioned above. At each time-point, the cells were collected by centrifugation (1000×g, 10 min), washed twice with PBS, containing 2.5 mM CaCl<sub>2</sub> (annexin V-binding buffer) and resuspended in the same buffer. One hundred microliters of the suspension were incubated with 5 µl of FITC-annexin V for 10 min

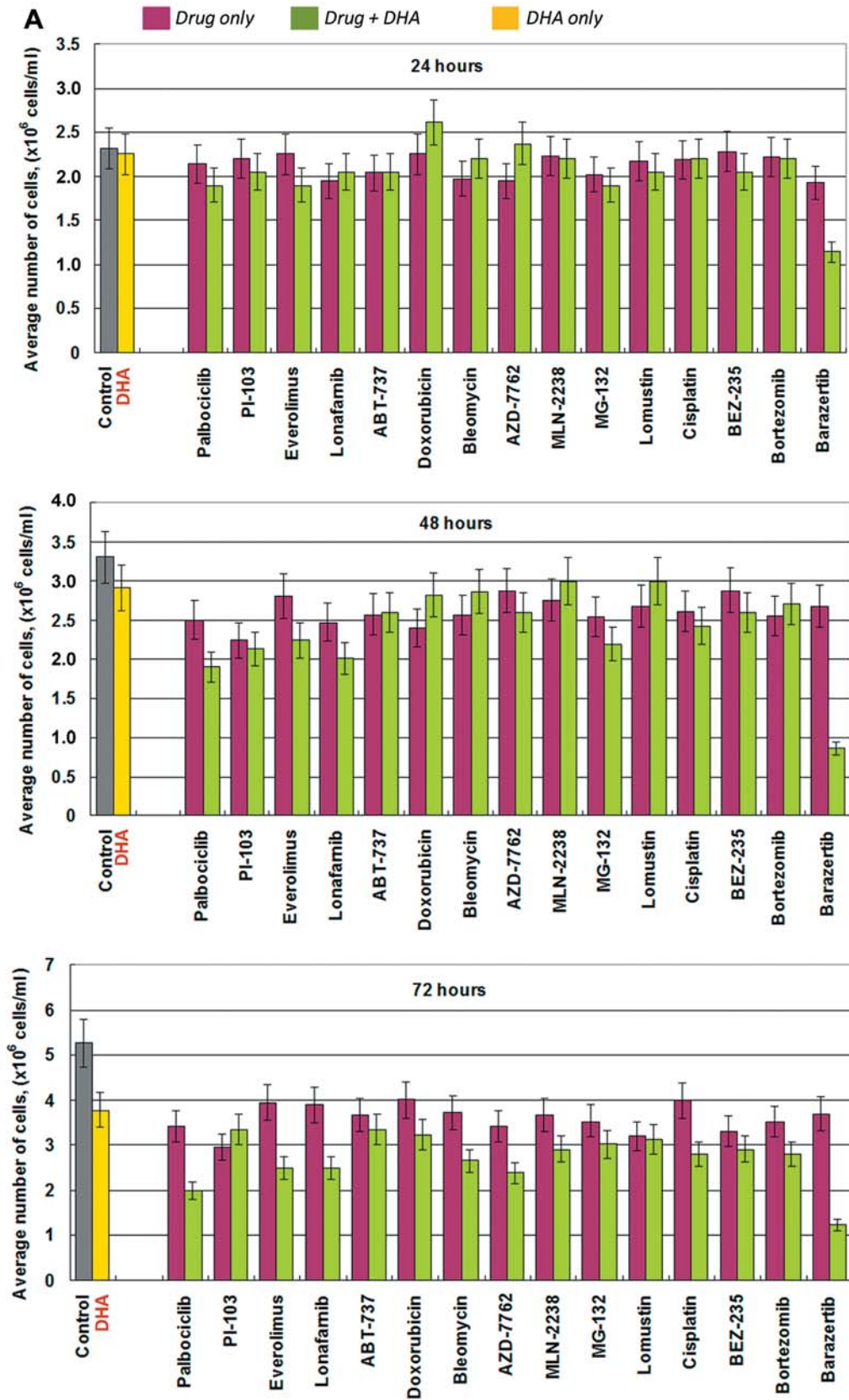


Figure 2. continued

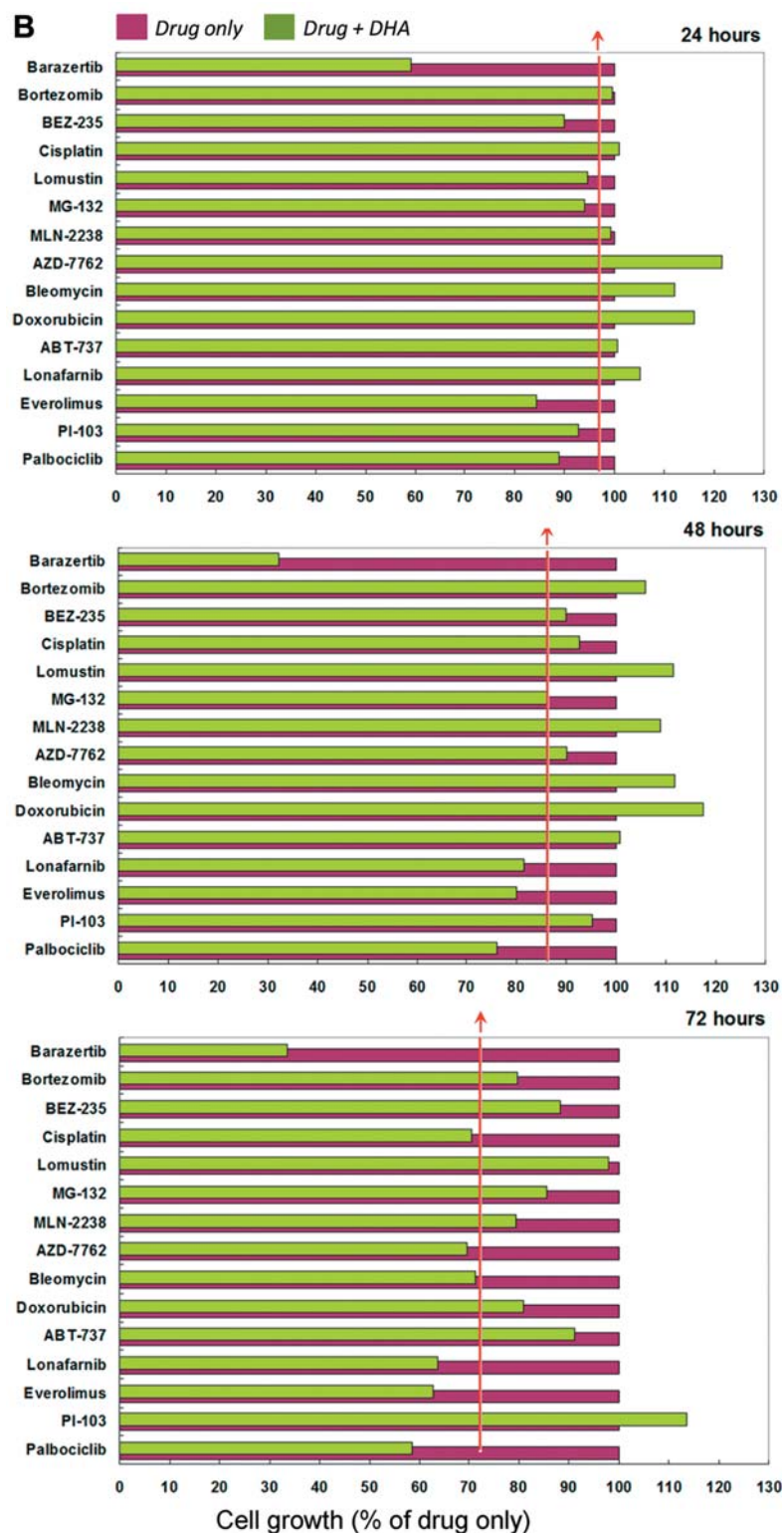


Figure 2. A: Effect of docosahexaenoic acid (DHA) and anticancer drugs alone and in combination on cell proliferation of Jurkat cells after incubation for 24, 48 and 72 h. Incubation conditions:  $1 \times 10^6$  cells/ml,  $12.5 \mu\text{M}$  DHA/drug (at concentrations given in the Materials and Methods), at  $37^\circ\text{C}$  in a humidified atmosphere. The data are the mean  $\pm$  SD of six independent experiments. B: Effect of each combination (drug plus DHA) on cell proliferation as a percentage of the effect of drug when applied alone. The arrow indicates the effect of DHA on cell proliferation activity of cancer cells as a percentage of the control (untreated cells). \*In this experiment, the concentration of barasertib was  $50 \text{ nM}$ .

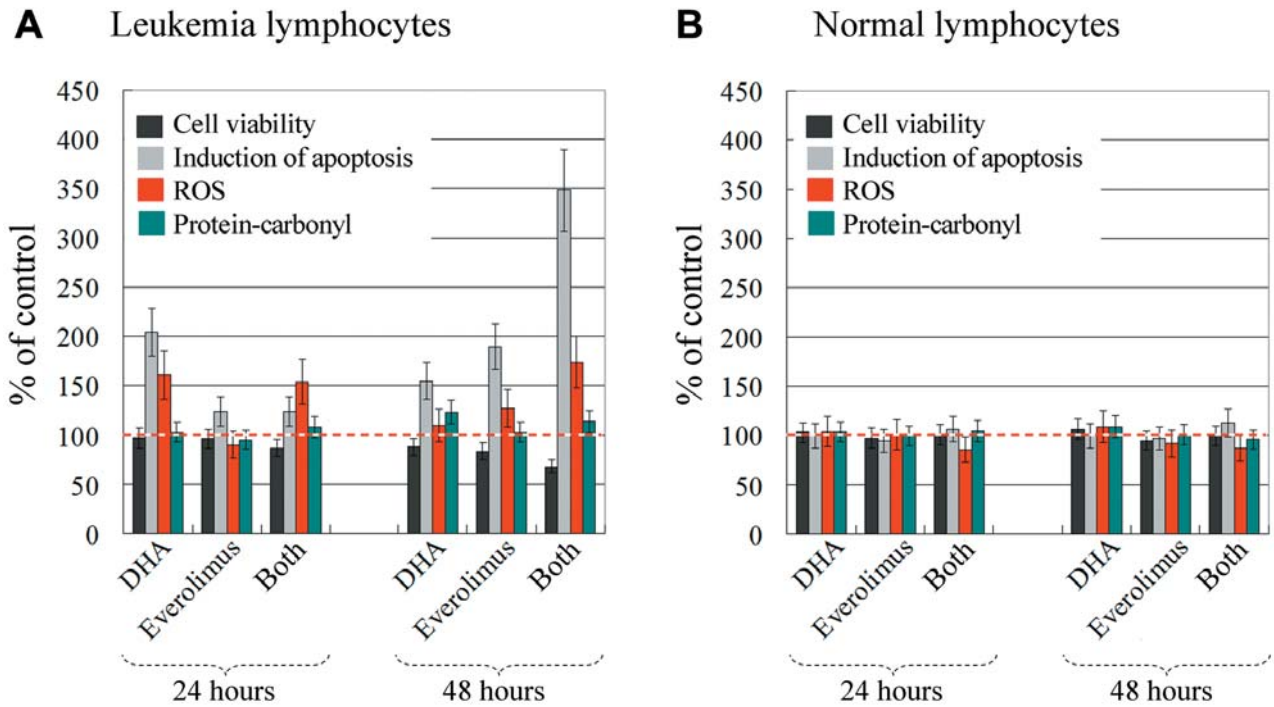


Figure 3. Effects of docosahexaenoic acid (DHA; 12.5  $\mu$ M), everolimus (5  $\mu$ M) and their combination on cell viability, induction of apoptosis, level of reactive oxygen species (ROS) and level of protein-carbonyl products in Jurkat leukemia cells (A) and normal lymphocytes (B), after 24 and 48 h incubation at 37°C in a humidified atmosphere. The data are the mean $\pm$ SD of three independent experiments.

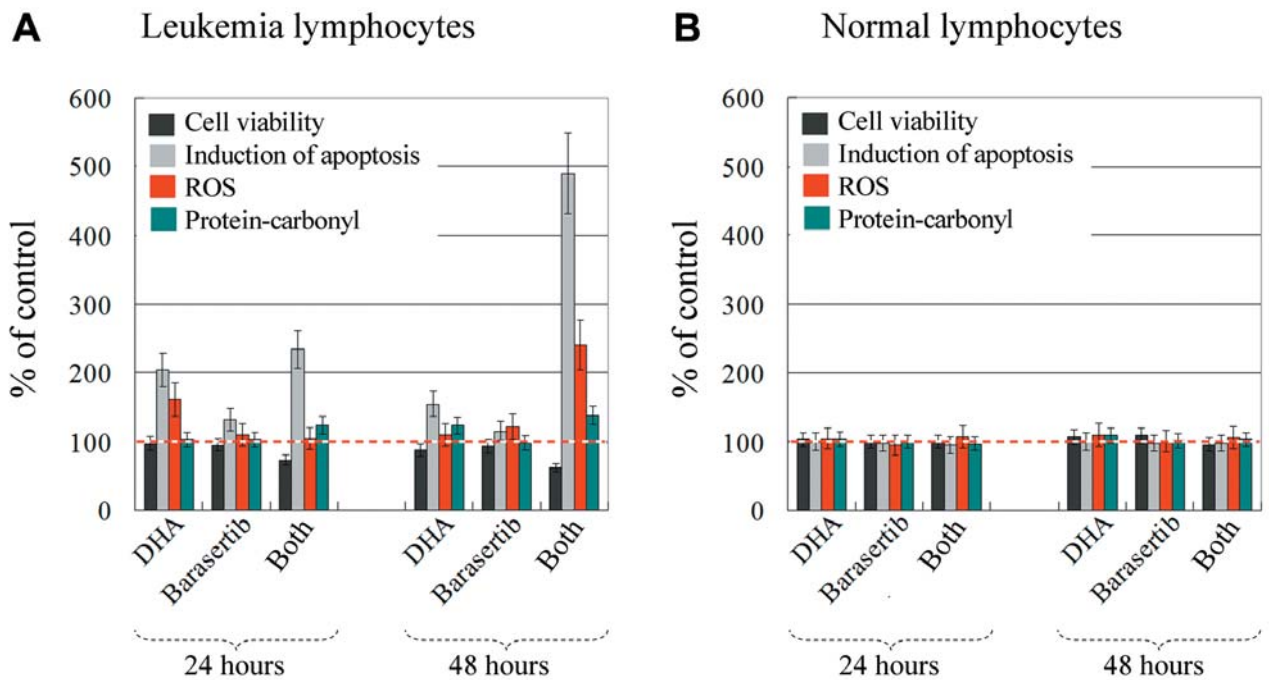


Figure 4. Effects of docosahexaenoic acid (DHA; 12.5  $\mu$ M), barasertib (0.01  $\mu$ M) and their combination on cell viability, induction of apoptosis, level of reactive oxygen species (ROS) and level of protein-carbonyl products in Jurkat leukemia cells (A) and normal lymphocytes (B), after 24 and 48 h incubation at 37°C in a humidified atmosphere. The data are the mean $\pm$ SD from three independent experiments.

at room temperature in the dark. The cells were then washed three times with annexin V-binding buffer and finally were re-suspended in 500  $\mu$ l of the same buffer. FITC-annexin V, bound to PSer exposed on the cell surface, was detected spectrofluorimetrically at  $\lambda_{ex}$ =488 nm and  $\lambda_{em}$ =535 nm, using a Tecan Infinite F200 PRO (Tecan Austria GmbH) microplate reader.

## Results and Discussion

The data in Figure 1 show the viability of leukemia and normal lymphocytes when treated by DHA at different concentrations and for different times. DHA (applied alone or 50  $\mu$ M) exhibited a strong cytotoxicity (~80%) towards Jurkat cells, while it was completely non-cytotoxic to normal lymphocytes, even at higher concentrations. Other authors also reported similar results (15, 17). This experiment allowed the selection of the most appropriate concentration of DHA for application in combination with anticancer drugs – 12.5  $\mu$ M, which is approximately the the concentration, which causes 20% inhibition of cell proliferation ( $IC_{20}$ ) for leukemia lymphocytes at 48-hours of incubation (Figure 1A).

Jurkat cells were treated with: (i) drug only; (ii) DHA only; and (iii) combination of drug and DHA. The aim of this step of the study was to find combinations with synergistic cytotoxic effects on leukemia cells. The data in Figure 2 demonstrates the proliferation of leukemia lymphocytes, treated with DHA with/without drugs for 24-72 h. To distinguish the synergistic cytotoxic effect from antagonistic/additive effects in the combinations, we calculated the effect of each combination on cell proliferation as a percentage of the effect of the respective drug applied alone and compared it with the effect of DHA applied alone, as described previously (55). The red line in Figure 2B indicates the effect of DHA alone on cell proliferation. In the case of drug plus DHA, the data located to the left of the red line reflect synergistic cytotoxic effects, while the data located to the right of the red line represent antagonistic effects. All data matching the red line reflect an additive affect. The cytotoxicity of each drug (applied separately at the selected concentration) ranged from ~10-20% after 24-h incubation to ~20-30% after 48-h and 72-h incubation. The cytotoxicity of DHA ranged from 0 to ~25%, depending on the length of incubation. Most of combinations (drug plus DHA) were characterized by additive or antagonistic effects on cell proliferation of Jurkat cells compared with cells treated with drug only (Figure 2 B). Well-expressed synergistic cytotoxic effects were observed after treatment of Jurkat cells with DHA in combination with: barasertib, lonafarnib, everolimus, and palbociclib. This synergism increased with increasing incubation time.

Two synergistic combinations were selected for the next step of the study: (everolimus plus DHA) and (barasertib plus DHA). We investigated the effect of these combinations

on viability of normal lymphocytes and clarified whether the cytotoxicity was accompanied by enhancement of ROS and induction of apoptosis in both cell types (leukemia and normal).

Everolimus (at 5  $\mu$ M) was cytotoxic towards Jurkat cells, but not normal lymphocytes (Figure 3). The cytotoxic effect of the drug on Jurkat cells was ~15% after 48-h incubation (Figure 3A). DHA increased the cytotoxicity of everolimus by up to ~30%, but the combination did not affect the viability of normal lymphocytes. In Jurkat cells, the cytotoxicity of everolimus applied alone was accompanied by a strong induction of apoptosis (~twice that of the control level after 48-h incubation), but only relatively slight (insignificant) production of ROS. DHA increased the induction of apoptosis by everolimus, as well as the level of ROS, by up to 3.5-fold and ~75% of the control levels, respectively. The level of protein-carbonyl products did not change significantly in any of the samples. At the selected concentrations, neither everolimus nor its combination with DHA affected the level of ROS and protein-carbonyl products, nor did they induce apoptosis of normal lymphocytes (Figure 3B).

Similar tendencies were observed in cells treated with barasertib and its combination with DHA (Figure 4). The cells were treated with a very low concentration of barasertib, 10 nM. At this concentration, barasertib and DHA when applied alone did not affect the viability of either cell type. However, their combination induced a very strong cytotoxic effect on Jurkat cells (~40%), but not on normal lymphocytes. In Jurkat cells, the cytotoxicity of the combination of barasertib and DHA was accompanied by strong induction of apoptosis and production of ROS – about 5- and 2.5-fold the control levels, as detected after 48-h incubation (Figure 4A). The level of protein-carbonyl products increased slightly in leukemia cells, by about 25-30% compared to the control. Neither barasertib nor its combination with DHA significantly affected the level of ROS and protein-carbonyl products, not did they induce apoptosis of normal lymphocytes (Figure 4B).

In the literature, there are many data regarding sensitizing cancer cells to conventional anticancer drugs (such as doxorubicin, bleomycin, and cisplatin) by essential fatty acids, particularly DHA (12-14, 21, 40-50). Most of them suggest ROS-dependent mechanisms. A limited number of studies (only two) describe the effect of  $\omega$ 3-PUFAs on the cytotoxicity of new-generation anticancer drugs (recently approved for clinical use or still in clinical trials), such as proteasome inhibitors bortezomib and MG-132 (17, 56). There exist no data about the effect of  $\omega$ 3-PUFAs on the efficiency of new-generation anticancer drugs such as AZD-7762 (a selective inhibitor of checkpoint kinases), barasertib (a selective inhibitor of aurora B kinase), everolimus (mammalian target of rapamycin inhibitor), lonafarnib (a

farnesyltransferase inhibitor), MLN-2238 (proteasome inhibitor), and palbociclib (a selective inhibitor of cyclin-dependent kinases).

Recently, Abdi *et al.* reported that eicosapentaenoic acid (EPA) and DHA induced apoptosis and increase sensitivity to bortezomib in myeloma cells, but did not affect viability of normal human peripheral mononuclear cells (17). They found that EPA and DHA inhibited NF- $\kappa$ B activity and induced apoptosis through mitochondrial perturbation and caspase-3 activation (17). This study suggests that EPA and DHA induce selective cytotoxic effects in myeloma cells and increase sensitivity to bortezomib.

Dimri *et al.* reported that DHA and EPA sensitized breast cancer cells to MG-132 through down-regulation of the polycomb group protein enhancer of zeste homologue 2 (EZH2), and up-regulation of E-cadherin and insulin-like growth factor-binding protein 3, which are known targets of EZH2 (56). Treatment with  $\omega$ 3-PUFAs, but not with  $\omega$ 6-PUFAs (linoleic acid and arachidonic acid), also led to a decrease in the invasiveness of breast cancer cells, an oncogenic phenotype that is known to be associated with EZH2. These studies suggest that EZH2 is an important target of  $\omega$ 3-PUFAs and that down-regulation of EZH2 may be involved in the mediation of anti-oncogenic and chemopreventive effects of  $\omega$ 3-PUFAs.

The molecular mechanisms of the synergism between new-generation anticancer drugs and  $\omega$ 3-PUFAs are still unknown. Currently, this is under intensive investigation. To our knowledge, our study is the first to report a synergistic cytotoxicity between DHA (as a redox modulator) and both everolimus and barasertib (as an anticancer drug) which is ROS-dependent, but specific for cancer cells (particularly for acute lymphoblastic leukemia cells Jurkat). These combinations are harmless to normal lymphocytes and do not induce abnormal production of ROS in those cells. The data suggest that DHA could be used as a supplementary component in anticancer chemotherapy, which allows for reduction of the therapeutic doses of everolimus and barasertib, minimizing their side-effects. This statement can also be made for lonafanib and palbociclib that also have synergistic cytotoxic effects in combination with DHA.

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*Received January 28, 2016*

*Revised March 10, 2016*

*Accepted March 15, 2016*